Adolescent Resource Guide
A guide to community resources and supports in Region 3.

Please email updates/feedback/information to: selfrescue@phd3.idaho.gov
<table>
<thead>
<tr>
<th>Table of Contents:</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adolescent Services and Programs</td>
<td>3</td>
</tr>
<tr>
<td>Alternative and Online Schools *specific criteria to attend</td>
<td>6</td>
</tr>
<tr>
<td>Counseling &amp; Mental Health</td>
<td>8</td>
</tr>
<tr>
<td>Substance Use Disorder Treatment</td>
<td>12</td>
</tr>
<tr>
<td>Continuing Education</td>
<td>13</td>
</tr>
<tr>
<td>Health Services</td>
<td>14</td>
</tr>
<tr>
<td>Employment Assistance</td>
<td>15</td>
</tr>
<tr>
<td>Pregnancy, Parenting and Family</td>
<td>16</td>
</tr>
<tr>
<td>National Hotlines</td>
<td>17</td>
</tr>
</tbody>
</table>
**ADOLESCENT SERVICES & PROGRAMS**

**4-H - Adams County Extension Office**
203 S Galenas
Council ID 83612
Ph: 208-253-4279
www.4-h.org

**4-H - Canyon County Extension Office**
501 Main St
Caldwell ID 83605
Ph: 208-459-6003
www.4-h.org

**4-H - Gem County Extension Office**
2199 S Johns
Emmett ID 83617
Ph: 208-365-6363
www.4-h.org

**4-H - Owyhee County Extension Office**
238 Eighth Ave West
Marsing ID 83639
Ph: 208-896-4104
www.4-h.org

**4-H - Payette County Extension Office**
16 South 9th St
Payette ID 83661
Ph: 208-642-6022
www.4-h.org

**4-H - Washington County Extension Office**
485 East Third
Weiser ID 83672
Ph: 208-414-0415
www.4-h.org

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**AuntBertha**
The Social Care Network
Search for Free or Reduced cost services like medical care, food, job training and more. www.auntbertha.com

**Boy Scouts of America**
Visit website to find a troop near. https://www.scouting.org/programs/boy-scouts/

**Boys and Girls Club - Nampa**
316 Stampede Dr.
Nampa ID 83686
Ph: 208-461-7203
Fills the gap between school and home. While kids and teens have fun, participate in life changing programs 1st – 12th grade.
www.bgcnampa.org

**Caldwell Corps Community Center**
1023 Chicago St
Caldwell ID 83605
Ph: 208-459-2011
After school programs and summer camps for kids in need in the community. They provide safe ways for kids to participate in programs at low or no cost.
www.caldwell.salvationarmy.org/caldwell/youth-programs

**Caldwell Public Library**
1010 Dearborn St
Caldwell, ID 83605
Ph: 208-459-3242
Free activities for kids and adults in the community for all ages.
www.caldwellpubliclibrary.org

**Cascade Public Library**
105 N Front St
Cascade ID 83611
Ph: 208-382-4757
www.cascade.lili.org

**Central Elementary School – Region 3 Pathways School Clinician**
Allyssa Sobotta, LMSW and Maria Raas, LMSW
Ph: 208-850-2849
Allysa.sobotta@pathways.com

**Council High School/Midvale High School grades 9th – 12th**
Project Towards No Drug Abuse 101 E Bleeker St
Council ID 83612
Ph: 208-253-4217

**Council Valley Library**
104 California Ave
Council ID 83612
www.council.lili.org

**Deseret Industries**
1370 Caldwell Blvd
Nampa ID 83651
Ph: 208-465-0722
Services provided to any student in the Nampa School

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Updated August 2020
District. School clothing, shoes, belts.
www.deseretindustries.org

Emmett Public Library
275 S Hayes Ave
Emmett ID 83617
Ph: 208-365-6057
www.cityofemmett.org/library

Empty Hand Combat
1124 1st St South
Nampa, ID 83687
Ph: 208-467-6586
Martial Arts classes are available to anyone interested in discipline. All ages.
www.emptyhandcombat.com

Girl Scouts – Silver Sage Girl Scout Council
Boise, ID 83704
Ph: 208-377-2011
general@girlscouts-ssc.org
https://www.girlscouts.org/

Girls on the Run
Physical activity is woven into the program to inspire an appreciation of fitness and to build habits that lead to a lifetime of health. Visit the website to find location.
www.girlsontherun.org

Homedale Public Library
125 W Owyhee Ave
Homedale ID 83628
Ph: 208-337-4228
www.homedale.lili.org

Idaho FFA Association
650 W State St
Boise ID 83720
FFA makes a positive difference in the lives of students by developing their potential for premier leadership, personal growth, and career success through agricultural education.
www.idahoffa.org

Idaho Youth ChalleNGe Academy
117 Timberline Dr
Pierce ID 83546
Ph: 208-464-1253
This is a volunteer program for 16 to 18-year-old teens that are at risk of dropping out or that have already dropped out of high school.
www.idyouthchallenge.com

Love Inc.
16470 N. Franklin Blvd
Nampa ID 83687
Ph: 208-466-7810 ext 5
Requests are taken via the phone and an application process. Resources for furniture, bedding, adult, teen and children’s clothing. Mon – Fri 9:30am to 1:00pm available 24/7 for victims of sexual assault.

Melba Cottage Library
109 Charlotte St
Melba ID 83641
Only open in the summer on Tuesdays from 10am to noon starting June through the end of August. Call 208-459-1002 for an appointment
www.cityofmelba.org/library.html

Middleton Parks and Recreation
310 Hawthorne Dr
Middleton ID 83644
Ph: 208-585-3461
www.greatermiddletonparksandrec.org

Middleton Public Library
307 Cornell St
Middleton ID 83644
Ph: 208-585-3931
www.middleton.lili.org

Nampa Corps Community Center
403 12th Avenue South
Nampa ID 83687
Ph: 467-6586
After school programs and summer camps for kids in need in the community. They provide safe ways for kids to participate in programs at low to no costs. All ages.
www.nampa.salvationarmy.org/nampa/teach-kids/

Nampa Parks and Recreation
312 1st St. South
Nampa ID 83651
Nampa Recreation offers many programs for you and your family to participate in.
www.nampaparksandrecreation.org/reccenter/index.aspx

Nampa Public Library
215 12th Avenue South
Nampa ID 83686
Ph: 208-468-5800
Free activities for kids and adults in the community.
www.nampa.library.org

Nampa Rec Center
131 Constitution Way
Nampa ID 83686
Ph: 208-468-5777
nrc@cityofnampa.us
Mon – Fri: 5am – 10pm
Sat: 8am – 7pm Sun: 11am – 6pm. Day passes available
Nampa High School – Region 3 Pathways School Clinician
Whitney Herter, LPC
Ph: 208-850-9519
Whitney.herter@pathways.com

