

# The Flower Press- August 2022



## Message from The President



The summer seems to be passing quickly, I enjoy watching the progression of blooms in our gardens from our patio. I can see that I need some June blooming plants to give color to a few areas, there is a lull in color after early summer and midsummer. The hibiscus will be opening their large tropical blooms soon.

It has been a busy July. The Pollinator Committee has a joint project with the Village that was recently completed. In spring Mayor Liz Brandt renewed her pledge to plant a pollinator garden in the village this summer. The Pollinator Committee suggested a project with the village on a location at Spring Lake Park in our last fiscal year. Mary Ainger is the Lincolnshire Garden Club point person for the village on the Pollinator Committee. Mary Ainger, Nancy Slatin, Jan Stefans, Judy Jenner and Ellen Strauss met with Linda Taylor at the site. The ladies suggested plants and Linda Taylor drew up a plan. Trish Hughes had a hand in coloring the plan. Thank you, ladies for facilitating this project.

The garden club has received a donation that will cover the LGC portion of the costs of the Monarch Waystation Garden project. Therefore, no budget changes are needed.

The village prepared the area and will water the newly planted garden. LGC planted the Monarch Waystation Garden and will weed the area as needed over the next couple of years. I hope you all check it out on your next walk or bike ride. It is the renewed area in Spring Lake Park near the corner of Oxford Drive and Lincolnshire Drive.

Judy Jenner headed the 4<sup>th</sup> of July Parade Committee, Nancy Slatin was to drive a hand-built family truck for the event and several members were going to pass out seeds. The parade was cancelled. Thank you, Judy for organizing the group and everyone for volunteering.

Thank you, Linnea Lahlum, Jana Wagner, Jan Stefans, and Helen Wilson for the fall bulb sale. Please tell your friends and family to order fall bulbs, keep in mind they make gifts, especially the stunning Amaryllis Flamenco Queen and Allium Gladiator.

Hope that you are enjoying gathering with family and friends this summer. I am looking forward to seeing everyone in September.

Regards,  
Kathleen Abdo

## Plant Sale Results 2022

Thanks to the Plant Sale Committee and all LGC Volunteers, \$6615 was raised!



## In This Issue...

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## Save the Date...

Our opening meeting of the 2022-23 year will be held on Thursday, September 15<sup>th</sup> at 9:30 am at the Lincolnshire Riverwoods Fire Station located at 671 Woodlands Parkway, Vernon Hills.

## Community Outreach

### Lincolnshire Fourth of July Parade Pics



We hope to walk in the 2023 Lincolnshire 4<sup>th</sup> of July Parade to increase awareness of the Lincolnshire Garden Club in the community.

## Membership News

### Exciting Bonus for LGC Members!

Ladies, please take a moment to renew your membership TODAY, if you have not already. The deadline is fast approaching for the Membership Committee to submit our new roster to Meg Zimmermann for the 2022-2023 Yearbook.

In addition to having your name printed in our new Yearbook, in September you will also receive a hard copy of **Garden Glories**, which features plant information, plant sales, garden walks, and much more! The **Garden Glories** quarterly will also be sent to you.

We hope to see you all for another great year of educational speakers, community service, fund-raising, fellowship, a special holiday activity, and more!

Thank you,

Lori Hartnett and Jan Shapiro

## Message from the Editor

I hope you are all enjoying spending time outdoors and working in your gardens! I have been busy in my vegetable gardens and my tomatoes are late. Is anyone else experiencing the same phenomenon?

What a delight to attend the Garden Clubs of Illinois Summer Meeting in Champaign on Monday, July 18, 2022. The morning speaker was Erin Garrett, Natural Resources, Environment, and Energy Extension Educator for the University of Illinois Extension. Erin lives in Metropolis, IL. She spoke about "Planting Native Plants for the Pollinators."



Here are two takeaways from Erin's talk:

**Soft Landings:** As most caterpillars develop in trees, pupae fall off and land on the ground.

To create a safe habitat, keep leaves under trees in place, mimicking the forest floor.



## Message from the Editor

**Pollinator Homes:** Leaving dead plant material such as sticks and logs in place throughout winter provides nesting sites for bees. Leave stems 12-18" tall when cutting back in the fall to provide a winter home for insects.

