**Tara B. Blackshear**

*Curriculum Vitae*

Towson University, 8000 York Road, Towson, MD 21252

tblackshear@towson.edu • [www.tarablackshear.com](http://www.tarablackshear.com) • 410-704-3172

**EDUCATION**

**Doctor of Education (Ed.D.) in Exercise and Sport Science 2008**

The University of North Carolina-Greensboro

School of Health and Performance

**Master of Education (M.Ed.) in Physical Education 1995**

Florida A&M University

Department of Health, Physical Education, Recreation & Dance

**Bachelor of Science (B.S.) in Physical Education 1994**

Florida A&M University

Department of Health, Physical Education, Recreation & Dance

**HIGHER EDUCATION EXPERIENCE**

**Assistant Professor of Kinesiology 2016-Present**

**Physical Education Teacher Education**

Towson University - Maryland, USA

Department of Kinesiology

College of Health Professions

**Physical Activity Coordinator/Interventionist 2006-2009**

The University of North Carolina-Chapel Hill

School of Nursing

North Carolina, USA

**K-12 EXPERIENCE**

**IB Sports, Exercise and Health Science Teacher 2012-2016**

**Physical Education Teacher**

International School Bangkok

Bangkok, Thailand

**Health and Physical Education Teacher** **2009-2012**

Cairo American College

Cairo, Egypt

**Health and Physical Education Teacher 2002-2006**

Wake County Public Schools

Southeast Raleigh High School

North Carolina, USA

**Health and Physical Education Teacher 2001-2002**

Exploris Middle Charter School

North Carolina, USA

**Health and Physical Education Teacher 2000-2001**

Fayette County Public Schools

Booker T. Washington Elementary School

Kentucky, USA

**Health and Physical Education Teacher 1999-2000**

**Department Chair**

Atlanta Public Schools

Bazoline Usher Middle School

Georgia, USA

**Health and Physical Education Teacher 1996-1999**

DeKalb County Public Schools

McNair Senior High School

Georgia, USA

**REFEREED JOURNAL PUBLICATIONS (7)**

**Blackshear, T. B.** (Accepted). #SHAPEsoWhite. *Physical Education and Sport Pedagogy,*

**Blackshear, T. B.** (2020). Short & sweet: HIIT training in PE. *Strategies: A Journal for Physical and Sport Educators, 33*(2), 3-12. doi10.1080/08924562.2019.1705218

**Blackshear, T. B.**,& Seyfried, L.(2019). Does education close the Black-White physical activity and obesity gaps? *Journal of American College Health, 25,* 1-5. doi10.1080/07448481.2019.1657122

**Blackshear, T. B.** (2019). Fathers—An untapped resource for increasing physical activity among African American girls. *Montenegrin Journal of Exercise Science and Medicine, 8*(1), 23-28.

 doi10.26773/mjssm.190304

**Blackshear, T. B.,** Barton, A., & Moxley, J.(2019). The evaluation of student fitness levels in exercise science and physical education teacher education programs. *Quest, 71*(1), 21-41,doi10.1080/00336297.2018.1487309

Jago, R., Drews, K. I., McMurray, R. G., Thompson, D., Volpe, S. L., Moe, E. L, Jakicic, J. M., Pham, T. H., Bruecker, S., **Blackshear, T. B.**, & Yin, Z. (2010). Fatness, fitness, and

 cardiometabolic risk factors among sixth-grade youth. *Medicine & Science in Sports*

 *Exercise, 42*(8), 1502-1510. doi.org/10.1249/MSS.0b013e3181d322c4

Jago, R., Baranowski, T., Watson, K., Bachman, C., Baranowski, J. C., Thompson, D., Hernandez, A. E., Venditti, E., **Blackshear, T.**, & Moe, E., for the STOPP-T2D-Prevention Study Group (2009). Development of new physical activity and sedentary behavior change self-efficacy questionnaires using item response modeling. *International Journal of Behavioral Nutrition & Physical Activity*, 6, 1-14, doi10.1186/1479-5868-6-20

**SUBMITTED MANUSCRIPTS (4)**

**Blackshear, T. B.,** McFadden, C., Barton, A. T., & Moxley, J.(In Peer Review). Looks can be deceiving: Body composition measures and the impact on Asian women. Submitted **February 2020** to *Asian Journal of Women’s Studies..*

**Blackshear, T. B.** (In Peer Review). Adult daughters’ perceptions of father involvement and the connection to physical activity. Submitted **January 2020** to the *International Journal of Kinesiology in Higher Education.*

