



You are invited to

Adult ADHD Pathways for Care

Hi there—We're so glad you found us!



Dr. Sneha Goyal



Dr. Tanya Anand

We're Sneha and Tanya, clinical psychologists, researchers, and—most importantly—passionate about making ADHD care more effective. We bring to you collegial conversations on what helps clients thrive! Each space brings new insights, practical tools, frameworks we've found most useful, and maybe even a little more—joy in your work!

CHOOSE THE SESSION THAT VIBES!



HIDDEN IN PLAIN SIGHT

Understanding Adult ADHD



WHEN PIECES DON'T FIT

Assessment Guidelines



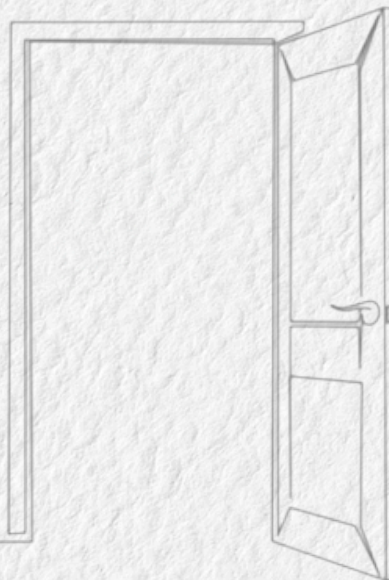
BUILDING THE BRIDGE TO CARE

Education, medication myths, Care Network



CARE THAT LASTS

Strategies & Neuro-affirmative Care



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<http://adhdchapter.com>

**FULL
DAY**



Adult ADHD

Hidden in Plain Sight!

How ADHD Shows Up—Beyond The Textbook

**FRIDAY, 31ST OCTOBER 2025
(11 AM TO 5 PM)**

FEELING PUZZLED BY ADULT ADHD?



Let's explore!

**Varying ADHD presentations,
differentials, co-occurring
conditions, & the stories they tell!**

IDEAL FOR

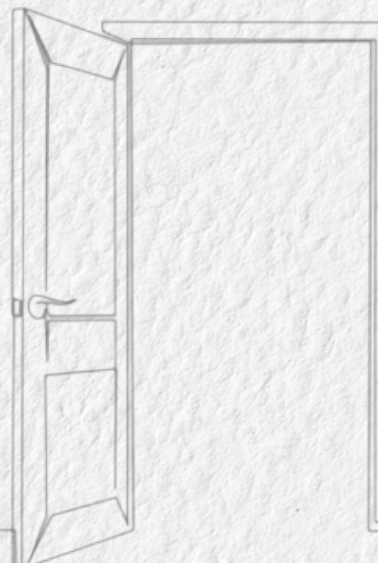
**MHPs who are looking to
support their client and
improve outcomes**

REGISTER NOW



.Takeaways

- ☒ Practical tools you can use right away.
- ☒ Professional toolkit with curated resources.
- ☒ A supportive community of like-minded clinicians.



ONLINE
Join us from anywhere!



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**FULL
DAY**

The ADHD
Chapter

Adult ADHD

When the Pieces Don't Fit

Assessment Guidelines

SATURDAY, 1ST NOVEMBER 2025
(11 AM TO 5 PM)

FROM STORIES TO ASSESSMENTS



- Interviewing
- Tool selection
- Corroboration
- Referral clarity

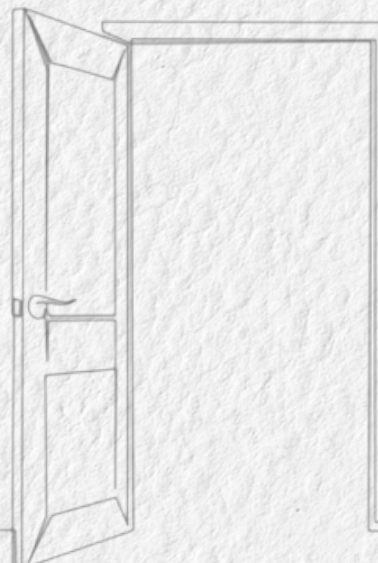
.Takeaways

- ✓ Guidelines for interviewing & Tools.
- ✓ Curated resources for family support.
- ✓ A supportive community of like-minded clinicians.

