HIPAA Information and Consent Form

The Health Insurance Portability and Accountability Act (HIPAA) provides safeguards to protect your privacy. Implementation of HIPAA requirements officially began on April 14, 2003. Many of the policies have been *our* practice for years. This form is a "friendly" version.

What this is all about: Specifically, there are rules and restrictions on who may see or be notified of your Protected Health Information (PHI). These restrictions do not include the normal interchange of information necessary to provide you with office services. HIPAA provides certain rights and protections to you as the patient. We balance these needs with our goal of providing you with quality professional service and care. Additional information is available from the U.S. Department of Health and Human Services. www.hhs.gov

We have adopted the following policies:

- 1. Patient information will be kept confidential except as is necessary to provide services or to ensure that all administrative matters related to your care are handled appropriately. This specifically includes the sharing of information with other healthcare providers and health insurance payers as is necessary and appropriate for your care. Patient files will be locked in a file cabinet available only to office staff. You agree to the normal procedures utilized within the office for the handling of patient records, PHI and other documents or information.
- 2. We may contact you by telephone, e-mail, U.S. mail, or by any means convenient for the practice and/or as requested by you. We may send you other communications informing you of changes to office policy and new technology that you might find valuable or informative.
- 3. The practice may contact insurance companies on your behalf. These insurance companies may have access to PHI but must agree to abide by the confidentiality rules of HIPAA.
- 4. You understand and agree to inspections of the office and review of documents which may include PHI by government agencies or insurance payers in normal performance of their duties.
- 5. You agree to bring any concerns or complaints regarding privacy to the attention of the Catrina Broussard, MS, LPC.
- 6. Your confidential information will not be used for the purposes of marketing or advertising of products, goods or services.
- 7. We agree to provide patients with access to their records in accordance with state and federal laws.
- 8. We may change, add, delete, or modify any of these provisions to better serve the needs of both the practice and the patient.
- 9. You have the right to request restrictions in the use of your protected health information and to request change in certain policies used within the office concerning your PHI. However, we are not obligated to alter internal policies to conform to your request.

| I, | date | do hereby consent |
|------------------------------|----------------------------|----------------------|
| and acknowledge my agreem | ent to the terms set forth | in the HIPAA |
| Information form and any sub | sequent changes in offic | e policy. I |
| understand that this consent | shall remain in force from | n this time forward. |