New Meadows Public Library
400 Virginia St
New Meadows ID 83654
Ph: 208-347-3147
www.meadowsvalley.lili.org

Notus Public Library
387 N. First St
Notus, ID 83656
Ph: 208-459-8247
Free activities for kids and adults in the community.
www.notus.lili.org

Parma Learning Center
Dahlia Martinez-Roberts, Director
Ph: 208-779-4069 ext 1606
Academic enrichment and tutoring services. There is a calendar on the website so that parents and students know upcoming events. Grades first through sixth
https://parmaschoolslc.sharpschool.com/contact_us

Parma Public Library
121 N 3rd St
Parma ID 83660
Ph: 208-722-6605
www.parma.lili.org

Payette Public Library
24 S. 10th St.
Payette, ID 83661
Ph: 208-642-6029

This branch provides a monthly calendar with activities for all ages.
www.payette.lili.org/

Payette County Recreation
1200 N Pennsylvania Ave
Fruitland ID 83619
Ph: 208-452-3542
www.payettecountyrec.org

Prevention Associates of Idaho Towards No Drugs+
1909 S 10th Ave
Caldwell ID 83605
Ph: 208-866-8763
School based direct services for adolescents age 9-12. Best practices including drug and alcohol prevention curriculum and support.
Preventionassociates1@gmail.com

Salvation Army
1023 Chicago St
Caldwell ID 83605
Ph: 208-459-2011
403 – 12th Ave South
Nampa ID 83651
Ph: 208-467-6568
http://caldwell.salvationarmy.org
http://nampa.salvationarmy.org

School Based Therapist
Program Contacts – Terry Reilly
Columbia High School, Nampa
Marisela Nunez, LPC
mnunez@trhs.org
Ph: 208-498-0571 x6529
Monday – Friday, 8am – 5pm
East Valley Middle School,
Nampa Nichole Warner, LPC
mwarnner@trhs.org
Ph: 208-468-4760 x4631
Monday – Friday; 8am – 5pm
Endeavor Elementary, Nampa
Kathryn List, LMSW
klist@trhs.org
Ph: 208-468-4629 x3932
Monday – Friday; 8am – 5pm
Lewis and Clark Elementary,
Caldwell Laura Alvarez, LPC
lalvarez@trhs.org
Ph: 208-649-1119
Tuesday – Friday, 8am – 6pm
Melba Elementary, Melba
Janina Dowdy, LMSW
jdowdy@trhs.org
Ph: 208-495=2508 x1027
Tue, Thurs 8am – 5pm
Wednesday, 8am – 1pm
Skyview High School and
Union High School
Jesse Tangen, LMSW
jtangen@trhs.org
Mon: 8am-5pm @ Union HS
Tues-Fri: 8am-5pm @ Skyview

Sherman Elementary School
Region 3 Pathways School Clinician
Andrea Drake, LMSW
Ph: 208-703-7062
Andrea.drake@pathways.com

University of Idaho Extension, Canyon County
501 Main St
Caldwell ID 83605
Ph: 208-459-6003
Email: canyon@uidaho.edu
4-H is for ages of eight and 18 years old.
www.uidaho.edu/extension/county/canyon

Valhalla
511 W. Main St.
Middleton, ID 83644
Ph: 208-585-3251
After school options even on early release Wednesday.
Many activities available on
website. Once a month trip to the Caldwell YMCA Grades sixth through eighth
www.msd134.org/domain/657

Weiser Public Library
628 E 1st St
Weiser ID 83672
Ph: 208-549-1243
www.weiserlibrary.net

Weiser Recreation Department
55 W Idaho St
Weiser ID 82672
Ph: 208-414-0301
www.cityofweiser.net

West Middle School – Region 3 Pathways School Clinician
Shannon Moskitis, LMSW and Maria Raas, LMSW
Ph: 208-761-4674
Email: Shannon.moskitis@pathways.com

Wilder Public Library
111 2nd St
Wilder ID 83676
Ph: 208-482-7880
www.wilder.lili.org

YMCA Caldwell
3720 S. Indiana Ave
Caldwell ID 83605
Ph: 208-454-9622
Offers many after school programs for you and your family to participate in.
www.ymcatvidaho.org/programs/youth-programs/
www.ymcatvidaho.org/facilities/fac-caldwell/

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ALTERNATIVE, GED & ONLINE SCHOOLS***********************

Another Choice Virtual Academy
1014 W Hemingway Blvd
Nampa ID 83651
Ph: 208-475-4255
704 Blaine St
Caldwell, ID 83605

Atlas School
200 S. 4th Avenue W
Middleton ID 83644
Ph: 208-585-3251
www.msd134.org

Breaking Chains Academy
1701 3rd St North
Nampa ID 83687
Ph: 208-250-7959
Breaking Chains Academy exists to provide services and alternatives to at risk youth through education programs, job skills training, and mentoring activities.
gsbcad@gmail.com

Calvary Chapel Nampa & Calvary Christian School
1210 N Middleton Rd
Nampa ID 83651
Ph: 208-467-7116
Offer AdvancEd accredited preschool to 12th grade.
https://www.ccsnampa.org

Canyon Springs Alternative High School
516 N 11th St
Caldwell ID 83605
Ph: 208-455-3325
https://can.caldwellschools.org

CWI Assessment & Testing Center
Nampa Campus
Ph: 208-562-2440
Email: cwiproctor@cwidaho.cc

COSSA Academy Alternative High School
109 Penny Ln
Wilder, ID 83676
Ph: 208-482-6074

Elevate Academy
114 W. Chicago St
Caldwell ID 83605
Monica White
Ph: 208-407-4963
Matt Strong
Ph: 208-869-7458
info@elevate2c.org
https://www.elevate2c.org

Gateways Alternative – Middle & High School
141 Smith Ave
Nampa, ID 83651
Ph: 208-498-0557
info@idahova.org
The IDVA high school program serves students in grades 9-12 who reside within the state of Idaho. https://idva.k12.com/

ICON Academy
5680 E Franklin Rd, Ste 200
Nampa ID 83687
Ph: 208-475-3093
Idaho Connects Online School (ICON) is a free online alternative school choice for any student in Idaho in grades 6-12, through the age of 21.

