

# COACH TOM

COMPLETE TRAINING + COMPASSIONATE TEACHING

Helping your aspiring “hooper” learn, grow, and develop with an enjoyable athletic experience

Coach Tom provides convenient and customized private and small group basketball lessons in Chicago and neighboring suburbs. With nearly 20 years coaching a wide age (3-17 years) and skill (from beginner to HS varsity) range, Coach Tom has the knowledge and experience to help your aspiring “hooper” learn, grow, and develop with an enjoyable athletic experience. As a lifelong “hooper” who played at a high-level (and still tries to do so), Coach Tom understands and appreciates the positive benefits of the power of play combined with purposeful practice, as well as the positive impact a coach can have on one’s skill and character development. Equipped with this knowledge, Coach Tom is dedicated to helping your child unlock their full potential as an athlete and student of the game.



## COACHING APPROACH AND PHILOSOPHY

Coach Tom’s empathic teaching style combines his basketball acumen with aspects of psychology – growth mindset & self-efficacy – and a touch of mindfulness (“feel your feet...find your breath”) to help create a learning environment for his student’s body and mind. Whether your child is picking up “the rock” for the first time, trying to make their high school varsity basketball team, or somewhere in between, Coach Tom will meet your child on their current path and support, guide, and prepare them along that path to reaching their full potential as a player and person.



Coach Tom has more in common with Michael Jordan than just wearing his shoes... he was also cut from his high school basketball team before making varsity so he knows a thing or two about the importance of preparation, hard work, and learning from failure.



## OFFERINGS & SERVICES

Coach Tom is here to help you keep your child active and will work with you to provide customizable options to fit both your schedule and your child's basketball development needs.

- Individual and small group lessons
- Small group camps and classes
- Special events and occasions

Coach Tom brings a considerate and engaging approach to each offering. His ability to create a fun and constructive setting helps his students build confidence in themselves and their ability to continually improve. Coach Tom's combination of instruction, encouragement, and motivation allows his students to recognize the value of challenging themselves, learning from mistakes, and the importance of effort. It is through this personal attention Coach Tom is devoted to helping your child learn, grow, and develop on and off the court.

## CONTACT

For more information, including how to schedule Coach Tom, please email [coachtom210@gmail.com](mailto:coachtom210@gmail.com) or call or text (773) 814-2788.

If you don't have access to a hoop or space, Coach Tom will work with you to find a convenient location for your lessons.

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Coach Tom is an excellent basketball coach who is extremely knowledgeable, positive, and fun to work with. I saw a great deal of improvement after my girls worked with Coach Tom and they always looked forward to their time with him.

- LAUREN, MOM OF A 6TH & 3RD GRADER

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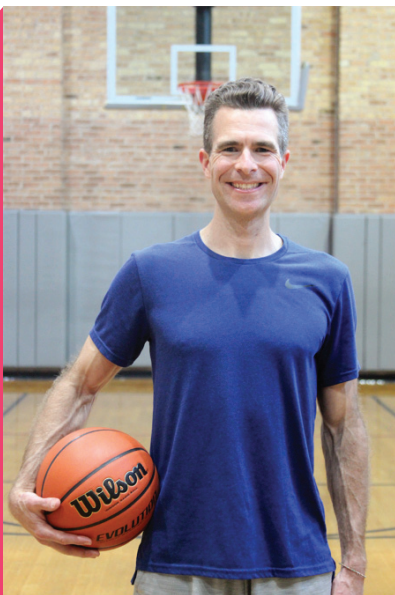
Coach Tom brings compassion, patience, and passion for basketball to his teaching approach. Whether it is working with a diverse learner, nurturing athleticism and confidence in young girls or just managing first timers in a bitty ball class, Coach Tom is an excellent instructor that connects well with his audience. Coach Tom is an inspiring role model, and we couldn't be more grateful for the impact he is having on all of our children's lives (especially during the pandemic and beyond).

- LUCY, MOM OF A 6TH GRADER, 3RD GRADER & PK

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Coach Tom is super communicative, caring and patient with our children and with our ever-changing schedule. His commitment to making our children better players and learning sportsmanship, competition, etc. in a healthy way is exuded through his fun and kind personality and the children love being with him and playing basketball.

- STEFANIE, MOM OF A 4TH GRADER, 2ND GRADER & PK



## ABOUT COACH TOM

Tom Schweitzer has been known as “Coach Tom” for nearly 20 years. Originally from San Antonio, TX (“GO SPURS GO!”), Tom made Chicago home in 2003 after graduating from the University of Notre Dame with a Bachelor of Business Administration. Since becoming a Chicagoan, Tom has had the privilege to work with thousands of families and their kids in the city and suburb's youth sports space as both a regional director and owner of small businesses providing instructional programming. During that time, he cultivated and fostered partnerships with schools, park districts, and community centers to offer after school programs, camps and clinics, and leagues.

When he's not “Coach Tom”, Tom likes to practice what he preaches by living an active lifestyle. If he's not hooping or working out, then you'll probably find him outdoors running, hiking, biking, or playing the occasional round of golf. Tom is a sports nut with a travel bug, and in an attempt to combine these passions, he's determined to see two of his favorite teams – the San Antonio Spurs & Cleveland's baseball team – play at every opponent's venue. Tom also enjoys spending his time volunteering (shout out Lakeview Pantry), going to concerts, and checking out new spots around Chicago with friends.