

Canyon County Self Rescue Manual
A guide to community resources and supports
in Region 3.

Please email updates/feedback/information
to: selfrescue@phd3.idaho.gov



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CLOTHING & FURNITURE

Love, Inc.

16470 N Franklin Blvd
Nampa, ID 83687
Ph: 208-466-7810 ext. 5
Requests are taken via the telephone and an application process, resources for furniture, bedding, adult, teen, and children's clothing. Mon- Fri 9:30am to 1:00pm

Clothing Shed – Lakeview Church of the Nazarene

Pastor Gretchin
Ph: 208-466-0112

IMSI Hope Community Phase II

963 S Orchard Suite 101
Boise ID *Ph: 208-629-8861*
Clothing voucher/housing /employment/bus passes for those out of incarceration.
www.imsihopecommunityphaseii.com

St. Vincent DePaul-Our Lady of Guadalupe Food Pantry

2920 E Railroad St
Nampa, ID 83687
Ph: 208-442-4452
Tues/Thur 3:00pm to 5:00pm

Seventh Day Adventist Community Services

2216 E Linden St
Caldwell, ID 83605
Ph: 208-454-3549
Clothing and food resources upon availability.
Mon 10:00am-12:30pm
Tues 2:30pm-5pm
Caldwell residents only.

Seventh Day Adventist Community Services

1515 Checola
Nampa, ID 83686
Ph: 208-461-1651
Clothing and food resources, once per month.
Wed 12:00pm-4:00pm
Nampa residents only. Photo id required. Must bring proof of Nampa residence (not id).

Lighthouse Rescue Mission

304 16th Ave N
Nampa, ID 83687
Ph: 208-461-5030
www.boiserm.org
Open and staffed 24/7. Emergency shelter and drug/alcohol recovery program. 3 meals/day for residents and men, women, and children in the area

Deseret Industries

619 S Canyon St
Nampa, ID 83686
Ph: 208-498-0569
Services provided to any student in the Nampa school district. School clothing, shoes, belts. Can call directly or speak with school counselor.

Our Lady of the Valley Outreach

3719 E Cleveland Blvd
Caldwell, ID 83605
Ph: 208-454-2132
Located inside St. Vincent's.
Store hours: Mon-Sat 9:00am-6:00pm
Store Food bank: Wed 2:00pm-5:00pm
Helpline *Ph: 208-919-2940*
Spanish *Ph: 208-571-2160*

Helpline available 24/7; will get a response within 24-48 hours (rent, utilities, clothing, furniture, household items)

COMMUNITY MEALS

Lighthouse Rescue Mission

304 16th Ave N
Nampa, ID 83651
Ph: 208-461-5030
Serves 3 Meals a Day for residents and the community. Breakfast Mon-Sat 6:30am, Sun 8:00am; Lunch Mon-Sat 12:00pm, Sun 1:00pm; Dinner Mon-Sun 7:00 pm
www.boiserm.org

Salvation Army-Nampa

403 12th Ave S
Nampa, ID 83651
Ph: 208-467-6586
Serve 2 meals a day M-F; Breakfast 8am, Lunch 11:30am.
www.nampa.salvationarmy.org

COUNSELING & MENTAL HEALTH

A New Beginning Wellness Center

8660 W Emerald, Ste 142
Boise ID 83704
Office hrs: 9-5 Mon – Thurs
Evening appts available to schedule call 208-939-3865
Counseling, Peer Support, and Family Support, TBRI Trainings. Accept Medicaid &

Private Insurance.
www.anbwellnesscenter.org

Ability Health and Rehabilitation

10101 W Overland Rd #110
Boise, ID 83709
Ph: 208-333-9578
Fax: 208-333-9582 Peer support services, medical management, CBRS, case management, counseling. Medicaid and private insurance.

Abundant Serenity LLC

925 Main St Ste A
Meridian, ID 83642
Ph: 208-918-0380
Email:
wendyperez@abundantserenity.com

Hrs: Tuesday – Thursdays
8am to 7pm.
Medicaid/private insurance/Medicare/EAP. Counseling for postpartum, prenatal, infants, family, parenting, children, adolescents and adults. Trauma and attachment-informed, behavioral health and substance abuse. Evidence-based programs used.

www.abundantserenitywp.com

About Balance Mental Health

6550 Emerald St Ste 108
Boise, ID 83704
Ph: 208-342-6300
Mon-Fri, 9:00am-5:00pm, Fri 9:00am-3:00pm in summer. Counseling, med management, CBRS, case management, peer support. Accepts Medicaid and sliding

scale fee with a minimum of \$50 for Therapy and \$61 for Med Management.
www.aboutbalance.net/

Acacia Wellness Center

217 W Georgia Ave
Nampa, ID 83686
Ph: 208-498-1760
Crisis: 208-914-3053
Mon 9:00am-8:00pm (6-8pm for walk-ins)
Tue 9:00am-6:00pm
Closed Tues/Thur from 11:00am-1:00pm
Wed 9:00am-7:00pm
Thurs 9:00am-6:00pm
Friday 9:00am-5pm
Evening appointments available upon request. Private pay/Medicaid/private insurance/sliding scale
Mental health, CBRS, case management, med management, peer support, substance abuse groups, individual therapy.
www.acaciawellness.org

Access Behavioral Health Services

3307 Caldwell Blvd Ste 102
Nampa, ID, 83651
Ph: 208-465-4833
Mon-Fri 8:00am-5:00pm
Walk in appointments available on a limited basis. Medicaid/private insurance/Medicare/MMCP/sliding scale/EAP. Counseling, case management, CBRS, developmental therapy for children and adults, peer support, substance abuse groups, individual therapy, med management.

Emergency walk in clinic for medication on Fri.
www.accessbhs.com

Access Living

690 S Industry Way, Ste 45
Meridian, ID 83642
Ph: (208)922-2207
Mon-Fri, 9-6
Counseling, CBRS, Child Development Therapy, Adult Day Treatment, Med Management, Case Management. Medicaid, Sliding Scale, most insurances.
accesslivingllc.com

Advocates Against Family Violence-Hope's Door

1508 Hope Ln, Ste 102
Caldwell, ID 83605
Ph: 208-459-4779
24/7 Crisis Hotline Toll Free: 1-877-459-4779
Domestic violence and sexual assault shelter, sexual assault response team, court advocacy, groups/classes, counseling, safe and sober housing, childcare center, teen outreach program, rural outreach program.
www.aafvhope.org

Alliance Family Services

6003 W Overland Rd
Boise, ID 83709
Ph: 208-922-6538
Med management, psychotherapy, CBRS, case management, peer support, psychotherapy groups, company employee and family assistance programs, and substance abuse services. Accepts most insurances, Medicaid, Medicare, Blue

Cross, United Behavioral Health, workman's comp, private pay, BPA, and Tricare. <http://www.alliancefamilyservices.net/home.html>

All Seasons Mental Health

1007 W Orchard
Nampa, ID 83651
Ph: 208-461-2838
General medicine, family practice, psychiatric care, psychological testing and diagnostics, counseling, bereavement, med management, community based care, supported living, developmental therapy, benefits assistance, CBRS, physicals, wellness checks, specialist referrals, healthy connections referrals, case management, interpretive services offered for many different languages. Blue Cross, Blue Shield, United, ID Physicians Network, Aetna, Medicaid, Medicare, sliding scale. www.asmh.org

All Together Now

2995 N Cole Rd, Ste 270
Boise, ID 83704
Stonegate Plaza
Ph: 208-336-4504
Med management, CBRS, counseling, rehabilitation services, case management. Private pay, sliding scale, and most insurances accepted. www.alltogether-now.com

Alpine Behavioral Health

8590 W. Fairview Ave
Boise ID 83704
Ph: 208-672- 0260

Psychotherapy, Case Management, CBRS, Payee Services, Med management, Conflict Resolution/ Mediation. Interpreters available. Medicaid, Medicare, private pay, sliding scale, most insurances accepted. www.alpinebehavioralhealth.com

Altis Counseling Associates, LLC

912 12th Ave South, Ste 104
Nampa ID 83686
410 S Orchard St
Boise ID 83705
Ph: 208-751-0478
Hours: Nampa 9am to 7pm Tue, Fri and Sat and Boise 9am to 7pm Mon-Fri. Provides specialized treatment for adolescents and adults with unhealthy sexual behaviors with ATSA and SOMB certified counselors. Also provide psychosexual evaluations throughout Idaho. Counselors: Hillary Raptosh, LPC; Merridith Manning, LMFT; Shelly Osborne, LCPC emails: hilary@altiscounseling.com; shelly@altiscounseling.com; merridith@altiscounseling.com

Alturas Counseling, LLC

5185 W Overland Rd
Boise ID 83705
Ph: 208-991-0225
Counseling for individuals, couples, family, children, adolescences, elderly, development disabilities, refugees, and military.

Most insurances, Medicaid, Medicare, and Tricare. <http://alturascounseling.com>

Ambitions of Idaho

1031 W. Sanetta St
Nampa, ID 83651
Ph: 208-466-7443
Mon-Fri 9:00am-5:00pm
CBRS, anger management, faith based counseling, diagnostic interviews, EMDR, grief counseling, life/success coaching, counseling, case management, support/education, residential habilitation, behavior consultation, med management, nursing services, A&D waiver/PCS services representative, and payee services. 24 Hour Crisis Intervention Ph: 208-794-2379
Medicaid/ Medicare/private pay/private insurance/sliding scale/pro bono. Bilingual available.

Ascent Behavioral Health

366 SW 5th Ave, Ste 100
Meridian ID 83642
Ph: 208-898-9755
Text: 208-352-6563
Hours: Mon-Fri 9:00am-6:00pm
<http://www.ascentbhs.org>

Ashwood Recovery

847 Park Centre Way Ste 7
Nampa ID 83651
Ph: 208-318-0220
Outpatient mental health and substance abuse treatment
Ages 12 – 17 Free assessments. www.ashwoodrecovery.com

Aspire Assessments and Health Resources

16 12th Ave S. Ste 201
Nampa ID 83651
Ph: 208-921-1024

Aspire Professional Counseling Services

14880 Alkmaar St
Caldwell, ID 83607
Ph: 208-585-3062
Tues 9:00am-9:00pm
Crime victim comp/private insurance/EAP.
Early childhood trauma, marriage counseling, family therapy, children and adults. EMDR certified.

Aura Counseling and Wellness, LLC

1224 1st St S Suite 306
Nampa, ID 83651
Ph: 208-463-4639
Offer mental health and substance abuse disorder services including: assessments, case management, individual, family, and couples' therapy, group counseling, anger management, parenting classes and drug testing. We accept BPA funding, Medicaid, private insurance, and utilize a sliding fee scale.
www.auracounseling.com

Beyond The Yellow Ribbon Counseling Services

4250 Cessna St Bldg 270
Boise ID 83705
Ph: 208-272-8393
Family Svcs: 800-479-7006
Crisis Hotline: 208-860-0189
Provides services to all military branches, veterans, family members and retirees.

Stress and coping with change, work-life balance, anxiety/depression, anger mgmt., conflict resolution, crisis counseling. Please call to schedule an appointment.