Updated August 2020
Register online at www.iconschool.org

Idaho Center for Advanced Technology and Career & Technical Education Programs
Jewels Carpenter, Director Ph: 208-468-4600 ext 1089
Clay Long, Assistant Director Ph: 208-697-1912
Rosalie Sanders Ph: 208-468-4600 ext 1047

Idaho Virtual Academy
1965 S. Eagle Rd, Suite 190
Meridian ID 83642
Ph: 866-339-9065

Indian Creek Academy
1502 Fillmore St
Caldwell, ID 83605
Ph: 208-455-3300
https://www.caldwellschools.org/apps/news/article/789761

INSPIRE Connections Academy
600 N. Steelhead Way Suite 164 Boise ID 83704
Ph: 800-382-6010
A tuition-free K-12 online public school option available for students throughout Idaho.
https://www.connectionsacademy.com

Nampa Alternative Night School – Grade 9 - 12
1303 E. Greenhurst Rd
Nampa, ID 83651

Parkview High School – Grades 7 - 12
609 15th Ave North
Nampa, ID 83686
Ph: 208-498-0558

Pathways in Education
124 Holly St
Nampa, ID, 83686
Ph: 208-505-4800

Ridgeline High School – Grades 9 – 12
94 N Canyon St.
Nampa, ID 83686
Ph: 208-498-0559

Steven-Henager College (Nampa Satellite Campus)
Ph: 800 622-2640
A toll-free, confidential service available 24/7.

Treasure Valley Leadership Academy
609 15th Ave North
Nampa, ID 83687
Ph: 208-498-0568
Fax: 208-468-2839
Opened in Fall 2017 for Grade 9; adding grade 10 in 2018; adding grade 11 in 2019; adding grade 12 in 2020

Union High School – Grades 9 - 12
506 Fletcher Drive
Nampa, ID 83686
Ph: 208-498-0559
Application process required.

Vallivue Academy – Grades 9 - 12
6123 Timbre Dr.
Caldwell, ID 83607
Ph: 208-455-1917
Application process required.

Advocates Against Family Violence - Hope Ln. Learning Center
1508 Hope Ln
Caldwell, ID 83605
Ph: 208-459-6330
Daycare/preschool Located in Caldwell. Located Near Van Buren Elementary and Head Start Bus Stops. Offers preschool, meals, arts and crafts weekly, after school program ICCP accepted.

Big Brothers Big Sisters of Southwest Idaho
110 N. 27th St.
Boise, ID 83702
Ph: 208-377-2552
One-to-one mentoring relationships intended to help children reach their full potential. Vision is a successful mentoring relationship for all children who need and want one. Contributing to brighter futures, better schools, and stronger communities for all. Serving all of southwest ID.
www.bbbsidaho.org

Computers for Kids, Inc.
8540 W Elisa St.
Boise, ID, 83709
Ph: 208-345-0346
9:00am-4:00pm
Distributes refurbished computers to underprivileged Idaho children for their home use. www.cfkid.org

Computer Lab-South Middle School, Nampa
229 W Greenhurst Rd.
Nampa, ID 83686
Ph: 208-468-4740

Updated August 2020
Mon/Tues/ Thur nights 5:30pm-7:30pm during the school year, excluding non-school days. Computer lab is open to the public. The lab will also have a printer available that charges 10 cents per one-sided copy (cash or coin only).
www.south.nsd131.org/

### Hope House
7696 Old Bruneau Hwy
Marsing ID 83639
Ph: 208-896-4673
onefaithmom@frontier.com
Youth living at Hope House attend Hope Christian Academy. Visit the website for more information.
http://ahome2come2.com/

### The Mentoring Network, Inc.
Nampa, ID 83653
Ph: 208-880-1690
School based individual mentoring for grades 1-8 provided on a weekly basis by trained volunteers. In the Nampa & Caldwell school districts. Supervision and support provided by program director.
www.MentoringNetworkID.org

### Nampa School District 131
446 Lake Lowell
MV Office
Ph: 208-468-4601 Ext. 1161
Contact: Steffanie Altenbern saltenbern@nsd131.org or Mirella Garcia.
Provide resources and support for homeless students.

### School Based Therapist
#### Program Contacts – Terry Reilly
Columbia High School, Nampa
Marisela Nunez, LPC
mmuneez@trhs.org
Ph: 208-498-0571 x6529
Monday – Friday, 8am – 5pm
East Valley Middle School, Nampa
Nichole Warner, LPC
mwarner@trhs.org
Ph: 208-468-4760 x4631
Monday – Friday, 8am – 5pm
Endeavor Elementary, Nampa
Kathryn List, LMSW
klist@trhs.org
Ph: 208-468-4629 x3932
Monday – Friday, 8am – 5pm
Lewis and Clark Elementary, Caldwell
Laura Alvarez, LPC
lalvarez@trhs.org
Ph: 208-649-1119
Tuesday – Friday, 8am – 6pm
Melba Elementary, Melba
Janina Dowdy, LMSW
jdowdy@trhs.org
Ph: 208-495-2508 x1027
Tue, Thurs 8am – 5pm
Wednesday, 8am – 1pm
Skyview High School and Union High School
Jesse Tangen, LMSW
jtangen@trhs.org
Mon: 8am-5pm @ Union HS
Tues-Fri: 8am-5pm @ Skyview

#### Tutoring at Farmway
22730 Farmway Rd.
Caldwell, ID 83605
Ph: 208-455-3300
Tutoring for migrant children who need assistance with learning English and with school work.
Mon-Fri 3:45pm-4:45pm

### COUNSELING AND MENTAL HEALTH SERVICES

#### A Body & Mind Health Services
148 S Cole Rd
Boise ID 83709
Ph: 208-683-8320
Medicaid and insurance. Embrace physical fitness, nutrition, outdoor activities and community. Therapy specialize in first responders, individual, families, and couples. Telemental health, CBRS, Case management, Peer and family support, refugee population. Spanish speaking interpreters available.
www.abmhealthservices.com

#### Acacia Wellness Center
217 W Georgia Ave
Nampa ID 83686
Ph: 208-498-1760
Crisis: 208-914-3053
Mon 9:00am-8:00pm (6-8pm for walk-ins)
Tue 9:00am-6:00pm
Closed Tues/Thur from 11:00am-1:00pm
Wed 9:00am-7:00pm
Thurs 9:00am-6:00pm
Friday 9:00am-5pm
Evening appointments available upon request.
Private pay/Medicaid/private insurance/sliding scale/state funding
Mental health, CBRS, case management, med
management, peer support, substance use groups, individual therapy.
www.acaciawellness.org

**Access Behavioral Health Services**
3307 Caldwell Blvd Ste 102
Nampa ID 83651
Ph: 208-465-4833
Mon-Fri 8:00am-5:00pm
Walk in appointments available on a limited basis.
Medicaid/private insurance/Medicare/MMCP/sliding scale/EAP.
Counseling, case management, CBRS, developmental therapy for children and adults, peer support, outpatient substance use disorder treatment, individual therapy, med management. Emergency walk in clinic for medication on Fri. www.accessbhs.com