If you find yourself in Champaign this summer, stop by the U of I Extension Master Gardener's IDEA Garden. The display of border annuals was just stunning. The color combinations were a visual showstopper. Many photos appear in this issue.

Pictured below are Mary Ainger, Jana Wagner and Garden Clubs of Illinois President, Marilyn Krueger. Mary and Jana are posing with the gift baskets they won in the raffle.



To Submit an Article or Photos to the Flower Press, please send them to [nancy@slatinassociates.com](mailto:nancy@slatinassociates.com) by the 20<sup>th</sup> of the month.

## The Returning Carefree Gift



A feature story on the miracle of nature...

About three years ago, a very kind and generous friend gave me some tomato seedlings. She cared and nurtured them from seeds to the ready-to-plant stage. I planted them in one of my raised garden beds. They produced a wonderful bounty of fruit throughout the Summer. One was a prolific producer of blue indigo cherry size tomatoes, and they were very tasty.

At the end of the season, I usually pull all the old plantings for Spring prepping for new plants. For reasons I do not want to go into here, I did not do my usual Fall cleanup of the beds.

The next Spring, amongst the weeds, I discovered healthy tomato plants already 12 to 18" tall ... a happy surprise! I left them to grow and hoped for a few tomatoes to enjoy later. I also decided not to care for them in any regard, meaning, no watering, other than rain, no fertilizer or anything. Amazingly they not only produced delicious fruit, but each plant gave an abundant bounty and one of the returning plants was the blue indigo. That was last year.

Last Fall and this Spring I again did nothing to the beds except to pull the weeds. The pictures, above, shows this year's 'no planting, no care, great yield tomato garden' as it has returned.

Obviously, the plants had reseeded from tomatoes that had fallen before I had a chance to harvest them. I am sure a botanist could give a scientific explanation for this phenomenon but for now I am enjoying the return of my carefree garden.



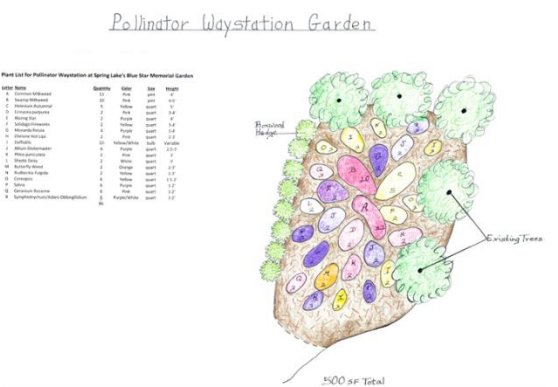
# Community Outreach

## Monarch Waystation Garden Installed at Spring Lake Park

As part of the Mayor’s Monarch Pledge, the Lincolnshire Garden Club and the Village worked together to create a Monarch Waystation Garden at Spring Lake Park near our Blue Star Memorial. Sam Barghi, Public Works at the Village of Lincolnshire, has been managing this project for the Village. He had the site cleared of undesirable foliage, several failing trees and had the soil amended with compost donated by SWALCO. Linda Taylor drew up a beautiful design for the garden. On Wednesday, July 27th, the garden club planted 101 plants. Members Mary Ainger, Trish Hughes, Judy Jenner, Marj Lundy, Kathleen Abdo, Jan Stefans, Jane Bisk, and Helen Wilson volunteered to do the planting at the five hundred square foot site. These plants included several species of milkweed and native pollinator plants. Plant labels will be installed in the coming weeks to help educate our community on what plants are needed to help our struggling Monarch butterflies. Please stop by our new Monarch Waystation Garden at Spring Lake Park.

Now that the garden is completed, it will be submitted for inclusion in the national Monarch Waystation registry. Thanks to everyone who helped deliver this project across the finish line. Well done ladies!

## Pollinator Waystation Garden Plan



## Managing Pests with Pollinators in Mind – Melinda Meyers

A garden filled with flowers, birds, bees, and butterflies is a remarkable sight. Winged beauties add color, sound, and motion to our gardens. Plus, they help keep our gardens productive by pollinating plants and managing plant damaging pests. But what about those unwanted visitors to the garden? The aphids, mites, Japanese beetles, and cabbage worms that feed upon our plants. It is possible to have a beautiful garden while supporting the all-important pollinators.



