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1. Ugeskr Laeger. 2010 May 10;172(19):1443-6.

[Outpatient treatment of menorrhagia].

[Article in Danish]

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INTRODUCTION: Abnormal menstrual bleeding, menorrhagia, is a common problem in premenopausal women. Thermal balloon ablation can be done with Thermablate. It is

simple to use and can be done quickly in an outpatient setting.

MATERIAL AND METHODS: We have performed 116 treatments with Thermablate and followed the patients during a six month period. The treatment was primarily performed in paracervical block to outpatients.

RESULTS: Few problems were observed. The general satisfaction was good, 76% was very or fairly satisfied. More than 80% reported reduced bleeding, but only 7% became amenorrheic.

CONCLUSION: Thermablate is suitable in treatment of menorrhagia and can be done in paracervical block to outpatients. It is a simple treatment with few complications. Few became amenorrheic, the majority of patients experienced reduced bleeding and were satisfied.

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