



## Weight Loss Program for Tirzepatide

### Exclusion criteria (Not able to be on the program)

- Pregnancy
- Breast feeding
- Type one diabetes
- Type two diabetes on any medication for diabetes.
- Taking insulin
- Active cancer diagnosis
- History of heart attack in the last year or uncontrolled heart related chest pain.
- History of thyroid cancer
- Personal or Family History of “multiple endocrine neoplasia”
- Severe uncontrolled depression or recent suicidal thoughts
- BMI under 25
- Under 18 years old