**Advocates Against Family Violence – Hope’s Door**
1508 Hope Lane Ste 102
Caldwell ID 83605
Ph: 208-459-4779
24/7 Crisis Hotline Toll Free: 1-877-459-4779
Domestic violence and sexual assault shelter, sexual assault response team, court advocacy, groups/classes, counseling, safe and sober housing, child care center, teen outreach program, rural outreach program. www.aafvhope.org

**All Seasons Mental Health Services**
220 10th Ave S
Nampa ID 83651
Ph: 208-468-0850
11104 W State St
Star ID 83669
Ph: 208-286-7967
CBRS, peer support, family support, case management, counselors and medication managers.
www.alliedmentalhealthservices.com

**Allied Mental Health Services**
847 Park Centre Way Ste 7
Nampa ID 83651
Ph: 208-318-0220
Outpatient mental health and substance abuse treatment Ages 12 – 17 Free assessments.
www.ashwoodrecovery.com

**Ambition of Idaho**
524 E Cleveland Blvd
Caldwell ID 83605
Ph: 208-454-2996
1031 W. Sanetta St
Nampa ID 83651
Ph: 208-466-7443
CBRS, anger management, faith based counseling, diagnostic interviews, EMDR, grief counseling, life/success coaching, counseling, case management, support/education, residential habilitation, behavior consultation, med management, nursing services, A&D waiver/PCS services representative, and payee services. 24 Hour Crisis Intervention Ph: 208-794-2379
Medicaid/ Medicare/private pay/private insurance/sliding scale/pro bono. Bilingual available.

**Aspire Professional Counseling Services**
14880 Alkmaar St
Caldwell ID 83607
Ph: 208-585-3062
Tues 9:00am-9:00pm
Crime victim comp/private insurance/EAP.
Early childhood trauma, marriage counseling, family therapy, children and adults. EMDR certified.

**AuntBertha**
The Social Care Network
Search for Free or Reduced cost services like medical care, food, job training and more. www.auntbertha.com

**Aura Counseling and Wellness, LLC**
3050 12th Ave Rd
Nampa ID 83686
Ph: 208-463-4639

Updated August 2020
Offer mental health and substance Use Disorder services including: assessments, case management, individual, family, and couples’ therapy, group counseling, anger management, parenting classes and drug testing. We accept BPA funding, Medicaid, private insurance, and utilize a sliding fee scale. [www.auracounseling.com](http://www.auracounseling.com)

**Avanzar Wellness**  
11513 W Fairview Ave Ste 105  
Boise ID 83713  
Ph: 208-908-7882  
Offering counseling youth, teens, adults and families, provider case management, targeted care coordination, skills building, youth and peer support and respite services. [www.avanzarwellness.com](http://www.avanzarwellness.com)

**Canyon Counseling Center**  
718 S 7th Ave  
Caldwell ID 83605  
Ph: 208-454-1576  
Individual and family therapy, adolescent and children therapy (ages 7+). Mon-Thurs 9:00am – 6:00pm Crime victim comp/private insurance. [www.canyoncounselingcenter.com](http://www.canyoncounselingcenter.com)

**Carol Collins, Ph.D., LCPC**  
1909 S Tenth Ave  
PO Box 75  
Caldwell ID 83606  
Ph: 208-454-3825  
collinscwa@gmail.com

**Center for Change**  
1411 W Franklin St  
Boise ID 83607  
Ph: 208-888-224-8250  
Treatment services for anorexia, bulimia, binge eating, and other eating disorders. [www.centerforchange.com](http://www.centerforchange.com)

**Centerpointe**  
915 Parkcentre Way Suite 7  
Nampa ID 83651  
Ph: 208-442-7791  
Provides behavioral and mental healthcare clinics that specializes in providing care to children, adolescents and their families. Includes individual therapy, family therapy, psychiatric services, medication mgmt., psychosocial rehabilitation in the community and at school, school drug and alcohol groups, and consultations. [www.centerpointeinc.com](http://www.centerpointeinc.com)

**Easter Seals – Goodwill Behavioral Health**  
510 Arthur Street  
Caldwell ID 83605  
Ph: 208-454-8555  
Offers substance use disorder treatment and case management. Accepts state funding/Medicaid

**Idaho Behavioral Health**  
524 S 9th St Suite 101  
Caldwell ID 83605  
Ph: 208-454-2144  
1811 E Karcher Rd  
Nampa ID 83687  
Ph: 208-505-4419  
Case management, CBRS, counseling, peer support, and play therapy. [www.idahobehavior.com](http://www.idahobehavior.com)

**Life Counseling Center**  
6123 Graye Ln (inside WICAP)  
1710 N Illinois (inside Sacajawea Elementary School)  
3311 S 10th Ave (located inside Jefferson Middle School) Caldwell ID 83605  
Ph: 208-465-5433  
112 12th Ave Rd  
Nampa ID 83686  
Ph: 208-465-5433  
2281 7th Ave N (located inside WICAP) Payette ID 83661  
Ph: 208-465-5433  
Individual and group therapy, girls’ empowerment group, boys’ empowerment group, depression, anxiety, ADHD, bipolar disorder. [www.iccidaho.com](http://www.iccidaho.com)

**Lifeways**  
2609 S 10th Ave #102  
Caldwell ID 83605  
Ph: 208-454-2766  
824 S Diamond St  
Nampa ID 83686  
Ph: 208-546-3046  
645 E 5th St  
Weiser ID 83672  
Ph: 541-889-9167  
Toll Free 800-995-9169  
Counseling, life skills classes, anger management, medication management and psychiatric assessment. [www.lifeways.org](http://www.lifeways.org)

**Intermountain Hospital**  
303 N Allumbaugh St  
Boise ID 83704  
Ph: 208-377-8400  
Toll free: 800-321-5984  
Offers treatment programs for adolescent patients, ages 12-17. [www.intermountainhospital.com](http://www.intermountainhospital.com)

**Centerpointe**  
915 Parkcentre Way Suite 7  
Nampa ID 83651  
Ph: 208-442-7791  
Provides behavioral and mental healthcare clinics that specializes in providing care to children, adolescents and their families. Includes individual therapy, family therapy, psychiatric services, medication mgmt., psychosocial rehabilitation in the community and at school, school drug and alcohol groups, and consultations. [www.centerpointeinc.com](http://www.centerpointeinc.com)
Mana Resources
923 Grant St.
Caldwell, ID 83605
123 N Yale St
Nampa ID 83651
Ph: 208-585-3375
Counseling services to children, youth, adults, couples, and families. Independent living program with employment assistance, skills training to foster youth aging out of care, juveniles coming out of corrections, and other young adults ages 18-20 who are homeless or at risk of becoming homeless.
www.manaohana.org

Mindful Expressions Counseling LLC
1909 S 10th Ave
Caldwell ID 83605
Ph: 208-340-5513
Appointments Wednesdays and Thursdays

Montgomery Counseling Center
270 W Georgia
Nampa ID 83686
Ph: 208-463-0212
Family counseling, parenting support, grief counseling, stress management, and adoptions.
www.montgomerycounselingcenter.com

Oak Tree Counseling
1611 12th Ave Rd Suite A
Nampa ID 83686
Ph: 208-546-9322

Pathways Inc
115 W Idaho St
Weiser ID 83672
Ph: 208-549-0330
Mental health treatment, suicide prevention services, and psychiatric emergency walk-in services.

