

# QMA PRE-ADMISSION CHECKLIST

Due Date	What	Who	In Progress	Done
All documents are due day 1 of class	Copy of Indiana CNA certification	Employer/ student		
	Copy of TB test-with the year	Employer/ student		
	Physical- last 12 months			
	Background Check- last 30 days, no felonies last 5 years			
	Copy of photo ID for age verification	Student		
	QMA Program Application	Student		
	Math and English tests	Student		
	Prior to the start of class, must score 80% or higher			
	Official copy of Highschool or equivalency diploma	Student		
	CNA hours verification (filled out by employer, see attached form)	Employer		
	Letter of agreement from employer stating availability to complete clinicals	Employer / Student		

## NOTES:

All items are required prior to the 1<sup>st</sup> day of class. If you are having issues with anything, please reach out to me so I can help you. DO NOT WAIT UNTIL THE LAST MINUTE TO TRY TO GET ALL OF THIS TOGETHER!

Failure to complete checklist will forfeit your place in the class, you will have to start the next class.

# Kaiser Healthcare Certification LLC

## Payment Agreement

*I understand and agree that I am financially responsible for payment of the services received by Kaiser Healthcare Certification LLC in the amount stated below. I agree to pay the amount in the time period stated below.*

*I understand that there will be NO refunds issued, NO EXCEPTIONS.*

*I understand that any remaining balance not paid in full will accrue a monthly service charge of \$25.00.*

*I understand that all credit/debit/online payments will be assessed a service fee of 3.5%.*

*For professional services rendered, QMA Program, I agree to pay Kaiser Healthcare Certification LLC the total sum of \$1,000.00.*

**STUDENT NAME:** \_\_\_\_\_

**DEPOSIT AMOUNT:** \_\_\_\_\_

**PAYMENT AMOUNT:** \_\_\_\_\_ **WEEKLY/BI-WEEKLY**

**FINAL PAYMENT DUE DATE:** \_\_\_\_\_

*I understand that I will be unable to take the certification exam until payment is received in full.*

**STUDENT SIGNATURE/DATE:** \_\_\_\_\_

**PROGRAM DIRECTOR SIGNATURE:** \_\_\_\_\_



**For students who are receiving sponsorship by their employer**

- 1. You are obligated to adhere to any agreement you make with your facility. Pay, days worked, etc., are between the student and the employer. If you quit and they require repayment the balance is the responsibility of the student.**
- 2. A facility representative (Administrator, DNS, HR manager, Business office manager) MUST sign agreeing to pay tuition or the student will receive an invoice at the start of class.**

**By signing the student and the facility agree to the terms of this payment agreement.**

**STUDENT SIGNATURE: \_\_\_\_\_**

**FACILITY REPRESENTATIVE SIGNATURE, TITLE AND DATE:**

\_\_\_\_\_

# Photo Release Form

I, the undersigned, give authorization for Kaiser Healthcare Certification LLC to use my photograph on Facebook, Instagram, LinkedIn, and the website (kaiserhealthcarecertifications.com)

I understand that my name will not be used without consent.

Student Name: \_\_\_\_\_

Student Signature: \_\_\_\_\_

Date: \_\_\_\_\_



# Kaiser Healthcare Certification LLC

## Student Application

### Applicant Information

Full Name: \_\_\_\_\_ Date: \_\_\_\_\_  
*Last First M.I.*

Address: \_\_\_\_\_  
*Street Address Apartment/Unit #*

\_\_\_\_\_  
*City State ZIP Code*

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Have you ever been convicted of a felony? ☐ YES ☐ NO

If yes, explain: \_\_\_\_\_

### Emergency Contacts

*Please list emergency contacts.*

Full Name: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Full Name: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Full Name: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Phone: \_\_\_\_\_

Address: \_\_\_\_\_

### Health Information

Have you ever tested positive for Tuberculosis? \_\_\_\_\_ YES \_\_\_\_\_ NO

Date of last PPD: \_\_\_\_\_

Where was PPD received? \_\_\_\_\_

Please provide a copy of the you TB screening, chest x-ray, or PPD record prior to the end of the program.



