

Adolescent Resource Guide
A guide to community resources and supports
in Region 3.

Please email updates/feedback/information
to: selfrescue@phd3.idaho.gov



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ADOLESCENT SERVICES & PROGRAMS

4-H - Adams County Extension Office

203 S Galenas
Council ID 83612
Ph: 208-253-4279
www.4-h.org

4-H - Canyon County Extension Office

501 Main St
Caldwell ID 83605
Ph: 208-459-6003
www.4-h.org

4-H - Gem County Extension Office

2199 S Johns
Emmett ID 83617
Ph: 208-365-6363
www.4-h.org

4-H - Owyhee County Extension Office

238 Eighth Ave West
Marsing ID 83639
Ph: 208-896-4104
www.4-h.org

4-H - Payette County Extension Office

16 South 9th St
Payette ID 83661
Ph: 208-642-6022
www.4-h.org

4-H - Washington County Extension Office

485 East Third
Weiser ID 83672
Ph: 208-414-0415
www.4-h.org

Boy Scouts of America

Visit website to find a troop near <https://www.scouting.org/programs/boy-scouts/>

Boys and Girls Club - Nampa

316 Stampede Dr.
Nampa ID 83686
Ph: 208-461-7203
Fills the gap between school and home. While kids and teens have fun, participate in life changing programs 1st – 12th grade.
www.bgcnapa.org

Caldwell Corps Community Center

1023 Chicago St
Caldwell ID 83605
Ph: 208-459-2011
After school programs and summer camps for kids in need in the community. They provide safe ways for kids to participate in programs at low or no cost.
www.caldwell.salvationarmy.org/caldwell/youth-programs

Caldwell Public Library

1010 Dearborn St
Caldwell ID 83605
Ph: 208-459-3242 Visit website for classes.
www.caldwellpubliclibrary.org

Caldwell Recreation Dept

618 Irving St
Caldwell ID 83605
Ph: 208-455-3060
Caldwell Recreation offers many programs for you and your family to participate in. All ages
www.cityofcaldwell.org/play/recreation/

Caldwell Public Library

1010 Dearborn St
Caldwell, ID 83605
Ph: 208-459-3242
Free activities for kids and adults in the community for all ages.
www.caldwellpubliclibrary.org

Cascade Public Library

105 N Front St
Cascade ID 83611
Ph: 208-382-4757
www.cascade.lili.org

Central Elementary School – Region 3 Pathways School Clinician

Allyssa Sobotta, LMSW and Maria Raas, LMSW
Ph: 208-850-2849
Allysa.sobotta@pathways.com

Council High School/Midvale High School grades 9th – 12th

Project Towards No Drug Abuse 101 E Bleeker St
Council ID 83612
Ph: 208-253-4217

Council Valley Library

104 California Ave
Council ID 83612
www.council.lili.org

Deseret Industries

1370 Caldwell Blvd
Nampa ID 83651
Ph: 208-465-0722
Services provided to any student in the Nampa School District. School clothing, shoes, belts.
www.deseretindustries.org

Emmett Public Library

275 S Hayes Ave
Emmett ID 83617

Ph: 208-365-6057
www.cityofemmett.org/library

Empty Hand Combat

1124 1st St South
Nampa, ID 83687
Ph: 208-467-6586
Martial Arts classes are available to anyone interested in discipline. All ages.
www.emptyhandcombat.com

Girl Scouts – Silver Sage Girl Scout Council

Boise, ID 83704
Ph: 208-377-2011
general@girlscouts-ssc.org
<https://www.girlscouts.org/>

Girls on the Run

Physical activity is woven into the program to inspire an appreciation of fitness and to build habits that lead to a lifetime of health. Visit the website to find location.
www.girlsontherun.org

Homedale Public Library

125 W Owyhee Ave
Homedale ID 83628
Ph: 208-337-4228
www.homedale.lili.org

Idaho FFA Association

650 W State St
Boise ID 83720
FFA makes a positive difference in the lives of students by developing their potential for premier leadership, personal growth, and career success through agricultural education.
www.idahoffa.org

Idaho Youth Challenge Academy

117 Timberline Dr
Pierce ID 83546
Ph: 208-464-1253
This is a volunteer program for 16 to 18-year-old teens that are at risk of dropping out or that have already dropped out of high school.
www.idyouthchallenge.com

Love Inc.

16470 N. Franklin Blvd
Nampa ID 83687
Ph: 208-466-7810 ext 5
Requests are taken via the phone and an application process. Resources for furniture, bedding, adult, teen and children's clothing. Mon – Fri 9:30am to 1:00pm available 24/7 for victims of sexual assault.

Melba Cottage Library

109 Charlotte St
Melba ID 83641
Only open in the summer on Tuesdays from 10am to noon starting June through the end of August. Call 208-459-1002 for an appointment
www.cityofmelba.org/library.html

Middleton Parks and Recreation

310 Hawthorne Dr
Middleton ID 83644
Ph: 208-585-3461
www.greatermiddletonparksandrec.org

Middleton Public Library

307 Cornell St
Middleton ID 83644
Ph: 208-585-3931
www.middleton.lili.org

Nampa Corps Community Center

403 12th Avenue South
Nampa ID 83687
Ph: 467-6586
After school programs and summer camps for kids in need in the community. They provide safe ways for kids to participate in programs at low to no costs. All ages.
www.nampa.salvationarmy.org/nampa/teach-kids/

Nampa Parks and Recreation

312 1st St. South
Nampa ID 83651
Nampa Recreation offers many programs for you and your family to participate in.
www.nampaparksandrecreation.org/recenter/index.aspx

Nampa Public Library

215 12th Avenue South Nampa
ID 83651
Ph: 208-468-5800
Free activities for kids and adults in the community.
www.nampa.library.org

Nampa Rec Center

131 Constitution Way
Nampa ID 83686
Ph: 208-468-5777
nrc@cityofnampa.us
Mon – Fri: 5am – 10pm
Sat: 8am – 7pm Sun: 11am – 6pm. Day passes available
<http://www.nampaparksandrecreation.org/RecCenter/Index.aspx>

