

# Baseline Recreation Center Training Needs Analysis

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## Analysis Information

Stated Problem	Baseline Recreation is a new youth sports facility. Many sports at Baseline are contact or limited contact, which places athletes at risk for concussion injuries.
Goals	Limit Baseline's liability for concussion-related injuries by ensuring that employees working as "Court and Field Supervisor" communicate the "Return to Play" concussion protocol to the parent/guardian of the athlete.

## Current Performance & Observations

Current Performance	Baseline is a new business and therefore all employees are new hires. Employees have varying knowledge about concussion protocols.
Observations	Concussions are happening more frequently to young athletes and in many sports that will be offered at Baseline including basketball, soccer, lacrosse, baseball, and softball.
Conclusions	The Athletic Director wants non-medically trained employees that supervise the fields and courts to be the link between the certified athletic trainer and the parent or guardian of the injured athlete.

## Recommendations

Non-Training	<ul style="list-style-type: none"><li>• Employ an on-site, licensed health care provider that is authorized to evaluate concussions (Licensed Certified Athletic Trainer AT/L)</li><li>• Require completion of appropriate waivers all adult patrons and by parents of minors regarding risks and liabilities.</li><li>• After a concussion, require completion of a return to activity form signed by a licensed health care provider</li><li>• Require the wearing of sport-specific safety equipment including helmets and pads.</li><li>• Post rules to be followed about fair play and sportsmanship.</li></ul>
Training	<ul style="list-style-type: none"><li>• In-person training by a Certified Athletic Trainer for all staff</li><li>• Post list of concussion signs and systems in locker rooms, and training rooms, and sport courts/fields</li><li>• eLearning course for all staff on concussions including: recognize, respond, refer, reinforce</li><li>• eLearning course for Court and Field Supervisors on communicating Return to Play protocol with parents</li></ul>