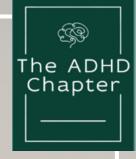


## An Expert led interactive workshop for MHPs

Join us as we break gender stereotypes & better our awareness about ADHD in women!

# Miss-understood No More: ADHD in Women



An Interactive Workshop for MHPs

Date: 1st March 2025 (Saturday)

Time: 5:00 PM IST | Duration: 3 Hours

Virtual Session

BOOK A SPOT

Introducing our Guest Speaker



Dr. Sneha Karmani
Psychiatrist (DNB - Psychiatry)
Post-doctoral Associate, Yale University School of Medicine



Dr. Sneha Goyal,
Clinical Psychologist
Consultant & Founder
(M.Phil., Ph.D., NIMHANS, Bangalore)



Clinical Psychologist
Consultant & Founder
(M.Phil., Ph.D., NIMHANS, Bangalore)

Queries: adhdchapter.training@gmail.com/ 7420008088







## Why attend?

- ✓ ADHD in women is often misdiagnosed & misunderstood
- ✓ Symptoms overlap with other conditions, complicating diagnosis
- ✓ Gendered issues impact identification & treatment
- ✓ Contextualised approaches are needed for ADHD care in India

## Takeaway:

- ✓ Answers to FAQs on ADHD in Women
- Overlapping issues that complicate diagnosis among women
- Research in community and hospital setting in India
- Treatment & Management (Behavioral & Pharmacological)
- ✓ Contextualized Assessment & Treatment
- Live Q&A with Experts

Join Us!

1st March 2025

**5:00 PM IST** 

Virtual Event

REGISTER HERE!

Open to all Mental Health Professionals

Registration fee: INR 1,999/-

Queries: adhdchapter.training@gmail.com/ 7420008088





## **Our Speakers**





Dr. Sneha Karmani

**Guest Speaker** 

#### Psychiatrist & Postdoctoral Associate, Yale University

- Extensive clinical & research experience across India, UK & U.S.
- Former Clinical Lead at Aditya Birla Memorial Hospital & Mpower- Pune
- Specializes in women's mental health & complex comorbid conditions
- Advocates for a multidisciplinary, bio-psychosocial approach
- Passionate about gendered issues in ADHD treatment

## Dr. Sneha Goyal

### **Licensed Clinical Psychologist & Therapy Supervisor**

- 11 years of clinical experience specializing in Adult ADHD
- Expert in structured therapy modalities tailored to client needs
- Certified Therapy Supervisor (Australian Counselling Association)
- Passionate about peer-learning & evidence-based interventions





# Dr. Tanya Anand Licensed Clinical Psychologist & Therapy Supervisor

- 13 years of clinical & research experience,
- Specialising in ADHD, substance abuse & externalising behaviours
- Expert in Family Systems & intervention development
- Passionate about advanced training & supervision for MHPs

REGISTER HERE