IDEAL FOR

MHPs who are looking to
gain insight moving from
assessment to planning care

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**FULL
DAY**

The ADHD
Chapter

Adult ADHD

Building the Bridge to Care

Stepped Care Plan

FRIDAY, 7TH NOVEMBER 2025
(11 AM TO 5 PM)

ONE STEP AT A TIME



Building care plans, delivering
education that connects,
pharmacological possibilities &
fostering networks of care



Dr. Sudheendra Huddar
(Psychiatrist)

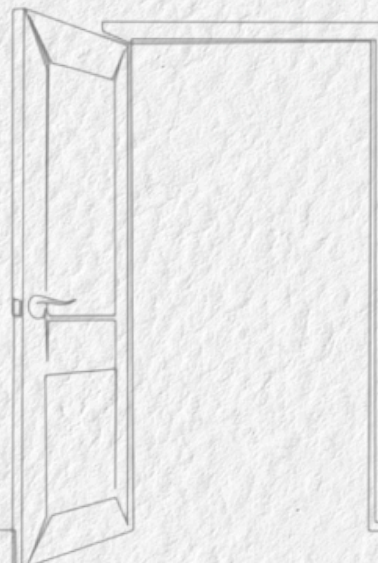
Invited Expert

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Takeaways

- ✓ Multi-systemic Education.
- ✓ Medication myth-busting.
- ✓ A supportive community of like-minded clinicians.



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**FULL
DAY**

The ADHD
Chapter

Adult ADHD Care That Lasts

Neuro-Affirmative Care Practice

**SATURDAY, 8TH NOVEMBER 2025
(11 AM TO 5 PM)**

FEEING STUCK WITH CBT MANUALS ?



Let's dive beyond stock manuals!

IDEAL FOR

**MHPs who are looking to
empower their clients with
care that lasts!**

REGISTER NOW



.Takeaways

- ☒ Practical strategies that actually work!
- ☒ Neuroaffirmative care through case studies.
- ☒ A supportive community of like-minded clinicians.



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We'd love to meet you!

Adult ADHD

Pathways for Care

ADVANCED PROFESSIONAL SERIES FOR MHPS

Reach out
to us



Dr. Sneha Goyal
M.Phil. (Clinical),
Ph.D., NIMHANS



Dr. Tanya Anand
M.Phil. (Clinical),
Ph.D., NIMHANS

Facilitators



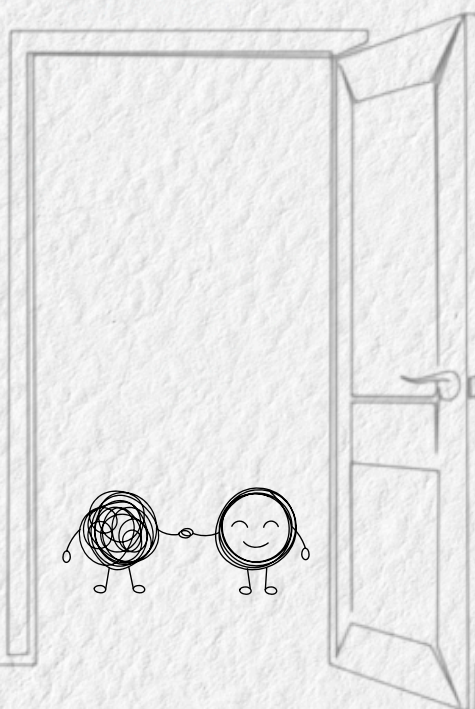
EARLY BIRD
Till 30th Sept 2025



**EARLY CAREER
PROFESSIONALS**
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