

Purple Belt: Terminology & Culture

What was the original name of Uechi Ryu Karate?	Pan Gai Noon	
What does "pan gai noon" mean?	Half Hard Half Soft	
How do you say "sword foot kick" in Japanese?	Sokuto Geri	soe-koo-toe geh-ree
How do you say "front kick" in Japanese?	Shomen Geri	sho-men geh-ree
How do you say "sparring technique" in Japanese?	Kumite Waza	koo-mee-tay wah-zah
How do you say "meditation" in Japanese?	Mokuso	moe-ku-soo
How do you say "preparation exercises" in Japanese?	Junbi Undo	joon-bee oon-doe
What is your current rank?	Sichikyu	see-chee-"Q"
What rank are you testing for?	Rokyu	roe-"Q"

Green Belt: Terminology & Culture

What does the word "ryu" in Japanese mean?	Style	roo
What does the word "do" mean in Japanese?	Way or Path	doe
How do you say "right foot in front" in Japanese?	Migi-Ashi-Mae	mee-gee-ah-shee-my
How do you say "left foot in front" in Japanese?	Hidari-Ashi-Mae	hee-dah-ree-ah-shee-my
How do you say "please" in Japanese?	Dozo	doe-zoe
How do you say "excuse me" in Japanese?	Sumi-Masen	sue-mee-mah-sen
What does the Japanese word "wakari-maska" mean?	Do you understand?	wha-kuh-ree-mahs-kah
What does the Japanese word "wakari-masu" mean?	I understand	wha-kuh-ree-mahs
What does the Japanese word "wakari-masen" mean?	I do NOT understand	wha-kuh-ree-mah-sen
What is your current rank?	Rokyu	roe-"Q"
What rank are you testing for?	Gokyu	go-"Q"

Red Belt: Terminology & Culture

How do you say "bow to each other" in Japanese?	Otogai-Ni-Rei	oh-toe-guy-nee-ray
How do you say "bow to the front" in Japanese?	Shomen-Ni-Rei	sho-men-nee-ray
How do you say "bow to the sensei" in Japanese?	Sensei-Ni-Rei	sen-say-nee-ray
How do you say "free sparring" in Japanese?	Jiyu-Kumite	jee-yoo koo-mee-tay
How do you say "begin" in Japanese?	Hajime	hah-jee-may
How do you say "stop" in Japanese?	Yame	yah-may
How do you say "continued commitment" in Japanese?	Zanshin	zahn-sheen
What does the Japanese term "onegai-shimasu" mean?	May I please ask a favor	oh-nay-guy-shee-mahs
Define the proverb "nana korobi, ya oki" mean?	Seven falls, eight get ups	nah-nah koo-roe-bee yah oh-kee
What does the Japanese proverb "shin, gi, tai" mean?	Mind, Technique, Body	sheen-ghee-tie
What is your current rank?	Gokyu	go-"Q"
What rank are you testing for?	Yonkyu	yon-"Q"