



C-1 STUDY GUIDE

HORSE MANAGEMENT EXPECTATIONS

The candidate should show a developing awareness of cause and effect in the care of own mount. He/she should be familiar with local common horse terms. Assistance is recommended in demonstration of bandaging.

TURNOUT/TACK

- *Refer to Standards of Proficiency for detail on attire for certifications.*
 - *Pony Club pin,*
 - *USPC or USEA medical armband or bracelet,*
 - *properly fitted equestrian helmet, securely fastened (see USPC Policy 0800.A),*
 - *Long hair neatly up or back,*
 - *No inappropriate jewelry.*

- *Identify tack on own mount and discuss fit.*

- *Describe 3 different snaffle bits.*
 - 1.

 - 2.

 - 3.

- *Describe how to adjust a curb chain.*

Why does the curb chain need to lay flat or smooth under the chin?



Describe tack that is safe, clean, and well adjusted, reflecting regular care:

Bridle:

Pad:

Saddle fit:

Saddle wear:

Leathers:

Stirrups & pads:

CONDITIONING

*See supplements to the C Level manual on the USPC C Level Certification web page.

- *Discuss the meaning of conditioning and reasons for conditioning a mount.*

What is conditioning?

- *Define the conditioning principles below*

1. long slow distance work:

2. Interval training:

3. Inversion:

4. Recovery rate:

- *Describe factors to consider before a horse can begin a conditioning program.*

- Give the acceptable ranges for TPR for a mount at work.

T = _____ P = _____ R = _____

Should there be a difference between work and rest TPR, explain?

NUTRITION

- Discuss how much water an average horse drinks in a day and 2 reasons why water is important for horses.

Reason 1-

Reason 2-

- Discuss amount and type of feed for own mount.

Hay/Alfalfa/Pasture:

Grain: Oats:

Other Feed:

- Describe 2 characteristics of bad hay.

Characteristics for good & bad feed:

- Explain why access to good quality roughage is essential.

STABLE MANAGEMENT

- *Discuss 1 drainage and 1 absorbent bedding.*

Types of bedding:

- *Correctly put on and adjust a blanket/sheet on a mount.*

Describe the steps for putting a blanket on a horse:

1.

2.

3.

4.

5.

Describe how to adjust a blanket:

Describe how to take off a blanket safely:

- *Name 2 internal and 2 external parasites.*
 - 1.
 - 2.

- *Name 2 internal and 2 external parasites.*
 - 1.
 - 2.

- *Describe and give reasons for 3 types of clipping.*
 - 1.
 - 2.
 - 3.

- *Discuss general barn safety procedures.*

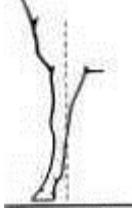
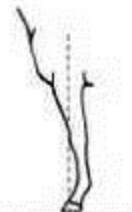


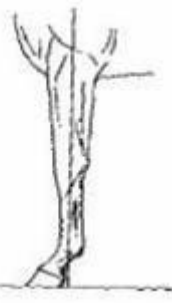
What are the safety concerns in your barn?


 - 1.
 - 2.
 - 3.
 - 4.
 - 5.


CONFORMATION AND UNSOUNDNESS

- Identify and discuss 3 bad points of basic leg conformation.

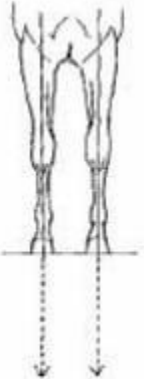
Foreleg – Side View:

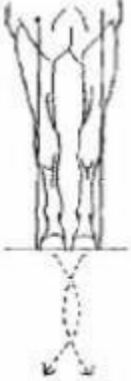
	<p>Name of Fault: <i>Camped Out</i> Effects on the horse:</p>
	<p>Name of Fault: <i>Camped Under</i> Effects on the horse:</p>
	<p>Name of Fault: <i>Over at the knee</i> Effects on the horse:</p>
	<p>Name of Fault: <i>Calf Kneed (Back at the knee)</i> Effects on the horse:</p>
	<p>Name of Fault: <i>None</i> Effects on the horse: <i>This is the good one</i></p>