Nampa High School – Region 3 Pathways School Clinician

Whitney Herter, LPC
Ph: 208-850-9519
Whitney.herter@pathways.com

New Meadows Public Library

400 Virginia St
New Meadows ID 83654
Ph: 208-347-3147
www.meadowsvalley.lili.org

Notus Public Library

387 N. First St
Notus, ID 83656
Ph: 208-459-8247
Free activities for kids and adults in the community.
www.notus.lili.org

Parma Learning Center

Dahlia Martinez-Roberts,
Director
Ph: 208-779-4069 ext 1606
Academic enrichment and tutoring services. There is a calendar on the website so that parents and students know upcoming events. Grades first through sixth
https://parmaschoolslc.sharpschool.com/contact_us

Parma Public Library

121 N 3rd St
Parma ID 83660
Ph: 208-722-6605
www.parma.lili.org

Payette Public Library

24 S. 10th St.
Payette, ID 83661
Ph: 208-642-6029
This branch provides a monthly calendar with activities for all ages.
www.payette.lili.org/

Payette County Recreation

1200 N Pennsylvania Ave
Fruitland ID 83619
Ph: 208-452-3542
www.payettecountyrec.org

Prevention Associates of Idaho Towards No Drugs+

1909 S 10th Ave
Caldwell ID 83605
Ph: 208-866-8763
School based direct services for adolescents age 9-12. Best practices including drug and alcohol prevention curriculum and support.
Preventionassociates1@gmail.com

Salvation Army

1023 Chicago St
Caldwell ID 83605
Ph: 208-459-2011
403 – 12th Ave South
Nampa ID 83651
Ph: 208-467-6568
<http://caldwell.salvationarmy.org>
<http://nampa.salvationarmy.org>

School Based Therapist Program Contacts – Terry Reilly

Columbia High School, Nampa
Marisela Nunez, LPC
mnunez@trhs.org
Ph: 208-498-0571 x6529
Monday – Friday, 8am – 5pm
East Valley Middle School, Nampa
Nichole Warner, LPC
mwarner@trhs.org
Ph: 208-468-4760 x4631
Monday – Friday; 8am – 5pm
Endeavor Elementary, Nampa
Kathryn List, LMSW
klist@trhs.org
Ph: 208-468-4629 x3932
Monday – Friday; 8am – 5pm
Lewis and Clark Elementary, Caldwell
Laura Alvarez, LPC
lavarez@trhs.org
Ph: 208-649-1119
Tuesday – Friday, 8am – 6pm
Melba Elementary, Melba

Janina Dowdy, LMSW
jdowdy@trhs.org
Ph: 208-495=2508 x1027
Tue, Thurs 8am – 5pm
Wednesday, 8am – 1pm
Skyview High School and Union High School
Jesse Tangen, LMSW
jtangen@trhs.org
Mon: 8am-5pm @ Union HS
Tues-Fri: 8am-5pm @ Skyview

Sherman Elementary School Region 3 Pathways School Clinician

Andrea Drake, LMSW
Ph: 208-703-7062
Andrea.drake@pathways.com

University of Idaho Extension, Canyon County

501 Main St
Caldwell ID 83605
Ph: 208-459-6003
Email: canyon@uidaho.edu
4-H is for ages of eight and 18 years old.
www.uidaho.edu/extension/county/canyon

Valhalla

511 W. Main St.
Middleton, ID 83644
Ph: 208-585-3251
After school options even on early release Wednesday. Many activities available on website. Once a month trip to the Caldwell YMCA
Grades sixth through eighth
www.ms134.org/domain/657

Weiser Public Library

628 E 1st St
Weiser ID 83672
Ph: 208-549-1243
www.weiserlibrary.net

**Weiser Recreation
Department**

55 W Idaho St
Weiser ID 82672
Ph: 208-414-0301
www.cityofweiser.net

**West Middle School – Region
3 Pathways School Clinician**

Shannon Moskitis, LMSW and
Maria Raas, LMSW
Ph: 208-761-4674
Email:
Shannon.moskitis@pathways.com

Wilder Public Library

111 2nd St
Wilder ID 83676
Ph: 208-482-7880
www.wilder.lili.org

YMCA Caldwell

3720 S. Indiana Ave
Caldwell ID 83605
Ph: 208-454-9622
Offers many after school
programs for you and your
family to participate in.
www.ymcatvidaho.org/programs/youth-programs/
www.ymcatvidaho.org/facilities/fac-caldwell/

ALTERNATIVE, GED & ONLINE SCHOOLS

**Another Choice Virtual
Academy**

1014 W Hemingway Blvd
Nampa ID 83651
Ph: 208-475-4255
704 Blaine St
Caldwell, ID 83605

Atlas School

200 S. 4th Avenue W
Middleton ID 83644
Ph: 208-585-3251
www.ms134.org

Breaking Chains Academy

1701 3rd St North
Nampa ID 83687
Ph: 208-250-7959
Breaking Chains Academy
exists to provide services and
alternatives to at risk youth
through education programs,
job skills training, and
mentoring activities.
gsbcad@gmail.com

**Calvary Chapel Nampa &
Calvary Christian School**

1210 N Middleton Rd
Nampa ID 83651
Ph: 208-467-7116
Offer AdvancEd accredited
preschool to 12th grade.
<https://www.ccsnampa.org>

**Canyon Springs Alternative
High School**

516 N 11th St
Caldwell ID 83605
Ph: 208-455-3325
<https://can.caldwellschools.org>

**CWI Assessment & Testing
Center**

Nampa Campus
Ph: 208-562-2440
Email:
cwiproctor@cwidahoccc.edu

**COSSA Academy Alternative
High School**

109 Penny Ln
Wilder, ID 83676
Ph: 208-482-6074

Elevate Academy

114 W. Chicago St
Caldwell ID 83605
Monica White
Ph: 208-407-4963
Matt Strong
Ph: 208-869-7458
A year-round 6th-12th grade
Career Technical Charter
School opening in the Fall
2019.
info@elevate2c.org
<https://www.elevate2c.org>