Pathways of Idaho LLC
1305 S Kimball
Caldwell ID 83605
Ph: 208-459-1039
204 10th Ave S
Nampa ID 83651
Ph: 208-466-2229
540 S 16th St Ste 118
Payette ID 83662
Ph: 208-642-5079
Autism services, case management, foster care, in-home tutoring. Provide services primarily in the client’s home or community.
www.pathways.com

Quality Care Counseling Center
136 N Broadmore Wy Ste 103
Nampa ID 83687
Ph: 208-465-6720
Anger management, anxiety disorders, bipolar disorder, coping skills, gender identity issues, PTSD, substance use disorder issues, and individual counseling for children, adolescents and adults. Accept Medicaid and most private insurance plans.
www.qualitycarecounseling.com

Recovery 4 Life Behavioral Health
709 Dearborn St
Caldwell, ID 83605
Ph: 208-376-7083
Offers mental health to include mediation mgmt. and outpatient substance use disorder treatment with recovery support services (case management, drug testing, recovery coaching, peer support, transportation and referrals to safe and sober housing). Accepts state funding, Medicaid, insurance EAP programs, credit cards, and self-pay on a sliding scale. Adults and adolescents. Service in Boise and Caldwell.
www.recovery4lifeidaho.com

Shannon Sorini, LCSW
1909 S 10th Ave
Caldwell ID 83605
Ph: 208-409-7286
Shannonsorini@gmail.com

Terry Reilly Health Services – Behavioral Health
2005 Arlington Ave
Caldwell ID 83605
Ph: 208-459-1025
Monday, Wednesdays, Thursday, and Fridays: 8am – 12pm; 1pm – 6pm
www.trhs.org

Terry Reilly Marsing – Behavioral Health
201 Main St
Marsing ID 83641
Ph: 208-896-4159
Monday, Tuesday: 8am – 5pm
www.trhs.org

Terry Reilly Melba – Behavioral Health
150 2nd St
Melba ID 83641
Ph: 208-495-1011
Monday, Tuesday: 8am – 5pm
www.trhs.org

Terry Reilly Middleton – Behavioral Health
201 S Paradise Ave
SUBSTANCE USE DISORDER TREATMENT

Acacia Wellness Center
217 W Georgia Ave
Nampa ID 83686
Ph: 208-498-1760
Crisis: 208-914-3053
Private pay/Medicaid/Private insurance/sliding scale.
Mental Health, CBRS, case management, med mgmt., peer support, substance Use Disorder groups, and individual therapy.
www.acaciawellness.org

Access Behavioral Health
3307 Caldwell Blvd
Nampa ID 83651
Ph: 208 466-4637
Offers outpatient substance use disorder treatment, case mgmt., life skills, and alcohol/drug testing. Accepts state funding/Medicaid/insurance/private pay.
Medicaid management.
Adults and adolescents.
www.accessbhs.com

Ashwood Recovery
847 Park Centre Way Ste 7
Nampa ID 83651
Ph: 208-318-0220
Outpatient mental health and substance abuse treatment
Ages 12 – 17 Free assessments.
www.ashwoodrecovery.com

Aspire Assessments and Health Resources
16 12th Ave S. Ste 201
Nampa ID 83651
Ph: 208-921-1024
By appointment only
DUI and alcohol evaluations, GAIN assessments and SUD evaluations.
www.aspireaahr.com

Aura Counseling and Wellness, LLC
3050 12th Avenue Road
Nampa ID 83651
Ph: 208-463-4639
Offers outpatient substance use disorder treatment, case management, alcohol/drug testing, case management, transportation and child care.
Accepts state funding/Medicaid/insurance/private pay/sliding scale.
www.auracounseling.com

Bell Counseling – White Sage
1208 E Linden
Caldwell, ID 83605
Ph: 208 454-1744
Offers adolescent residential treatment. Accepts state funding and private pay. Adolescent males only.

BPA Health
Ph: 1 800-922-3406
Monday – Friday 8am to 6pm
Individuals who do not have insurance or Medicaid are interested in recovery services call to complete a brief eligibility screening for state funded services.
www.bpahealth.com

Emmett Counseling & Psychiatric Services, LLC
2007 E Quail Run Rd Suite 1
Emmett ID 83617
Ph: 208-365-5445
Offers psychotherapy, family therapy, play therapy, community support services, medication management, chemical dependency, trauma and domestic violence therapy.  
[www.counselingidaho.com](http://www.counselingidaho.com)

**Emmett Services Treatment dba Emmett Family Services**  
2031 E Quail Run  
Emmett ID 83617  
Ph: 208-365-2525  
Offers substance use disorder individual sessions, case management, and alcohol/drug testing. Accepts state funding/Medicaid.

**Intermountain Hospital**  
303 N Allumbaugh St  
Boise ID 83704  
Ph: 208-377-8400  
Toll free: 800-321-5984  
Offers treatment programs for adolescent patients, ages 12-17.  
[www.intermountainhospital.com](http://www.intermountainhospital.com)

**Lifeways**  
2609 S 10th Ave #102  
Caldwell ID 83605  
Ph: 208-454-2766  
824 S Diamond St  
Nampa ID 83686  
Ph: 208-546-3046  
645 E 5th St  
Weiser ID 83672  
Ph: 541-889-9167  
Toll Free 800-995-9169  
Counseling, life skills classes, anger management, medication management and psychiatric assessments.  
[www.lifeways.org](http://www.lifeways.org)

**Mana Resources**  
923 Grant St.  
Caldwell, ID 83605  
123 N Yale St  
Nampa ID 83651  
Ph: 208-585-3375  
Counseling services to children, youth, adults, couples, and families. Independent living program with employment assistance, skills training to foster youth aging out of care, juveniles coming out corrections, and other young adults ages 18-20 who are homeless or at risk of becoming homeless.  
[www.manaohana.org](http://www.manaohana.org)

**Payette Counseling & Psychiatric Services, LLC**  
501 N 16th St Suite 110  
Payette ID 83661  
Ph: 208-642-2600  
Offers psychotherapy, family therapy, play therapy, community support services, medication management, chemical dependency, trauma & domestic violence therapy.  
[www.counselingidaho.com](http://www.counselingidaho.com)

**Payette Family Services**  
501 N 16th St Ste 108  
Payette ID 83661  
Ph: 208-642-6160  
Offers substance use disorder individual sessions, case management, and alcohol/drug testing. Accepts state funding/Medicaid.

