



CHEF ANTHONY THOMAS

Chef | Author | Speaker | Media Person

2020 MEDIA KIT



Anthony Thomas



@chefanthonydc



Chef Anthony Thomas



BIO

Anthony Danero Thomas is a private chef and healthy lifestyle advocate who takes pride in creating unique dishes that are not only tasty but, most importantly, good for you! A native of the DC metropolitan area, Chef Anthony Thomas has a life is commitment to making the best out of every situation, regardless of the circumstances. Chef Anthony's journey through food was propelled in 2004 when he was diagnosed with Arteriovenous Malformation, a rare, life-threatening brain condition. He was able to get back on the right side of his health after a risky surgery, and he attributes much of his excellent health and lack of recurring symptoms to eating nutritious food.

In 2009, Chef Anthony combined his newfound health with his longtime passion to launch a catering company that serves a range of clients and events. He's also self-published a host of books, including *#ChefAntWow: Vol. 1 - A Collection of Recipes*, *Meal Prep is the New Leftovers*, and two titles written specifically with kids in mind: *Ashlyn Eats* - a children's recipe book, and *Mommy, Daddy What Is This?* A fun coloring book. Chef Anthony's culinary skills are widely sought after, and he's been featured by a host of media outlets, including *Black Enterprise*, *Cuisine Noir*, and TV One's *Sister Circle*.

Chef Anthony is passionate about using food to promote healthy living and is working to build a culinary empire that rivals the greats! He works daily to promote the fact that healthy eating and life longevity go hand-in-hand and looks forward to spreading his message through food around the world. When he isn't cooking, he's distributing hot meals and clothing to those in need. He is also a husband and father of a 4-year-old daughter

