

CURRICULUM REQUIREMENTS

Ikkyu / Brown Belt, 2 Stripes



Hojo Undo

- Complete

Kata (Form)

- Sanchin
- Seisan

Body Conditioning

- Forearm Conditioning
- Leg Conditioning

Yakusoku Kumite

- Sequences #1-10 (with partner)

Bunkai

- Seisan Bunkai: Section 2

Sparring

- Two 2-Minute Rounds

Terminology & Culture

- See Questions & Answers Sheet

KNOWLEDGE REQUIREMENTS

Ikkyu / Brown Belt, 2 Stripes



What day was Grandmaster Kanbun Uechi born?	May 5, 1877
What year did Kanbun Uechi travel to China and begin to study martial arts?	March, 1897
Where did Kanbun Uechi study Pangainoon?	Fujian Province, Southern China
How long did Kanbun Uechi study martial arts and Chinese medicine in while training in China?	10 Years
What year did Kanbun Uechi receive his certification in Kenpo?	1904
What year did Kanbun Uechi return to Okinawa?	February, 1910
What day was Grandmaster Kanei Uechi born?	June 26, 1911
What year did Kanbun Uechi open his first official karate school?	1926
What year did Kanei Uechi begin studying karate?	1927
What year did the students of Kanbun Uechi rename the martial art of Pangainoon-ryu to Uechi-Ryu?	1940
What day did Kanbun Uechi die?	November 25, 1948 – 71 year old
Who was the first American to bring Uechi-Ryu karate to the U.S.	George E. Mattson
What year did G.E. Mattson begin teaching Uechi-Ryu in America?	1958
What day did Kanei Uechi die?	February 23, 1991
What is the name of the parent organization that Authentic Karate Training Center belongs to?	Okinawan Karate-do Association (Okikukai)
What is sensei Quimby's current rank?	Nanadan (7 th degree black belt)