**Gateways Alternative –
Middle & High School**

141 Smith Ave
Nampa, ID 83651
Ph: 208-498-0557
info@idahova.org
*The IDVA high school program
serves students in grades 9-12
who reside within the state of
Idaho.* <https://idva.k12.com/>

ICON Academy

5680 E Franklin Rd, Ste 200
Nampa ID 83687
Ph: 208-475-3093
Idaho Connects Online School
(ICON) is a free online
alternative school choice for
any student in Idaho in grades
6-12, through the age of 21.
Register online at
www.iconschool.org

**Idaho Center for Advanced
Technology and Career &
Technical Education
Programs**

Jewels Carpenter, Director Ph:
208-468-4600 ext 1089
Clay Long, Assistant Director
Ph: 208-697-1912
Rosalie Sanders
Ph: 208-468-4600 ext 1047

Idaho Virtual Academy

1965 S. Eagle Rd, Suite 190
Meridian ID 83642
Ph: 866-339-9065

Indian Creek Academy

1502 Fillmore St
Caldwell, ID 83605
Ph: 208-455-3300
<https://www.caldwellschools.org/apps/news/article/789761>

INSPIRE Connections Academy

600 N. Steelhead Way Suite
164 Boise ID 83704
Ph: 800-382-6010
A tuition-free K-12 online public school option available for students throughout Idaho.
<https://www.connectionsacademy.com>

Nampa Alternative Night School – Grade 9 - 12

1303 E. Greenhurst Rd
Nampa, ID 83651

Parkview High School – Grades 7 - 12

609 15th Ave North
Nampa, ID 83686
Ph: 208-498-0558

Pathways in Education

124 Holly St
Nampa, ID, 83686
Ph: 208-505-4800

Ridgeline High School – Grades 9 – 12

94 N Canyon St.
Nampa, ID 83686
Ph: 208-498-0559

Steven-Henager College (Nampa Satellite Campus)

Ph: 800 622-2640

A toll-free, confidential service available 24/7.

Treasure Valley Leadership Academy

609 15th Ave North
Nampa, ID 83687
Ph: 208-498-0568
Fax: 208-468-2839
Opened in Fall 2017 for Grade 9; adding grade 10 in 2018; adding grade 11 in 2019; adding grade 12 in 2020

Union High School – Grades 9 - 12

506 Fletcher Drive
Nampa, ID 83686
Ph: 208-498-0559
Application process required.

Vallivue Academy – Grades 9 - 12

6123 Timbre Dr.
Caldwell, ID 83607
Ph: 208-455-1917
Application process required.

**EDUCATION
RESOURCES AND
SCHOOL SUPPLIES**

Advocates Against Family Violence - Hope Ln. Learning Center

1508 Hope Ln
Caldwell, ID 83605
Ph: 208-459-6330
Daycare/preschool Located in Caldwell. Located Near Van Buren Elementary and Head Start Bus Stops. Offers preschool, meals, arts and crafts weekly, after school program ICCP accepted.

Big Brothers Big Sisters of Southwest Idaho

110 N. 27th St.
Boise, ID 83702
Ph: 208-377-2552
One-to-one mentoring relationships intended to help children reach their full potential. Vision is a successful mentoring relationship for all children who need and want one. Contributing to brighter futures, better schools, and stronger communities for all. Serving all of southwest ID.
www.bbbsidaho.org

Computers for Kids, Inc.

8540 W Elisa St.
Boise ID, 83709
Ph: 208-345-0346
9:00am-4:00pm
Distributes refurbished computers to underprivileged Idaho children for their home use. www.cfkid.org

Computer Lab-South Middle School, Nampa

229 W Greenhurst Rd.
Nampa, ID 83686
Ph: 208- 468-4740
Mon/Tues/ Thur nights
5:30pm-7:30pm during the school year, excluding non-school days. Computer lab is open to the public. The lab will also have a printer available that charges 10 cents per one-sided copy (cash or coin only).
www.south.nsd131.org/

Hope House

7696 Old Bruneau Hwy
Marsing ID 83639
Ph: 208-896-4673

onefalthmom@frontier.com
Youth living at Hope House attend Hope Christian Academy. Visit the website for more information.
<http://ahome2come2.com/>

The Mentoring Network, Inc.
Nampa, ID 83653
Ph: 208-880-1690
School based individual mentoring for grades 1-8 provided on a weekly basis by trained volunteers. In the Nampa & Caldwell school districts. Supervision and support provided by program director.
www.MentoringNetworkID.org

Nampa School District 131
446 Lake Lowell
MV Office
Ph: 208-468-4601 Ext. 1161
Contact: Steffanie Altenbern saltenbern@nsd131.org or Mirella Garcia.
Provide resources and support for homeless students.

School Based Therapist Program Contacts – Terry Reilly
Columbia High School, Nampa
Marisela Nunez, LPC
mnunez@trhs.org
Ph: 208-498-0571 x6529
Monday – Friday, 8am – 5pm
East Valley Middle School,
Nampa Nichole Warner, LPC
mwarner@trhs.org
Ph: 208-468-4760 x4631
Monday – Friday; 8am – 5pm
Endeavor Elementary, Nampa
Kathryn List, LMSW
klist@trhs.org
Ph: 208-468-4629 x3932

Monday – Friday; 8am – 5pm
Lewis and Clark Elementary,
Caldwell Laura Alvarez, LPC
lalvarez@trhs.org
Ph: 208-649-1119
Tuesday – Friday, 8am – 6pm
Melba Elementary, Melba
Janina Dowdy, LMSW
jdowdy@trhs.org
Ph: 208-495=2508 x1027
Tue, Thurs 8am – 5pm
Wednesday, 8am – 1pm
Skyview High School and
Union High School
Jesse Tangen, LMSW
jtangen@trhs.org
Mon: 8am-5pm @ Union HS
Tues-Fri: 8am-5pm @ Skyview