**Peak Recovery**  
2423 S Georgia Ave  
Caldwell, ID 83605  
Ph: 208 455-1788  
Offers outpatient substance Use Disorder treatment, case mgmt., and alcohol/drug testing. Accepts state funding, Medicaid, private insurance, and self-pay. Adults and adolescents.  
[www.peakrecoveryllc.com/](http://www.peakrecoveryllc.com/)

**Recovery 4 Life**  
709 Dearborn St  
Caldwell, ID 83605  
Ph: 208 376-7083  
Offers mental health to include mediation mgmt. and outpatient substance use disorder treatment with recovery support services (case management, drug testing, recovery coaching, peer support, transportation and referrals to safe and sober housing). Accepts state funding, Medicaid, insurance EAP programs, credit cards, and self-pay on a sliding scale. Adults and adolescents. Service in Boise and Caldwell.  
[www.recovery4lifeidaho.com](http://www.recovery4lifeidaho.com)

**Valley Family Healthcare**  
1441 NE 10th Ave  
Payette ID 83361  
Ph: 208-642-9378  
[www.vfhc.org](http://www.vfhc.org)

**CONTINUING EDUCATION RESOURCES**  
*Most online charter schools offer a program for free GED*

**CWI Community College**  
2407 Caldwell Blvd  
Nampa ID 83651  
5500 E Opportunity Dr  
Nampa ID 83653  
[www.cwi.edu](http://www.cwi.edu)

Updated August 2020
Pro-Weld
918 S Impressions Court
Nampa ID 83651
Ph: 208-249-4911
This program provides welding/fabrication training. Can be under the age of 18.
Email: dcproweld@yahoo.com
www.dcproweld.com

Sawtooth Emergency Medical Institute (STEMI)
2107 Industrial Way
Nampa ID 83687
Ph: 208-209-3777
EMT Training School in Idaho
www.Sawtoothemi.com

Stevens-Henager College
16819 N Marketplace Blvd.
Nampa, ID 83687
Ph: 208-466-2251
https://www.stevenshenager.edu/locations/nampa

TRIO
BSU 1464 University Dr
Boise ID 83725
Ph: 208-426-3571
CWI 205 S 6th Ave
Caldwell ID 83605
or 208-364-9925
www.nextsteps.idaho.gov

Treasure Valley West #710
1018 W. Sanetta St.
Nampa, ID 83651
Ph: 208-465-8414

TVCC Caldwell Testing Center
(1st floor, Room CA 124)
317 Happy Day Blvd
Caldwell ID 83607
Ph: 541-881-5865

Western Idaho Community Action Partnership - WICAP
Ph: 208-454-0675
Toll Free: 1-877-270-9086
Employment and training services. www.wicap.org

HEALTH SERVICES

Adams County Health Center
205 N Berkley
Council ID 83612
Ph: 208-253-4242
Medical, Behavioral health, dental and optometry services.
https://www.achcid.org

AuntBertha
The Social Care Network
Search for Free or Reduced cost services like medical care, food, job training and more. www.auntbertha.com

Canyon County Community Clinic
524 Cleveland Blvd, Ste 110
Caldwell ID 83605
Ph: 208-455-1143
Offer medical services and mental health services. Visit website for more information. https://www.canyon-clinic.org

Family Medicine Health Center
215 E Hawaii Ave
Nampa ID 83686
Ph: 208-514-2529

Idaho Youth Ranch
2804 E Cleveland Blvd
Caldwell ID 83605
Ph: 208-459-4548
228 E Main St
Middleton ID 83644
Ph: 208-585-6670
www.youthranch.org

Southwest District Health
13307 Miami Lane
Caldwell ID 83607
Ph: 208-455-5345
Services include physical exams, treatment of STD’s, contraceptives and counseling. Confidential and private.
www.phd3.idaho.gov

Terry Reilly Health Services
Medical and Behavioral Health
2005 Arlington Ave
Caldwell ID 83605
Ph: 208-459-1025
Services offered child and adolescent health, prenatal and OB care, pharmacy and behavioral health care.
www.trhs.org

Terry Reilly Canyon Dental
11136 Moss Lane
Nampa ID 83651
Ph: 208-466-0515
www.trs.org/area/caldwell/

Terry Reilly Homedale Dental
Eight 2nd St West
Homedale ID 83628
Ph: 208-337-6101

Updated August 2020
**Terry Reilly Marsing Medical, Dental and Behavioral Health**
201 Main St
Marsing ID 83641
Ph: 208-896-4159
Services offered child and adolescent health, prenatal and OB care, pharmacy and behavioral health care. Dental exams and cleanings, fillings, crowns, bridges, dentures and partials, extractions, root canals and minor oral surgery.
www.trhs.org

**Terry Reilly Nampa Medical, Dental, Behavioral Health and Pharmacy**
207 1st Street South
Nampa ID 83651
Main Ph: 208-466-7869
Pharmacy Ph: 208-318-1376
Services offered child and adolescent health, prenatal and OB care, free pregnancy testing Thursdays from 2pm to 4:30pm, pharmacy and behavioral health care. Cleanings, fillings, crowns, bridges, extractions, root canals and minor oral surgery.
www.trhs.org

**Terry Reilly Melba Medical, Dental and Behavioral Health**
150 2nd St
Melba ID 83641
Ph: 208-495-1011
Services offered child and adolescent health, prenatal and OB care, pharmacy and behavioral health care. Dental exams and cleanings, fillings, crowns, bridges, dentures and partials, extractions, root canals and minor oral surgery.
www.trhs.org

**Terry Reilly Middleton Medical, Dental and Behavioral Health**
201 S Paradise Ave
Middleton ID 83644
Ph: 208-585-0048
Services offered child and adolescent health, prenatal and OB care, pharmacy and behavioral health care. Dental exams and cleanings, fillings, crowns, bridges, dentures and partials, extractions, root canals and minor oral surgery.
www.trhs.org

**Terry Reilly Nampa Medical, Behavioral Health and Urgent Care**
223 16th Avenue North
Nampa ID 83687
Ph: 208-467-7654
Services offered urgent care, child & adolescent health, pre-natal and OB care, and behavioral health care.
www.trhs.org

**Valley Family Health Care Dental**
1441 NE 10th Ave
Payette ID 83661
Ph: 208-642-9379
www.vfhc.org

**EMPLOYMENT ASSISTANCE**

**Community Council of Idaho**
317 Happy Day
Caldwell ID 83607
Ph: 208-454-8604
Free services provided to migrant or farm working families and individuals that need help integrating into the working field. Services include education and training based on skills needed to gain employment.
www.communitycouncilofidaho.org