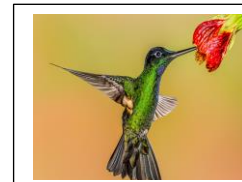
Start with growing healthy plants that are better able to tolerate and recover from insect damage. Avoid over-fertilization, especially with high nitrogen and fast release products that stimulate lush growth that is more susceptible to insect damage. Consider using low nitrogen slow-release fertilizers that will not stimulate verdant growth or damage plants when the weather is hot and dry. Work with nature to help manage garden pests. However, you may need to tolerate a bit of damage until the songbirds and beneficial insects like lady beetles and green lacewings move in to manage the problem.

Invite songbirds to the landscape with a clean source of fresh water and plants that provide food and shelter. Include seedbearing plants like coneflowers, Rudbeckias and Cosmos as well as berry plants like Juneberry, dogwood, and elderberry. Add evergreens and trees for shelter and nesting if space allows. The songbirds will repay you by eating many of the insects that feed upon your plants. Include hummingbird's favorite flowers like columbine, Salvia, Penstemon, and Phlox. Then watch as these fast flyers feed upon aphids, mites, and mosquitoes between their sips of nectar. Encourage beneficial insects to live and dine in your gardens.

Dill, cilantro, fennel, and other members of the carrot family attract small parasitic wasps. Include blanket flower, coneflower, Coreopsis, Cosmos, goldenrod, and other members of the aster family to help bring in lady beetles, lacewings, and spiders. Grow hyssop to attract pirate bugs that eat thrips, spider mites and leaf hoppers.

## Attracting Hummingbirds

Hummingbirds feed on tiny insects and other invertebrates, but sugar is the fuel that powers their warp-speed antics. They get most of that sugar in the form of flower nectar, along with sugar water from hummingbird feeders that are ubiquitous throughout the Americas. Feeding sugar water to hummingbirds requires exacting fastidiousness because dirty feeders and aged sugar water can sicken and kill the tiny birds.



Flowers, especially native species, are a better option for most people. Two similar natives are ideal for hummingbird gardens: western columbine (*Aquilegia formosa*) and eastern or Canada red columbine (*A. canadensis*). You can tilt the odds in your favor with three easy-to-grow native perennials that are magnets for hummingbirds: Bee Balm (*Monarda*), *Salvia* and the aptly named Hummingbird mint (*Agastache*). *Agastache*, *Monarda*, and many *Salvias* continue blooming through late summer and into autumn. You can complement them with two additional late-season-blooming natives: Cardinal flower (*Lobelia cardinalis*) and spotted jewelweed (*Impatiens capensis*).