Brighter Future Health

316 12th Ave Rd
Nampa, ID, 83686
Ph: 208-461-1300
Mon- Fri 9:00am-5:00pm
Evening appointments available upon request.
Medicaid/Medicare/private pay/sliding scale.
Mental health services for adults and children, CBRS, case management, med management.
Interpreters available.
www.brighterfuturehealth.com

Canyon Counseling Center

718 S 7th Ave
Caldwell ID 83605
Ph: 208-454-1576
Individual and family therapy, adolescent and children therapy (ages 7+).
Mon-Thur 9:00am-6:00pm
Crime victim comp/private insurance.
www.canyoncounselingcenter.com

Canyon Clinic Wellness

524 Cleveland Blvd, Ste 140
Caldwell, ID 83605
Ph: 208-453-5151
Services offered to clients who need help during a recovery process. Classes offered for taking next steps, stress management and tobacco cessation.
www.canyonwellness.org

Carol Collins Counseling

1909 S 10th Ave
Caldwell ID 83605
Ph: 208-454-3825
Individual therapy, family therapy, marriage counseling
Private insurance only.

CenterPointe, Inc.

915 Park Center Way, Ste 7
Nampa, ID 83651
Ph: 208-442-7791
Mon- Thur 9:00am-6:00pm
Fri 8:00am-5:00pm
Medicaid/ private pay/ Blue Cross. Individual therapy, family therapy, CBRS, med management. Ages 4-18.
www.centerpointeinc.com

Children's Therapy Place

5640 E. Franklin Rd, Ste 180
Nampa, ID 83687
Ph: 208-323-8888
Speech/language therapy, occupational therapy, physical therapy, teletherapy, developmental therapy, service coordination, academic tutoring.
Hours vary per appointment.
Medicaid/Tri-Care/Private Insurance.
<http://childrenstherapyplace.com/>

Dennis Augustus Counseling

17329 Colt Dr
Caldwell, ID 83607
Ph: 208-459-8088
Mon- Fri 8:00am-8:00pm
Crime victim comp/private insurance/EAP.
Abuse recovery, drug and alcohol counseling, mental health (anxiety, depression), marriage counseling, stress management.

Diane Kruse

1214 12th Ave S
Nampa, ID, 83651
Ph: 208-466-2666
Mon- Thur
Crime victim comp/
EAP/private insurance.
Mental health counseling for
adults.

**Empowering Choices
Counseling**

104 9th Ave S, Ste B1
Nampa, ID 83651
Ph: 208-803-0883
Tele-therapy available for
anybody residing in Idaho.
Accept major insurance
companies, EAP, Medicaid,
and self-pay. Individual
counseling for mental health
& addiction issues. Provide
DUI evaluations and GAIN
assessments.

**Family Counseling of Nampa-
E. Fred Snow**

1214 12th Ave S
Nampa, ID 83651
Ph: 208-468-0902
EAP/ private insurance.
Family and marriage
counseling.

**Family Medicine Health
Center**

215 E Hawaii Ave Floor 1
Nampa ID 83686
Medicaid, Medicare, sliding
fee program. Beginning of life
through end of life care.
Women's health, chronic
disease management, Hep C,
HIV, mental health services,
and more. Community health
workers and certified
enrollment counselors.
<http://www.fmridaho.org.patients>

**Families ETC (Education,
Training, and Counseling**

516 Holly St 3rd Floor
Nampa, ID 83686
A counseling clinic that
provides low cost individual,
child/adolescent, couple and
family counseling. We do not
bill insurance; our services
are low cost and provided on
a sliding scale between \$10 -
\$60 per session. Appts are
available Mon – Thurs
between 9AM – 9PM. *Ph:*
208-467-8837. Visit
www.familiesetcnampa.com

Four Rivers Mental Health

1605 Kimball Ave
Caldwell, ID 83605
Ph: 208-454-2766
Mon-Thur 9:00am-3:00pm
Eating disorders, drug and
alcohol counseling, mental
health. Bilingual.
Medicaid/Blue Shield/private
pay. www.fourriversmh.com

**Healing Scars Counseling
Center**

324 Caldwell Blvd, Ste G
Nampa, ID, 83651
Ph: 208-467-9044
Private insurance/Crime
victim comp/EAP.
Bilingual.

**Healthy Transitions for Girls,
LLC**

1015 Caldwell Blvd #18
Nampa, ID 83651
Ph: 541-417-0837
peggy@healthytransitionsforgirls.com
Group and Individual
counseling for girls and
woman. A 12-week ,

strength-based prevention
program to help girls develop
positive body image in the
critical window of ages 8 to
14 when their bodies are
changing.
www.healthytransitionsforgirls.com

Hudson Counseling

1909 S 10th Ave
Caldwell, ID 83605
Ph: 208-228-0301
Mon-Thur 10:00am-7:00pm
Private insurance/EAP.
Anxiety, depression,
individual and couples'
therapy for teenagers and
adults

**Human Supports of Idaho,
Inc.**

314 Badiola St
Caldwell, ID 83605
Ph: 208-454-8389
CBRS, case management,
individual counseling, family
and child counseling, group
therapy, peer support, med
mgmt., SUD services
(outpatient and intensive
outpatient) and payee
service. Most insurances
accepted including Medicaid
and Medicare; some sliding
fee and pro bono services
available.
www.humansupports.com

Idaho Behavioral Health

524 South 9th St, Ste 103
Caldwell, ID 83605
Ph: 208-454-2144
CBRS, case management,
counseling, group therapy,
psychological testing, med
management. Telehealth
services provided to rural

areas. Medicaid/Private Insurance/sliding fee.
www.idahobehavior.com

Idaho Behavioral Health-Nampa

1811 E Karcher Rd
Nampa ID 83687
Ph: 208-505-4419

Idaho Youth Ranch Family Services

7025 W Emerald
Boise, ID 83704
Ph: 208-972-0863
Provides outpatient individual, group and family therapies to kids and families struggling with trauma.

Life Counseling Center

112 12th Ave Rd
Nampa, ID 83686
Ph: 208-465-5433
Mon- Thur 9:00am-6:00pm
Fri 8:00am-5:00pm
Private insurance/Medicaid/EAP.
Family and couples counseling, individual therapy, med management.

Lifeways in Caldwell

2609 S 10th Ave, Ste 102
Caldwell ID 83605
Ph: 208 454-2766
Services include mental health assessments, SUD/DUI evaluations; GAIN assessments, SUD/MRT groups, individual, child, family & couple's therapy, Play therapy, substance use disorder evaluation, classes & victim impact panels, EMDR, psychiatric medication subscribing, case management, telehealth,

SOAR-SSI/SSDI outreach access and recovery
www.lifeways.org

Lifeways in Nampa

824 S Diamond St
Nampa ID 83686
Ph: 208 546-3046
www.lifeways.org

Mana Resources

923 Grant St
Caldwell, ID 83605
Ph: 208-585-3375
Counseling services to children, youth, adults, couples and families.
Medicaid/Private Insurance.
www.manaohana.org

Montgomery Counseling Center

323 12th Ave
Nampa, ID, 83686
Ph: 208-463-0212
Mon- Fri 8:00am-5:00 pm
Individual therapy, couples and family counseling, GAIN Assessments.
Private insurance/EAP/Medicaid.
www.montgomerycounselingcenter.com

Mountain States Chemical Dependency & Counseling Services, Inc.

1305 2nd St S, Ste 201
Nampa, ID 83651
Ph: 208-463-0202
Mon-Thur 9:00am- 5:00pm
Alcohol/drug education, relapse prevention, DUI class, anger management, recovery groups, individual counseling services.

Nampa Family Justice Center

1305 3rd St S
Nampa, ID 83686
Ph: 208-475-5702
Crisis counseling, domestic violence, sexual abuse, family therapy, individual therapy, group therapy, parenting, play therapy.
Private insurance/Medicaid/ Crime victim comp.
www.nampafamilyjusticecenter.org

A New Leaf

2548 N Stokesberry Pl
Meridian, ID 83646
Ph: 208-939-3888
Habilitative intervention supports, therapy, med management, and residential habilitation.
www.anewleaf.info/

Nurturing Hope & Healing, LLC

1105 2nd Street South, Suite 100
Nampa ID 83651
Ph: 208-922-7554
Rebekah Rene Stearns, MA, LPC. Provides individual and couples counseling. Sliding fee scale available.
www.nurturinghopeandhealingcounseling.org

Pioneer Health Resources-Nampa

204 10th Ave S
Nampa, ID 83651
Ph: 208- 466-2229
Mon-Fri 8:00am-5:00pm
Open later for group programs.
CBRS, case management, psychotherapy, med management, chemical dependency programs, outpatient & intensive

outpatient group therapy. Interpreters available for non-English speaking clients. Medicaid/private insurance/sliding scale fees. www.pioneerhealthresources.com

Pioneer Health Resources-Caldwell

1305 S Kimball
Caldwell, ID 83605
Ph: 208- 459-1039
Mon-Fri 8:00am-5:00pm
Open later for group programs. CBRS, case management, psychotherapy, med management, chemical dependency programs, outpatient & intensive outpatient group therapy. Interpreters available for non-English speaking clients. Medicaid/private insurance/sliding scale fees. www.pioneerhealthresources.com

Recovery 4 Life – Behavioral Health

709 Dearborn St
Caldwell, ID 83605
Ph: 208-376-7083
Offers mental health to include mediation mgmt. and outpatient substance use disorder treatment with recovery support services (case management, drug testing, recovery coaching, peer support, transportation and referrals to safe and sober housing). Accepts state funding, Medicaid, insurance EAP programs, credit cards, and self-pay on a sliding scale. Adults and adolescents. Service in Boise and Caldwell. www.recovery4lifeidaho.com

Refuge Counseling Center-Nampa

4144 E Amity Ave
Nampa, ID 83687
Ph: 208-465-4985
Individual counseling, couples/marital counseling, family counseling, premarital counseling, referral and consultation services. EAP/sliding scale/ partnerships whereas churches and ministries may help with cost. <http://refugecounseling.com/>

Refuge Counseling Center-Meridian

3023 E Copper Point Ste 105
Meridian, ID 83642
Ph: 208-465-4985
Individual counseling, couples/marital counseling, family counseling, premarital counseling, referral and consultation services. EAP/sliding scale/ partnerships whereas churches and ministries may help with cost. <http://refugecounseling.com/>

Region III Mental Health

3402 Franklin Rd
Caldwell ID 83605
Ph: 208-459-0092
Adult and Children’s services – crisis services, medication management, and individual counseling. Sliding Fee.