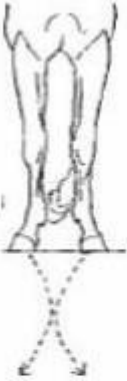

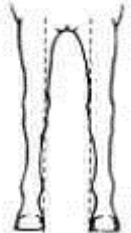
	<p>Name of Fault: <i>Long, Flat Pastern</i> Effects on the horse:</p>
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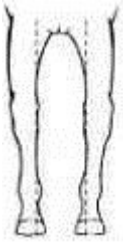
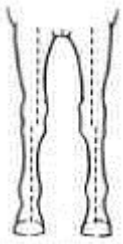
	<p>Name of Fault: <i>Short, Steep Pastern</i> Effects on the horse:</p>
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Forelegs – Front View


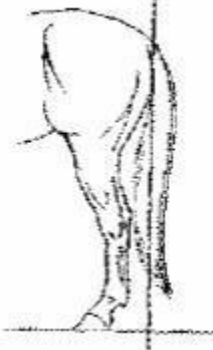
	<p>Name of Fault: <i>None (Straight leg)</i> Effects on the horse: this is the good one</p>
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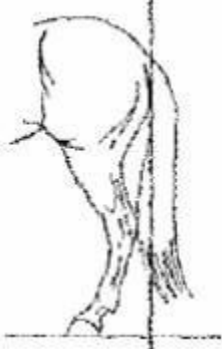

	<p>Name of Fault: <i>Base Narrow</i> Effects on the horse:</p>
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	<p>Name of Fault: Toes In (Another name : _____) Effects on the horse:</p>
	<p>Name of Fault: Toes Out (Another name : _____) Effects on the horse:</p>
	<p>Name of Fault: Knock Knee Effects on the horse:</p>
	<p>Name of Fault: Base Wide Effects on the horse:</p>

	<p>Name of Fault: Bowed Knee Effects on the horse:</p>
	<p>Name of Fault: Bench Knee (Another name : _____) Effects on the horse:</p>


Hind Leg – Side view


	<p>Straight – Good hind legs Effects on the horse:</p>
	<p>Name of Fault: Post Leg(Another name : _____) Effects on the horse:</p>


	<p>Name of Fault: Sickle Hock (Another name : _____) Effects on the horse:</p>
	<p>Name of Fault: Camped Out Behind Effects on the horse:</p>


Hind Leg – Rear view

	<p>Straight – Good hind legs Effects on the horse:</p>
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	<p>Name of Fault: Bowed Hocks Effects on the horse:</p>
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	<p>Name of Fault: Cow Hocks Effects on the horse:</p>
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	<p>Name of Fault: Wide Behind Effects on the horse:</p>
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	<p>Name of Fault: Narrow Behind Effects on the horse:</p>
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- Name, describe outward appearance, and locate on a mount 5 common unsoundnesses.

Draw a picture and fill out the chart below:

	<p>Name of Unsoundness: Splint Location: Effects on the horse:</p>
	<p>Name of Unsoundness: Bowed Tendon Location: Effects on the horse:</p>
	<p>Name of Unsoundness: Navicular Disease Location: Effects on the horse:</p>
	<p>Name of Unsoundness: Ring Bone Location: Effects on the horse:</p>

	Name of Unsoundness: Side Bone Location: Effects on the horse:
	Name of Unsoundness: Curb Location: Effects on the horse:

	Name of Unsoundness: Bone Spavin Location: Effects on the horse:
	Name of Unsoundness: Bog Spavin Location: Effects on the horse:

	Name of Unsoundness: Thoroughpin Location: Effects on the horse:
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TRAVEL SAFETY

- *Name basic equipment needed for mount's safety and comfort during trailer travel.*

Equipment for care and safety of horse during travel:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.

Equipment needed for equine first aid kit:

- | | |
|----|-----|
| 1. | 8. |
| 2. | 9. |
| 3. | 10. |
| 4. | 11. |
| 5. | 12. |
| 6. | 13. |
| 7. | 14. |

- Name two documents to carry if traveling long distances or out of state.

1.

2.

- Discuss 5 items from the truck/trailer safety checklist that you should check before you travel.