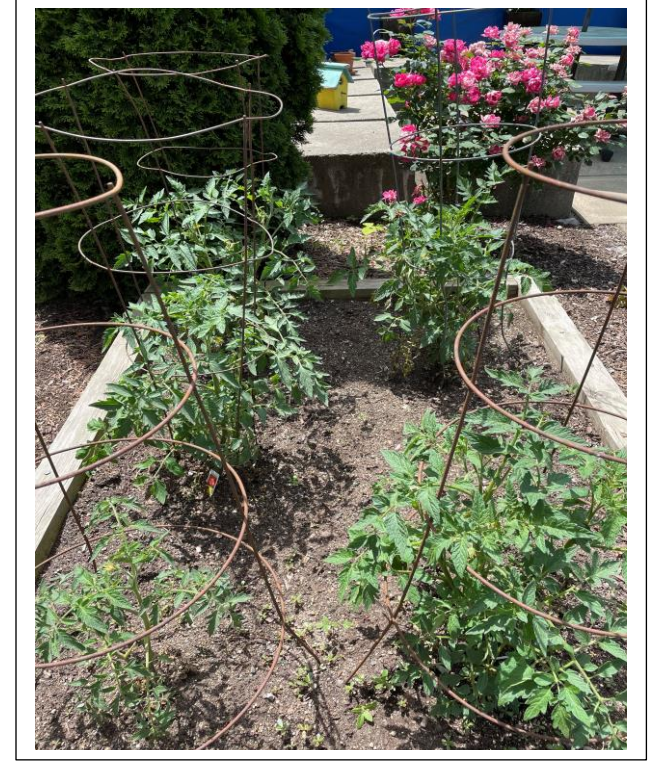
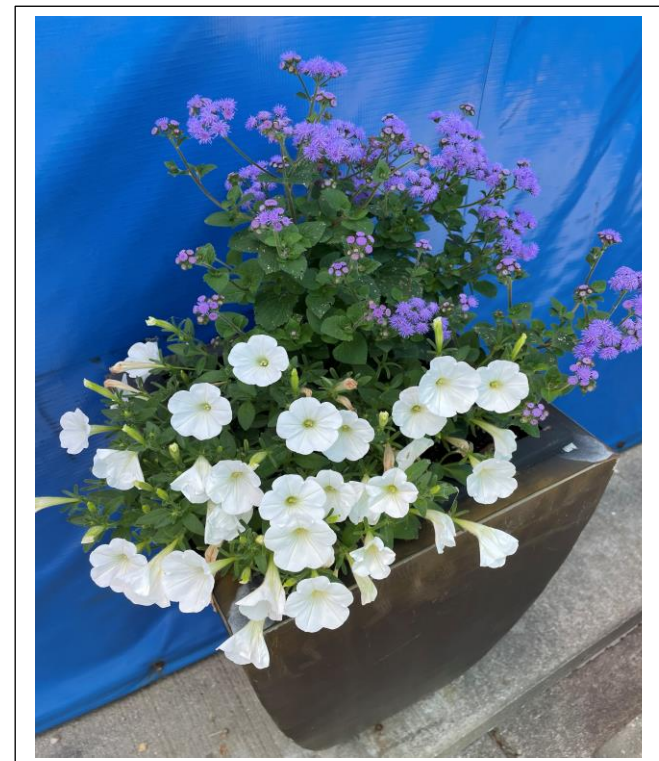
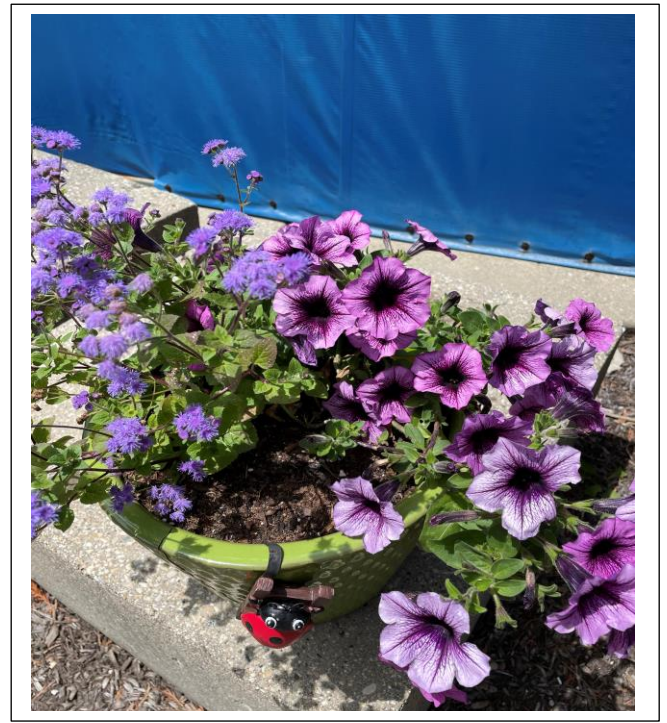
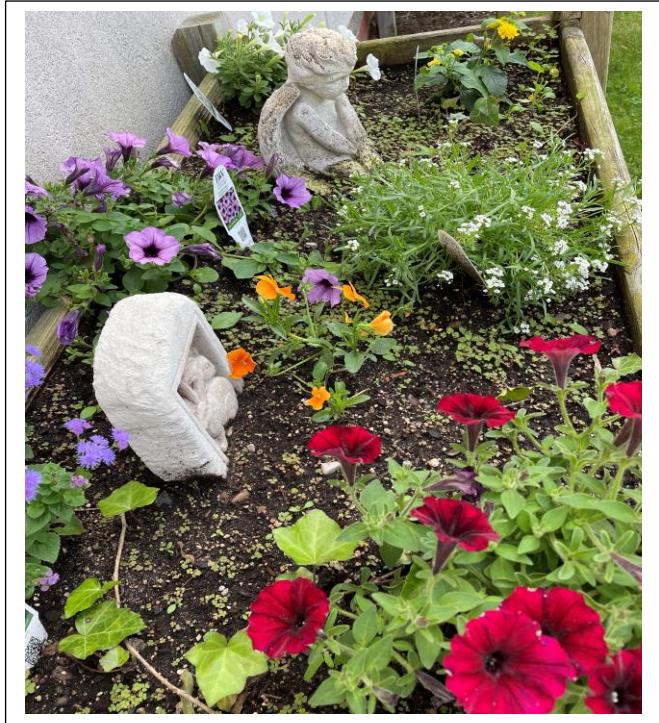




