

SHRIMP

8/12 Shrimp-Shell On/4lb box
13/15-Shell On/4lb Box
16/20 Shell On/4lb Box
16/20 Shrimp COOKED/2lbs
26/30 Shrimp P&D Cooked/2lbs
8/12 Shrimp P&D Tail On/2lbs
13/15 Shrimp P&D Tail On/2lbs
16/20 Shrimp P&D Tail On/2lbs
26/30 Shrimp P&D Tail On/2lbs
16/20 Shrimp P&D Tail Off/2lbs
26/30 Shrimp P&D Tail Off/2lbs
31/40 Shrimp P&D Tail Off/2lbs
70/90 Shrimp P&D Tail Off/2lbs
U 7 Shrimp/5lb Box
U 8 Shrimp/5lb Box
U 10 Shrimp/5lb Box
U 12 Shrimp/5lb Box

MEAT

Fresh Hamburger
Butt Tenderloin
Ribeye-Bone In
Ribeye Boneless
Pork Tenderloin
Pot Roast
Ribs

SQUID

3/5 T&T-Small/2.5lb Pack
3/5 Tubes-Small/2.5lb Pack
5/8 T&T-Large/2.5lb Pack
5/8 Tubes-Large/2.5lb Pack
8/12 T&T-Extra Large/2.5lb Pk
Rings-Medium
Rings-Large
Bosin 5/8 T&T
Bosin 5/8 Tubes
Bosin Rings-Large
Icy Bay Rings
Icy Bay T&T
Octopus
Baby Octopus
Octopus SPANISH
Rings-CLASSIC
Rings-SEAFRESH
Town Dock 5/8 Tubes
Town Dock Rings
Town Dock Tubes-Medium
Tubes--CLASSIC
Tubes-TRADITIONAL

CHICKEN

Fresh Chicken Cutlets
Breaded Chicken Fillets
Chicken Strips
Chicken Fingers



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Phone 401.737.5250 Fax 401.737.5248

www.metrolobsterandseafood.com

Product List

WINTER 2023/2024

-Please call for pricing-

We service restaurants, country clubs, supermarkets and more throughout R.I. and beyond.

Our retail operation is a great opportunity for the public to get the same fresh quality products at a great price.

***Wholesale items are sold in bulk and per pound unless otherwise noted. Please be aware that we may not be able to sell some items in smaller quantities.

LOBSTERS

CK/Claws and Knuckles 2lbs
CKL/Claws, Knuckles and Legs 2lbs
TCK/Tail, Claws and Knuckles 2lbs
Tails 2lbs
Lobsters 1 ¼ lb.
Lobsters 1 ½ -1 ¾ lb.
Lobsters 2-3 lb.
Lobsters CULLS lb.
Lobster Meat Fresh lb.

CRABS

Imitation Crab-REAL DEAL
Imitation Crab Meat
Lump
Jumbo Lump
King Crab Legs 16/20
Real Deal Crab
Sea Leg Supreme/Imitation Crab
Crab Cakes

SNAILS

Snail Salad/lb. (Seasonal)
No Veg/Marinated Snail-5 lb. Tub
Snails – 7 lb. Box

SPECIALTY

Stuffed Lobster-Small
Stuffed Lobster-Large
Stuffed Shrimp

MISC.

Eggs
Margarine
Butter-Salted
Butter-Unsalted
Sour Cream
Oyster Crackers/Case

CLAMS

Clam Fritter--BAG
Chopped Clams - Can
Clam Fritter--CASE
Clam Strips
Fryers/Whole Belly Clams
Matlaws CASE/3 Doz. Stuffed Clams
Matlaws SLEEVE/1 Doz. Stfd. Clams
Minced Clams-GALLON
Minced Clams-POUNDS

SHELLFISH

40/60 SCALLOPS
50/60 BAYS
80/100-Bays
Bays-Scallops
IQF Bays-Frozen
Scallop Pieces
Seas-Scallops
Sea's-U10
Necks/Littlenecks
Hogs/Bushel
Hogs/Quahogs
Hogs/Shucked
IQF Mussel-Frozen
Mussels 10lb Bag PEI (Small)
Mussels 10lb Bag Maine (Large)
Oysters
Oysters-Shucked
Steamers-lb.
Steamers-HALF BUSHEL
Steamers-BUSHEL
Tops/Cherrystones

FISH

10/12 IQF Haddock-Frozen
NP/North Pacific Cod
10 oz. Sword-Frozen
Cod-Fresh
Faroe Salmon FILLET
Faroe Salmon WHOLE
Flounder
Haddock
IQF Cod-Frozen
IQF Haddock-Frozen
IQF Sole-Frozen
IQF Sword-Frozen
Mkt-Fresh Cod
Salmon FILLET
Salmon WHOLE
Sea Bass Fillets
Smelts-Fresh Water
Smelts-Salt Water
Smoked Blue
Smoked Salmon
Sole
Sole Icelandic
Sword-Fresh
Sword Steaks FROZEN
Sword Tips
TONGOL Tuna CAN
TONGOL Tuna CASE
Tuna FRESH
Tuna FROZEN 8oz
Tuna-STEAKS