

# METRO LOBSTER & SEAFOOD

8 NEW ENGLAND WAY, WARWICK RI, 02886



Dec. 2025

401-737-5250

TIGER SHRIMP		COOKED SHRIMP	
Shell on-FARM RAISED 4 LB. BOX		2 LB. BAG	
8/12	\$13.49 lb.		
13/15	\$12.99 lb.	16/20	\$10.50 lb.
		26/30	\$8.50 lb.

P&D TAIL OFF	
2 LB. BAG	
21/25	\$7.75 lb.
26/30	\$7.50 lb.
31/40	\$7.25 lb.
70/90	\$6.75 lb.

WHITE SHRIMP	
WILD CAUGHT	5 LB. BOX
U8	\$17.99 lb.
U10	\$15.99 lb.
U12	\$14.99 lb.
U15	\$11.99 lb.

P&D TAIL ON	
2 LB. BAG	
8/12	\$13.50 lb.
13/15	\$9.99 lb.
16/20	\$8.50 lb.
21/25	\$7.99 lb.
26/30	\$7.75 lb.

CALAMARI	
2.5 LB. PACK	
3/5 T&T (md)	\$7.50 lb.
3/5 Tubes (md)	\$7.99 lb.
5/8 T&T (lg)	\$7.99 lb.
5/8 Tubes (lg)	\$7.99 lb.
8/12 T&T (xl)	\$8.99 lb.
8/12 Tubes (xl)	\$8.99 lb.
Rings (med)	\$7.99 lb.

STUFFIES	
1 Dozen	\$20.00
3 Dozen	\$59.00

Fresh Fish	
Salmon-Atlantic	\$10.99 lb
Market Cod	\$14.50 lb
Sword	Call
Live Lobsters	Call
Salt Cod (Dry)	\$13.99 lb

LUMP CRAB	
1 LB. CAN	
Jumbo	\$27.00
Lump	\$14.00

SCALLOPS	
Fresh Seas	\$29.00

SHELLFISH	
Necks 25 piece min.	.52 ea
Tops	.45 each
Quahogs	\$1.20 lb.
Oysters 12 piece min.	.90 each

LOBSTER MEAT	
FROZEN 2 LB PACK	
CK (Claw & Knuckle)	\$47.00 LB.
TCK (Tail, Claw & Knuckle)	\$50.00 LB.

SMELTS	
1 LB. BAG	
Fresh Water	\$7.99 lb.

MUSSELS	
10 LB. BAG	
P.E.I Canadian (small)	\$27.00

MISCELLANEOUS	
9/12 King Crab Legs	\$80.00 lb.
Snails (7 lb box) (21 p lb)	\$145.00
No Veg (5 lb) (18.99 p lb)	\$95.00
Baby Octopus	\$5.99 lb.

Specials	
Boneless Ribeye 13-15 lb	\$13.00 lb.
Baked Stuffed Lobster 2+	\$99.00
Baked Stuffed Lobster 1.5	\$85.00
Baked Stuffed Shrimp (6 pc)	\$15.00
Minced Clams	\$9.00 lb.

Please Note: Prices are Subject to Change

Order now while pricing & supplies last!!!