Serenity Now Counseling Services

430 W Iowa Ave Ste B
Nampa, ID 83686
Ph: 208-867-9329
Accepts sliding scale and insurance.

www.serenitynowes.com

Shannon Sorini, LCSW

1909 10th Ave
Caldwell, ID 83605
Ph: 208-409-7286
Individual therapy, family therapy, trauma-focused for children and adults. Crime victim comp/private insurance/EAP. www.shannonsorini.com

S.T.A.R.R. Family Behavioral Health

1108 W Finch Dr
Nampa ID
Ph: 208-466-3900
8100 W Emerald St, Ste 150
Boise ID
Ph: 208-908-6399
Mental health evaluations, individual counseling, family counseling, play therapy, early childhood trauma, couples/mental counseling, addiction therapy, trauma-focused for children and adult, domestic violence children and adults, parenting ed, CBRS, case mgmt., med mgmt., children’s respite care, crisis response, referral and consultation services. Medicaid/Medicare, all major insurances; sliding scale. www.starrfbh.com

Stellar Mental Health & Mediation

3904 E Flamingo
Nampa, ID 83687
Ph: 208-639-1514
Counseling, CBRS, case management, payee services, groups, mediation, parenting coordination. www.stellaridaho.com

Still Waters Behavioral Health

305 Cornell St
Middleton, ID 83644
Ph: 208-614-0550
Individual counseling for adults, adolescents, children, couples counseling, family counseling, premarital counseling. EAPs/sliding scale based on income. Evening appointments available. Visit www.stillwatersbh.com

Strive Counseling

5700 E Franklin Rd, Ste 220E
Nampa, ID 83687
Ph: 208-936-1097
Mon- Fri 8:00am-6:00pm
Individual therapy, couple and family counseling, domestic violence victim therapy, sexual abuse victim therapy, trauma, stress, parenting.
Private insurance/EAP/sliding scale/Medicare.

Terry Reilly Nampa 1st Clinic – Medical, Dental, Behavioral Health, and Urgent Care

207 1st Street S
Nampa, ID 83651
Ph: 208-466-7869
Services: Behavioral health assessments, individual, couples and family counseling, support and therapy groups, case management, psychiatric medication management. We accept private insurance, Medicaid, Medicare, and sliding fee scale based on income.
www.trhs.org

Terry Reilly Nampa 16th Clinic

223 16th Avenue N
Nampa ID 83687
Ph: 208-318-2100

Terry Reilly Arlington Clinic

2005 Arlington Ave
Caldwell ID 83605
Ph: 208-459-1025

Terry Reilly Middleton Clinic

201 S Paradise Ave
Middleton ID 83644
Ph: 208-585-0048

Terry Reilly Melba Clinic

150 2nd St
Melba ID 83641
Ph: 208-495-1011

TRHS- SANE Solutions

Victim Treatment

211 16th Ave N
Nampa, ID, 83687
Ph: 208-467-7654
Services: Survivors counseling, child abuse counseling, personal safety classes, protective parenting classes, family counseling. insurance/Medicaid/sliding scale/EAP. Bilingual.

TRHS- SANE Solutions

Offenders Treatment

1504 3rd Street N
Nampa ID 83687
Ph: 208-345-1170
Services: Offenders counseling, group counseling, juvenile sex offender risk assessment, batterers treatment. insurance/Medicaid/sliding scale/EAP. Bilingual.

Webb Psychological Clinic Institute

408 22nd Ave S
Nampa, ID 83651
Ph: 208-466-8267
Mon-Fri 9:00am-5:00pm
Individual therapy (children and adult), marriage and family therapy, psychological assessments.
Crime victim comp/private insurance/EAP.

Wholeness Counseling & Trauma Healing

1015 Caldwell Blvd
Nampa, ID 83651
Ph: 208-353-4173
Mon-Fri 10:00am-7:00pm;
Sat by appointment
PTSD, sexual abuse, domestic violence, grief, adults, couples, family, Christian counseling. Ages 16+ only. Private insurance/private pay/EAP.
www.mikaylaforrest.com

**CRISIS
RESOURCES &
HOTLINES**

A New Beginning Pregnancy Help

8660 W. Emerald St., Suite 142
Boise, ID 83704
Ph: 208-985-5617
Free pregnancy tests and free options counseling.
Community resource referrals.
admin@adoptanewbeginning.org
www.adoptanewbeginning.org/pregnancy

Advocates Against Family Violence-Hope's Door

1508 Hope Ln, Ste 102
Caldwell, ID 83605
Ph: 208-459-4779

24/7 Crisis Hotline Toll Free:
1-877-459-4779

Domestic violence and sexual assault shelter, sexual assault response team, court advocacy, groups/classes, counseling, safe and sober housing, childcare center, teen outreach program, rural outreach program.
www.aafvhope.org

Boys Town-National Hotline-Suicide & Crisis

Ph: 1-800-448-1833

Toll Free: 1-800-448-3000

24-hour, nationwide, short-term crisis intervention hotline. Main focus is children and families, but serves anyone with any problem. Will provide referral to local agencies in the United States, Canada, Guam, and The Virgin Islands. 402-498-1300.
www.boystown.org

Covenant House Nineline

Toll Free: 1-800-999-9999

24/7. Provides crisis intervention to homeless, runaway, and other troubled youth and their families throughout the United States. All calls are serviced regardless of age and situation.

<https://teenlineonline.org/yy/p/covenant-house-nineline/>

Idaho CareLine

Ph: 2-1-1 or 800-926-2588

A free, statewide comprehensive community

information and referral service.

Idaho Domestic Violence Hotline

Ph: 1-800-669-3176

Provides information and assistance to victims of domestic violence.

Idaho Suicide Prevention Hotline Text or Call

Ph: 208-398-4357

Mothers Against Drunk Driving (MADD)

Ph: 877-623-3435

A national, toll-free 24/hr. hotline for victims of drunk driving.

National Hotline on Domestic Violence

Ph: 800-799-7233

A toll-free service that provides information and assistance to victims of abuse.

National Sexual Assault Hotline:

Ph: 1-800-656-HOPE (4673)

A toll-free, confidential service available 24/7 for victims of sexual assault.

National Suicide Prevention Lifeline & Veteran's Crisis Line

Ph: 800-273-8255

Parents of Murdered Children (POMC)

Ph: 888-818-POMC (7662)

A national organization to assist those who have lost a loved one.

The Trevor Project (LGBTQ/Youth)

Ph: 866-488-7386

Women and Children's Alliance

24-hour Domestic Violence

Hotline *Ph: 208-343-7025*

24-hour Rape Crisis Hotline

Ph: 208-345-7273

Provides comprehensive supportive services to women and children victimized by physical and sexual violence.

DENTAL

Terry Reilly Canyon Dental

11136 Moss Ln

Nampa, ID 83651

Ph: 208-466-0515

Dental exams and cleaning, X-ray, fillings, crowns and bridges, dentures and partials, extractions, including wisdom teeth, root canal therapy, minor oral surgery, diabetes oral health care, pre-natal oral health care, pediatric oral health care. We accept private insurance, CHIP, Medicaid, and offer a sliding fee scale based on income.

Terry Reilly Homedale Dental

8 N. 2nd St W

Homedale, ID 83628

Ph: 208-337-6101

Dental exams and cleaning, x-ray, fillings, crowns and bridges, dentures and partials, extractions, including wisdom teeth, root canal therapy, minor oral surgery, diabetes oral health care, and pre-natal oral health care.

We accept private insurance, CHIP, Medicaid, and offer a sliding fee scale based on income.

Terry Reilly Melba Clinic

150 2nd St

Melba, ID 83641

Ph: 208-495-1011

Dental exams and cleaning, x-ray, fillings, crowns and bridges, dentures and partials, extractions, including wisdom teeth, root canal therapy, minor oral surgery, diabetes oral health care, and prenatal oral health care.

We accept private insurance, CHIP, Medicaid, and offer a sliding fee scale based on income.

Terry Reilly Nampa 1st Clinic

207 1st Street S

Nampa ID 83651

Ph: 208-466-7869

Dental exams and cleaning, x-ray, fillings, crowns and bridges, dentures and partials, extractions, including wisdom teeth, root canal therapy, minor oral surgery, diabetes oral health care, and pre-natal oral health care. Limited incomes may qualify for reduced fees.

Terry Reilly Dental-Middleton

201 Paradise Ave

Middleton, ID 83644

Ph: 208 585-0048

Dental exams and cleaning, x-ray, fillings, crowns and bridges, dentures and partials, extractions, including wisdom teeth, root canal therapy, minor oral surgery, diabetes oral health care, and

pre-natal oral health care. Limited incomes may qualify for reduced fees.

Valley Family Health Care-Payette Medical and Dental Clinics

1441 NE 10th Ave

Payette, ID 83661

Ph: 208-642-9376

Provides assistance and allows low income access to overall dental and health care.

EDUCATION

Adult Education:

CWI Community College

Through the Adult Campus on Caldwell BVLD – Organized through Department of Health and Welfare
Contact your local office.
Program through Workforce Investment Act, (WIA).

Stevens-Henager College

16819 N Marketplace Blvd

Nampa, ID 83687

Ph: 208-466-2251

<https://www.stevenshenager.edu/locations/nampa>

Trio

322 E Front St, Ste 190

Boise, ID 83702

Ph: 866-624-9925

or 208-364-9925

<https://educationalopportunitycenter.wordpress.com/>

Treasure Valley West #710

1018 W. Sanetta St

Nampa, ID 83651

Ph: 208-465-8414

Western Idaho Community Action Partnership - WICAP

Ph: 208-454-0675

Toll Free: 1-877-270-9086

Employment and training services. www.wicap.org

*Most online charter schools offer a program for free GED

SCHOOL PROGRAMS & SCHOOL SUPPLIES

Computers for Kids, Inc.

8540 W Elisa St

Boise ID, 83709

Ph: 208-345-0346

9:00am-4:00pm

Distributes refurbished computers to underprivileged Idaho children for their home use. www.cfkid.org

Big Brothers Big Sisters of Southwest Idaho

110 N 27th St

Boise, ID 83702

Ph: 208-377-2552

One-to-one mentoring relationships intended to help children reach their full potential. Vision is a successful mentoring relationship for all children who need and want one, contributing to brighter futures, better schools, and stronger communities for all. Serving all of southwest ID. www.bbbsidaho.org

**Caldwell School District -
Early Childhood Intervention
Program**

1502 Fillmore St
Caldwell, ID 83605
Ph: 208-455-3300
Program for developmentally
delayed children 3 to 4 years
old. Testing available. Contact
local school district.
www.sd132.k12.id.us

**Community Council of Idaho-
Head Start**

22730 Farmway Rd, Ste 112
Caldwell, ID 83605
Ph: 208-459-6536
Toll Free: 1-800-787-7863
Migrant & seasonal worker
year round head start
program. ESL classes also
available for parents of
students. Some additional
resources available.
http://communitycouncilofidaho.org/head_start

**Computer Lab-South Middle
School, Nampa**

229 W Greenhurst Rd
Nampa, ID 83686
Ph: 208- 468-4740
Mon/Tues/ Thur nights
5:30pm-7:30pm during the
school year, excluding non-
school days. Computer lab is
open to the public. The lab
will also have a printer
available that charges 10
cents per one-sided copy
(cash or coin only).
www.south.nsd131.org/

**Advocates Against Family
Violence - Hope Ln. Learning
Center**

1508 Hope Ln

Caldwell, ID 83605
Ph: 208-459-6330

Daycare/preschool Located in
Caldwell. Located Near Van
Buren Elementary and Head
Start Bus Stops. Offers
preschool, meals, arts and
crafts weekly, after school
program ICCP accepted.

Tutoring at Farmway

22730 Farmway Rd
Caldwell, ID 83605
Ph: 208-455-3300
Tutoring for migrant children
who need assistance with
learning English and with
school work.
Mon-Fri 3:45pm-4:45pm

The Mentoring Network, Inc.