Tutoring at Farmway
22730 Farmway Rd.
Caldwell, ID 83605
Ph: 208-455-3300
Tutoring for migrant children who need assistance with learning English and with school work.
Mon-Fri 3:45pm-4:45pm

COUNSELING AND MENTAL HEALTH SERVICES

Acacia Wellness Center
217 W Georgia Ave
Nampa ID 83686
Ph: 208-498-1760
Crisis: 208-914-3053
Mon 9:00am-8:00pm (6-8pm for walk-ins)
Tue 9:00am-6:00pm

Closed Tues/Thur from 11:00am-1:00pm
Wed 9:00am-7:00pm
Thurs 9:00am-6:00pm
Friday 9:00am-5pm
Evening appointments available upon request.
Private pay/Medicaid/private insurance/sliding scale/state funding
Mental health, CBRS, case management, med management, peer support, substance use groups, individual therapy.
www.acaciawellness.org

Access Behavioral Health Services

3307 Caldwell Blvd Ste 102
Nampa ID 83651
Ph: 208-465-4833
Mon-Fri 8:00am-5:00pm
Walk in appointments available on a limited basis.
Medicaid/private insurance/Medicare/MMCP/sliding scale/EAP.
Counseling, case management, CBRS, developmental therapy for children and adults, peer support, outpatient substance use disorder treatment, individual therapy, med management. Emergency walk in clinic for medication on Fri. www.accessbhs.com

Advocates Against Family Violence – Hope’s Door

1508 Hope Lane Ste 102
Caldwell ID 83605
Ph: 208-459-4779
24/7 Crisis Hotline Toll Free: 1-877-459-4779
Domestic violence and sexual assault shelter, sexual assault

response team, court advocacy, groups/classes, counseling, safe and sober housing, child care center, teen outreach program, rural outreach program.

www.aafvhope.org

All Seasons Mental Health

1007 W Orchard
Nampa ID 83651
Ph: 208-461-2838
General medicine, psychiatric care, psychological testing and diagnostics, counseling, bereavement, med management, community based care, supported living, developmental therapy, benefits assistance, CBRS, physicals, wellness checks, specialist referrals, healthy connections referrals, case management, interpretive services offered for many different languages. Blue Cross, Blue Shield, United, ID Physicians Network, Aetna, Medicaid, Medicare, sliding scale.

www.asmh.org

Allied Mental Health Services

220 10th Ave S
Nampa ID 83651
Ph: 208-468-0850
11104 W State St
Star ID 83669
Ph: 208-286-7967
CBRS, peer support, family support, case management, counselors and medication managers.

www.alliedmentalhealthservices.com

Ambitions of Idaho

524 E Cleveland Blvd

Caldwell ID 83605
Ph: 208-454-2996
1031 W. Sanetta St
Nampa ID 83651
Ph: 208-466-7443
CBRS, anger management, faith based counseling, diagnostic interviews, EMDR, grief counseling, life/success coaching, counseling, case management, support/education, residential habilitation, behavior consultation, med management, nursing services, A&D waiver/PCS services representative, and payee services.

24 Hour Crisis Intervention
Ph: 208-794-2379
Medicaid/ Medicare/private pay/private insurance/sliding scale/pro bono. Bilingual available.

Ashwood Recovery

847 Park Centre Way Ste 7
Nampa ID 83651
Ph: 208-318-0220
Outpatient mental health and substance abuse treatment
Ages 12 – 17 Free assessments.

www.ashwoodrecovery.com

Aspire Professional Counseling Services

14880 Alkmaar St
Caldwell ID 83607
Ph: 208-585-3062
Tues 9:00am-9:00pm
Crime victim comp/private insurance/EAP.
Early childhood trauma, marriage counseling, family therapy, children and adults. EMDR certified.

Aura Counseling and Wellness, LLC

3050 12th Ave Rd
Nampa ID 83686
Ph: 208-463-4639
Offer mental health and substance Use Disorder services including: assessments, case management, individual, family, and couples' therapy, group counseling, anger management, parenting classes and drug testing. We accept BPA funding, Medicaid, private insurance, and utilize a sliding fee scale.

www.auracounseling.com

Canyon Counseling Center

718 S 7th Ave
Caldwell ID 83605
Ph: 208-454-1576
Individual and family therapy, adolescent and children therapy (ages 7+). Mon-Thurs 9:00am – 6:00pm Crime victim comp/private insurance.

www.canyoncounselingcenter.com

Carol Collins, Ph.D., LCPC

1909 S Tenth Ave
PO Box 75
Caldwell ID 83606
Ph: 208-454-3825
collinscwa@gmail.com

Center for Change

1411 W Franklin St
Boise ID 83607
Ph: 208-888-224-8250
Treatment services for anorexia, bulimia, binge eating, and other eating disorders.

www.centerforchange.com

Centerpointe

915 Parkcentre Way Suite 7
Nampa ID 83651
Ph: 208-442-7791
Provides behavioral and mental healthcare clinics that specializes in providing care to children, adolescents and their families. Includes individual therapy, family therapy, psychiatric services, medication mgmt., psychosocial rehabilitation in the community and at school, school drug and alcohol groups, and consultations.
www.centerpointeinc.com

Easter Seals – Goodwill

Behavioral Health

510 Arthur Street
Caldwell ID 83605
Ph: 208-454-8555
Offers substance use disorder treatment and case management. Accepts state funding/Medicaid

Idaho Behavioral Health

524 S 9th St Suite 101
Caldwell ID 83605
Ph: 208-454-2144
1811 E Karcher Rd
Nampa ID 83867
Ph: 208-505-4419
Case management, CBRS, counseling, peer support, and play therapy.
www.idahobehavior.com

Intermountain Hospital

303 N Allumbaugh St
Boise ID 83704
Ph: 208-377-8400
Toll free: 800-321-5984

Offers treatment programs for adolescent patients, ages 12-17.
www.intermountainhospital.com

