



## **NASA TEAMS 2019-2020 Parent/Player Commitment & Code of Conduct**

**The North Atlantic Sports Association wants participation in team sports to bring players to their full potential and expects commitment of players to achieve this goal. We provide this program so that students can be given the opportunities to fully achieve their potential in an organized and competitive environment and have the opportunity to reach their goal to play baseball during their college years. In order to help insure the success of our program we must recognize that our actions and words can have a lasting effect upon players both positive and negative. We need you all to join us in maintaining a positive attitude.**

**As a Player participating in this program, I understand that the difference between being ordinary and being extra-ordinary is accomplished by putting forth my best effort. I understand that wanting to win on game day is worth nothing unless I have the will to prepare before the day of the game, so that I will be the best player and team member that I am capable of becoming.**

### **Parents:**

**My parents and I promise to do the following:**

**1. I understand this program requires a commitment to practices and games that will involve evenings and weekends. The team concept is important and I know the other players and**

coaches are counting on my son's full participation. The team concept is important and one we support.

2. I will guide my son in proper management of time and responsibilities related to school work, family expectations so as to provide minimal, if any interference with the team's schedule and commitments.
3. I understand that playing is at the Coach's discretion.
4. I understand my son's participation in other sport teams outside of school would very well conflict with this program and is prohibited.
5. I will be a positive role model for my son and encourage sportsmanship by showing respect and courtesy and by demonstrating positive support for all players, coaches, officials and spectators at every game or practice
6. I will not engage in any kind of unsporting conduct with any official, coach, player or parent such as booing, taunting, refusing to shake hands or using profane language or gestures.
7. I will encourage my son to communicate with his coach regarding a program before I contact the Coach.
8. I will never question, discuss or confront a Coach at a game and will take time to speak with the Coach at an agreed upon time and place at least 24 hours after the game or time of situation.
9. I will refrain from coaching my son or other players during games and practices.
10. I will demand a sports environment for my son that is free from drugs, tobacco and alcohol and I will refrain from their use at all sports events.
11. I am aware that only players/coaches/umpires are permitted on the fields and dugouts. I will remain in the spectators areas at all time.

I am aware that there will be no refunds for cancellations and am prepared to fully commit to participate in this program. As a parent I pledge my support for my son in meeting this commitment and sign my name to this Parent Code of Conduct to cast my vote for a positive program. I am further aware that participation in the program is not a guarantee that my son will be accepted into any School Teams.

**Parent: (Please print name)**

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**Parent signature:**

**Date** \_\_\_\_\_

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**Player:**

**My parents and I promise to do the following:**

1. I promise to arrange my schedule so that I can come to practice regularly and on time and to participate in the scheduled tournaments. If I am going to be late or cannot attend I promise to call my Coach personally.
2. I promise to work hard to improve my baseball skills & understanding of the game.
3. I promise, at practice, I will give my coaches and trainers my full attention. When my coaches or trainers are talking I will stop talking, keep my ears open and my eyes on them. I will not distract others during the practice session.
4. I promise that if I have an issue to discuss with my coach I will do it in private at a time the coach and I agree on.... not during a game.
5. I promise to do whatever is asked of me on the baseball field without complaining for the betterment of the team.
6. I promise to always encourage, and never to criticize my teammates at practice during a game and at school.
7. I promise to always hustle and never to quit, until the game is over.
8. I promise to come to each game, on time, well rested and with a commitment to my coach and team.

I am aware that there will be no refunds for cancellations and am prepared to fully commit to participate in this program. I am also aware that participation in the program is not a guarantee that I will be accepted into any School Teams.

**Player (please print name)**

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**Player Signature:**

**Date:**\_\_\_\_\_