

## Adventure



Mt Batur Hike
Watch the sun rise from this majestic view point.



ATV (Quad Bike) Adventure
Take a fun ride through the
jungle, rice paddies, caves
and under waterfalls on
these sturdy 4x4 machines



**E- Bike Adventures**For the slightly lazy rider who hates uphills, take in the beauty that Bali has to offer as you effortlessly ride through the countryside.



White Water Rafting Enjoy natures beauty as you flow with the natural rapids along the Ayung River.



**Scuba Dive**Be part of the underwater playground that surrounds the Island of Bali



Waterfall Adventues
Witness the pure beauty of
the many waterfalls Bali has
to offer



Beach Day

So many amazing beaches to choose from: With or without waves, white or black sand, all these beaches are magnificent.



Smorkelling
Swim amongst the brightly colored world of fish, turtles and corals in crystal clear waters.



Mountain Biking
Take a scenic pedal through
Bali's many wonders of
nature.

## Spiritual



**Cacao Ceremony** 

Feel your heart opening as you enjoy the deliciousness of hot cacao in a ceremonial setting.



**Fire Ceremony** 

Let go and release though the power of Fire.



Water Purification
Ceremony

Wash away all that does not serve at one of the many water temples.



**Sound Healing** 

Let the vibrations of the sound in the Pyramids of Chi heal all that is out of sync.



**Breathwork** 

Be guided through an internal process as you focus on your breath and all the magic that follows.



Yoga/ Meditaion

Connect your body, mind and spirit as you are guided by one of Bali's best teachers.





**Batik Painting** 

Learn the traditional art of Batik making.



Silver Making

Design and create your own unique piece of silver jewelery.



Mala Bead Workshop

Make your own Mala bead necklace using beads of your choice



**Ceramics** 

Explore the world of clay in a guided ceramics workshop



Balinese Cooking Class

Learn to cook the Balinese way



**Offerings Workshop** 

Learn about the Balinese culture around offerings and how they are made.



Night Market Experience

Enjoy Balinese cuisine like the local residents



Learn Balinese Dance

Take a class in the art of tradtional Balinese dance



**Temple Visits** 

Visit a Balinese temple to experience the richness of this culture.



Kecak Dance Experience

Experience this prominent cultural showcase of fire dance.



**Villiage Visits** 

Visit the artisan villages around Ubud on a full-day tour of Balinese culture.



## Pampering



2hr Spa Pamper and Raw Lunch

Enjoy a 2hr massage and scrub followed by a culinary treat of raw food



Spa Sauna Experience

Hot and cold pools, steam and sauna in a creative grotto at the Tjampuhan River



Flower Bath

Feel like a princess as you soak in a bathtub filled with floral delights.



**Boreh Pijat Massage** 

A massage utilizing a traditional mix of herbs before steaming in a sauna

## Day Tours



Kintamani day Tour

Take a drive North to Kintamani, where you will stop at waterfalls en-route and enjoy lunch with a spectacular view over Lake Batur.



**Topless Tour** 

Take a ride in a topless VW and enjoy, waterfalls, temples, and many other sights along the way



**Munduk Waterfalls** 

Get ready for some amazing waterfalls in the northern part of Bali where the temperatures are much cooler and the terrain is mountainous and lush.



Tegalalang Rice
Terraces

Hike, take a swing, sample local teas and coffees then enjoy a lunch overlooking the famous rice terraces.

Ask me....

There are so many amazing things to do in Bali! Feel free to ask for more information on any above activity and if there is something that is not on this list, dont hesitate to ask me and I will happily make it happen for you.