Nampa, ID 83653
Ph: 208-880-1690
School based individual
mentoring for grades 1-8
provided on a weekly basis by
trained volunteers. In the
Nampa & Caldwell school
districts. Supervision and
support provided by program
director.
www.MentoringNetworkID.org

Online School Options:

**Another Choice Virtual
Charter School**

1014 W Hemingway Blvd
Nampa, ID 83651
Ph: 208-475-4255
Free online schooling, grades
K-12. Visit website for
additional information.
www.anotherchoicecharter.org

**AFTER SCHOOL
PROGRAMS:**

Treasure Valley YMCA

3720 S Indiana Ave
Caldwell, ID 83605
Ph: 208-454-9622
Financial reduced prices
based on home income
levels/family size. There is
also an after school/
homework help program
found on the website with
direct busing from the
schools.
<http://www.ymcatvidaho.org/membership/financial-assistance/>

Nampa Recreational Facility

131 Constitution Way
Nampa, ID 83686
Ph: 208-468-5777
They sponsor several families
each month with
requirements for monthly
attendance. Contact the
membership coordinator for
additional information. Sign
up is required prior to a
certain day each month for
monthly evaluation.

Boys and Girls Club Nampa

316 Stampede Dr
Nampa, ID 83687
Ph: 208-461-7203
Cost is \$20 a year. Busing can
occur directly from school but
then parents must pick up
children on time. Limited
space available.

Caldwell School District

21st Century after school
Director: Kathleen Vadapalli
Ph: 466-6586 Ext. 209

Homework help for clients with difficulty learning. Salvation Army after school program. Can also purchase monthly memberships. For grant applications email kvadapalli@caldwellschools.org

Salvation Army-Nampa

403 12th Ave S
Nampa, ID 83651
Ph: 208-467-6586
After school program M-F 3pm-6pm, it's low cost and ICCP is accepted. Contact Jennifer Hatch. We have a summer day camp program open from 7am-6pm M-F starting the week after school lets out and ending the week before school begins.
www.nampa.salvationarmy.org

EMPLOYMENT & CASUAL LABOR

Administrative and Light Industrial

101 S Capitol Blvd, Ste 501
Boise, ID 83702
Ph: 208-375-9930
Temporary work hire, short and long term, clerical, accounting, light industrial available. Must complete application, safety test, pre-employment drug screen & background check. Must provide 2 work references & i.d. that proves legally able to work in the U.S. Paid weekly. Usually \$8 - \$14 per hour. Must speak basic English.
<http://www.volt.com/>

Community Council of Idaho

317 Happy Day
Caldwell, ID 83607
Ph: 208-454-8604
Free services provided to migrant or farm working families and individuals that need help integrating into the working field. Services include education and training based on skills needed to gain employment.
www.communitycouncilofidaho.org

Idaho Department of Labor-Caldwell-WIA

4514 Thomas Jefferson St
Caldwell, ID
Ph: 208-364-7781
Services provided to those in the community who need training resource to obtain employment. This is a program is state and federally funded for adults, dislocated workers, low-income workers and youth.
www.labor.idaho.gov

Idaho Department of Labor-Boise-WIA

317 W Main St
Boise, ID 83735
Ph: 208-332-3575
Services provided to those in the community who need training resource to obtain employment. This is a program is state and federally funded for adults, dislocated workers, low-income workers and youth.
www.labor.idaho.gov

Elwood Staffing-Boise

8708 Fairview Ave
Boise, ID 83704

Ph: 208-327-1000
Helps find employment in warehouses, manufacturing/production, construction, clerical, etc.
www.elwoodjobs.com

Elwood Staffing-Nampa

2585 Caldwell Blvd, Ste 103
Nampa, ID 83651
Ph: 208-468-7899
Helps find employment in warehouses, manufacturing/production, construction, clerical, etc.
www.elwoodjobs.com

Intelligent Employment Solutions

732 Caldwell Blvd, Ste C
Nampa, ID 83651
Ph: 208-463-9228
Provides help finding a job in the community.
<http://www.iescustomstaffing.com/>

Hopes Door Shelter

702 E Chicago St
Caldwell, ID 83605
Ph: 208-459-6279
Helps women find job openings, create resumes & cover letters. Service specialist helps with dress for success referrals meal planning for work. Services are free. <https://aafvhope.org/>

Labor Finders

Resources based online—no office in local area.
Ph: 208-442-7713
<http://laborfinders.com>

Labor Ready Temporary Service

10 W Franklin Rd
Meridian, ID 83642

Ph: 208-331-3606

After application process is complete, employee is asked to come into office at 6:00am if desiring employment. Mon-Fri 6:00am-5:30pm, Sat 7:00am-10:00am and 5:00pm-6:00pm, Sun closed. Application time & dates may vary-please call office for current application times. Applicant will need 2 forms of i.d. such as a state photo i.d., social security card, certified birth certificate, or passport. Spanish interpreters available. <http://www.laborready.com/>

Pro People Staffing Services

703 2nd St S
Nampa ID
Ph: 208-463-8552
Temporary employment. Applications taken Mon-Fri 9:00am-2:00pm. Need 1-2 hours to complete application or online. Dress nicely for interview process. Free training & skills testing. Temp to hire based on work. Pay averages \$8-\$10 per hour. <http://propeoplestaffing.com>

Elmwood Staffing

2585 Caldwell Blvd, Ste 103
Nampa, ID 83651
Ph: 208-468-7899 (Nampa)
Ph: 208-327-1000 (Boise)
Clerical, skilled trades, production & technical work, and labor work available. Temp to hire based on work. Pay averages \$8-10/hour.

Treasure Valley West #710

1018 W. Sanetta St
Nampa, ID 83651
Ph: 208-465-8414

Services provided for those with adults disabilities to enhance their living through employment and community enrichment. This is program is state and federally funded. www.vr.idaho.gov

Witco

3919 E Ustick Rd
Caldwell, ID 83605
Ph: 208-454-3051
Services for children and adults with disabilities to increase their potential for independent living, including teaching skills and job coaching. Services can be provided for those with array of insurances as well as Medicaid, Medicare, and Blue Cross. www.witcoinc.net

Working Solutions (Easter Seals)

1613 Park Centre Way
Nampa, ID 83651
Ph: 208-466-2671
For those referred by the Idaho Department of Health and Welfare. Services provided are for adults who need help with job preparation including job orientated classes, workforce development, and resources to obtain a job (i.e. clothing and transportation). www.easterseals.com

FINANCIAL & UTILITY ASSISTANCE

Heat/Electric: Navigators-with children only

823 Park Centre Way
Nampa, ID 83651
Ph: 1-800-926-2588
Must contact through 211 by requesting a call back from the navigators.

St. Vincent DePaul

2920 E Railroad St
Nampa ID
Ph: 208-442-4452
Tues/Thur 3:00pm-5:00pm

Salvation Army-Nampa

403 12th Ave S
Nampa, ID 83651
Ph: 208-467-6586
www.nampa.salvationarmy.org

Salvation Army-Caldwell

1015 East Chicago St
Caldwell, ID 83605
Ph: 208-467-6586
www.nampa.salvationarmy.org

Western Idaho Community Action Partnership - WICAP

502 Main St
Caldwell, ID 83605
Ph: 208-454-0675
Toll free: 1-877-270-9086
Provides energy assistance when funding is available. Mon-Fri 8:00am-5:00pm, closed 12:00-1:00pm
Service available once per year, or if emergency shut off when medical equipment present
www.wicap.org

Phone:

Assurance Telephone Lifeline
Ph: 888-321-5880

**Idaho Telecommunications
Service Assistance Program**

Contact local DH&W—
<http://healthandwelfare.idaho.gov/ContactUs/Region3/tabid/227/Default.aspx>

Miscellaneous:

St. Clare's Outreach Program

3719 E Cleveland Blvd
Caldwell, ID 83605
Ph: 208-454-2132
Wed 2:00pm-4:00pm
Utility assistance; must bring photo ID and utility bill. Caldwell residents only.

**Our Lady of the Valley
Outreach**

3719 E Cleveland Blvd
Caldwell, ID 83605
Ph: 208 454-2132
Located inside St. Vincent De Paul. Wed 2:00pm-4:00pm
Must go in person; no assistance over the phone. Maximum of \$50 to be used towards power, heating, and prescriptions paid directly to utility company or pharmacy. Must have i.d. with matching address as bill.

**Nampa Family Justice
Center-Elder Abuse**

1305 3rd St S
Nampa, ID 83651
Ph: 208-475-5702
Must be 50 years of age or older, have experienced abuse, neglect or exploitation at the hands of an intimate partner, spouse, family member, caregiver, or trusted other.

FOOD PANTRIES

Caldwell:

St. Clare's Food Bank

3719 E Cleveland Blvd
Caldwell, ID 83605
Ph: 208-454-2132

Located inside St. Vincent De Paul. Wed 2:00pm-5:00pm

Metro Community Services

4307 Skyway St
Caldwell, ID 83605
Ph: 208-459-0063
Food Pantry open Mondays, Wednesdays and Thursdays from 9am to 1pm

New Life Celebration Church

1201 Arthur St
Caldwell, ID 83605
Ph: 208-454-1758

The Salvation Army

1015 East Chicago St
Caldwell, ID 83605
Ph: 208-459-2011
Tues/Wed/Thur 1:00pm-3:30pm

World Harvest Food Pantry

803 Main St
Caldwell, ID 83605
Ph: 208-284-4411
Open the Third Saturday of every month 10am- noon

Oasis

615 16th Ave S
Caldwell, ID 83605
Ph: 208-459-6000
Wed 12:00pm-2:00pm with lunch, Thur 4:00-6:00pm

**Seventh Day Adventist
Community Services-
Caldwell**

2216 East Linden St
Caldwell, ID 83605
Ph: 208-454-3549
Mon 10:00am-12:30pm, Tues 3:30pm-6:00pm
Closed on major holidays.

**Western Idaho Community
Action Partnership-WICAP**

502 Main St
Caldwell, ID 83605
Ph: 208-454-0675
Toll free: 1-877-270-9086
Mon-Fri 8:00am-5:00pm,
Closed 12:00-1:00pm
Food Pantry hours
Mon/Tues/Fri 8:00am-5:00pm, Closed 12:00-1:00pm
Can use once per month.
www.wicap.org

**Greenleaf, Middleton:
Greenleaf Friends Church**

20535 Academy Rd
Greenleaf, ID 83626
Ph: 208-459-3896

Middleton Food bank

6 E 1st St N
Middleton, ID 83644
Ph: 208-585-6634
Mon/Wed/Fri 12:30pm-1:30pm. Must call for appointment.

Nampa:

Harvest Life Church

11437 Orchard Ave
Nampa, ID 83651
Ph: 208-465-7327
Wed 7:00pm, Sun 8:45am, 10:30am, 12:30pm
Must attend a service before food is given.

Nampa Spanish Seventh Day Church

323 11th Ave S
Nampa, ID 83651
Ph: 208-921-3027
Tues/Thur 1:00-4:00pm

Nazarene Care House

1524 6th St S
Nampa, ID 83651
Ph: 208-466-3549
Tuesdays, Thursdays, and
Sat 12:30pm - 4:00pm

Seventh-day Adventist Community Services

1515 Chicola
Nampa ID, 83651
Ph: 208-461-1651
Wed 12:00pm-4:00pm

St. Vincent DePaul

2920 E Railroad St
Nampa, ID 83687
Ph: 208-442-4452
Tues/Thur 3:00pm-5:00pm

Storehouse Outreach

303 10th Ave N
Nampa, ID 83687
Ph: 208-570-9729
Home Delivery for shut-ins
and seniors.

