

Sandy Bears Weekly Menu



Monday	Tuesday	Wednesday	Thursday	Friday
BF: Continental option, fruit and/or cereal	Continental option, fruit and/or cereal	Continental option, fruit and/or cereal	Continental option, fruit and/or cereal	Continental option, fruit and/or cereal
Snack: Toast and two fruit options	Snack: Toast and two fruit options	Snack: Toast and two fruit options	Snack: Toast and two fruit options	Snack: Toast and two fruit options
Chicken Casserole Blueberry Muffin	Spaghetti Carbonara Fresh Fruit	Thai Vegetable Curry and Rice Fruit Yoghurt	Cottage Pie & Vegetables Fairy Cake & Raisin	Caribbean Chicken with Mango and Pineapple Fruit Cocktail
Snack: Cracker option, veg sticks	Snack: Cracker option, veg sticks	Snack: Cracker option, veg sticks	Snack: Cracker option, veg sticks	Snack: Cracker option, veg sticks
Butternut Squash Soup Watermelon	Sausage Hot Pot Fruity Rocky Road	Jacket Potato Cheese & Beans Raspberry crumble slice	Spaghetti on Toast with Veg Sticks Pineapple	Bacon and Leek Bake Sugar Free Jelly