www.chefanthonythomas.com





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EVENT HOSTING

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GIVEAWAYS

CONTENT CREATION

MENU CREATION

GUEST COOKING INSTRUCTOR



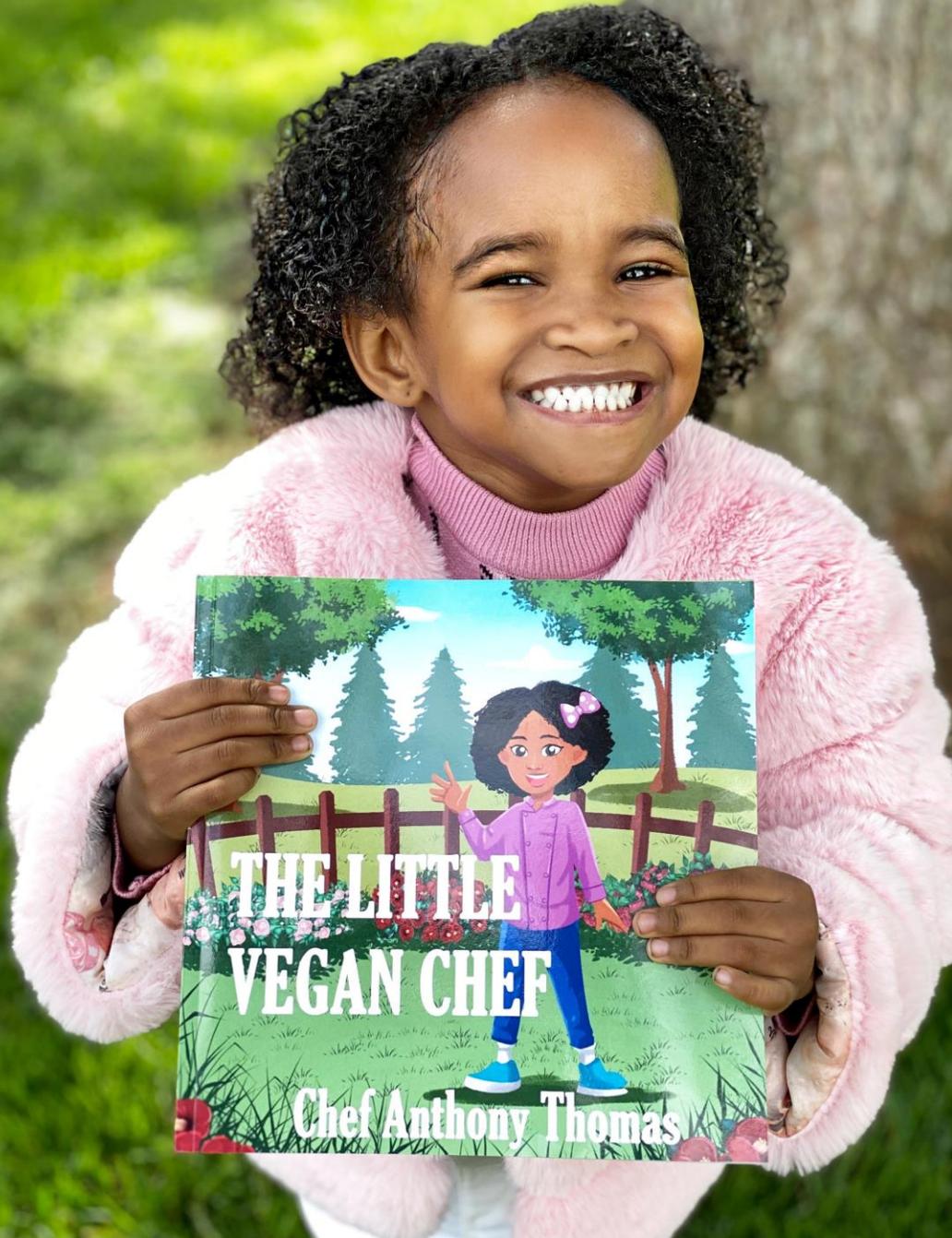
Anthony Thomas



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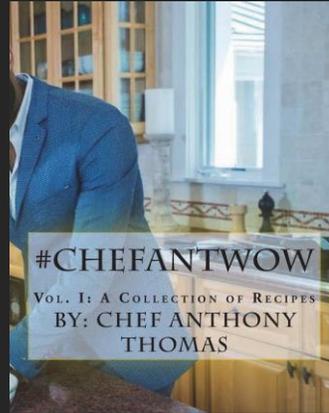


Chef Anthony Thomas

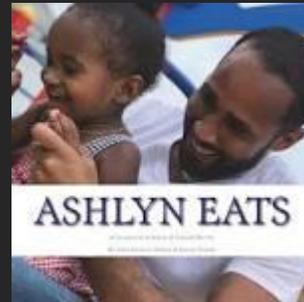


PUBLICATIONS

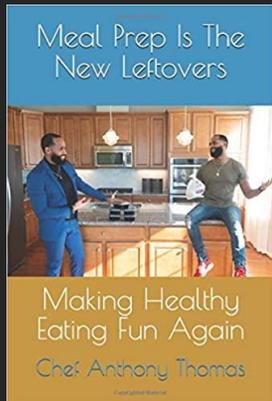
#CHEFANTWOW: A COLLECTION OF RECIPES



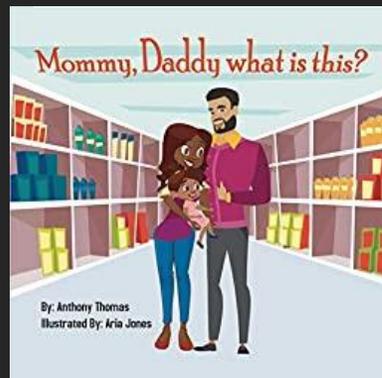
ASHLYN EAT: A COLLECTION OF INFANT AND TODDLER RECIPES



MEAL PREP IS THE NEW LEFTOVERS



MOMMY DADDY, WHO IS THIS?



THE LITTLE VEGAN CHEF



SOCIAL MEDIA STATS



19.4K
FOLLOWERS

200K+
IMPRESSIONS PER WEEK

@chefanthonydc



180 SUBSCRIBERS

70+ HOURS OF VIEWS
PER WEEK

Chef Anthony Thomas





South China
Morning Post

WASHINGTONIAN
MAGAZINE

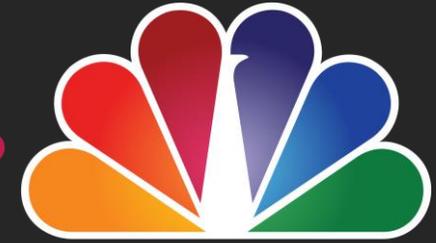
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CUISINE NOIR



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