12 Baskets Food Pantry

11220 Lone Star Rd
Nampa, ID 83651
Ph: 208-546-5896
Mon/Fri 12:00pm-2:00pm
<http://foodbank.vcfnapampa.com/>

HOUSING ASSISTANCE

Advocates Against Family Violence

1508 Hope Ln
Caldwell, ID 83605
Ph: 208-459-6330

Autumn Gold

813 E Fargo Ave
Nampa, ID 83687
Ph: 208-461-7789
Help with housing programs
including down payments and
closing costs.
<http://www.autumngold.org/>

Boise VA Medical Center Homeless Veterans Program

Provides services to Veterans
who are homeless or almost
homeless.
Ph: 208-422-1039

Caldwell Housing Authority

22730 Farmway Rd
Caldwell, ID 83607
Ph: 208-459-2232
<http://chaidaho.org/>

The Jesse Tree of Idaho

16 12th Ave So, Ste 114
Nampa, ID 83651
Ph: 208-941-3188
Hours: 10am to 2pm Fridays

SICHA

377 Cornell St
Middleton, ID 83644
Ph: 208-585-9325
<http://www.sicha.org/Public/HousingAuthorityRentals/>

Nampa Housing Authority

211 19th Ave N
Nampa, ID 83687
Ph: 208-466-2601
<http://nampahousing.com/>

The Salvation Army Community Family Shelter

1412 4th St S

Nampa, ID 83651
Ph: 208-467-6586
We are open M-F 8am-1pm
for showers and laundry at
our shelter facility and open
for Emergency housing during
winter months (Dec-Feb).
Must go through approval
process for admittance.
www.nampa.salvationarmy.org

Salvation Army-Nampa

403 12th Ave S
Nampa, ID 83651
Ph: 208-467-6586
School supplies: We sign up
kids beginning of August who
are in need of school supplies
to start school. Dates may
vary.
www.nampa.salvationarmy.org

Salvation Army-Caldwell

1023 E Chicago St
Caldwell, ID 83605
Ph: 208-459-2011
<http://www.salvationarmy.org/>

Navigator-Health & Welfare (if children present):

823 Park Centre Way
Nampa, ID 83651
Ph: 1-800-926-2588
Must contact through 211
care line.
<http://healthandwelfare.idaho.gov/ContactUs/Region3/NampaOffice/tabid/715/Default.aspx>

Idaho Inc:

4110 Eaton Way
Caldwell, ID 83607
Ph: 208-455-9463

Caldwell/Vallivue/ Nampa Resource Coordinator- Homeless Liaison:

5207 S Montana Ave
Caldwell, ID 83607
Ph: 208-454-0445
Contact the district office for
contact information.

C.A.T.C.H. of Canyon County

16 12th Ave, Ste 114
Nampa, ID 83651
Ph: 208-442-5300

A referral must be generated
from a caseworker at one of
the shelters; direct contact is
not possible.

<http://www.catchprogram.org/>
Email: info@catchprogram.org

Mana Resources

923 Grant St
Caldwell, ID 83605
Ph: 208-585-3375

Housing, employment
assistance, and IL skills.
Training to foster youth aging
out of care, juveniles coming
out corrections, and other
young adults ages 18-20 who
are homeless or at risk of
becoming homeless.
www.manoohana.org

**PATH-Project for Assistance
in Transition from
Homelessness**

Ph: 208-608-3766
or 208-336-5533 Ext. 276
Assistance to individuals who
are currently homeless or at
risk for becoming homeless.
<https://www.benefits.gov/benefits/benefit-details/728>

**Idaho Department of Health
and Welfare Website**

Located on the Idaho
Department of Health and
Welfare website, under the
providers tabs there is lists

created by the department
that allow one to see what
kind of different housing
options are available in the
community.
<http://www.healthandwelfare.idaho.gov/Providers/tabid/284/Default.aspx>

**Living Independence
Network Corp**

1609 S Kimball Ste. 201
Caldwell, ID 83605
Ph: 208-454-5511

Referral service for disabled,
connecting people to
independence.
canyoninfo@lincidaho.org
info@lincidaho.org

LEGAL ASSISTANCE

Advocates for the Disabled

222 8th Ave S
Nampa, ID 83651
Ph: 208-461-4210
By appointment only.
<http://www.shelldisability.com/>

**Area 3 Senior Services
Agency**

701 S Allen St Ste 100
Meridian, ID 83642
Ph: 208-991-5629
<https://aging.idaho.gov/>

**Canyon County Courthouse-
Court Assistance Office**

1115 Albany St, Ste 334
Caldwell, ID 83605
Ph: 208-454-7455
Mon/Wed/Thur/Fri
9:00am-3:30pm
Closed 12:00-1:00pm
Legal Forms Workshop

Every Tues @ Canyon County
Courthouse, 9:30am-4:00pm
Call for more information and
registration.

Email: cao@canyonco.org
www.courtselfhelp.idaho.gov

CASA

120 S 9th Ave
Caldwell, ID 83605
Ph: 208- 454-9167 Ext. 1012
Volunteers are appointed by
the courts to advocate and
represent abused and
neglected children in the
court system.
<http://www.strongandsafe.org/>

**Concordia University Housing
Clinic**

Ph: 208-639-5422
Concordia Law's Housing
Clinic takes new clients from
September-November and
February-April. Call or email
to sign up.
lawclinic@cu-portland.edu
<http://law.cu-portland.edu/community-engagement/housing-clinic-legal-representation>

**Concordia University St. Law
Clinic**

Boise Public Library
715 S Capitol Blvd
Boise, ID 83702
Ph: 208-972-8200
The 2nd and 4th Mon every
month 4:30-6:00pm
<http://law.cu-portland.edu/academics/experiential-learning/clinics>

**Idaho State Bar Association
& Idaho Law Foundation**

Attorney Referral Service
Ph: 208-334-4500

A referral is free. The attorneys in the Lawyer Referral Service have agreed to charge \$35 for an initial 30-minute consultation.

https://isb.idaho.gov/general/fin_dattorney.html

Intermountain Fair Housing Council

5460 W Franklin Rd
Boise, ID 83705

Ph: 208-383-0695

<http://www.ifhcidaho.org/>

Nampa Family Justice Center- victims of abuse

1305 3rd St

Nampa, ID 83651

Ph: 208-475-5702

<http://www.nampafamilyjusticecenter.org/190/Family-Justice-Center>

Legal Aid

1104 Blaine

Caldwell, ID 83606

Ph: 877-500-2980

or 208-454-2591

www.idaholegalaid.org

Port of Hope

508 E Florida Ave

Nampa, ID 83686

Ph: 208-463-0118

<http://www.courtselfhelp.idaho.gov/>

State Attorney General Criminal Victim Witness Coordinator

Ph: 208-334-4547

or 888-334-4547

victimcoordinator@ag.idaho.gov

http://www.ag.idaho.gov/victimAssistance/victimAssistance_index.html

University of Idaho Tax Clinic

Ph: 208-364-4074

If you would like more information about the Tax Clinic, or if you would like the Tax Clinic to consider representing you in a controversy with the IRS, please contact Barbara Lock in Boise. block@uidaho.edu
<https://www.uidaho.edu/law/academics/practical-skills/clinics/low-income-tax>

MEDICAL ASSISTANCE

Canyon County Community Clinic

524 Cleveland Blvd, Ste 110
Caldwell, ID 83605

Ph: 208-455-1143

Clinic offered to those on a non-emergency basis with current medical conditions. Clients that are eligible for service have no insurance, meet income guidelines, and must be a Canyon County resident.

<http://www.canyon-clinic.org/>

Canyon County Indigent Fund

Canyon County Courthouse
1115 Albany St

Caldwell, ID 83605

Ph: 208-454-7419

Family Medicine Health Center

215 E Hawaii Ave

Nampa, ID 83686

Medicaid, Medicare, sliding fee, private ins. Beginning of life through and end of life care. Women's Health,

Chronic Disease Management, Hep C, HIV, mental health and more. Community Health Worker and Certified Enrollment Counselors.

Ph: 208-514-2529

<https://www.fmridaho.org/patients/>

Genesis Community Health

215 W 35th St

Garden City, ID 83714

Ph: 208-384-5200

Idaho Crime Victims

Compensation Program

208-334-6080 or toll-free statewide at 800-950-2110.

Provides financial assistance to crime victims who are injured as the result of criminally injurious conduct. Boise and surrounding area.

<http://genesiscommunityhealth.com/>

Nampa Family Justice Center-Elder Abuse

Address: 1305 3rd St So

Nampa, ID 83651

Ph: 208-475-5702

Must be 50 years of age or older; have experienced abuse, neglect or exploitation at the hands of an intimate partner, spouse, family member, caregiver or trusted other. Emergency funding for prescription medication assistance, eye glass assistance, transportation assistance, referrals for counseling, support groups and possible legal aid to support establishing safety.

<http://www.nampafamilyjusticecenter.org/899/Elder-Abuse-What-is-it-How-Can-I-Help>

**Our Lady of the Valley
Outreach**

3719 E Cleveland Blvd
Caldwell, ID 83605
Ph: 208-454-2132
Located inside St. Vincent
DePaul. Maximum of \$50 to
be used towards
prescriptions paid directly to
the pharmacy.
Wed 2:00pm-4:00pm
Must go in person; no
assistance over the phone.

**Southwest District Health-
Communicable Disease
Prevention**

13307 Miami Ln
Caldwell, ID 83605
Ph: 208-455-5362
Surveillance, investigation,
and counseling to control the
spread of disease. Provides
reporting according to Idaho
code. <http://www.swdh.org/>

**Southwest District Health-
HIV/AIDS-Sexually
Transmitted Disease Services**

13307 Miami Ln
Caldwell, ID 83605
Ph: 208-455-5345
Testing, counseling, and
education to prevent the
spread of disease.
STD/HIV/AIDS Prevention.
[http://www.swdh.org/clinical-
services.asp](http://www.swdh.org/clinical-services.asp)

Terry Reilly Nampa 1st Clinic

207 1st Street S
Nampa ID 83651
Ph: 208-466-7869
Services: Urgent Care
(Nampa 1st Only), child &
adolescent health, adult &
senior health, women's

health, prenatal & OB care,
immunizations, chronic &
disease management,
pharmacy, laboratory, x-ray.

Terry Reilly Nampa 16th Clinic

223 16th Avenue N
Nampa, ID 83687
Ph: 208-318-2100

Terry Reilly Arlington Clinic

2005 Arlington Ave
Caldwell ID 83605
Ph: 208-459-1025

Terry Reilly Middleton Clinic

201 S Paradise Ave
Middleton ID 83644
Ph: 208-585-0048

Terry Reilly Melba Clinic

150 2nd St
Melba ID 83641
Ph: 208-495-1011

MEDICAL RESOURCES

**Treasure Valley Wheelchair
Resources**

DAV
500 W Fort St.
Boise, ID 83705
Ph: 208-429-2140
Older Veterans Assistance
Program (OVAP)

DME Loaners
2906 S 10th Street
Caldwell, ID 83605
Ph: 208-316-1529 for Mike
Ph: 208-965-5654 for Jack
Brothers Mike and Jack Rogers
repair and loan durable medical
equipment.

