## **Everything is a story**

You can't tell me EVERYTHING is not a story without telling me a story. So what story are you telling right now to prove it's not a story?

Oh wait—that's just another story.

Every science and system: a story.

Your job, your family, your dreams—all recurring stories.

Even your silent contemplation at this moment......becomes part of the story.

Even the thought that maybe it's not a story...

Yep, I'm sorry, that's still just a story.

Words without words aren't words.

What's a word without the word word?

Do stories define words or do words compose stories?

That's a story we call a paradox,

A story to remind us this is all just a story.

So we don't get fooled into believing any illogical story.

And, yes, while logic can reason, it can never tell a story.

So you're trapped in language, and that is **THE STORY**.

You are not "you" because that's **just a story**. So who are "you" without telling your story?

Even saying "this is nonsense" is just another story. A story of words assembled in story.

So maybe now you're telling a story about how you're not in a story. All while you're in the middle of telling that very story.

And even if you think your whole life isn't a story, I'll tell you again and again,

That's just another story!