

# AMT Hike to Lullingstone Castle - Railway viaduct - Shoreham Lavender Fields

## AMT Tours - Detailed Programme Description

AMT tours are designed to provide active recreation for all interested parties, whether families, friends, couples or even four-legged pets. The event is an opportunity to get outdoors, meet people and support charity.

## Why are we walking?

The AMT walk is about more than just an outing - it brings together several significant events and important goals:

- **AMT's 1st birthday** - Let's celebrate together the successes, experiences and community that AMT has created in its first year!
- **To support the charities' community - All proceeds from the raffle held at the end of the tour will support the charities' community.** You pay as much as you want for each raffle ticket, supporting a good cause.
- **For our health - Exercise is essential for physical and mental well-being.** A pleasant walk in nature recharges your energy, reduces stress and strengthens your immune system.

## Hike Details

- 📅 Date: **27 April 2025 (Sunday)**
- ⌚ Start Time: **10:00 AM** (please arrive by 9:45 AM)
- 📍 Meeting Point: **Lullingstone Country Park visitor centre**
- 🏃 Distance: **9.57 km** (approximately 2,5 hours at a slow pace, but can be shortened at any time)
- 📝 **Registration is required** –Please let me know if you want to join.
- 💰 **Entry fee:** free, but registration is required, please

## Programme process

### 1. Arrival and registration (9:45 AM)

- Participants arrive at the meeting point.
- Quick registration (name, email).
- Purchase raffle tickets
- Presentation of the route and sharing of important information.

### 2. Departure (10.00 AM)

- The tour starts, and everyone can go at their own pace.
- During the tour, there is an opportunity to talk and take photos.

### 3. Raffle draw (in August)

- You do not have to buy a raffle ticket for the tour.
- A raffle draw will be held at the end of the tour series.
- Everyone pays as much as they want for the raffle, which is donated to help children with cancer.
- All proceeds will be donated to support children with cancer.
- We will offer a 1-hour gift certificate to everyone who purchases a raffle ticket at the August tour!

## Important information

- **Registration is required** to participate.
- Everyone participates at their own risk.
- **The tour is not a race**; everyone can go at their own pace.
- The hike can be shortened, but we can also walk further into Jeskyns if participants wish.
- For participants with dogs, please bring a leash and muzzle if necessary. Please respect that not everyone is dog-friendly!
- Comfortable walking shoes and weather-appropriate clothing are recommended.
- Don't leave litter behind during the hike. Take care of nature!

### Join us and enjoy nature for a good cause!

If you have any further questions, don't hesitate to contact me!

Don't worry if you are not yet a member of the AMT community and have not had a message with me; feel free to join us and enjoy the walk!