## Quick Reference Guide

## Keep this chart so you can easily find the resources you need.

Blue Medicare Advantage includes the following benefits to help you live well:

Benefit	To Learn More	Provided By
<b>Vision Care</b> Eye exams and prescription eyewear.	Log in to <b>Blue Connect</b> to find a provider.	Community Eye Care (CEC™)
<b>Dental Care</b> Oral exams, cleanings, X-rays and more.	<b>Client.LibertyDentalPlan.com/BCBSNC</b> <b>1-866-544-4350</b> (TTY: 1-877-855-8039)	LIBERTY Dental Plan
Hearing Services Hearing aids and routine exams.	TruHearing.com/BCBSNCMA 1-855-238-5535	TruHearing
<b>Fitness Program</b> Gym or virtual classes plus a home fitness kit.	BlueConnectNC.com 1-888-797-8058	Silver&Fit
<b>Over-the-Counter (OTC) Allowance Card</b> Purchase health and wellness products.*	MyBenefitsCenter.com 1-833-569-2330	OTC Network®
Home Safety Devices Choose two catalog products at no cost.		
<b>Non-Emergency Medical Transportation</b> 24 one-way rides per year.	BlueConnectNC.com First-time users: 1-888-617-0271	SafeRide
<b>Support for Caregivers</b> Personalized coaching and resources.	BlueCrossNC.MyCareDesk.com 1-877-740-2870	Carallel
<b>In-Home Assistance</b> 60 hours per year of in-home support services.**	CareLinx.com/BlueCrossNC 1-855-524-1211	CareLinx
<b>Personal Emergency Response System</b> A wearable device with one button emergency calling.	BlueCrossNC.ConnectAmerica.com 1-877-909-4179	Connect America

Blue Cross NC contracts with independent companies to provide supplemental benefits. Those companies are responsible for the services they provide. They do not provide Blue Cross or Blue Shield products or services.