

When assisting Aetna Medicare diabetic members, it's important to educate them on how to access the supplies and equipment they need to manage their condition. This document does not replace CMS required member materials, such as Evidence of Coverage, Annual Notice of Change, or Summary of Benefits. This document is intended only as a resource regarding covered blood glucose testing equipment and supplies.

# How are diabetic supplies covered?

#### Diabetic supplies are covered by a combination of Medicare Part B and Part D

Medicare Part B (medical insurance) covers: diabetic supplies such as blood glucose meters, continuous glucose monitors, test strips, sensors, transmitters and insulin when used in a Medicare-covered durable insulin pump.

**Medicare Part D** covers alcohol swabs, 2x2 gauze, insulin needles, insulin pens and insulin syringes when used for the injection of insulin.

## **Blood glucose meters (BGM) & supplies**

#### Accu-Chek/Roche and TRUE/Trividia are our exclusive blood glucose meter partners

All Aetna MA/MAPD plans have exclusive coverage with Roche and Trividia blood glucose meters and test strips for our preferred diabetic supplies. Available models include the Accu-Chek from Roche and the TRUE from Trividia.

You can obtain your blood glucose meter and other testing supplies (lancing devices, lancets and test strips) directly from a network pharmacy which requires a prescription from your provider.

**Note:** LifeScan was the BGM vendor for 2025 and will no longer be a covered vendor for 2026 for supplies or meters.

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## Coverage for diabetic supplies by plan type

	Diabetic supplies	Covered under	In-network cost and quantity limits	How to get it
APD	Insulin needles, insulin pen needles, and insulin syringes	Part D	Tier 3 for A1/B1 formularies Tier 1 for A2/B2 Formularies	Pharmacy or mail order
PDP/ MAPD	Alcohol swabs and 2x2 gauze	Part D	Tier 3 for A1/B1 formularies Tier 1 for A2/B2 Formularies	Pharmacy or mail order
MA/ MAPD	Glucose test strips	Part B	\$0 (Limit: 100 per 30 days*)	<ul><li>Pharmacy or mail order</li><li>Participating DME suppliers</li></ul>
	Blood glucose meter (BGM)	Part B	\$0 (Limit 1 annually**)	<ul><li>Pharmacy</li><li>Participating DME suppliers</li></ul>
	Control solution	Part B	\$0	<ul><li>Pharmacy or mail order</li><li>Participating DME suppliers</li></ul>
	Lancets and lancing device	Part B	\$0	<ul><li>Pharmacy or mail order</li><li>Participating DME suppliers</li></ul>
	Therapeutic shoes and inserts	Part B	\$0 to 20%	<ul><li>Participating DME supplier</li><li>Requires prior authorization</li></ul>

<sup>\*</sup>Prior authorization is required for more than one blood glucose meter per year and/or test strips in excess of 100 strips for a one month supply.

Other brands are available with a prior authorization for a 20% coinsurance for supplies including test strips, glucose meters, solutions, lancets and lancing devices.

## **Durable infusion pumps**

	Diabetic supplies	Covered under	In-network cost and quantity limits	How to get it
MA/ MAPD	Durable insulin infusion pumps	Part B	\$0 to 20%	Requires prior authorization

## Continuous glucose monitors (CGM) & supplies

Continuous glucose monitoring (CGM) devices help members manage Type 1 and Type 2 diabetes with fewer fingerstick tests. A sensor inserted just under the skin measures glucose levels 24 hours a day. A transmitter sends results to a wearable device or cell phone. If members require frequent glucose monitoring, there are additional steps they will need to complete to assure coverage for a CGM under their Aetna plan.

CGMs and supplies (e.g., sensors and transmitters) may require a prescription from the member's physician when obtained from a network pharmacy (or a member must have a history of insulin usage). The member must obtain the CGM from a Medicare-certified DME provider, or from a network pharmacy for certain CGM models (E.g., Dexcom or FreeStyle Libre). With an approved prior authorization, members will pay \$0 to 20% of the total cost depending upon their enrolled plan.



## **Continuous glucose monitor**

Diabetic supplies	Covered under	In-network cost	How to get it
Continuous glucose  Monitor (CGM)	Part B	0% to 20%.	<ul> <li>Obtain a prescription for monitor and supplies</li> <li>Obtain prior authorization for network pharmacies</li> <li>Certain models (e.g.,Dexcom and Freestyle Libre) are available through network pharmacies in addition to network DME providers</li> </ul>

## Prior authorizations for new versus existing CGM users

New CGM users		Existing CGM users
CGM (monitor)	Prior authorization may apply (or history of insulin usage) when using a network pharmacy	Prior authorization required for a replacement monitor
CGM supplies (sensors & transmitters	Supplies included under the member's prior authorization for the monitor	No prior authorization required

<sup>\*</sup>Additional quantities available with a prior authorization

# How and where members can obtain a CGM prior authorization for in-network pharmacies

**Step 1:** The member or member's physician can request a CGM prior authorization from Aetna Medicare by phone, fax, or mail.

Call: 1-800-245-1206 (TTY: 711), Monday to Friday, 8 AM to 8 PM local time

Fax: 1-859-455-8650

Mail: Aetna Medicare Precertification Unit

P.O. Box 14079

Lexington, KY 40512-4079

- **Step 2:** If the prior authorization is approved, members can present their prescription to an in-network pharmacy for certain CGM models (e.g., Dexcom or Libre). If a member chooses any other brand than Dexcom or Freestyle Libre, they can only obtain the CGM and supplies from a DME provider. The members can use the same pharmacy.
  - The member may obtain Dexcon and FreeStyle Libre CGM's at a network pharmacy without a prior authorization with a history of insulin usage in the past 6 months. Prior authorization for monitors and sensors may apply as well as exception requests if exceeding quantity limits that align to Medicare coverage guidance.
- **Step 3:** Members requiring additional assistance obtaining a CGM can call the plan for help using the number on their member ID card.



## Where members can get CGM supplies

	Where to get monitor and supplies	Brands (and models)
HMO plans	In-network DME providers (Medicare-certified)	All brands
	In-network pharmacies	Only Dexcom and FreeStyle Libre
PPO plans	Participating DME providers* (Medicare-certified)	All brands
	In-network pharmacies*	Only Dexcom and FreeStyle Libre

<sup>\*</sup>Payment flexibility may be limited for out-of-network providers.

For a list of DME providers, visit:

https://www.aetna.com/dsepublicContent/assets/html/content.html?resource=national-dme-providers

Dexcom and FreeStyle Libre CGMs and supplies are available at participating pharmacies. The most recent list of participating pharmacies is available on our website at:

https://www.aetnamedicare.com/en/find-doctors-hospitals/find-provider.html

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