## **Kaiser Healthcare Certification Training Program Guidelines**

1. Attendance is mandatory. Students are expected to be present and on time for all classes and clinical assignments. Only true emergencies should prevent the student from being present and on time to class. A phone call to the program director (Lex Ann Kaiser 812-972-2769) must be made prior to the start of class to discuss the possibility of make up time. Make up time is at the discretion of the program director only!
2. Attire for the classroom is casual. However, there will be no shorts, tank tops, tube tops, etc. Closed toed shoes are to be worn to class. For clinicals: the student must wear scrubs or uniform dictated by the clinical site. Clothing should be clean and wrinkle free. The student should be clean and well-groomed for both class and clinicals.
3. No cell phones should be visible during classroom time. No ear buds or air pods are to be worn in the classroom or skills lab.
4. Students should refrain from crude, vulgar or profane language.
5. Students will not come to class or clinical under the influence of alcohol, illegal drugs, or medications that cause side effects that pose a risk to the safe performance of their duties.
6. Students are expected to do all class assignments, homework assignments, read the text and commit vocabulary terms to memory.
7. All class and clinical requirements must be met prior to the Program Director submitting an application for state testing. Tuition pays for the 1<sup>st</sup> attempt; the student is responsible to pay for the 2<sup>nd</sup> and/or 3<sup>rd</sup> if necessary.
8. Students are expected to be respectful in the class and clinical setting. We all learn differently and at different rates, some will have more questions than others. Verbal and nonverbal communication should reflect respect and tolerance toward one another, the instructor, staff and residents.
9. Students must have a working phone number during the duration of the course. It is up to the student to update information in the event of a change. The Program Director will need to communicate with students throughout the training process regarding progress, schedule changes etc.
10. Smoking is only permitted in designated areas. Please be respectful, keeping away from entrances and picking up trash and cigarette butts.



11. Refund policy: There are no refunds once a student arrives for day 1 of the course as the Program Director as already made a great investment in each student in the form of supplies, rent, insurance etc.
12. Students must arrive to the 1<sup>st</sup> day of class with all required paperwork (failure to do so will result in removal from the class) background check, PPD, physical, clinical agreement.

I have read the above guidelines and agree to follow them while participating in the training program. I understand that failure to meet the above guidelines will result in termination from the program.

STUDENT: \_\_\_\_\_

DATE: \_\_\_\_\_

FACILITY REPRESENTATIVE: \_\_\_\_\_

DATE: \_\_\_\_\_

PROGRAM DIRECTOR: \_\_\_\_\_

DATE: \_\_\_\_\_

Student Physical

Name \_\_\_\_\_

D.O.B. \_\_\_\_\_

Ht \_\_\_\_\_ Wt \_\_\_\_\_ Temp \_\_\_\_\_ P \_\_\_\_\_ R \_\_\_\_\_ BP \_\_\_\_\_

Allergies \_\_\_\_\_

Current Medications

\_\_\_\_\_  
\_\_\_\_\_

Medical Problems \_\_\_\_\_

Past Surgeries \_\_\_\_\_

✓ = Normal

Head \_\_\_\_\_

EENT \_\_\_\_\_

Chest \_\_\_\_\_ Heart \_\_\_\_\_

Extremities \_\_\_\_\_ Abdomen \_\_\_\_\_

G.I. Tract \_\_\_\_\_ G.U. Tract \_\_\_\_\_

I certify that this student can participate without restrictions in the clinical portion of the program.

Date \_\_\_\_\_ Physician Signature \_\_\_\_\_



## Section 1: Verification of Work Experience

I, \_\_\_\_\_, a representative of \_\_\_\_\_  
(print your name) (name of facility)

verify that \_\_\_\_\_ has completed at least 1,000 hours\* of work  
(name of QMA applicant)

experience as a certified nurse aide during the past two (2) years.

Facility Representative Name & Title: \_\_\_\_\_

Date: \_\_\_\_\_

Email Address: \_\_\_\_\_ Phone Number: \_\_\_\_\_

\*If applicant's work experience is less than 1,000 hours at one facility, indicate the number of hours completed at your facility. It is the responsibility of the applicant to submit verification forms from all facilities where the 1,000 hours were obtained.

## Section 2: Verification of Nurse Aide Registry Status

State: \_\_\_\_\_ Date Verified: \_\_\_\_\_

Listed on Registry? \_\_\_\_\_ Yes \_\_\_\_\_ No

CNA Expiration Date: \_\_\_\_\_

Confirmed Finding(s)? \_\_\_\_\_ Yes \_\_\_\_\_ No

If yes, describe:

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Signature & Title of Individual Obtaining Information: \_\_\_\_\_

Date: \_\_\_\_\_

## C.N.A. Pre-Registry Check

Student name:

Address: Required

Are you currently or have you ever been on the state registry in Indiana or in any other state for a license or certification? Examples would be C.N.A., H.H.A., Cosmetology, Bartender, Notary Public, Pharmacy Tech etc.

YES

NO

If you answered yes:

Type of license or certification:

State it was held in?

What name was it held in?

