

AUTHENTIC KARATE TRAINING CENTER

CLASS SCHEDULE

EFFECTIVE - SEPTEMBER 8, 2026

Class	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Dragons (ages 4-6) All Levels		3:30 pm		4:15 pm		8:30 am
Kids Beginner (ages 7-12) White - Yellow - Orange	4:00 pm		4:00 pm	5:40 pm		9:00 am
Kids Intermediate Blue - Purple - Green	4:50 pm	4:00 pm	4:50 pm			9:00 am
Kids Advanced Red - AdvRed - Brown - AdBrn - Blk	5:40 pm	6:15 pm	6:15 pm	4:50 pm	4:00 pm	
Kids Junior Black (only) Level 1 & 2		5:25 pm				
Kids Weapons - Jōkyū Kunren Specialty Enrichment Training		4:50 pm	5:40 pm		4:50 pm	
Adult & Teen Karate Uechi-Ryu	6:35 pm (all ranks)	7:05 pm (all ranks)	7:05 pm (advanced only)	6:35 pm (Beg & Int)		10:00 am (sparring)
Adult Matayoshi Kobudo Okinawan Weapons Training	7:35 pm					11:00 am