Gordon Souza with Vietnam
Veterans of America

Ph: 208-459-2134
Email: gordysouza@gmail.com
Repairs and provides motorized
and manual wheelchairs in the
Caldwell area.

Hands of Hope NW
1201 S. Powerline Road
Nampa, ID 83651
Ph: 208-461-1473
Loan durable medical equipment
to area residents after surgery or
to the elderly.

Heroes on Wheels
134 E. Main Street
Rexburg, ID 83340
Ph: 208-359-6249
Providing Veteran mobility one
chair at a time

Idaho Assistive Technology
322 E. Front Street
Boise ID 83704
Ph: 208-364-4564
Loaning and receiving donations
of used medical equipment.

Knights of Columbus – Nampa
Council
Ph: 208-871-2480 for Joseph
Dunn
Repair and loan of
wheelchairs.

LINC (Living Independence
Network Corp)
1878 W. Overland Rd
Boise, ID 83706
Ph: 208-336-3335
703 S. Kimball Ave
Caldwell, ID 83605
208-454-5511
1182 Eastland Drive N.
Twin Falls, ID 83301
Ph: 208-733-1712
Offering tools and advocacy
to support people
maintaining independent
living.

Veterans Mobility Corporation
2052 Jennie Lee Drive, Suite 1
Idaho Falls, ID 83274
Ph: 208-541-4809
Provides veterans and their spouses or children with motorized wheelchairs at no cost

Vets for Success Thrift Store
10321 Fairview Ave
Boise, ID 83704
Ph: 208-322 6536
Provides durable medical equipment and household goods for Veterans in need.

St Vincent de Paul Thrift Store
4308 W. State St
Boise, ID 83705
Ph: 208-853-4921
Will loan wheel chairs and other durable medical equipment

PREGNANCY, PARENTING, & FAMILY

A New Beginning Adoption Agency & Pregnancy Help
8660 W. Emerald St, Suite 142
Boise, ID 83704
Ph: 208-939-3665
Free tests and free pregnancy options counseling, open and semi-open adoption planning, assistance with medical, legal and living expenses. On-going counseling with licensed professional counselor after pregnancy, online support group,

mentorship, monthly support group events around the Treasure Valley and annual events. Community resource referrals.

Email:
admin@adoptanewbeginning.org
www.adoptanewbeginning.org/pregnancy

Baby Haven - Salvation Army Caldwell

1015 E Chicago
Caldwell, ID 83605
Ph: 208-459-2011
Income based program for families who are either expecting a child or have a child under 24 months old. Resources for infants including formula, diapers, clothing, etc. after achieving certain goals. Educational opportunities for various topics, including nutrition and budgeting. English/Spanish.
<http://caldwell.salvationarmy.org/caldwell/baby-haven/>

<https://www.stlukesonline.org/communities-and-locations/find-classes-and-events>

Boise Parks and Recreation

150 N Capitol Blvd
Boise, ID 83702
Ph: 208-384-4422
Boise Parks and Recreation provides activities and classes for youth and adults in a variety of topics. Price varies but scholarships are available for those who qualify.
<http://parks.cityofboise.org/>

Casey Family Program
6441 Emerald St

Boise, ID 83704
Ph: 208-377-1771
Toll free: 888-581-3275
Services and Support to Kinship Families-Relatives other than the parents Who Are Caring for Children under Age 18. Services available in Nampa, Caldwell, Greenleaf, Wilder, Homedale and Marsing. Assistance with Legal, Financial, Mental Health, and Educational Needs for the child/children being cared for. Information, education, and resources available for Kinship Family members. English/Spanish.
<https://www.casey.org/idaho/>

Catholic Charities of Idaho

7255 W Franklin Rd
Boise, ID 83719
Ph: 208-345-6031
Counseling, mental health, crisis, pregnancy and/or single parent support, parenting education, youth and school retention programs, immigration legal assistance, Hispanic outreach services, and domestic violence immigration program. Also a domestic violence immigration program. English/Spanish.
<http://ccidaho.org/>

Emmett Family Services

2031 E Quail Run
Emmett ID 83617
Ph: 208-365-2525

Hopes Door Shelter

Caldwell, ID 83605
Ph: 208-459-6279
Services vary based upon needs but services are offered

to women and children who are battered and/or sexually abused. Education, basic necessities, vouchers, and referrals to other resources are provided by a service specialist. Services are free. <https://aafvhope.org/>

Idaho Parents Unlimited

4619 Emerald St
Boise, ID 83706
Ph: 208-342- 5884

Service provided to parents and children with disabilities through education, therapy, counseling, job development, and rehabilitation services. www.ipulidaho.org

La Leche League

Ph: 1-877-452-532

Services provided from mothers and for mothers with support, encouragement and information for breast feeding. www.llusa.org

Lifeline Pregnancy Care Center

1323 12th Ave So
Nampa, ID 83651
Ph: 208-466-4000

Free pregnancy testing and counseling. Baby and maternity clothes, other baby items. Referrals For adoption, medical care, and social services. Abortion recovery assistance and abstinence programs. Emotional support and friendship in time of need. All services are free and confidential. 24 Hour Care-line. *TEXT-208-615-1053* www.lifelinepcc.org

Mana Resources

923 Grant St
Caldwell, ID 83605
Ph: 208-585-3375

Counseling services to children, youth, adults, couples, and families. Independent living program with employment assistance, skills training to foster youth aging out of care, juveniles coming out corrections, and other young adults ages 18-20 who are homeless or at risk of becoming homeless. www.manaohana.org

Payette Family Services

501 N 16th St, Ste 108
Payette ID 83661
Ph: 208-642-6160

PATHS Program

9167 W State St
Garden City, ID
Ph: 208-473- 2191
Services provided for higher needs foster children. Create and prepare foster families for children that will be placed in the home. Services provided are behavioral health, adoption, and family based services. Services are provided on a referrals basis from Department of Health and Welfare, Department of Juvenile Corrections, and Casey Family, as well as private pay. www.pathinc.org

St. Luke's Children's Programs

Ph: 208-381-1719
Car seat, pack n' play, and bike helmet assistance to families in need. We ask for a small money donation for car seats if able and no donation

is needed for Pack N' Plays or helmets.

Email: bryanj@slhs.org

St. Luke's-Birth, Parenting, and Community Education

Ph: 208-381-1510

Classes offered for many different areas of life from birthing, parenting, adolescent, babysitting, dating, puberty, and other classes offered to those in the community. Classes do vary on fees but there is a scholarship available for all classes. Different classes are available at different times. A list of classes being offered and fees can be found on the website.

Terry Reilly Nampa 1st Clinic – Medical, Dental, Behavioral Health and Urgent Care

207 1st St So
Nampa ID 83651
Ph: 208-466-7869

Terry Reilly Nampa 16th Clinic

223 16th Ave N
Nampa ID 83867
Ph: 208-467-7654

Terry Reilly Arlington Clinic

2005 Arlington Ave
Caldwell ID 83605
Ph: 208-459-1025

Terry Reilly Middleton Clinic

201 S Paradise Ave
Middleton, ID 83644
Ph: 208-585-0048

Terry Reilly Melba Clinic

150 2nd St
Melba ID 83641
Ph: 208-495-1011

YMCA

1050 W State St
Boise, ID 83702

Ph: 208-344-5501

The YMCA is an organization created to help youth, individuals, and families with development, healthy living, and social responsibility.

Services are provided through membership. Financial aid is available. Locations include Boise, Meridian and Caldwell.
<http://www.ymcatvidaho.org/>

YOUTH SERVICES

Big Brothers/Big Sisters

110 N 27th St

Boise, ID 83702

Ph: 208-337-2552

Free services provided to youth. The youth are mentored to help influence healthy lives.

<http://www.bbbsidaho.org/>

Boys and Girls Club

316 Stampede Dr

Nampa, ID 83687

Ph: 208-461-7203

Boys and Girls club provides support and services to the youth to help them reach their full potential as a productive, caring and responsible citizens.

<http://bgcnampa.org/>

Parenting with Love and Limits

450 W State St

Caldwell, ID 83605

Ph: 208-455-7016

Program through the Idaho Department of Health and Welfare that helps children from 10-17 years of age and their parent learn how to maintain a healthy relationship.

<https://www.gopll.com>

YMCA-Treasure Valley

3720 S Indiana Ave.

Caldwell, ID 83605

Ph: 208-454-9622

Services that develop youth, promote healthy living, and inspire social responsibility. Youth activities are for kids ages 6- 15.

<http://www.ymcatvidaho.org/>

SHELTERS & SHOWERS

Men Only

Lighthouse Shelter

304 16th Ave N

Nampa, ID 83687

Ph: 208-461-5030

No reservations.

www.boiserm.org/facilities/lighthouse/

River of Life Shelter

575 S 13th St

Boise, ID 83701

Ph: 208-389-9840

No reservations.

<https://boiserm.org/facilities/river-of-life/>

Hays House

7221 Poplar

Boise, ID 83704

Ph: 208-322-6687

Offers short-term residential care for homeless youth 9 –

17 and respite care for youth in crisis.

Hopes Door

Caldwell, ID 83605

Ph: 208-459-6330

For women and children victims of domestic violence.

24-hour crisis line available:

208-459-4779

<https://aafvhope.org/resources/hopes-door-shelter/>

Nampa School District 131

446 Lake Lowell

MV Office

Ph: 208-468-4601 Ext. 1161

Contact: Steffanie Altenbern

saltenbern@nsd131.org or

Mirella Garcia.

Provide resources and support for homeless students.

Valley Shelter

869 W Corporate Ln

Nampa, ID 83651

Ph: 208-475-0725

<https://boiserm.org/facilities/valley/>

Family

Hay's House-out of control children

7221 Poplar St

Boise, ID 83704

Ph: 208-322-6687

Emergency

Advocates Against Family Violence-Hope's Door

Caldwell, ID

Ph: 208-459-4779

24/7 crisis hotline, domestic violence and sexual assault shelter, safe and sober housing, childcare center,

teen outreach program, and rural outreach program.

www.aafvhope.org

Nampa Family Justice Center-Elder Abuse

1305 3rd St So
Nampa, ID 83651
Ph: 208-475-5702

For victims 50 years and older who have experienced abuse, neglect, or exploitation at the hands of an intimate partner, spouse, family member, caregiver, or trusted other.

<http://www.nampafamilyjusticecenter.org/899/Elder-Abuse-What-is-it-How-Can-I-Help>

Navigators-with children

823 Park Centre Way
Nampa, ID 83651

Ph: 1-800-926-2588

Must contact through 211 by requesting a call back from the navigators

SUBSTANCE ABUSE DISORDER TREATMENT

2nd Chances

1214 Logan
Caldwell, ID 83605
Ph: 208-455-8399

Offers adult male safe and sober housing. Accepts self-pay and insurance.

Acacia Wellness Center

217 W Georgia Ave
Nampa, ID 83686
Ph: 208-498-1760

Crisis: 208-914-3053

Mon 9:00am-8:00pm (6-8pm for walk-ins)

Tue 9:00am-6:00pm
Closed Tues/Thur from 11:00am-1:00pm

Wed 9:00am-7:00pm

Thurs 9:00am-6:00pm

Friday 9:00am-5pm

Private pay/ Medicaid/private insurance/sliding scale.