**Blackshear, T. B.** (In Peer Review). FitnessGram in PETE: Do students measure up?. Submitted **September 2019** to the *International Journal of Kinesiology in Higher Education.*

**Blackshear, T. B.** (In Peer Review). Hey dad?!—You matter, too: How fathers promote physical activity in Black women Submitted **August 2019** to the *Journal of African American Women and Girls in Education.*

**PUBLISHED ABSTRACTS (2)**

Dell'Arciprete, L., Ollinger, S., Moxley, J., Barton, A., & **Blackshear, T. B.** (2019). How does sleep affect body mass index in college students? International Journal of Exercise Science: Conference Proceedings*:* 9 (7), Article 19, <https://digitalcommons.wku.edu/ijesab/vol9/iss7/19/>

Mandelbaum, L., Ahern, A., Bowling, M., Porter, M., Moxley, J., Barton, A., & **Blackshear, T. B.** (2019). "Does quantity of sleep affect cardiovascular endurance in college students?," International Journal of Exercise Science: Conference Proceedings: 9 (7) , Article 67, <https://digitalcommons.wku.edu/ijesab/vol9/iss7/67>

**BOOK CHAPTER (1)**

**Blackshear, T. B.** (Edited Version in Review). Refuge among the revolution: Escaping the school- to-prison pipeline. *Curricular and Non-Curricular Perspectives for Closing Achievement Gaps for Students of Color* in T. Ransaw & R. Majors (Eds.) International Race & Education Series.East Lansing, MI: Michigan State University Press.

**GRANTS/AWARDS (1)**

**Blackshear, T. B.** 2019 The University of Maryland Women’s Faculty Forum Research Award $1000 for the Hairstyle and the Impact on African American Women’s Lifestyle study. Principal Investigator

**REFEREED CONFERENCE PRESENTATIONS (7)**

**Blackshear, T. B.** (2019, November). *Short but Sweet: HIIT training in PE.* Presented at the Society of Health & Physical Educators (SHAPE) Maryland, Ocean City, Maryland

**Blackshear, T. B.** (2019, June). #SHAPEsoWhite*.* In S. Flory & D. Landi (Chairs) Social Justice in Physical Education. Symposium conducted at the meeting ofthe of the Association Internationale des Écoles Supérieures d'Éducation Physique(AIESEP), Garden City, New York

**Blackshear, T. B.** (2019, May). *Alternatives to Traditional Fitness Testing.* Presented at Physical and Health Education (PHE) Canada. Montreal, Canada

**Blackshear, T. B.** (2017, June). *Data-driven Physical Education Fitness**Standards*, Presented at the Society of Health & Physical Educators (SHAPE) America Regional Conference, Albuquerque, New Mexico

**Blackshear, T. B.** (2017, October). *False Sense of Fitness:* Presented at Maryland Association of Health, Physical Education, Recreation, & Dance. Baltimore, Maryland

**Blackshear, T. B.** (2015, April). *Creative Ideas that Keep Kids Active*. Presented at Educational Collaborative for International Schools (ECIS) Physical Education Conference, Munich, Germany

**Blackshear, T. B.** (2001, November). *Kickboxing in the Classroom*. Kentucky Association for Health, Physical Education, Recreation and Dance Conference, Lexington, Kentucky

**INVITED LECTURES/TALKS (13)**

Regional

**Blackshear, T. B.** (2019, October 25) Invited panelist for the University System of Maryland’s Women’s Faculty Conference, Servant Leadership Women Advocates, The Universities at Shady Grove, Rockville, MD

**Blackshear, T. B.** (2018, May 17-19) Invited panelist to discuss health and physical activity for Re- imagining Black Girls’ and Women’s Health Reception, Symposium and Workshop. Towson University, Towson, MD.

National

**Blackshear, T. B.** (2017, September 5) Invited panelist for Physical Activity: A conversation about Partnership for a Healthier America’s current and future strategies. Partnership for a Healthier America. Washington, D.C.

**Blackshear, T. B.** (2013, June) *Going Global - Citizens of the World* – Invited panelist to present on international education presented at the Torch of Wisdom Foundation, Southfield, Michigan.

**Blackshear, T. B.** (2003, June) Invited panelist to discuss physical health at The Triangle Chapter of the National Alumnae Association of Spelman College – Black Women's Health Forum. Atlanta, Georgia.

