



METRO LOBSTER & SEAFOOD

8 NEW ENGLAND WAY, WARWICK RI, 02886

Sept 2026

401-737-5250

TIGER SHRIMP Shell on-FARM RAISED 4 LB. BOX		COOKED SHRIMP 2 LB. BAG		SHELLFISH	
8/12	\$14.50 lb.			Necks 25 piece min.	.52 ea
6/8	\$23.00 lb.	16/20	\$11.00 lb.	Tops	.45 each
13/15 P&D TIGER (2 lb)	\$13.00 lb.	26/30	\$9.00 lb.	Quahogs	\$1.20 lb.
				Oysters 12 piece min.	.95 each
P&D TAIL OFF 2 LB. BAG		WHITE SHRIMP WILD CAUGHT 5 LB. BOX		LOBSTER MEAT FROZEN 2 LB PACK	
21/25	\$8.00 lb.	U8	\$19.00 lb.		
26/30	\$7.50 lb.	U10	\$16.00 lb.	CK (Claw & Knuckle)	\$40.00 LB.
31/40	\$6.50 lb.	U12	\$15.00 lb.		
71/90	\$6.00 lb.	U15	\$11.00 lb.		
				SMELTS 1 LB. BAG	
				Salt Water	\$8.00 lb.
				MUSSELS 10 LB. BAG	
				P.E.I Canadian (small)	\$27.00
				MISCELLANEOUS	
				Minced Clams (1 gal)	\$47.00
				Snails (7 lb box) (20 p lb)	\$140.00
				No Veg (5 lb) (20.00 p lb)	\$100.00
				Baby Octopus	\$6.00 lb.
				Specials	
				Boneless Ribeye 13-15 lb	\$13 lb.
				Baked Stuffed Shrimp	\$15.00
				-Frozen, 6 pc min	
				Please Note: Prices are Subject to Change	
CALAMARI - 2.5 lb pack		Fresh Fish			
Town Dock Tubes	\$7.00 lb.	Salmon-Atlantic	\$10.50 lb		
Town Dock Rings (md)	\$8.00 lb.	Market Cod	\$17.00 lb		
Domestic	\$10.00 lb.	NP Cod - Refresh	\$10.50 lb		
-Rings, R&T, T&T		Sword	Call		
		Live Lobsters	Call		
STUFFIES		SCALLOPS			
1 Dozen	\$20.00	Fresh Seas (Large)	\$29.00		
3 Dozen	\$59.00	40/60 Bay Scallops			
		- Frz, 5 lb bag	\$7.00 lb		
LUMP CRAB - 1 lb can		60/80 Bay Scallops			
Jumbo	\$27.00	- Frz, 5 lb bag	\$6.50 lb		
Lump	\$14.00				

Order now while pricing & supplies last!!!