Mental health, CBRS, case management, med management, peer support, substance abuse groups, and individual therapy.

www.acaciawellness.org

Access Behavioral Health

3307 Caldwell Blvd
Nampa, ID 83651

Ph: 208-466-4637

Offers outpatient substance abuse treatment, case management, life skills, and alcohol/drug testing.

Accepts state funding; Medicaid, Medicare, insurance and voc rehab
Adults and adolescents.

<http://accessbhs.com/>

All Seasons Mental Health

1007 W Orchard Rd
Nampa, ID

Ph: 208-461-2838

Offers outpatient substance abuse treatment, case management, and alcohol/drug testing.

Accepts state funding and Medicaid. Adults.

asmh.org/

Ambitions of Idaho

1031 W Sanetta St
Nampa, ID 83651

Ph: 208-466-7443

524 Cleveland Blvd

Caldwell ID 83605

Ph: 208-454-2996

Offers outpatient substance abuse treatment, case management, and life skills.

Accepts state funding, Medicaid, private pay, Medicare, and other insurance. Adults and adolescents.

Ascent Behavioral Health

366 SW 5th Ave, Ste 100
Meridian, ID 83642

Ph: 208-898-9755

Text: 208-352-6563

Hours: Mon-Fri 9:00am-6:00pm

<http://www.ascentbhs.org>

A Fresh Start Recovery Services

1123 Blaine St
Caldwell, ID 83605

Ph: 208-459-9222

Offers outpatient substance abuse treatment, case management, life skills, alcohol/drug testing, and transportation. Accepts state funding, Medicaid, private insurance and self-pay.

Adults.

<http://www.freshstartrecoveryervices.com/>

Bell Counseling-Caldwell

2719 S Kimball Ave
Caldwell, ID 83605

Ph: 208-459-6557

Offers outpatient substance abuse treatment, case management, life skills, alcohol/drug testing, transportation, and child care. Accepts state funding, Medicaid, and private pay. Adults and adolescents.

Bell Counseling-White Sage

1208 E Linden
Caldwell, ID 83605
Ph: 208-454-1744
Offers adolescent residential treatment. Accepts state funding and private pay. Adolescent males only.

Bell Counseling-Payette

235 S Main St
Payette, ID 83661
Ph: 208-642-7364
Offers outpatient substance abuse treatment, case management, life skills, alcohol/drug testing, transportation, and child care. Accepts state funding, Medicaid, and private pay. Adults and adolescents.

Center for Behavioral Health

92 S Cole
Boise, ID
Ph: 208-376-5021
2275 S Eagle #190
Meridian ID
Ph: 208-288-0649
Mon-Fri 5:00am- 12:30pm
Sat 6am – 8am Private Pay
Methadone & Suboxone clinic for opiate use disorder, outpatient treatment for other addictions, domestic violence offender intervention program, anger management, anti-theft
www.centerforbehaviorhealth.com

Community Services Counseling

974 Corporate Ln, Ste 102
Nampa, ID 83651
Ph: 208-442-0024

Offers outpatient substance abuse treatment and case management. Accepts state funding. Adults.
<http://www.cscid.org/>

Cook & Tafoya Fisher Behavioral Health

16 12th St So, Ste 103
Nampa, ID 83651
Ph: 208-461-3720
Offers outpatient substance abuse treatment and life skills. Accepts state funding. Adults and adolescents.

Easter Seals-Goodwill Behavioral Health

510 Arthur St
Caldwell, ID 83605
Ph: 208-454-8555
Offers outpatient substance abuse treatment, case management, and life skills. Accepts state funding, Medicaid, and self-pay. Adults and adolescents.
<http://www.easterseals.com/esg/w/our-programs/medical-rehabilitation/adult-behavioral-health.html?referrer=https://www.google.com/>

Family Services Counseling Center

704 Albany St
Caldwell, ID 83605
Ph: 208-454-5133
Offers outpatient substance abuse treatment, case management, alcohol/drug testing, transportation, and child care (with parent on site). Accepts state funding, Medicaid, and self-pay. Adults and adolescents.

AAFV Hopes Door

720 N 16th Ave
Caldwell, ID 83605
Ph: 208-459-6279
Offers safe and sober housing. Accepts self-pay and state funding. Adult females and adolescents.
<https://aafvhope.org/resources/counseling/>

Human Supports of Idaho, Inc.

314 Badiola St
Caldwell ID 83605
Ph: 208-454-8389
4477 W Emerald Suite C100
Boise ID 83706
Ph: 208-321-0160
CBRS, case management, individual counseling, family and child counseling, group therapy, peer support, med mgmt., SUD services (outpatient and intensive outpatient) and payee service. Most insurances accepted including Medicaid and Medicare; some sliding fee and pro bono services available.
www.humansupports.com

Life Counseling

112 12th Ave
Nampa, ID 83686
Ph: 208-465-5433
Offers outpatient substance abuse treatment, case management, and life skills. Accepts state funding, private insurance, self-pay, Medicaid, and Medicare. Adults and adolescents.
<http://www.lccidaho.com/>

Lifeways Recovery Center

702 Sunset Dr
Ontario, OR 97914

Ph: 541-889-2490

Offers adult residential substance abuse treatment. Accepts state funding, Oregon health plan (OHP), Medicaid, Medicare, self-pay, and insurance. Adults.
<http://www.lifeways.org/locations/lifeways-recovery-center/>

**Lighthouse Rescue Mission-
The New Life Program**

304 16th Ave N
Nampa, ID 83687
Ph: 208-461-5030
Offers faith based drug and alcohol discipleship recovery program for one to two years. Free to participate.
<https://boiserm.org/services/addiction-recovery/>

Montgomery Counseling

323 12th Ave
Nampa, ID 83686
Ph: 208-463-0212
Offers outpatient substance abuse treatment. Accepts state funding, EAP, insurance, Medicaid, and self-pay. Adults and adolescents.
<http://www.montgomerycounselingcenter.com/>

**Mountain States Chemical
Dependency and Counseling
Services, Inc.**

1305 2nd St S, Ste 201
Nampa, ID 83686
Ph: 208-463-0202
Offers outpatient substance abuse treatment, case management, alcohol/drug testing, and life skills. Accepts state funding, Medicaid, and self-pay. Adults.

Peak Recovery

2423 S Georgia Ave
Caldwell, ID 83605
Ph: 208-455-1788
Offers outpatient substance abuse treatment, case management, and alcohol/drug testing. Accepts state funding, Medicaid, private insurance, and self-pay. Adults and adolescents.
<http://www.peakrecoveryllc.com/>

**Professional Counseling and
Recovery Support**

2 N Main St
Payette, ID 83661
Ph: 208-230-2989
Offers outpatient early intervention. Accepts self-pay. Adults.

Port of Hope Center

508 E Florida
Nampa, ID 83686
Ph: 208-463-0118
Offers detox and residential and outpatient substance abuse treatment. Case management, life skills, and alcohol/drug testing. Accepts state funding, self-pay, and Medicaid. Adults.
www.portofhopecenters.org

Recovery 4 Life

709 Dearborn St
Caldwell, ID 83605
Ph: 208-376-7083
Offers mental health to include mediation mgmt. and outpatient substance use disorder treatment with recovery support services (case management, drug testing, recovery coaching,

peer support, transportation and referrals to safe and sober housing). Accepts state funding, Medicaid, insurance EAP programs, credit cards, and self-pay on a sliding scale. Adults and adolescents. Service in Boise and Caldwell.
www.recovery4lifeidaho.com

Rising Sun Sober Living

516 S 6th Ave
Caldwell, ID 83605
Ph: 208-898-4668
Offers adult safe and sober housing. Accepts state funding, self-pay, and transitional funding. Adult males.
info@risingsunsoberliving.com
www.risingsunsoberliving.com

Rising Sun Sober Living

704 Belmont Ave
Caldwell, ID 83605
Ph: 208-898-4668

Rising Sun Sober Living

1704 Dearborn St
Caldwell, ID 83605
Ph: 208-898-4668

Rising Sun Sober Living

609 E Denver St
Caldwell, ID 83605
Ph: 208-898-4668

Rising Sun Sober Living

523 Everett St
Caldwell, ID 83605
Ph: 208-898-4668

Rising Sun Sober Living

1214 E Logan St
Caldwell ID 83605
Ph: 208-898-4668

**Rising Sun Sober Living-
Ash St**

310 W Ash St
Caldwell, ID 83605
Ph: 208-898-4668
Offers adult safe and sober
housing. Accepts state
funding, self-pay, and
transitional funding.
Adult females.
www.risingsunsoberliving.com/

SHIP

510 Elmwood Dr
Nampa, ID 83687
Ph: 208-297-8889
Offers adult safe and sober
housing, life skills, and
alcohol/drug testing.
Accepts state funding and
self-pay. Adults.
<http://shipinc.org/>

**Victory over Sin
IMSI Hope Community Phase**

II
963 S Orchard Ste 101 Boise
ID Tues – Wed @ 7pm Ph:
208-629-8861
[www.imsihopecommunityph
aseii.com](http://www.imsihopecommunityphaseii.com)

**RECOVERY
MEETINGS**

**Parma Wed Night Group-
The Lodge**

Corner of 2nd and E Grove
Ave. (HWY 20/26/95)
Alcoholics Anonymous class
offered every Wed at 7:00pm

Salvation Army-Nampa

403 12th Ave S
Nampa, ID 83651
Ph: 208-467-6586

AA meeting is held in our
building every Friday at 8pm,
open to anyone.
www.nampa.salvationarmy.org

**SUPPORT
GROUPS**

**A New Beginning Wellness
Center**

8660 W Emerald St, Suite 142
Boise, ID 83704
Ph: 208-939-3965
Foster Care/Foster-Adopt
Support Group. Foster
Care/Adoptive Parent support
group meets monthly and
Birth Mother Support group –
Connections. For women
who have chosen an adoption
plan for their babies or
children. Online support
group, monthly meetings
throughout the Treasure
Valley and annual events.
Mentorship and
compassionate support.
[admin@adoptanewbeginning
.org](mailto:admin@adoptanewbeginning.org)

Boise Moms Group

Ph: 208-991-0534
Support group created for
moms in Boise and
surrounding areas. The group
is to offer mother to mother
support. Annual fee of \$10.
[http://boisemomsgroup.my-
free.website/](http://boisemomsgroup.my-free.website/)

Compassus Hospice

Bereavement/Grief Support
Group
680 S Progress Ave
Meridian, ID 83642
Ph: 208-895-8686

Thursdays 1:00 pm
Bereavement Coordinator:
Jay Ralphs

Hopes Door Shelter

Caldwell, ID 83605
Ph: 208-459-6279
Hopes door offers a variety of
support groups for women
including self-esteem,
parenting and family (Spanish
and English), personal
finances, and golden voice
(50+). Women only, except for
men's safety planning support
group. Services are free.
[https://aafvhope.org/resources/
adult-education/](https://aafvhope.org/resources/adult-education/)

Idaho Youth M.O.V.E

1703 3rd St
Nampa, ID, 83687
Ph: 208-433-8845
Idaho Youth M.O.V.E is a
support group for adolescents
who have mental health
issues.
[http://idahofederation.org/idah
oyouthmove/](http://idahofederation.org/idahoyouthmove/)