**Deseret Industries**
1370 Caldwell Blvd
Nampa ID 83651
Ph: 208-465-0722
Services provided to any student in the Nampa School District. School clothing, shoes, belts.
www.deseretindustries.org

**Idaho Department of Labor Caldwell-WIOA**
4514 Thomas Jefferson St.
Caldwell ID 83605
Ph: 208-364-7781
Services provided to those in the community who need training resource to obtain employment. This program is state and federally funded for adults, dislocated workers, low-income workers and youth.
www.labor.idaho.gov

**Intelligent Employment Solutions**
732 Caldwell Blvd Ste. C
Nampa ID 83651
Ph: 208-463-9228
Provides help finding a job in the community.
http://www.iescustomstaffing.com/

**Hopes Door Shelter**
702 E Chicago St.
Caldwell ID 83605
Ph: 208-459-6279
Helps women find job openings, create resumes & cover letters. Service specialist helps with dress for success and referrals meal planning for work. Services are free. [https://aafvhope.org/](https://aafvhope.org/)

<table>
<thead>
<tr>
<th><strong>Labor Ready Temporary Service</strong></th>
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<tbody>
<tr>
<td>10 W Franklin Rd.</td>
</tr>
<tr>
<td>Meridian ID 83642</td>
</tr>
<tr>
<td><strong>Ph:</strong> 208-331-3606</td>
</tr>
<tr>
<td>After application process is</td>
</tr>
<tr>
<td>complete, employee is asked to</td>
</tr>
<tr>
<td>come into office at 6:00am if</td>
</tr>
<tr>
<td>desiring employment. Mon-Fri</td>
</tr>
<tr>
<td>5:30am-6:00pm, Sat 7:00am-11:00am</td>
</tr>
<tr>
<td>Sun closed. Application time &amp;</td>
</tr>
<tr>
<td>dates may vary-please call</td>
</tr>
<tr>
<td>office for current application</td>
</tr>
<tr>
<td>times. Applicant will need 2 forms</td>
</tr>
<tr>
<td>of i.d. such as a state photo i.d.,</td>
</tr>
<tr>
<td>social security card, certified</td>
</tr>
<tr>
<td>birth certificate, or passport.</td>
</tr>
<tr>
<td>Spanish interpreters available.</td>
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<tr>
<td><a href="http://www.peopleready.com">http://www.peopleready.com</a></td>
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<tr>
<th><strong>Treasure Valley Special Programs</strong></th>
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<tbody>
<tr>
<td>650 W State St Rm 150</td>
</tr>
<tr>
<td>Boise, ID 83720</td>
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<tr>
<td><strong>Ph:</strong> 208-327-7017</td>
</tr>
<tr>
<td>Services provided for adolescents</td>
</tr>
<tr>
<td>with disabilities to enhance their</td>
</tr>
<tr>
<td>living through employment and</td>
</tr>
<tr>
<td>community enrichment. This program</td>
</tr>
<tr>
<td>is state and federally funded.</td>
</tr>
<tr>
<td><a href="http://www.vr.idaho.gov">www.vr.idaho.gov</a></td>
</tr>
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| **PREGNANCY, PARENTING, & FAMILY** |

<table>
<thead>
<tr>
<th><strong>Baby Haven Salvation Army Caldwell</strong></th>
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<tbody>
<tr>
<td>1015 East Chicago</td>
</tr>
<tr>
<td>Caldwell, ID 83605</td>
</tr>
<tr>
<td><strong>Ph:</strong> 208-459-2011</td>
</tr>
<tr>
<td>Income based program for families who</td>
</tr>
<tr>
<td>are either expecting a child or have</td>
</tr>
<tr>
<td>a child under 24 months old.</td>
</tr>
<tr>
<td>Resources for infants including</td>
</tr>
<tr>
<td>formula, diapers, clothing, etc. after</td>
</tr>
<tr>
<td>achieving certain goals. Educational</td>
</tr>
<tr>
<td>opportunities for various topics,</td>
</tr>
<tr>
<td>including nutrition and budgeting.</td>
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<table>
<thead>
<tr>
<th><strong>Caldwell School District Early Childhood Intervention Program</strong></th>
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</thead>
<tbody>
<tr>
<td>1502 Fillmore St.</td>
</tr>
<tr>
<td>Caldwell, ID 83605</td>
</tr>
<tr>
<td><strong>Ph:</strong> 208-455-3300</td>
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<tr>
<th><strong>Casey Family Program</strong></th>
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<tbody>
<tr>
<td>6441 Emerald St.</td>
</tr>
<tr>
<td>Boise, ID 83704</td>
</tr>
<tr>
<td><strong>Ph:</strong> 208-377-1771</td>
</tr>
<tr>
<td><strong>Toll free:</strong> 888-581-3275</td>
</tr>
<tr>
<td>Services and Support to</td>
</tr>
<tr>
<td>Kinship Families-Relatives</td>
</tr>
<tr>
<td>other than the parents</td>
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<tr>
<td>Who Are Caring for</td>
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<tr>
<td>Children under Age 18.</td>
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<tr>
<td>Services available in</td>
</tr>
<tr>
<td>Nampa, Caldwell, Greenleaf,</td>
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<tr>
<td>Wilder, Homedale and</td>
</tr>
<tr>
<td>Marsing. Assistance with</td>
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<tr>
<td>Legal, Financial, Mental</td>
</tr>
<tr>
<td>Health, and Educational</td>
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<tr>
<td>Needs for the child/children being cared for. Information,</td>
</tr>
<tr>
<td>education, and resources</td>
</tr>
<tr>
<td>available for Kinship Family members. English/Spanish.</td>
</tr>
<tr>
<td><a href="https://www.casey.org/idaho/">https://www.casey.org/idaho/</a></td>
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<tr>
<th><strong>Catholic Charities of Idaho</strong></th>
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<tbody>
<tr>
<td>7255 W Franklin Rd</td>
</tr>
<tr>
<td>Boise, ID 83719</td>
</tr>
<tr>
<td><strong>Ph:</strong> 208-345-6031</td>
</tr>
<tr>
<td>Counseling, mental health, crisis,</td>
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<tr>
<td>pregnancy and/or single parent</td>
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<tr>
<td>support, parenting education,</td>
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<tr>
<td>youth and school retention</td>
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<tr>
<td>programs, immigration legal</td>
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<tr>
<td>assistance, Hispanic outreach</td>
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<tr>
<td>services, and domestic violence</td>
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<tr>
<td>immigration program. Also a</td>
</tr>
<tr>
<td>domestic violence immigration</td>
</tr>
<tr>
<td>program.</td>
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<tr>
<td><a href="http://ccidaho.org/">http://ccidaho.org/</a></td>
</tr>
</tbody>
</table>
**Children’s Mental Health**  
*Department of Health and Welfare*  
Ph: 1-800-926-2588 or 211  
The Idaho Parent Network for Children’s Mental Health offers resources created by parents who have children with a mental health diagnosis.  
[www.healthandwelfare.idaho.gov](http://www.healthandwelfare.idaho.gov)