# Community Outreach

## Women's Residential Services Gardens

The following photos depict the gardens at Women's Residential Services in Vernon Hills. A huge thanks to Judy Jenner who supervises the planting of the beds and answers the residents' gardening questions. The ladies treasure their time spent outside enjoying their flower and vegetable gardens.





## IDEA Garden – Champaign, IL







The mission of the Lincolnshire Garden Club is to provide financial support to promote community beautification, nature restoration, environmental responsibility and to further the education of members and the public in the fields of ecology and conservation, home gardening, horticulture, and landscape and floral design.





## Garden Clubs of Illinois News

The Garden Clubs of Illinois' Flower Show is being held on Saturday, August 6 and Sunday, August 7 at the Botanic Garden in Burnstein Hall. The GCI's Flower Show Committee is still looking for entries in the novice class for the flower show. If you have never entered in a flower show design class you are eligible. The schedule for the event along with all information is on the GCI Website.



For those interested in entering, contact Glenda Wulfshon. Think about bringing horticulture specimens from your garden: flowers, small branches to shrubs and trees. If you are entering in the novice class, you need not pay for parking. Just tell the person at the entrance that you're participating in the GCI flower show.

## LGC Board of Directors 2022-23

### Executive Officers

President:	Kathleen Abdo
VP Ways & Means:	Linnea Lahlum
	Jana Wagner
VP Programs:	Helen Wilson
VP Allocations:	Trish Hughes
Recording Secretary:	Meg Zimmermann- Board
	Laura Chilis - General
Corresponding Secretary	Joan Keyes
Treasurer/Asst. Secretary	Carey Lyman-Cordes

### Standing Committees

Depke: Ann Maine (head), Jan Stefans, Kathy Boss  
Environmental Awareness: Ann Maine  
Field Trips: Kay Siess  
Garden Therapy: Kathleen Abdo, Meg Zimmermann  
Historian: Barb Gilman  
Hospitality: Jan Stefans  
Membership: Lori Hartnett, Jan Shapiro  
Newsletter: Nancy Slatin  
Parliamentarian: Helen Wilson  
Plant Education: Kay Siess  
Pollinator: Marj Lundy  
Social Media: Jan Edelson  
Web Site: Mary Ainger  
Weed and Wine: Mary Ainger  
Women's Residential Services: Judy Jenner  
Yearbook: Meg Zimmermann

### Social Media

Website: [lincolnshiregardenclub.com](http://lincolnshiregardenclub.com)  
Facebook: Lincolnshire Garden Club

Please note that the new password for Lincolnshire Garden Club members to access the Garden Clubs of Illinois Members Page is:

**GardenClub22**

### Companion Planting Tips for Tomatoes and Squash



Basil and marigolds can be effective at reducing thrip populations in tomatoes in both field and greenhouse conditions.

Intercropping with basil may even help to promote tomato growth. Several garden blogs recommend planting nasturtium alongside squash plants. This age-old practice is supported by research, showing that nasturtium can help to reduce squash bug populations.

Another study in Iowa showed that nasturtium and marigolds both helped to reduce damage from squash bugs and cucumber beetles.

In a Florida study, African marigolds and sweet alyssum were planted with squash, which increased the number of natural enemies of aphids and had a slightly positive impact on yield.