NAMI Connection

4696 W Overland, Ste 272
Boise, ID 83705
Ph: 208-376-4304
[http://www.namiboise.org/supp
ort.html](http://www.namiboise.org/support.html)

**NAMI Family and Friends
Support Group (Boise)***

El-Ada Program Building
2250 S Vista Ave
Boise, ID 83705
1st. 2nd & 3rd. Wed of each
month. The 4th Wed. will be
an Education night. 7:00 pm-
8:30 pm
[http://www.namiboise.org/supp
ort.html](http://www.namiboise.org/support.html)

NAMI Family and Friends

Support Group (Nampa)

First United Methodist Church
2717 12th Ave
Nampa, ID 8368
Ph: 208-376-4304
Thur 6:30pm-8:00pm
<http://www.namiboise.org/support.html>

NAMI Connection Recovery Support Groups-Boise-Open to all with mental illness

VA Medical Center
500 West Fort St. Bldg. 114
Ph: 208-376-4304
Tues 1:00 pm-2:30 pm
<http://www.namiboise.org/support.html>

Omega Health Services

5985 W State St
Boise, ID 83703
<http://omegahealthservices.com>

DBSA Support Groups- Depression and Bipolar Support Alliance-takes all mental illnesses

Ph: 208-949-6759
Contact: Diana Howard
Email:
dbsatreasurvalley@yahoo.com
<http://www.dbsalliance.org/>

Idaho Federation of Families for Children's Mental Health

704 N 7th St
Boise, ID 83702
Ph: 208-433-8845
Email:
cshotton@idahofederation.org
<http://idahofederation.org/>

St. Luke's Living Through Cancer Support Group

St. Luke's MSTI
308 E Hawaii Ave

Nampa, ID 83686

Ph: 208-463-6009

This ongoing support program welcomes people with cancer and their loved ones. Share your challenges and discuss topics that influence health and well-being. Every Thur.

Jefferson St. Counseling Co-Dependency Education and Support

1517 W Jefferson St
Boise, ID 83702
Ph: 208-473-2283
Support group for education and support through the recovery of codependency. Women are typically able to attend and men will be waitlisted. Support group meets weekly on Thur from 9:15am-10:45am and 5:00pm-6:30pm
<http://jeffersonstreetcounseling.com/services/codependency/>

The Compassionate Friends

St. Luke's Hospital-West
520 S Eagle Rd
Boise, ID 83642
Ph: 208-409-4660
Support group offered to families after a child passes. The support group is held on the 2nd Thur of every month at 7:15pm. Group is free.
<http://www.tcfboise.org/index.html>
Alzheimer's Idaho, Inc. Support Groups
13601 W. McMillan Ste 249
Boise, ID 83713
Ph: 208-914-4719
<http://www.alzid.org/support/>

Overland Court Alzheimer's Support Group

Overland Court Senior Living
10172 Smoke Ranch Dr
Boise, ID 83709

Ph: 208-322-2900

Contact person: Jenny
Email: overlanddsm@isllc.com
<http://overlandcourtseniorliving.com/support-group/>

Emerson House-Families, Caregivers, & those Grieving

8250 W Marigold
Garden City, ID 83714
Ph: 208-377-3177

Parents Anonymous-Support Group

Parent-led group where parents and caregivers can freely share their questions, concerns, problems, and solutions about parenting in a safe, nonjudgmental, supportive atmosphere.
[http://www.strongandsafe.org/our-programs-\(2\)/parents-anonymous](http://www.strongandsafe.org/our-programs-(2)/parents-anonymous)

Meets at Caldwell Church of Christ, 4012 10th Ave. in Caldwell. Wed 5:00pm-7:00pm; Dinner and childcare are provided.
<http://www.caldwellcofc.org/outreach/>

Suicide Prevention Action Network of Idaho

Meridian City Hall
33 E Broadway Ave
Meridian, ID 83642
Ph: 208-888-4433
Meets 2nd Tues each month, 11:45am-1:00pm
<http://www.spanidaho.org/region-4-boise>

St. Luke's Hospital-Meridian Downstairs, Paiute room

520 S Eagle Rd

Meridian, ID 83642
Ph: 208-350-8856
Meets 3rd Wed each month,
6:0pm-7:30pm
Contact: Rubie Gallegos
<http://www.spanidaho.org/meridian-support-group>

Kristi Hendry with NOMS-Not One More Suicide
820 2nd St S
Nampa, ID 83651
Ph: 208-695-9926
Last Sun each month,
2:00pm-4:00pm

Bereaved by Suicide Peer Support Group
Elks Lodge
1116 1st St S
Nampa, ID 83651
Ph: 208-272-8522
or 208-272-3512

SENIOR SERVICES

Willow Park Senior Living
2600 N. Milwaukee St
Boise, ID 83704
Ph: 208-373-1234

Meridian Senior Center
1920 N Records Way
Meridian, ID 83642
Ph: 208-888-5555
<http://www.meridianseniorscenter.com/>

Spring Creek Meridian-
175 E Calderwood Dr
Meridian, ID 83642
Ph: 208-884-6199
<https://edgewoodseniorliving.com/community/spring-creek-in-meridian-id>

Church of the Brethren Canyon County Alzheimer's & Dementia Support Group
11030 West Orchard Ave
Nampa, ID 8365
Ph: 208-466-3321

Prestige Assisted Living-Autumn Wind
200 West Beech St
Caldwell, ID 83605
Ph: 208-459-3335
<https://www.prestigecare.com/location/prestige-assisted-living-at-autumn-wind>

TAX RESOURCES, BUDGETING, & DEBT COUNSELING

Love, Inc.
16446 Franklin Rd
Nampa, ID 83687
Ph: 208-466-7810 Ext. 5
<http://www.loveinctv.org/wp/>

Debt Reduction Services
6213 N Cloverdale Ste 100
Boise, ID 83713
Ph: 877-688-3328
<https://www.debtredutionservices.org/>

AARP Tax Return Assistance-Begins February 1st.
Toll free: 888-687-2277
AARP Foundation Tax-Aide is offered in conjunction with the IRS.
http://www.aarp.org/money/taxes/aarp_taxaide/

IRS Tax Return-Caldwell Public Library: Feb-March
Caldwell Public Library
1010 Dearborn St
Caldwell, ID 83605
Ph: 208-459-3242

IRS Tax Return-Nampa Public Library: Feb-March
215 12th Ave S
Nampa, ID 83651
Ph: 208-468-5800

Online Resources
Idaho State Tax Commission
<https://tax.idaho.gov/i-1116.cfm>

University of Idaho Law-Tax Clinic
Ph: 208-364-4074
Contact: Barbara Lock
block@uidaho.edu
<https://www.uidaho.edu/law/academics/practical-skills/clinics/low-income-tax>

TRANSPORT

Medicaid Transportation Management, Inc. (MTM)
3295 W Emerald Ste 108
Boise, ID 83705
Hours: 8am to 5pm, M-F
Ph: 877-503-1261
Idaho Medicaid only; must apply first.
<https://www.mtm-inc.net/idaho/>

El-Ada Outreach
2250 S Vista Ave
Boise, ID 83705
Ph: 208-345-2820
Ada County. Income-based; must apply.
<http://eladacap.org/>

Metro Community Services

304 N Kimball Ave
Caldwell, ID 83605
Ph: 208-459-0063

Transportation for those aged 60+ and/or disabled in Canyon County to meet medical, nutritional, employment, education, social, and recreational needs. For those not requiring wheelchair accessibility, volunteer drivers are available for rides originating in Canyon County to medical appointments in the Treasure Valley. No charge, but donations accepted.

<http://www.metrocommunityservices.net/transportation>

St. Alphonsus Express

1512 12th Ave
Nampa ID 83686
Ph: 208-463-5743

Any apt with 24-hr notice.
Wheelchair accessible.

Mon-Fri 8:00am-2:00pm
<https://211idaho.communityos.org/zf/profile/program/id/845313>

**Go Ride Idaho-
Volunteer Drivers Program**

700 NE 2nd St, Ste 100
Meridian, ID 83642
Ph: 208-846-8547
<http://www.gorideidaho.org/volunteer-programs.html>

Veterans Affairs Van

Boise VA Medical Center
Boise, ID
Ph: 208-422-1039
Wheelchair accessible. VA & families only. Mon-Fri 8:30am-4:30pm
No apt. after 2:00pm

Must provide 48-hr notice
<https://www.boise.va.gov/visitors/>

Stone Bridge Transport

5979 W Overland Rd
Boise, ID 83709
Ph: 208-344-9228
Mon-Fri 8:00am-5:00pm
Some weekends and after hours with 24-hr notice.
First come first serve; do take appointments.
<http://stonebridgecare.com/>

Tropicare Transport

7480 E Grey Lag Dr
Nampa, ID 83687
Ph: 208-467-CARE (2273)
<http://tropicaretransportation.com/>

Kool Ridez

1803 Ellis Ave
Caldwell, ID 83605
Ph: 208-454-9982
Taxi service.

Treasure Valley Transit

1136 W Finch Dr
Nampa, ID 83651
Ph: 208-463-9111
Wheelchair accessible.

Malheur Transit

842 SE 1st Ave
Ontario, OR 97914
Ph: 541-881-0000
Regional bus service, Mon-Fri.
Wheelchair accessible. Call for pricing. Will transport to other states.
<http://mcoacs.org/transportation/>

Boise City Taxi

110 E 35th St
Boise, ID 83714

Ph: 208-377-3333
AAA and senior citizen discounts.
<http://www.boisecitytaxi.com/>

Freedom Shuttle

Ph: 208-866-3055
Wheelchair accessible.
<http://freedomshuttle.net/>

Ada-Boi Critical Care Transfer

3985 S Summerset Way
Boise, ID 83709
Ph: 208-362-2973
Contact for availability.
Serving all of Treasure Valley.

VISION

Lion's Club

PO Box 606
Nampa, ID 83651
Ph: 208-615-4662
<http://e-clubhouse.org/sites/nampa/>

EYE SURGERY & HEARING AIDS

**Idaho/Eastern Oregon Lions
Sight & Hearing Foundation,
Inc.**

1090 N Cole Rd
Boise, ID 83704
Ph: 208-338-5466
Toll free: 800-546-6889
<https://www.idaholions.org>

MISC/OTHER

Genesis Service Dogs-

Danielle Stem

Meridian, ID

Revised March 2020

Ph: 208-761-4884

<http://www.genesis servicedogs.com/>

**Juvenile Court Services-
Community Service Program**

6300 Denton St

Boise, ID 83704

Ph: 208-287-6998

Helps offenders repay their debt to the community and be accountable for their actions. Programs include TEAM, work and learn, transitional care, counseling, victim impact program, mediation, and employability.

<https://adacounty.id.gov/Juvenile-Court>

**Nampa Police Department
Prescription Disposal**

820 2nd St S

Nampa ID 83651

Ph: 208-466-5662

Lobby is accessible 24/7 for unwanted prescriptions (excluding syringes)

**Meridian Police Department
Prescription Disposal**

1401 E. Watertower St

Meridian, ID 83642

Ph: 208-888-6678

The Meridian Police Department will help dispose of unwanted prescriptions excluding syringes any time during business hours.

Mon-Fri 8:00 am-5:00 pm

<http://www.meridiancity.org/police.aspx?id=10920>