Campus Talks

**Blackshear, T. B.** (2019, November 13) Guest Lecturer in Seminar in Physical Education: Race and Diversity, Towson University, Towson, Maryland.

**Blackshear, T. B.** (2019, November 6) #SHAPEsoWhite presented at the Office of Inclusion & Institutional Equity Multiculturalism in Action Brown Bag Series, Towson University, Towson, Maryland.

**Blackshear, T. B.** (2016, October 16) International Fitness Standards: Are we doing enough for US students? presented at the College of Health Professions Global & International Initiatives in Health Forum. Towson, Maryland.

**Blackshear, T. B.** (2016, 2015, 2014, May) Senior Transitions: Health & Physical Activity, International School Bangkok, Bangkok, Thailand.

**Blackshear, T. B.** (2011, 2010, May) Senior Transitions: Health & Physical Activity, Cairo American College, Cairo, Egypt.

**TEACHING**

Undergraduate COURSES

KNES 238 Physical Fitness Programming and Assessment in Physical Education

KNES 240 Pedagogy in Field/Court Skills and Strategy

KNES 244 Creative Movement & Gymnastics in Physical Education

KNES 294 Elementary Physical Education Content Knowledge and Performance I

KNES 317 Motor Behavior in Physical Education

KNES 325 Teaching Physical Education in Secondary School

KNES 327 Teaching Cultural Dance and Creative Movement

**PEER REVIEWING (Journals)**

Peer Reviewer, *Advances in Orthopaedics and Sports Medicine Journal*

Peer Reviewer, *Athens Sports Journal*

Peer Reviewer, *Journal of African American Males in Education*

Peer Reviewer, *Journal of African American Women and Girls in Education*

Peer Reviewer, *Journal of American College Health*

Peer Reviewer, *Pediatric Exercise Science*

**PEER REVIEWING (Conferences)**

Peer Reviewer, *American Educational Research Association*

Peer Reviewer, *International Society of Physical Activity and Health*

**SERVICE EXPERIENCE**

Program Level Service

* Fitness Testing Liaison, Physical Education Teacher Education, 2016 – to date
* Member, PETE Committee, 2016 – to date
* Student Advising (55 students), 2018 – to date
* Student Recommendations

Department Level Service

* Member, Search Committee, Tenure Track/Clinical Assist. Professor in PETE, 2019-2020
* Member, Search Committee, Tenure Track/Clinical Assist. Professor in PETE, 2018-2019
* Chair, Search Committee, Tenure Track Assistant Professor in PETE, 2017-2018
* Member, Strategic Planning Committee, 2018 – to date
* Faculty Advisor, Undergraduate Research, 2017- to date
* Member, Search Committee, Clinical Assistant Professor in Exercise Science, 2017
* Member, Search Committee, Equipment Manager, 2019

College/ Faculty Level Service

* Member, College of Health Professions (CHP) College Council, 2019 to date
* Chair, CHP College Council Diversity & Inclusion Subcommittee, 2019 to date
* Member, Teacher Education Executive Board, 2019
* Faculty Advisor, Pretty Girls Sweat Student Group, Towson University Chapter, 2018
* Member, Mentor Teacher Training Development, College of Education, 2018
* Member, Curriculum Committee Physical Education Teacher Education, 2017
* Member, Intercollegiate Athletics Subcommittee – Gender & Diversity, 2016-2017
* Towson Open Houses, 2016 - to date

Service to Profession

* Member, Leadership Steering Committee, AIESEP, 2019 to date
* Scorer, Educative Teacher Performance Assessment (edTPA) 2020
* Examiner, International Baccalaureate (IB) Sports, Exercise and Health Science, 2012 to date
* Member, Assessment Standardization Team for IB Sports, Exercise and Health Science curriculum and assessment, Cardiff, Wales, April 2018
* Team Leader, IB Sports, Exercise and Health Science curriculum and assessment, May 2018

**PROFESSIONAL MEMBERSHIPS**

American College of Sports Medicine (ACSM)

Association Internationale des Écoles Supérieures d'Éducation Physique (AIESEP)

Society of Health and Physical Educators (SHAPE) America

Society of Health and Physical Educators (SHAPE) Maryland

Physical and Health Education (PHE) Canada

**RELEVANT INFORMATION**

Certifications: Maryland Teaching License, American College of Sports Medicine (ACSM) Personal Training, CPR, First Aid, International Counseling Certificate