Life Counseling Center

6123 Graye Ln (inside WICAP)
1710 N Illinois (inside Sacajawea Elementary School)
3311 S 10th Ave (located inside Jefferson Middle School)
Caldwell ID 83605
Ph: 208-465-5433
112 12th Ave Rd
Nampa ID 83686
Ph: 208-465-5433
2281 7th Ave N (located inside WICAP)
Payette ID 83661
Ph: 208-465-5433
Individual and group therapy, girls' empowerment group, boys' empowerment group, depression, anxiety, ADHD, bipolar disorder.
www.iccidaho.com

Lifeways

2609 S 10th Ave #102
Caldwell ID 83605
Ph: 208-454-2766
824 S Diamond St
Nampa ID 83686
Ph: 208-546-3046
645 E 5th St
Weiser ID 83672
Ph: 541-889-9167
Toll Free 800-995-9169
Counseling, life skills classes, anger management, medication management and psychiatric assessment.
www.lifeways.org

Mana Resources

923 Grant St.
Caldwell, ID 83605
123 N Yale St

Nampa ID 83651
Ph: 208-585-3375
Counseling services to children, youth, adults, couples, and families. Independent living program with employment assistance, skills training to foster youth aging out of care, juveniles coming out of corrections, and other young adults ages 18-20 who are homeless or at risk of becoming homeless.
www.manaohana.org

Mindful Expressions

Counseling LLC

1909 S 10th Ave
Caldwell ID 83605
Ph: 208-340-5513
Appointments Wednesdays and Thursdays

Montgomery Counseling Center

323 12th Ave Rd
Nampa ID 83686
Ph: 208-463-0212
Family counseling, parenting support, grief counseling, stress management, and adoptions.
www.montgomerycounselingcenter.com

Oak Tree Counseling

1611 12th Ave Rd Suite A
Nampa ID 83686
Ph: 208-546-9322

Pathways Inc

115 W Idaho St
Weiser ID 83672
Ph: 208-549-0330
Mental health treatment, suicide prevention services, and psychiatric emergency walk-in services.

Pathways of Idaho LLC

1305 S Kimball
Caldwell ID 83605
Ph: 208-459-1039
204 10th Ave S
Nampa ID 83651
Ph: 208-466-2229
540 S 16th St Ste 118
Payette ID 83662
Ph: 208-642-5079
Autism services, case management, foster care, in-home tutoring. Provide services primarily in the client’s home or community.
www.pathways.com

Quality Care Counseling Center

136 N Broadmore Wy Ste 103
Nampa ID 83687
Ph: 208-465-6720
Anger management, anxiety disorders, bipolar disorder, coping skills, gender identity issues, PTSD, substance use disorder issues, and individual counseling for children, adolescents and adults. Accept Medicaid and most private insurance plans.
www.qualitycarecounseling.com

Recovery 4 Life Behavioral Health

709 Dearborn St
Caldwell, ID 83605
Ph: 208 376-7083
Offers mental health to include mediation mgmt. and outpatient substance use disorder treatment with recovery support services (case management, drug testing, recovery coaching, peer support, transportation and referrals to safe and sober

housing). Accepts state funding, Medicaid, insurance EAP programs, credit cards, and self-pay on a sliding scale. Adults and adolescents. Service in Boise and Caldwell.
www.recovery4lifeidaho.com

Shannon Sorini, LCSW

1909 S 10th Ave
Caldwell ID 83605
Ph: 208-409-7286
Shannonsorini@gmail.com

Terry Reilly Health Services – Behavioral Health

2005 Arlington Ave
Caldwell ID 83605
Ph: 208-459-1025
Monday, Wednesdays, Thursday, and Fridays: 8am – 12pm; 1pm – 6pm
www.trhs.org

Terry Reilly Marsing – Behavioral Health

201 Main St
Marsing ID 83641
Ph: 208-896-4159
Monday, Tuesday: 8am – 5pm www.trhs.org

Terry Reilly Melba - Behavioral Health

150 2nd St
Melba ID 83641
Ph: 208-495-1011
Monday, Tuesday: 8am – 5pm www.trhs.org

Terry Reilly Middleton - Behavioral Health

201 S Paradise Ave
Middleton ID 83644
Ph: 208-585-0048
Monday & Friday: 8am – 12pm, 12:30pm – 5pm.
Thursday: 12:30 – 5pm

www.trhs.org

Terry Reilly Nampa - Behavioral Health

207 1st Street South
Nampa ID 83651
Ph: 208-466-7869
www.trhs.org

Terry Reilly Nampa – Behavioral Health

223 16th Avenue North
Nampa ID 83687
Ph: 208-467-7654
www.trhs.org

Treasure Valley Behavioral Health

1007 W Orchard Ave
Nampa ID 83651
Ph: 208-461-2838
Offers counseling, community based rehabilitation services, and peer support services.
www.asmh.org

Valley Family Healthcare - Counseling

1441 NE 10th Ave
Payette ID 83361
Ph: 208-642-9378
207 E 12th St
Emmett ID 83617
Ph: 208-365-1065
300 N Plymouth Ave
New Plymouth ID 83655
Ph: 208-278-3335
www.vfhc.org

SUBSTANCE USE DISORDER TREATMENT

Acacia Wellness Center
217 W Georgia Ave

Nampa ID 83686
Ph: 208-498-1760
Crisis: 208-914-3053
Private pay/Medicaid/Private insurance/sliding scale.
Mental Health, CBRS, case management, med mgmt., peer support, substance Use Disorder groups, and individual therapy.
www.acaciawellnessorg

Access Behavioral Health

3307 Caldwell Blvd
Nampa ID 83651
Ph: 208 466-4637
Offers outpatient substance use disorder treatment, case mgmt., life skills, and alcohol/drug testing. Accepts state funding/Medicaid/insurance/private pay. Medicaid management. Adults and adolescents.
www.accessbhs.com

