



WE'RE HERE

YOU support the nation,
WE support **YOU!**



Support your industry charity on national GroceryAid Awareness Day by joining the Scotland branch's FIRST EVER virtual event.

The pandemic has created many challenges for our industry, not least the impact on our industry colleagues' mental health. We are encouraging our colleagues to take some time out of the working day and view this Motivational Talk with former Royal Marine Commando, Andy Grant.

At such a young age, Andy has been through more than most people do in their lifetime. Whilst his journey is unique, we hope Andy's story can inspire you on how to react in the situations life puts us in.



Motivational Talk

Hon Col Dr Andy Grant

Tuesday 2nd March
12:00 – 13:30

[JOIN HERE](#)

FREE to join. Donations to GroceryAid welcome:

<https://www.justgiving.com/fundraising/gascot02-03-21>