<https://www.ponyclub.org/Certifications/LocalLevel/CLLevel/TravelSafety.aspx>

RECORD BOOK

Provide a hard copy of mount's Health and Maintenance Record Book that contains records for at least 6 months prior to the test. In addition to the information from the previous levels, records must contain:

- Weekly riding/conditioning schedule and changes to this schedule (seasonal or other),
- Activities (beyond daily routine, e.g., lessons, clinics, competitions, etc.),
- Extra veterinary visits (beyond routine care),
- Expenses (income can be added, but not required).

Show your record book to your Pony Club instructor

HEALTH CARE & VETERINARY KNOWLEDGE

- Describe how to treat minor wounds.

Steps to treat minor wounds:

1.

2.

3.

4.

5.

- *Discuss: Regular parasite control for own mount, reason why to de-worm a new mount in a barn, and use of a fecal egg test.*

Worming schedule for your mount:

MONTH	WORMER USED	REASON / PARASITES CONTROLLED

Why would you deworm new mounts in the barn?

How would you deworm new mounts in the barn?

Why would you do a fecal test?

- *Discuss causes, signs, and preventative measures for the following: colic, laminitis, and heaves.*
- *Explain the reason for having a Coggins test done.*
- *Name 3 things you can do to prevent your horse from contracting a communicable disease (i.e., while riding at other facilities or keeping mount at show grounds).*
 - 1.
 - 2.
 - 3.

INTRODUCTION TO HORSE SPORTS

- Name 7 disciplines listed on the USPC website.

You can list all the disciplines and resource activities as well.

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.
- 11.
- 12.
- 13.
- 14.
- 15.

TEACHING

- *Bring a letter from DC/CA verifying the member assisted twice at an unmounted Pony Club activity.*
- *Demonstrate a safety and tack inspection for a D member. During the inspection, review why items are being checked and any safety issues found.*

Describe the steps you would take in performing a safety check for a rider:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.

How would you determine a proper helmet fit?

- 1.
- 2.
- 3.
- 4.
- 5.

Describe the steps you would take in checking the mount and tack for safety and fit:

Mount:

- 1.
- 2.
- 3.
- 4.

Bridle:

- 1.
- 2.
- 3.
- 4.
- 5.

Saddle:

- 1.
- 2.
- 3.
- 4.
- 5.

Other Equipment:

- 1.
- 2.
- 3.
- 4.

LAND
CONSERVATION

- *Name 2 different locations near you where the land is used for 3 different activities, including horseback riding.*

Location 1-

Location 2-

Example: Prairie Ride Facility, where they have trail ride horses, have school and soccer events.

LEADING & LONGEING

- *Discuss 3 reasons for longeing.*

List reasons for longeing:

- 1.
- 2.
- 3.
- 4.
- 5.

- *Discuss necessary longeing equipment.*

Equipment:

- 1.
- 2.
- 3.
- 4.

Safety Procedures:

- 1.
 - 2.
 - 3.
 - 4.
 - 5.
- *Describe parallel longeing and explain why it might be used.*
 - *Demonstrate parallel leading.*

BANDAGING

- *Under direct supervision and, if needed, with assistance from Examiner, apply 2 stable (aka standing) bandages (front and rear diagonal pair).*

Materials needed:

- 1.
- 2.
- 3.

Steps in applying stable bandage:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

- *Name 2 possible effects of poor bandaging techniques.*

FOOT & SHOEING

- *Discuss causes of thrush and prevention.*

Causes of Thrush:

1.

2.

3.

4.

- **How do you prevent thrush:**

- Describe 3 examples of bad shoeing.

Fill in the chart below:

	<p>What is wrong with this picture?</p>
	<p>What is wrong with this picture?</p>
	<p>What is wrong with this picture?</p>
	<p>What is wrong with this picture?</p>
	<p>What is wrong with this picture?</p>

- Identify 6 farrier tools and their uses.



Answers: A=nippers, B=clinchers, C=pull offs, D=creased nail puller, E=driving hammer, F=rasp, G=hoof knife

- Identify 3 types of shoes. See the USPC Manual of Horsemanship C Manual pg. 256-259