Ashwood Recovery

847 Park Centre Way Ste 7
Nampa ID 83651
Ph: 208-318-0220
Outpatient mental health and substance abuse treatment
Ages 12 – 17 Free assessments.
www.ashwoodrecovery.com

Aspire Assessments and Health Resources

16 12th Ave S. Ste 201
Nampa ID 83651
Ph: 208-921-1024
By appointment only
DUI and alcohol evaluations, GAIN assessments and SUD evaluations.
www.aspireaahr.com

Aura Counseling and Wellness, LLC

3050 12th Avenue Road
Nampa ID 83651
Ph: 208-463-4639
Offers outpatient substance use disorder treatment, case management, alcohol/drug testing, case management, transportation and child care. Accepts state funding/Medicaid/insurance/s elf-pay/sliding scale
www.auracounseling.com

Bell Counseling – White Sage

1208 E Linden
Caldwell, ID 83605
Ph: 208 454-1744
Offers adolescent residential treatment. Accepts state funding and private pay. Adolescent males only.

Emmett Counseling & Psychiatric Services, LLC

2007 E Quail Run Rd Suite 1
Emmett ID 83617
Ph: 208-365-5445
Offers psychotherapy, family therapy, play therapy, community support services, medication management, chemical dependency, trauma and domestic violence therapy.
www.counselingidaho.com

Emmett Services Treatment dba Emmett Family Services

2031 E Quail Run
Emmett ID 83617
Ph: 208-365-2525
Offers substance use disorder individual sessions, case management, and alcohol/drug testing. Accepts state funding/Medicaid.

Intermountain Hospital

303 N Allumbaugh St
Boise ID 83704
Ph: 208-377-8400
Toll free: 800-321-5984
Offers treatment programs for adolescent patients, ages 12-17.
www.intermountainhospital.com

Lifeways

2609 S 10th Ave #102
Caldwell ID 83605
Ph: 208-454-2766
824 S Diamond St
Nampa ID 83686
Ph: 208-546-3046
645 E 5th St
Weiser ID 83672
Ph: 541-889-9167
Toll Free 800-995-9169
Counseling, life skills classes, anger management, medication management and psychiatric assessments.
www.lifeways.org

Mana Resources

923 Grant St.
Caldwell, ID 83605
123 N Yale St
Nampa ID 83651
Ph: 208-585-3375
Counseling services to children, youth, adults, couples, and families. Independent living program with employment assistance, skills training to foster youth aging out of care, juveniles coming out corrections, and other young adults ages 18-20 who are homeless or at risk of becoming homeless.
www.manaohana.org

Payette Counseling & Psychiatric Services, LLC

501 N 16th St Suite 110
Payette ID 83661
Ph: 208-642-2600
Offers psychotherapy, family therapy, play therapy, community support services, medication management, chemical dependency, trauma & domestic violence therapy.
www.counselingidaho.com

Payette Family Services

501 N 16th St Ste 108
Payette ID 83661
Ph: 208-642-6160
Offers substance use disorder individual sessions, case management, and alcohol/drug testing. Accepts state funding/Medicaid.

Peak Recovery

2423 S Georgia Ave
Caldwell, ID 83605
Ph: 208 455-1788
Offers outpatient substance Use Disorder treatment, case mgmt., and alcohol/drug testing. Accepts state funding, Medicaid, private insurance, and self-pay. Adults and adolescents.
www.peakrecoveryllc.com/

Recovery 4 Life

709 Dearborn St
Caldwell, ID 83605
Ph: 208 376-7083
Offers mental health to include mediation mgmt. and outpatient substance use disorder treatment with recovery support services (case management, drug testing, recovery coaching, peer support, transportation

and referrals to safe and sober housing). Accepts state funding, Medicaid, insurance EAP programs, credit cards, and self-pay on a sliding scale. Adults and adolescents. Service in Boise and Caldwell.
www.recovery4lifeidaho.com

Valley Family Healthcare

1441 NE 10th Ave
Payette ID 83361
Ph: 208-642-9378
www.vfhc.org

CONTINUING EDUCATION RESOURCES

*Most online charter schools offer a program for free GED

CWI Community College

2407 Caldwell Blvd
Nampa ID 83651
5500 E Opportunity Dr
Nampa ID 83653
www.cwi.edu

Pro-Weld

918 S Impressions Court
Nampa ID 83651
Ph: 208-249-4911
This program provides welding/fabrication training. Can be under the age of 18.
Email:
dcproweld@yahoo.com
www.dcproweld.com

Sawtooth Emergency Medical Institute (STEMI)

2107 Industrial Way
Nampa ID 83687
Ph: 208-209-3777
EMT Training School in Idaho
www.Sawtoothemi.com

Stevens-Henager College

16819 N Marketplace Blvd.
Nampa, ID 83687
Ph: 208-466-2251
<https://www.stevenshenager.edu/locations/nampa>

TRIO

BSU 1464 University Dr
Boise ID 83725
Ph: 208-426-3571
CWI 205 S 6th Ave
Caldwell ID 83605
or 208-364-9925
www.nextsteps.idaho.gov

Treasure Valley West #710

1018 W. Sanetta St.
Nampa, ID 83651
Ph: 208-465-8414

TVCC Caldwell Testing Center (1st floor, Room CA 124)

317 Happy Day Blvd
Caldwell ID 83607
Ph: 541-881-5865

Western Idaho Community Action Partnership - WICAP

Ph: 208-454-0675
Toll Free: 1-877-270-9086
Employment and training services. www.wicap.org

HEALTH SERVICES

Adams County Health Center

205 N Berkley
Council ID 83612
Ph: 208-253-4242
Medical, Behavioral health, dental and optometry services.
<https://www.achcid.org>

Canyon County Community Clinic

524 Cleveland Blvd, Ste 110
Caldwell ID 83605
Ph: 208-455-1143
Offer medical services and mental health services. Visit website for more information.
<https://www.canyon-clinic.org>

