



Frequently Asked Questions

What does venus viva do?

Venus Viva is an advanced, non-surgical solution for skin resurfacing that works to improve the overall texture of your skin. It combines NanoFractional™ Radio Frequency and SmartScan™ technology to effectively reduce scars, rosacea, enlarged pores, deep wrinkles, stretch marks, and other textural irregularities.

Is Venus Viva safe?

This process helps to naturally increase collagen and elastin fibers, resulting in smoother, firmer skin that looks noticeably more youthful. Unlike most other skin resurfacing treatments that are not safe for darker skin tones, Venus Viva™ is safe for all ethnicities, even for darker complexions.

How does Venus Viva skin resurfacing work?

How it works. Venus Viva™ skin resurfacing treatments work with tiny pins that safely deliver heat (via NanoFractional Radio Frequency) through the skin's surface. This creates tiny micro-dermal wounds, which the body naturally heals on its own. This process repairs signs of skin damage visible on the surface of the skin.

Is there down time?

Yes, but only for 24 hours post-treatment (or up to 3-5 days for more aggressive treatments), unlike lasers or other treatments where recovery or downtime lasts up to 10 days. Your skin will be red and sensitive for the first 24 hours. After 24 hours, you may put on makeup and resume your regular skin care routine. You should always apply sunscreen (at least SPF 30) to maintain your results and prevent sun damage. Avoid rigorous exercise and hot baths or massages on the treatment area for the first 2 days after your session. Make sure to keep your skin clean and protected from the sun. Avoid any sort of tanning.

Is Venus Viva better than laser?

Considered an alternative to laser treatments, Venus Viva is less ablative (meaning it damages the skin surface less) and has less downtime, but you need more treatments for comparable results. Three or four treatments, lasting 30–40 minutes each, are typically recommended, with one every four to six weeks.

Is Venus Viva painful?

Venus Viva™ treatments may be slightly uncomfortable, but not painful. You'll feel heat, similar to the feeling of sunburn, and your face will look red right after the treatment. For your comfort a topical numbing cream is applied to reduce any discomfort.

Is Venus Viva right for my Skin type?

It can be used on all skin tones. The treatment combines aspects of microneedling and laser resurfacing. Considered an alternative to laser treatments, Venus Viva is less ablative (meaning it damages the skin surface less) and has less downtime, but you need more treatments for comparable results.

What should I expect post treatment?

The will skin be red and warm which will resolve in a few hours to a few days depending on the strength of the treatment. The degree of redness and mild irritation will vary. We have a post-procedure kit available for purchase (\$60), if you elect to not purchase the recommended products make sure that you have our provider review the products you elect to use. For 24 hours we strongly recommend you **NOT** wash your face, apply any skin products or eye creams to the treated area. This includes any ointments or creams should be applied.

Can I use my makeup, lotions, powders, perfumes or Ointments?

Applying any products within the 24 hours **WILL IRRITATE** your skin! You may splash your face with cool water as needed and pat dry with a clean towel. PLEASE READ the information sent to you with your consent forms via email. Clients may start using their normal skin care and make-up products 24-36 hours after their treatment. We recommend you limit your sun exposure post 24 hours of the treatment. If you must go outside, please wear a hat/cap to protect the treated area. Sunscreen must be worn immediately 24 hours after treatment.

How many treatments will I need and how often can I have them?

The number of treatments will depend on your skin type and treatment goals but normally 3-4 treatments will be needed. Treatments are performed 4 weeks apart to allow the skin to heal and re-model.

How long will the results last and are they permanent?

After your final treatment, your results will continue to improve. However, one touch-up session may be needed approximately every 6–12 months, depending on how your skin responds