



# Bear Cubs Daily Routine



- 8-9am Breakfast
- 9:10am morning activity
- 9:25am free play
- 9.45am Nappy changing
- 10am Snack
- 10.30am Walk around the village/outdoor play
- 11.30am Nappy time/ teeth cleaning
- 11:45/12pm lunch
- 12:15/12:30 sleeps
- 12.50pm story time for those awake
- 1pm pick up
- 1.10pm free play
- 1.50pm tidy up time/nappy time
- 2.00pm focus activities
- 2.30pm Snack- out on walk
- 2.50pm table top activities
- 4 tea time
- 4.25pm nappy time
- 4.40pm free flow & outside
- 5.30 Tidy up time/ focus & quiet play