**Community Council of Idaho Head Start**  
22730 Farmway Rd. Ste. 112  
Caldwell, ID 83605  
Ph: 208-459-6536  
Toll Free: 1-800-787-7863  
Migrant & seasonal worker year round head start program. ESL classes also available for parents of students. Some additional resources available.  
[http://communitycouncilofidaho.org/head_start](http://communitycouncilofidaho.org/head_start)

**St. Luke’s Birth, Parenting, and Community Education**  
Ph: 208-381-1510  
Classes offered for many different areas of life from birthing, parenting, adolescent, babysitting, dating, puberty, and other classes offered to those in the community. Classes do vary on fees but there is a scholarship available for all classes. Different classes are available at different times. A list of classes being offered and fees can be found on the website.  

**Hopes Door Shelter**  
Caldwell, ID 83605  
Ph: 208-459-6279  
Services vary based upon needs but services are offered to women and children who are battered and/or sexually abused. Substance use disorder. Education, basic necessities, vouchers, and referrals to other resources are provided by a service specialist. Services are free.  
[https://aafvhope.org/](https://aafvhope.org/)

**Idaho Parents Unlimited**  
4619 Emerald St.  
Boise, ID 83706  
Ph: 208-342-5884  
Service provided to parents and children with disabilities through education, therapy, counseling, job development, and rehabilitation services.  
[www.ipulidaho.org](http://www.ipulidaho.org)

**La Leche League**  
Ph: 1-877-452-532  
Services provided from mothers and for mothers with support, encouragement and information for breast feeding.  
[www.lllusa.org](http://www.lllusa.org)

**Lifeline Pregnancy Care Center**  
1323 12th Ave. S  
Nampa, ID 83651  
Ph: 208-466-4000  
Free pregnancy testing and counseling. Baby and maternity clothes, other baby items. Referrals for adoption, medical care, and social services if needed. Abortion recovery assistance and abstinence programs.

**Emotional support and friendship in time of need. All services are free and confidential. 24 Hour Careline. TEXT-208-615-1053 [www.lifelinepcc.org](http://www.lifelinepcc.org)**

**Nurse Family Partnership at Southwest District Health**  
13307 Miami Lane  
Caldwell ID 83607  
Ph: 208-455-5433  
This is a free voluntary program for first-time moms that provide you with a nurse until your baby is 2 years old. Any woman who is pregnant with her first child, meets low-income requirement and live in Canyon County can enroll in the program.  
[www.phd3.idaho.gov](http://www.phd3.idaho.gov)

**Parents as Teachers at Southwest District Health**  
13307 Miami Lane  
Caldwell ID 83607  
Ph: 208-455-5325  
[www.phd3.idaho.gov](http://www.phd3.idaho.gov)

**Planned Parenthood**  
2112 E Franklin Rd  
Meridian ID 83642  
Ph: 800-769-0045  
Birth Control, general health care, HIV services, Pregnancy testing and STD testing and treatment & vaccines and Men & Women health services.  
[www.plannedparenthood.org](http://www.plannedparenthood.org)

**Solace House**  
868 E Riverside Dr., Suite 170  
Eagle ID 83616  
Ph: 208-630-6601  
Provides a therapeutic setting for victims to receive

Updated August 2020
emergency shelter and residential care for victims of human trafficking. To request a FREE consultation, go to website. www.idahoatc.org

HOTLINES

A New Beginning Pregnancy Help
8660 W. Emerald St., Ste 142 Boise, ID 83704
Ph or text: 208-985-5617
Free pregnancy tests and free options counseling. Community resource referrals.
admin@adoptanewbeginning.org
www.adoptanewbeginning.org/pregnancy

AuntBertha
The Social Care Network Search for Free or Reduced cost services like medical care, food, job training and more. www.auntbertha.com

Boys Town Hotline
800-448-3000
The Boys Hotline is open 24 hours a day, 365 a year, and is staffed by specially trained Boys Town counselors
www.boystown.org

Child Help
Not a reporting agency
Ph: 1-800-422-4453
To talk to a counselor on the phone.

Idaho Anti-Trafficking Coalition
868 E. Riverside Dr., Suite 170 Eagle ID 83616
Ph/24-hr crisis hotline: 208-630-6601
www.idahoatc.org

Idaho CareLine
Ph: 2-1-1 or 800-926-2588
A free, statewide comprehensive community information and referral service.

Idaho COVID-19 Hotline
1-888-330-3010
Offers anonymous and confidential assistance for all. Trained professionals to assist with accessing mental health and substance use disorder services.

Idaho Suicide Prevention Hotline
Call, Text or Crisis Chat 208-398-HELP (4357)
www.idahosuicideprevention.org/chat

Intermountain Hospital
Ph: 208-377-8400
Open 24 hours a day, seven days a week for risk assessments. Ages 12 and older.
www.intermountainhospital.com

NAMI Helpline
800-950-6264 or TEXT NAMI to 741741
National Alliance on Mental Illness
www.nami.org

National Hotline on Domestic Violence
Ph: 800-799-7233

A toll-free service that provides information and assistance to victims of Use Disorder. www.thehotline.org

National Human Trafficking Hotline
Ph: 1-888-373-7888 or Text 233733

National Runaway Safeline
800-RUNAWAY (786-2929)
Text: 66008
WWW.1800RUNAWAY.ORG

National Sexual Assault Hotline:
Ph: 1-800-656-HOPE (4673)
A toll-free, confidential service available 24/7 for victims of sexual assault.
www.rainn.org

National Suicide Prevention Lifeline:
Ph: 800-273-8255

Optum 24/7 Medicaid Member Access & Crisis Line
Ph: 1-855-202-0973
TDD/TTY: 711

Optum Public Toll Free Helpline:
Ph: 1-866-342-6892

Optum Substance Use Treatment Helpline:
Ph: 1-855-202-0973

Student Support Line for COVID
Ph: 208-455-7089
Monday-Friday 8am to 5pm After hours ph: 208-459-0092

The Trevor Project (LGBTBQ/Youth)
Women and Children’s Alliance
720 W Washington St
Boise ID  83702
24-hour Domestic Violence Hotline Ph: 208-343–3688
24-hour Sexual Assault Hotline Ph: 208-345–7273
Provides comprehensive supportive services to women and children victimized by physical and sexual violence.
www.wcaboise.org

The Trevor Project (LGBTQ/Youth)
Ph: 866-488-7386