Family Medicine Health Center

215 E Hawaii Ave
Nampa ID 83686
Ph: 208-514-2529
Medicaid, Medicare, sliding fee program. Beginning of life through end of life care.
Women's health, chronic disease management, Hep C, HIV, mental health services, and more. Community health workers and certified enrollment counselors.
www.fmridaho.org/patients

Idaho Youth Ranch

2804 E Cleveland Blvd
Caldwell ID 83605
Ph: 208-459-4548
228 E Main St
Middleton ID 83644
Ph: 208-585-6670
www.youthranch.org

Southwest District Health

13307 Miami Lane
Caldwell ID 83607
Ph: 208-455-5345
Services include physical exams, treatment of STD's, contraceptives and counseling. Confidential and private.
www.phd3.idaho.gov

Terry Reilly Health Services Medical and Behavioral Health

2005 Arlington Ave
Caldwell ID 83605
Ph: 208-459-1025
Services offered child and adolescent health, prenatal and OB care, pharmacy and behavioral health care.
www.trhs.org

Terry Reilly Canyon Dental

11136 Moss Lane
Nampa ID 83651
Ph: 208-466-0515
www.trhs.org/area/caldwell/

Terry Reilly Homedale Dental

Eight 2nd St West
Homedale ID 83628
Ph: 208-337-6101
www.trhs.org/area/caldwell/

Terry Reilly Marsing Medical, Dental and Behavioral Health

201 Main St
Marsing ID 83641
Ph: 208-896-4159
Services offered child and adolescent health, prenatal and OB care, pharmacy and behavioral health care.
Dental exams and cleanings, fillings, crowns, bridges, dentures and partials, extractions, root canals and minor oral surgery.
www.trhs.org

Terry Reilly Melba Medical, Dental and Behavioral Health

150 2nd St
Melba ID 83641
Ph: 208-495-1011
Services offered child and adolescent health, prenatal and OB care, pharmacy and

behavioral health care.
Dental exams and cleanings, fillings, crowns, bridges, dentures and partials, extractions, root canals and minor oral surgery.
www.trhs.org

Terry Reilly Middleton Medical, Dental and Behavioral Health

201 S Paradise Ave
Middleton ID 83644
Ph: 208-585-0048
Services offered child and adolescent health, prenatal and OB care, pharmacy and behavioral health. Dental exams and cleanings, fillings, crowns, bridges, dentures and partials, extractions, root canals and minor oral surgery.
www.trhs.org

Terry Reilly Nampa Medical, Dental, Behavioral Health and Pharmacy

207 1st Street South
Nampa ID 83651
Main Ph: 208-466-7869
Pharmacy Ph: 208-318-1376
Services offered child and adolescent health, prenatal and OB care, free pregnancy testing Thursdays from 2pm to 4:30pm, pharmacy and behavioral health care.
Cleanings, fillings, crowns, bridges, extractions, root canals and minor oral surgery.
www.trhs.org

Terry Reilly Nampa Medical, Behavioral Health and Urgent Care

223 16th Avenue North
Nampa ID 83687
Ph: 208-467-7654

Services offered urgent care, child & adolescent health, pre-natal and OB care, and behavioral health care.

www.trhs.org

**Valley Family Health Care
Dental**

1441 NE 10th Ave
Payette ID 83661
Ph: 208-642-9379

www.vfhc.org

EMPLOYMENT ASSISTANCE

Community Council of Idaho

317 Happy Day
Caldwell ID 83607
Ph: 208-454-8604

Free services provided to migrant or farm working families and individuals that need help integrating into the working field. Services include education and training based on skills needed to gain employment.

www.communitycouncilofidaho.org

Deseret Industries

1370 Caldwell Blvd
Nampa ID 83651
Ph: 208-465-0722

Services provided to any student in the Nampa School District. School clothing, shoes, belts.

www.deseretindustries.org

**Idaho Department of Labor
Caldwell-WIOA**

4514 Thomas Jefferson St.
Caldwell ID 83605
Ph: 208-364-7781

Services provided to those in the community who need training resource to obtain employment. This program is state and federally funded for adults, dislocated workers, low-income workers and youth.

www.labor.idaho.gov

**Intelligent Employment
Solutions**

732 Caldwell Blvd Ste. C
Nampa ID 83651
Ph: 208-463-9228

Provides help finding a job in the community.

<http://www.iescustomstaffing.com/>

Hopes Door Shelter

702 E Chicago St.
Caldwell ID 83605
Ph: 208-459-6279

Helps women find job openings, create resumes & cover letters. Service specialist helps with dress for success and referrals meal planning for work. Services are free.

<https://aafvhope.org/>

**Labor Ready Temporary
Service**

10 W Franklin Rd.
Meridian ID 83642
Ph: 208-331-3606

After application process is complete, employee is asked to come into office at 6:00am if desiring employment.

Mon-Fri 5:30am-6:00pm, Sat 7:00am-11:00am Sun closed.

Application time & dates may vary-please call office for current application times.

Applicant will need 2 forms of i.d. such as a state photo i.d., social security card, certified

birth certificate, or passport. Spanish interpreters available.

<http://www.peopleready.com>

Mana Resources

923 Grant St.
Caldwell, ID 83605
123 N Yale St
Nampa ID 83651
Ph: 208-585-3375

Counseling services to children, youth, adults, couples, and families.

