

March- May 2021

Sundays at 1pm

Cost: \$50/session

(BCBS PPO accepted)

Spring Group for Preteens

*Group will be led by
child and adolescent
therapist Orli*

*Ginsburg Firestein,
LCSW.*

<https://northshorepsyc>

[liothe.com/orli-](https://northshorepsyc.liothe.com/orli-)

[ginsburg](https://northshorepsyc.liothe.com/orli-)

Looking for an opportunity to build **friendships** and **social skills** this winter? Our group will meet weekly for 10 sessions to provide socialization, coaching, and therapeutic support to kids ages 9-12.

Group participants will engage in **fun and therapeutic activities** while addressing **self-esteem, social struggles, and mental health/ wellbeing**.

Curriculum will include Michelle Garcia's "You are a Social Detective: Explaining Social Thinking to Kids" along with additional therapeutic tools designed to decrease isolation and support social development.