Did you have any disciplinary findings against you? If so, please list.

Student Signature:

Pre-registry verification by \_\_\_\_\_ Date \_\_\_\_\_



## Classroom Attendance Record

STUDENT: \_\_\_\_\_

START DATE: \_\_\_\_\_

## Classroom Attendance Record

[illegible]

\*Total hours minus lunch:

The above classroom hours have been completed according to the classroom agenda.

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Program Director/Instructor Signature: \_\_\_\_\_ Date: \_\_\_\_\_



### **What is a 2-step TB skin test (TST)?**

Tuberculin Skin Test (TST) is a screening method developed to evaluate an individual's status for active Tuberculosis (TB) or Latent TB infection.

A 2-Step TST is recommended for initial skin testing of adults who will be periodically retested, such as healthcare workers.

A 2 step is defined as two TST's done within 1 month of each other.

What is the procedure for 2-step TB skin test?

Both step 1 and step 2 of the 2 step TB skin test must be completed within 28 days.

See the description below.

#### **STEP 1:**

Visit 1, Day 1

Administer first TST following proper protocol

A dose of PPD antigen is applied under the skin

**Visit 2, Day 3** (or 48-72 hours after placement of PPD)

The TST test is read

- o Negative - a second TST is needed. Retest in 1 to 3 weeks after first TST result is read.

- o Positive - consider TB infected, no second TST needed; the following is needed:
  - A chest X-ray and medical evaluation by a physician is necessary. If the individual is asymptomatic and the chest X-ray indicates no active disease, the individual will be referred to the health department.

#### **STEP 2**

Visit 3, Day 7-21 (TST may be repeated 7-21 days after first TB skin test is read)

A second TST is performed: another dose of PPD antigen is applied under the skin

**Visit 4, 48-72 hours** after the second TST placement

The second test is read.

- o Negative - consider person not infected.

- o Positive - consider TB infection in the distant past.



- The individual is referred for a chest X-ray and evaluation by a physician. An asymptomatic individual whose chest X-ray indicates no active disease will be referred to the health department.

### **Why is the 2-step TB skin test needed?**

**Booster Phenomenon:** the reason for the for 2-step TB skin test

Some people infected with *M. tuberculosis* may have a negative reaction to the TST if many years have passed since they became infected. They may have a positive reaction to a subsequent TST because the initial test stimulates their ability to react to the test.

This is commonly referred to as the "booster phenomenon" and may incorrectly be interpreted as a skin test conversion (going from negative to positive). For this reason, the "two-step method" is recommended at the time of initial testing for individuals who may be tested periodically (e.g., health care workers).

- ☐ **I tested Negative for TB and will begin CNA training**
- ☐ **I tested Positive for TB and will follow up with my family doctor for further evaluation and will not enter CNA training.**

\_\_\_\_\_  
**Print Name**

\_\_\_\_\_  
**Signature**

\_\_\_\_\_  
**Date**

## **Background Check Information and Consent**

**Kaiser Healthcare Certification LLC will conduct a state background check through the Indiana State Police. This information is shared with you and kept on your student file as required by Indiana State Department of Health. If you have had a felony of any kind or a misdemeanor in the areas of theft, abuse (violent crimes) drug use in the previous 5 years you are not eligible for the CNA/QMA program per state regulations.**

**Student First Name:** \_\_\_\_\_

**Middle Initial:** \_\_\_\_\_

**Last Name:** \_\_\_\_\_

**Married Name 1:** \_\_\_\_\_

**Married Name 2:** \_\_\_\_\_

**Maiden Name:** \_\_\_\_\_

**Any other names:** \_\_\_\_\_

**Country of Birth:** \_\_\_\_\_

**State of Birth:** \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_

**Race:** \_\_\_\_\_

**Gender: Male or Female**

**Social Security Number:** \_\_\_\_\_



**By signing you authorize Kaiser Healthcare Certification to obtain a criminal background check. You understand that you are responsible for the fee of \$16.00.**

**Student signature**

**X** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Lex Ann Kaiser RN/Program Director**

**X** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Background Check conducted: Date:** \_\_\_\_\_ **Initials:** \_\_\_\_\_

**Background Check Verified: Date:** \_\_\_\_\_ **Initials:** \_\_\_\_\_

ISDH QMA 40 Hour Practicum Agreement Between Kaiser Healthcare and Student's Facility

Student's Name: \_\_\_\_\_

Class Date: \_\_\_\_\_

\_\_\_\_\_  
(Facility Name and Corporate Name)

is an approved site for conducting the ISDH QMA 40 Hour Practicum **under the direct supervision of a designated licensed nurse at the student's above-named facility - the student must perform these 50 procedures with 100% accuracy.**

The student needs written permission from the Director of Nursing or designee that allows the QMA student to complete the 40-hour practicum requirement at their facility. The QMA student **MUST** perform as many procedures as possible that are available in the **ENTIRE** facility. The practicum is their hands-on experience to complete the 100-hour ISDH QMA Program. Please contact Lex Ann Kaiser for any clarifications or questions regarding this.

