



## Dr. Jennifer Dragonette

FOUNDING EXECUTIVE DIRECTOR  
CLINICAL SERVICES INSTRUCTOR  
LICENSED PSYCHOLOGIST

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Dr. Jennifer B. Dragonette is an experienced practitioner, supervisor, and clinical instructor. She has dedicated her career to helping individuals create more authentic, meaningful, and fulfilling lives. Dr. Dragonette was the founding Executive Director for Newport Healthcare in Northern California, establishing nine separate treatment facilities.

Previously, Dr. Dragonette was the Director of Behavioral Health for Petaluma Health Center, a Federally Qualified Health Center in Petaluma, California. Dr. Dragonette also served in both clinical and leadership roles at Kaiser Permanente Santa Rosa's Addiction Medicine and Recovery Services.

She has been featured in dozens of TV, print, and online media outlets nationwide as an expert in trauma, relationships and family systems, healthy boundaries, anxiety, and adolescent mental health. She was educated at Phillips Exeter Academy, Princeton University, and the PGSP-Stanford Psy.D. Consortium, and is a licensed psychologist in California.

## TALKS AND TRAININGS

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### *60 - 90 Minutes*

- Burnout and Mental Health in the Workplace
- Relationships in Recovery: Family Systems and Codependency
- Trauma-Informed and Attachment-Based Interventions in a Milieu Setting
- Understanding and Treating Non-Suicidal Self-Injury
- Suicide Awareness and Prevention [for clinicians or parents]
- Supporting Clients Through Grief and Loss - Without Getting Lost Ourselves
- Trauma-Informed Care in the Young Adult Population
- Trauma-Informed Care
- Sleep
- Dialectical Behavioral Therapy (DBT) Interventions in a Milieu Setting
- Dialectical Behavioral Therapy (DBT)
- Advanced DBT
- Allostatic Overload in Times of Stress: Why do I feel so awful, and what can I do about it?
- Acceptance and Commitment Therapy
- Talking with Children and Teens about Tragedy
- True Self-Care for Clinicians
- Mindfulness
- Obsessive Compulsive Disorder
- Sleep Hygiene and Interventions

### *4 Hours / Half Day*

- Cognitive Behavioral Therapy
- Motivational Interviewing
- Acceptance and Commitment Therapy

### *6-8 Hours / Full Day*

- Dialectical Behavioral Therapy
- Acceptance and Commitment Therapy
- Motivational Interviewing
- Trauma-Informed Care: Helping Clients Move Toward Healing
- Youth Substance Abuse