

How can I have a painless laser treatment?

Dear clients, this method has been shown to significantly reduce pain during your laser hair removal treatment . Disregard the directions on the Aspercreme bottle. Be sure to buy the Aspercreme with lidocaine, do not purchase the roll-on version. Use one full bottle for lower legs or half a bottle for Brazilian bikini. We aim to give you the best results, the best results happen when we can use higher levels. Most local drug stores carry it and you can also order it from Amazon.

1. Plan your laser treatment so you can apply the Aspercreme 3 hours before.
2. Apply a very thick layer so you can see it on the surface of your skin. Do not rub it in.
3. Cover the area with Saran Wrap or any plastic wrap. (The treatment does not work without the plastic wrap because once the lotion dries it does not work anymore).
4. Come to the appointment with the plastic wrap on.
5. Be generous with the saran wrap for example if you were applying it to your lower leg continue to wrap it above your knee because it usually falls down. For the bikini area use the bathroom before you apply to this area and wrap around each upper thigh to get the sides of the bikini too.