Facility Contact Name: \_\_\_\_\_ Email \_\_\_\_\_ Phone: \_\_\_\_\_

**I HAVE READ AND UNDERSTAND THIS AGREEMENT AND I ACCEPT AND AGREE TO CONTACT LEX ANN KAISER IF THE STUDENT IS NOT ABLE TO COMPLETE THE COMPETENCIES TRAINING AT THIS FACILITY. PLEASE NOTIFY ME ASAP AT LEX.ANN@KAISERHEALTHCARECERTIFICATIONS.COM**

\_\_\_\_\_  
Signature of Director of Nursing or Administration

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name and Title (Director of Nursing or Administrator)

\_\_\_\_\_  
Lex Ann Kaiser RN/Program Director

*Lex Ann Kaiser, RN  
CNA/QMA Program Director  
Phone: (812) 972-2769  
Email: [lex.ann@kaiserhealthcarecertifications.com](mailto:lex.ann@kaiserhealthcarecertifications.com)*



QMA Applicant Name: \_\_\_\_\_ Date: \_\_\_\_\_

### Mathematical Function Evaluation

Complete the following equations without the use of a calculator:

1.)  $\begin{array}{r} 25 \\ \times 5 \\ \hline \end{array}$       2.)  $\begin{array}{r} 32 \\ \times 6 \\ \hline \end{array}$       3.)  $\begin{array}{r} 125 \\ + 215 \\ \hline \end{array}$       4.)  $\begin{array}{r} 450 \\ - 125 \\ \hline \end{array}$

5.)  $45 \div 9 = \underline{\hspace{2cm}}$       6.)  $\begin{array}{r} 325 \\ \times 2 \\ \hline \end{array}$       7.)  $240 \div 6 = \underline{\hspace{2cm}}$       8.)  $\begin{array}{r} 8 \\ \times 8 \\ \hline \end{array}$

9.)  $150 \div 5 = \underline{\hspace{2cm}}$       10.)  $\begin{array}{r} 632 \\ - 120 \\ \hline \end{array}$       11.)  $\begin{array}{r} 3 \\ \times 2 \\ \hline \end{array}$       12.)  $\begin{array}{r} 10 \\ - 7 \\ \hline \end{array}$

13.)  $\begin{array}{r} 18 \\ \times 3 \\ \hline \end{array}$       14.)  $\begin{array}{r} 24 \\ + 12 \\ \hline \end{array}$       15.)  $125 \div 5 = \underline{\hspace{2cm}}$       16.)  $\begin{array}{r} 60 \\ + 45 \\ \hline \end{array}$

17.)  $30 \div 3 = \underline{\hspace{2cm}}$       18.)  $\begin{array}{r} 35 \\ + 25 \\ \hline \end{array}$       19.)  $\begin{array}{r} 36 \\ - 12 \\ \hline \end{array}$

20.)  $66 \div 11 = \underline{\hspace{2cm}}$       21.)  $\begin{array}{r} 40 \\ - 12 \\ \hline \end{array}$       22.)  $45 \div 5 = \underline{\hspace{2cm}}$       23.)  $\begin{array}{r} 66 \\ - 16 \\ \hline \end{array}$

24.)  $\begin{array}{r} 66 \\ + 34 \\ \hline \end{array}$       25.)  $\begin{array}{r} 88 \\ - 11 \\ \hline \end{array}$       26.)  $\begin{array}{r} 40 \\ + 20 \\ \hline \end{array}$       27.)  $\begin{array}{r} 68 \\ - 14 \\ \hline \end{array}$

28.)  $\begin{array}{r} 10 \\ \times 5 \\ \hline \end{array}$       29.)  $60 \div 3 = \underline{\hspace{2cm}}$       30.)  $\begin{array}{r} 14 \\ \times 2 \\ \hline \end{array}$       31.)  $\begin{array}{r} 4 \\ + 8 \\ \hline \end{array}$

32.)  $\begin{array}{r} 26 \\ - 18 \\ \hline \end{array}$       33.)  $36 \div 6 = \underline{\hspace{2cm}}$       34.)  $\begin{array}{r} 24 \\ \times 2 \\ \hline \end{array}$

