

WEEK EIGHT:

Resolve **PEACEMAKING THROUGH CONFLICT**

Peace & Quiet

Read Mark 1:32-35 and write it in your own words.

1. How late would you assume Jesus was up healing people and casting out demons?
2. Do you know why the people came so late to Peter's house (see verse 21)?
3. How early do you think Jesus may have got up? Is that important?
4. Even though Jesus was, I assume, tired He got up and had a quiet time with His Father. Is that important for us as well?

Read Psalm 46 and write it in your own words.

1. Look at the first and last verses. Why is it so important that the author bookend the chapter with this confidence in God?
2. Verses 2-3 speaks of calamities that take place on earth. Why does God allow these things to happen, or does He? Where does the author find confidence?
3. Amid this chaos, the author speaks of God being with His people (us). Is that how most people feel when chaos erupts? Is this how you normally feel? Why?
4. Starting in verse 8, the author changes the "flow". He speaks of seeing how God brings an end to wars and ushers in peace. Do we see that yet?
5. How do you suspect the Israelites who read that responded during their own troublesome times? Much like us today?
6. Then we come to the most known verse of the chapter; verse 10. Why here and not at the end? Is there the idea here that whether mountains fall or streams flow, we need to "Be still...?"

"Be still and know that I am God." Psalm 46:10