

ADHD in Women

Miss-understood No More

An Expert led interactive workshop for MHPs

*Join us as we break gender stereotypes & better
our awareness about ADHD in women!*

Miss-understood No More:

ADHD in Women

An Interactive Workshop for MHPs

Date: 1st March 2025 (Saturday)
Time: 5:00 PM IST | **Duration:** 3 Hours
📍 Virtual Session

**BOOK A
SPOT**

*Introducing our
Guest Speaker*



Dr. Sneha Karmani

Psychiatrist (DNB - Psychiatry)

Post-doctoral Associate, Yale University School of Medicine



Dr. Sneha Goyal,

Clinical Psychologist

Consultant & Founder

(M.Phil., Ph.D., NIMHANS, Bangalore)



Dr. Tanya Anand,

Clinical Psychologist

Consultant & Founder

(M.Phil., Ph.D., NIMHANS, Bangalore)

Queries: adhdchapter.training@gmail.com / 7420008088



Why attend?

- ✓ ADHD in women is often misdiagnosed & misunderstood
- ✓ Symptoms overlap with other conditions, complicating diagnosis
- ✓ Gendered issues impact identification & treatment
- ✓ Contextualised approaches are needed for ADHD care in India

Takeaway:

- ✓ Answers to FAQs on ADHD in Women
- ✓ Overlapping issues that complicate diagnosis among women
- ✓ Research in community and hospital setting in India
- ✓ Treatment & Management (Behavioral & Pharmacological)
- ✓ Contextualized Assessment & Treatment
- ✓ Live Q&A with Experts

Join Us!

1st March 2025

 **5:00 PM IST**

 **Virtual Event**

Open to all Mental Health Professionals

Registration fee: INR 1,999/-

**REGISTER
HERE!**



Our Speakers

Dr. Sneha Karmani

Guest Speaker

Psychiatrist & Postdoctoral Associate, Yale University

- ◆ Extensive clinical & research experience across India, UK & U.S.
- ◆ Former Clinical Lead at Aditya Birla Memorial Hospital & Mpower- Pune
- ◆ Specializes in women's mental health & complex comorbid conditions
- ◆ Advocates for a multidisciplinary, bio-psychosocial approach
- ◆ Passionate about gendered issues in ADHD treatment



Dr. Sneha Goyal

Licensed Clinical Psychologist & Therapy Supervisor

- ◆ 11 years of clinical experience specializing in Adult ADHD
- ◆ Expert in structured therapy modalities tailored to client needs
- ◆ Certified Therapy Supervisor (Australian Counselling Association)
- ◆ Passionate about peer-learning & evidence-based interventions



Dr. Tanya Anand

Licensed Clinical Psychologist & Therapy Supervisor

- ◆ 13 years of clinical & research experience,
- ◆ Specialising in ADHD, substance abuse & externalising behaviours
- ◆ Expert in Family Systems & intervention development
- ◆ Passionate about advanced training & supervision for MHPs



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