Independent living program with employment assistance, skills training to foster youth aging out of care, juveniles coming out of corrections, and other young adults ages 18-20 who are homeless or at risk of becoming homeless.

www.manoahana.org

**Treasure Valley Special
Programs**

650 W State St Rm 150
Boise, ID 83720
Ph: 208-327-7017

Services provided for adolescents with disabilities to enhance their living through employment and community enrichment. This program is state and federally funded.

www.vr.idaho.gov

PREGNANCY, PARENTING, & FAMILY

**Baby Haven Salvation Army
Caldwell**

1015 East Chicago

Caldwell, ID 83605

Ph: 208-459-2011

Income based program for families who are either expecting a child or have a child under 24 months old. Resources for infants including formula, diapers, clothing, etc. after achieving certain goals. Educational opportunities for various topics, including nutrition and budgeting. English/Spanish.
<http://caldwell.salvationarmy.org/caldwell/baby-haven/>

Caldwell School District Early Childhood Intervention Program

1502 Fillmore St.

Caldwell, ID 83605

Ph: 208-455-3300

Program for developmentally delayed children 3 to 4 years old. Testing available. Contact local school district.
www.sd132.k12.id.us

Casey Family Program

6441 Emerald St.

Boise, ID 83704

Ph: 208-377-1771

Toll free: 888-581-3275

Services and Support to Kinship Families-Relatives other than the parents Who Are Caring for Children under Age 18. Services available in Nampa, Caldwell, Greenleaf, Wilder, Homedale and Marsing. Assistance with Legal, Financial, Mental Health, and Educational Needs for the child/children being cared for. Information, education, and resources available for Kinship Family members. English/Spanish.

<https://www.casey.org/idaho/>

Catholic Charities of Idaho

7255 W Franklin Rd

Boise, ID 83719

Ph: 208-345-6031

Counseling, mental health, crisis, pregnancy and/or single parent support, parenting education, youth and school retention programs, immigration legal assistance, Hispanic outreach services, and domestic violence immigration program. Also a domestic violence immigration program. English/Spanish.
<http://ccidaho.org/>

Children's Mental Health Department of Health and Welfare

Ph: 1-800-926-2588 or 211

The Idaho Parent Network for Children's Mental Health offers resources created by parents who have children with a mental health diagnosis.
www.healthandwelfare.idaho.gov

Community Council of Idaho-Head Start

22730 Farmway Rd. Ste. 112
Caldwell, ID 83605

Ph: 208-459-6536

Toll Free: 1-800-787-7863

Migrant & seasonal worker year round head start program. ESL classes also available for parents of students. Some additional resources available.
http://communitycouncilofidaho.org/head_start

St. Luke's Birth, Parenting, and Community Education

Ph: 208-381-1510

Classes offered for many different areas of life from birthing, parenting, adolescent, babysitting, dating, puberty, and other classes offered to those in the community. Classes do vary on fees but there is a scholarship available for all classes. Different classes are available at different times. A list of classes being offered and fees can be found on the website.

<https://www.stlukesonline.org/communities-and-locations/find-classes-and-events>

Hopes Door Shelter

Caldwell, ID 83605

Ph: 208-459-6279

Services vary based upon needs but services are offered to women and children who are battered and/or sexually abused. Substance use disorder. Education, basic necessities, vouchers, and referrals to other resources are provided by a service specialist. Services are free.
<https://aafvhope.org/>

Idaho Parents Unlimited

4619 Emerald St.

Boise, ID 83706

Ph: 208-342- 5884

Service provided to parents and children with disabilities through education, therapy, counseling, job development, and rehabilitation services.
www.ipulidaho.org

La Leche League

Ph: 1-877-452-532

Services provided from mothers and for mothers with support, encouragement and information for breast feeding. www.illusa.org

Lifeline Pregnancy Care Center

1323 12th Ave. S

Nampa, ID 83651

Ph: 208-466-4000

Free pregnancy testing and counseling. Baby and maternity clothes, other baby items. Referrals for adoption, medical care, and social services if needed. Abortion recovery assistance and abstinence programs. Emotional support and friendship in time of need. All services are free and confidential. 24 Hour Care-line. *TEXT-208-615-1053* www.lifelinepcc.org

Nurse Family Partnership at Southwest District Health

13307 Miami Lane

Caldwell ID 83607

Ph: 208-455-5433

This is a free voluntary program for first-time moms that provide you with a nurse until your baby is 2 years old. Any woman who is pregnant with her first child, meets low-income requirement and live in Canyon County can enroll in the program.

www.phd3.idaho.gov

Parents as Teachers at Southwest District Health

13307 Miami Lane

Caldwell ID 83607

Ph: 208-455-5325

www.phd3.idaho.gov

Planned Parenthood

2112 E Franklin Rd

Meridian ID 83642

Ph: 800-769-0045

Birth Control, general health care, HIV services, Pregnancy testing and STD testing and treatment & vaccines and Men & Women health services.

www.plannedparenthood.org

Solace House

4481 N Dresden PL

Garden City ID 83714

Provides a therapeutic setting for victims to receive emergency shelter and residential care for victims of human trafficking.

www.idahoatc.org

HOTLINES

Boys Town Hotline

800-448-3000

The Boys Hotline is open 24 hours a day, 365 a year, and is staffed by specially trained Boys Town counselors

www.boystown.org

Child Help

Not a reporting agency

Ph: 1-800-422-4453

To talk to a counselor on the phone.

Idaho Suicide Prevention Hotline

Call, Text or Crisis Chat 208-398-HELP (4357)

www.idahosuicideprevention.org/chat

Intermountain Hospital

Ph: 208-377-8400

Open 24 hours a day, seven days a week for risk assessments. Ages 12 and older.

www.intermountainhospital.com

NAMI Helpline

800-950-6264 or TEXT NAMI to 741741

National Alliance on Mental Illness

www.nami.org

National Hotline on Domestic Violence

Ph: 800-799-7233

A toll-free service that provides information and assistance to victims of Use Disorder. www.thehotline.org

National Runaway Safeline

800-RUNAWAY (786-2929)

Text: 66008

WWW.1800RUNAWAY.ORG

National Sexual Assault Hotline:

Ph: 1-800-656-HOPE (4673)

A toll-free, confidential service available 24/7 for victims of sexual assault.

www.rainn.org

National Suicide Prevention Lifeline:

Ph: 800-273-8255

Women and Children's Alliance

720 W Washington St

Boise ID 83702

24-hour Domestic Violence Hotline Ph: 208-343-3688

24-hour Sexual Assault
Hotline *Ph: 208-345-7273*
Provides comprehensive
supportive services to women
and children victimized by
physical and sexual violence.
www.wcaboise.org

The Trevor Project
(LGBTQ/Youth)
Ph: 866-488-7386