



Jyl Scott Reagan
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Jyl Scott-Reagan has been a psychotherapist for over thirty years. Well before she became a therapist, she was intrigued by the mystery and healing capacity of dreams. She has studied Jungian and Gestalt dreamwork for decades and has felt most at

home with Steve Aizenstat's Dreamtending. She has participated in many Dreamtending trainings with Dr. Aizenstat since 2005. She also brings experience and training in psychodrama into her work with dreams.

Jyl's private practice focuses on depth psychology, as well as couple and family relationships. She is licensed as a clinical social worker (LCSW), marriage and family therapist (LMFT-S) and licensed professional counselor (LPC-S). She has been a trainer, clinical supervisor and mentor to many therapists in Houston. You can learn more about Jyl's private practice at [Psychology Today](#).

You can learn more about [Steven Aizenstat's work at dreamtending.com](#). Dr. Aizenstat was the Founding President of Pacifica Graduate Institute. His latest book is The Imagination Matrix.