The New

***So is it with the resurrection of the dead. What is sown is perishable; what is raised is imperishable. It is sown in dishonor; it is raised in glory. It is sown in weakness; it is raised in power. It is sown a natural body; it is raised a spiritual body.* – 1 Corinthians 15:42-44**

I want a new body. I'm serious. This one is wearing down and I don't see it getting better. Sure I can stop eating things that are bad for me (like the Hershey kisses I'm eating right now) and start eating only healthy food. Sure, I can exercise and build my heart, lungs and muscles. But I feel I am just prolonging the inevitable.

Now don't get me wrong. We should be healthy and take care of our "temples". I should take care of my body. If you eat healthy and work out, my hats off to you. If you have a six-pack, God bless you. I would but I don't have anything around it to match. I have absolutely no problem with health.

I just want a new body.

I run into people I went to high school with all the time and sadly, no one recognizes me. Now granted, I weighed 105 pounds when I graduated, and I am up a few pounds now. In fact, I look like I ate that kid. But that's not all. I did an app that showed what I'd look like in 20 years. It looked the same as now!! Really?! This is what I'm stuck with? Wrinkles and age spots?!

I definitely want a new body.

And thank you, Paul, for giving me a glimpse. You pulled back the vail, just a touch, so that I can try to see the new body I will someday have. It's in 1 Corinthians 15 (read it above). Imperishable! Glorious! Powerful! Spiritual!! That is what I'm talking about!!

I will get a new body!! An eternal body!! Now that's what I'm talking about!!

1 Timothy 4:8 says that "bodily training is of some value, godliness is of value in every way, as it holds promise for the present life and also for the life to come." If you believe you are getting a new body, a forever body, do you exercise just as much for it as you do your physical one? Do you train in godliness or work to deepen your relationship with Jesus? If you are looking forward to the new one, what are you doing for it; spiritual exercise so to speak?

Again, I need to be healthier in my earthly body. But even more important, I need to exercise my future body.

From My Heart,

Billy