

## A Message From The Author

If you knew your time was short—truly short—what would you say? Not to impress. Not to explain. But to leave behind something real, something that could outlast your time here. A single insight. Perhaps the one that matters most to you. The one that cost you the most to learn.

"Life Insights From the Edge" was born from that question. This sample edition highlights the perspectives of five people—different in age, background, and experiences—each tasked to consider: If you had to choose one life insight to pass on, what would it be? What follows are their answers. But more than that, what follows are their reasons. Each insight presents the distilled truth and experience behind it—the Back Story. These are not polished slogans or tidy truisms. They are hard-earned by the author, often shaped by loss, love, failure, forgiveness, or quiet resilience.

As you move through this sample of five insights from my upcoming twenty-insight, full edition audiobook, “Life Insights From the Edge”, you’ll hear some key lessons that life has revealed to me over the years, insights that have proven to have significant meaning in my life. I have chosen to make these lessons more relatable to people with situations varied beyond my own by sharing them in a creative story form, presented through a diverse community of characters. The Back Stories shared through these storytellers have been crafted to add color and depth, highlighting and dramatizing the meaning of these five personal insights. Placing these characters in various circumstances is intended to create a broader appeal and a more meaningful, shared experience.

In the end, our lives are made of moments, and how we choose to make sense of them may be the most lasting thing we leave behind.

Welcome to Life Insights From the Edge.

Warm Regards,

Matt