



Office Hours
Monday– Friday 9:30 AM—8:00 PM
Saturday 9:30 AM—12:30 PM
Contact US
Phone 901-388-3737
Fax 901-377-0403
Email Info@believegymnastics.org

LOOK THE PART! Students should be dressed in a leotard and have all their hair pulled back into a ponytail. Fitted leggings and a fitted top are acceptable for those students who prefer more coverage. With the exception of stud earrings, please remove all jewelry prior to entering class. Our proshop is stocked with current and trendy gymnastics apparel. New students receive a 10% discount on any full priced leotard.

INCREASE PRODUCTIVITY! Our Believe Binder includes skill lists, goal setting tips, a calendar, journal, nutritional tips, growth mindset information, and more. Use this binder, along with the skills used in class, to help turn your child's dreams into reality!

COMMUNICATION IS KEY! All questions or concerns should be directed to our friendly office staff. They are knowledgeable in the details of our programs. Specific lesson plan or in-class happenings can be discussed with your child's instructor. They will be more than happy to answer your questions and discuss your child's progress. Mrs. Leah, our Recreational Director, is also willing to assist you in any way possible.

RECREATIONAL CLOSINGS

Spring Break – March 16th - 22nd * Easter- April 10th - 12th * Memorial Day – May 23rd - 25th * Independence Day – June 29th - July 5th

Anniversary Fee

A \$50 (recreational classes) \$100 (teams) Anniversary fee is due at registration. Your account will be assessed the Anniversary fee every year during your anniversary month.

Monthly Tuition Payments

Tuition is due on the 1st of each month. A monthly statement will be emailed to you. In the event that your emailed statement is not received, you are still responsible for paying your tuition on time. Additionally, if your account becomes past due, you will receive a statement. A \$10 late fee will be assessed to your account if your tuition is not received by the 15th of each month.

Make-up Policy

Your account will automatically earn a make-up token when you miss class. A make-up token allows you to attend an additional class of the same type free of charge. We do limit each enrollment one make-up token per month. Make-up tokens expire 60 days after they are issued. Due to scheduling constraints, we will not have a make-up for planned closings.

Drop Policy If you should want to drop from our program, you must notify our office in writing 15 days prior to the month in which you are dropping. Please email our office at info@believegymnastics.org.

Late Pick-up Policy

All students must be picked up on time. Instructors have a minimal amount of time between classes. If you are more than five minutes late, your child will be waiting in the main office. A \$1 late fee/per minute late fee will be applied to your account for all late pick ups.

Payments We accept cash (must be exact, we do not keep cash on premises), check (write student's name in memo), or credit card (AMEX, Visa, Discover, and Master Card. All payments are non-refundable. A \$25 fee will be charged to your account for all returned checks.

Special Needs or Medical concerns

We strive to provide the best and safest class environment for all of our students. Please fully disclose any special needs or medical conditions that your child may have. Our Enrichment Program has a smaller class size and is perfect for students with special needs.

Hold Policy

When space permits, we offer a one month hold for each student each calendar year. All holds must be scheduled with the office prior to the hold month. The student will automatically be reenrolled the month following the hold month. If you choose to drop after your hold, you must submit a drop notice in writing 15 days prior to the drop month to avoid tuition responsibility. Holds are only for extenuating circumstances.

FACILITY RULES

All customers must approve our online adult and child waivers prior to participation in any gym activity.

Accounts must be current for student to attend.

Students may not be dropped off early or stay late after class. An adult must accompany all children in lobbies and observation areas.

An adult must come inside for pick up and sign each student out after class. Students will not be allowed to go outside unattended.

Students can be banned from our program for any reason, including but not limited to, hitting, biting, bullying, using profanity, not staying with their instructor, and not following the rules or lesson plan. We have a one warning policy for these types of discipline issues.

Adults can be banned from our program for any reason, including but not limited to, violent or aggressive behavior.

Parents and siblings are not allowed in the gym for any reason.

Glass is not allowed in the building.

No smoking, profanity, or loitering on property.

Respect our facility. Help us keep it clean.

All children in observation areas and lobbies must be supervised by an adult.

Our observation area TVs are for our use only.

No parking on the sidewalk or in the grass. Use Malco's back lot for overflow parking.

Do not leave valuables or children in your parked vehicle. We are not responsible for stolen property left in your vehicle.

Students must be fever, vomit, and/ or diarrhea free for 24 hours to participate. Students may not attend if they have signs of illness, contagious disease, skin infections, stitches, casts or limb braces, signs of a concussion, or any other condition we feel could hinder their safety. A doctor's note is required for return to class after a significant injury.

Believe Gymnastics is not responsible for lost or stolen personal items. Our lost and found is located in our office and discarded or taken to Goodwill at the end of every month.

Toddler Class Information

Toddler class is a great bonding experience with your child and an opportunity to help him or her learn to function in a group setting and take instruction from another adult. Assisting your child through all activities is vital to his or her safety and enjoyment in the class. We aim to further a child's physical development and coordination while teaching strength, balance, flexibility, and discipline. Our young gymnasts use the scaled down gymnastics equipment to learn "real Gymnastics" through play. We believe that gymnastics is an activity every child can benefit from starting at a very early age. These classes are designed to enhance your child's fine and gross motor skills, social skills, strength and coordination through the utilization of beginner gymnastics equipment, and obstacle courses that emphasize climbing, hanging, jumping, running, and rolling in a fun and safe environment.

Toddler Class Rules In addition to the above facility rules, the following apply to our Toddler class students and the adult assisting them.

1. Only one adult is allowed in class at a time.
2. Adults are not allowed on the equipment. Please stand on the floor or sit on the platform edge while students are on the air and tumble trak.
3. Siblings are not allowed in the gym during class. Siblings must be accompanied by an adult in the lobby or observation area.

WHEN CAN MY CHILD MOVE TO THE PRESCHOOL CLASS? When toddlers are 4 years old, potty trained, respectful to other students and staff, good listeners, follow the coach's instructions, and are able to stay with their class, they will be referred to the preschool class. These requirements are strictly enforced. Once in a preschool class, if a child is unable to stay with the class or runs away during instruction, he or she will receive a verbal warning. Coaches will inform parents in the event that such behavior occurs. If there is a second offense, the student will be required to return to a parent assisted, toddler class. Once the student has achieved mastery of necessary skills, we will gladly transition him or her into the preschool class.