



I'M TIRED

He gives strength to the weary and increases the power of the weak. Even youths grow tired and weary, and young men stumble and fall; but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint. -Isaiah 40:29-31

I'm tired.

Not necessarily physically tired though a nap does sound kind of nice. I am not struggling to keep my eyes open or my body upright. My mind is sharp. I'm tuned in to what is going on around me.

But I'm tired.

I'm exhausted spiritually. Have you ever been in that place? If not, let me explain. It's more of a feeling of wanting to somehow quit. Not my job or anything, but my effort to please God. That's looks awful now that I read it, but it's true. I am tired of trying to please God on my own. Read. Pray. Attend. Listen. Repeat.

Many people are afraid to admit this. As though it is some kind of sinful state. They think that feeling like this is a loss of faith or identity with God. Some will even connect it with burnout or sin. I'm not sure about all that and have my doubts that it is in some way evil. But it is real. Very real. And many Christians experience it from time to time. If you are spiritually tired, know that you are not unbelieving, nor sinful, nor lacking faith.

It's not where you are right now that affects your eternity, it's what you do in it, that shapes the way forward. You see, many make the mistake of trying to "fix" themselves in this place. They will do more. More reading (which isn't wrong per se) and more Christian websites with their motivational speakers (I'm guilty too) and more and more. They will keep piling on because they think it will get them out of this tired place. But it will just make you more exhausted.

So what do I do?

Keep your hope. Read and reread the verses above. Rest in the hope that Jesus is Who He says He is and is doing in, and through, you what He has created you to be. Know that this is a season of life. A season that hasn't surprised God nor caught Him off-guard. Know you're not alone nor the only Christian to feel this way. Remain confident in our hope and confident in Him Who we don't see yet (Heb. 11:1). God's got this. He always has. He is building in you what He wants for you.

So rejoice in the unwavering hope in Jesus. Satan can try to take our hope. But remind him, he can't take our eternity. Then mount up on wings like eagles...AND SOAR.

From My Heart,

Billy