



## Community Kitchen

Every Tuesday and Friday

**TIME:** 10:30 am to 1:30 pm

**LOCATION:** Beckton Community Centre  
14 East Ham Way, E6 5NG

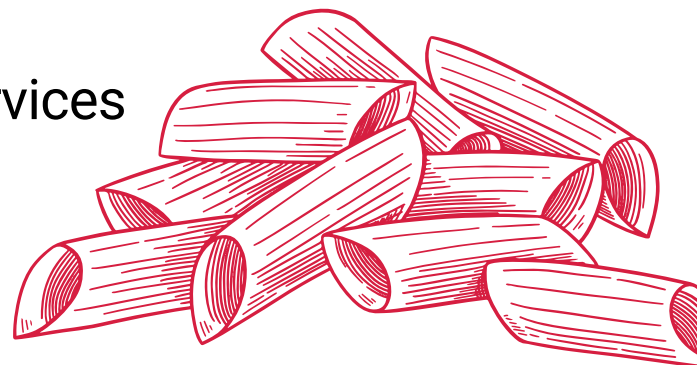


## FREE COMMUNITY MEALS

Including 15 pre-booked takeaway meals on  
Monday- Friday for those without access to  
cooking facilities

### OTHER SERVICES:

- Health & Wellbring sessions
- Employment Support
- Cooking Classes
- Signposting to support services



For more information:



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