

MVHS Wrestling Boosters
Meeting Minutes
11/06/2018
2018-2019 Wrestling Pre-Season Parent Meeting

Meeting was held in Mrs. Crandall's Classroom and began shortly after MVHS Winter Sports Meeting in the auditorium was adjourned by Luke Wolf

Coach Spence Patrick:

1. 1st practice is next 11/12 Monday right after school, get dressed down with wrestling shoes on and warming up by 3:00pm.
2. Before you can practice you must get your IQ and SWOL done online. Freshman and Juniors need to have Physicals done.
3. This Thursday 11/8 Concussion Baseline and Hydration Testing will be done right after school.
4. Required gear, wrestling shoes and headgear. If the wrestlers have braces then they are required to have a mouth guard.
5. Any hair below the ears or eyebrows needs to be cut or plan to wear a hairnet.
6. Spirit gear store is open until Sunday. If you already bought a spirit pack then you don't need to get a new one. The only thing that changed is the pants. Wrestlers complained about the pants last year. They were too hard to get off over the shoes.
7. Hygiene is a big issue. Wrestlers need to shower in the locker room after practice. Make sure you wrestler is showering as soon as they get home if they do not shower at the school. Clean towel everyday, antibacterial soap. Make sure the wrestlers are cleaning their gear as well. Anything pops up on the wrestlers skin please let coach now so that it does not spread and coach can work with your wrestler to help them get it cleared up.
8. Practices are longer at the beginning of the year. Mid season it will shorten up.
9. The wrestlers need 10 practices before they will be allowed to wrestle in a dual or tournament.
10. If a parent wants to participate in practice then they must have a background check done and fingerprinting as well.
11. Wrestlers are welcome to help out with Little Mavs practices. Practices are Tues and Thurs from 6-8pm.

Allison Tilden:

1. We have new Sponsorship levels. See attached Wrestler Registration form.
2. Please fill out the transportation forms just in case your wrestler needs a ride to tournaments or duals.
3. We are looking for a Fundraising Coordinator. If you are interested then let Allison Tilden or any of the other Boosters Board Members know.
4. We are going to be doing a Snap Raise fundraiser or something similar.
5. We need about \$20,000 to run our program and currently we only have about \$5,000-\$6,000 in both the Boosters and School accounts.
6. We will be sending out more information about sponsorships soon.
7. Check out the website at mavswrestling.com for any information and forms to print off and fill out.
8. Booster meetings are the third Tuesday of every month, except for November it will be on Tuesday November 27th at 7:00pm in the MVHS Lecture Hall. We will be done by 8:00-8:30pm. If location changes then we will let you know by email.
9. Volunteers needed. Many hands make light work so please fill out the back of the Wrestler Registration Forms in the Volunteer section for at least one area or more. Look for opportunities to sign up through Sign Up Genius.