Canyon County Self Rescue Manual
A guide to community resources and supports in Region 3.

Please email updates/feedback/information to: selfrescue@phd3.idaho.gov
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CLOTHING & FURNITURE

Love, Inc.
16470 N Franklin Blvd
Nampa, ID 83687
Ph: 208-466-7810 ext. 5
Requests are taken via the telephone and an application process, resources for furniture, bedding, adult, teen, and children’s clothing. Mon- Fri 9:30am to 1:00pm

Clothing Shed – Lakeview Church of the Nazarene
Pastor Gretchen
Ph: 208-466-0112

IMSI Hope Community Phase II
963 S Orchard Suite 101
Boise ID Ph: 208-629-8861
Clothing voucher/housing/employment/bus passes for those out of incarceration.
www.imsihopecommunityphasell.com

St. Vincent DePaul-Our Lady of Guadalupe Food Pantry
2920 E Railroad St
Nampa, ID 83687
Ph: 208-442-4452
Tues/Thur 3:00pm to 5:00pm

Seventh Day Adventist Community Services
1515 Checola
Nampa, ID 83686
Ph: 208-461-1651
Clothing and food resources, once per month.
Wed 12:00pm-4:00pm
Nampa residents only. Photo id required. Must bring proof of Nampa residence (not id).

Seventh Day Adventist Community Services
304 16th Ave N
Nampa, ID 83687
Ph: 208-461-5030
www.boiserm.org
Open and staffed 24/7. Emergency shelter and drug/alcohol recovery program. 3 meals/day for residents and men, women, and children in the area

Deseret Industries
619 S Canyon St
Nampa, ID 83686
Ph: 208-498-0569
Services provided to any student in the Nampa school district. School clothing, shoes, belts. Can call directly or speak with school counselor.

Our Lady of the Valley Outreach
3719 E Cleveland Blvd
Caldwell, ID 83605
Ph: 208-454-2132
Located inside St. Vincent's. Store hours: Mon-Sat 9:00am-6:00pm
Store Food bank: Wed 2:00pm-5:00pm
Helpline Ph: 208-919-2940
Spanish Ph: 208-571-2160

COMMUNITY MEALS

Lighthouse Rescue Mission
304 16th Ave N
Nampa, ID 83651
Ph: 208-461-5030
Serves 3 Meals a Day for residents and the community.
Breakfast Mon-Sat 6:30am, Sun 8:00am; Lunch Mon-Sat 12:00pm, Sun 1:00pm; Dinner Mon-Sun 7:00 pm
www.boiserm.org

Salvation Army-Nampa
403 12th Ave S
Nampa, ID 83651
Ph: 208-467-6586
Serve 2 meals a day M-F;
Breakfast 8am, Lunch 11:30am.
www.nampa.salvationarmy.org

COUNSELING & MENTAL HEALTH

A Body & Mind Health Services
148 S Cole Rd
Boise ID 83709
Ph: 208-683-8320
Medicaid and insurance. Embrace physical fitness, nutrition, outdoor activities and community. Therapy specialize in first responders,
individual, families, and couples. Telemental health, CBRS, Case management, Peer and family support, refugee population. Spanish speaking interpreters available.  
www.abmhealthservices.com

A New Beginning Wellness Center  
8660 W Emerald, Ste 142  
Boise ID 83704  
Office hrs: 9-5 Mon – Thurs  
Evening appts available to schedule call 208-939-3865  
www.anbwellnesscenter.org

Ability Health and Rehabilitation  
10101 W Overland Rd #110  
Boise, ID 83709  
Ph: 208-333-9578  
Fax: 208-333-9582 Peer support services, medical management, CBRS, case management, counseling. Medicaid and private insurance.  

Abundant Serenity LLC  
925 Main St Ste A  
Meridian, ID 83642  
Ph: 208-918-0380  
Email: wendyperez@abundantserenity.com  
Hrs: Tuesday – Thursdays 8am to 7pm.  
Medicaid/private insurance/Medicare/EAP. Counseling for postpartum, prenatal, infants, family, parenting, children, adolescents and adults. Trauma and attachment-informed, behavioral health and substance abuse. Evidence-based programs used.  
www.abundantserenitywp.com

About Balance Mental Health  
6550 Emerald St Ste 108  
Boise, ID 83704  
Ph: 208-342-6300  
Mon-Fri, 9:00am-5:00pm, Fri 9:00am-3:00pm in summer. Counseling, med management, CBRS, case management, peer support. Accepts Medicaid and sliding scale fee with a minimum of $50 for Therapy and $61 for Med Management.  
www.aboutbalance.net/

Acacia Wellness Center  
217 W Georgia Ave  
Nampa, ID 83686  
Ph: 208-498-1760  
Crisis: 208-914-3053  
Mon 9:00am-8:00pm (6-8pm for walk-ins)  
Tue 9:00am-6:00pm  
Closed Tues/Thur from 11:00am-1:00pm  
Wed 9:00am-7:00pm  
Thurs 9:00am-6:00pm  
Friday 9:00am-5pm  
Evening appointments available upon request. Private pay/Medicaid/private insurance/sliding scale  
Mental health, CBRS, case management, med management, peer support, substance abuse groups, individual therapy.  
www.acaciawellness.org

Access Behavioral Health Services  
3307 Caldwell Blvd Ste 104  
Nampa, ID, 83651  
Ph: 208-465-4833  
Mon-Fri 8:00am-5:00pm  
Walk in appointments available on a limited basis. Medicaid/private insurance/Medicare/MMCP/sliding scale/EAP. Counseling, case management, CBRS, developmental therapy for children and adults, peer support, substance abuse groups, individual therapy, med management. Emergency walk in clinic for medication on Fri.  
www.accessbhs.com

Access Living  
690 S Industry Way, Ste 45  
Meridian, ID 83642  
Ph: (208)922-2207  
Mon-Fri, 9-6  
Counseling, CBRS, Child Development Therapy, Adult Day Treatment, Med Management, Case Management. Medicaid, Sliding Scale, most insurances.  
accesslivingllc.com

Advocates Against Family Violence-Hope’s Door  
1508 Hope Ln, Ste 102  
Caldwell, ID 83605  
Ph: 208-459-4779  
24/7 Crisis Hotline Toll Free: 1-877-459-4779  
Domestic violence and sexual assault shelter, sexual assault response team, court advocacy, groups/classes, counseling, safe and sober
housing, childcare center,
teen outreach program, rural
outreach program.

www.aafvhope.org

**Alliance Family Services**
6003 W Overland Rd
Boise, ID 83709
Ph: 208-922-6538

Med management,
psychotherapy, CBRS, case
management, peer support,
psychotherapy groups,
company employee and
family assistance programs,
and substance abuse services.
Accepts most insurances,
Medicaid, Medicare, Blue
Cross, United Behavioral
Health, workman’s comp,
private pay, BPA, and Tricare.

http://www.alliancefamilyservice
s.net/home.html

**All Seasons Mental Health**
1007 W Orchard
Nampa, ID 83651
Ph: 208-461-2838

General medicine, family
practice, psychiatric care,
psychological testing and
diagnostics, counseling,
bereavement, med
management, community
based care, supported living,
developmental therapy,
benefits assistance, CBRS,
physicals, wellness checks,
specialist referrals, healthy
connections referrals, case
management, interprete
services offered for many
different languages.
Blue Cross, Blue Shield,
United, ID Physicians
Network, Aetna, Medicaid,
Medicare, sliding scale.

www.asmh.org

**Altogether Now**
2995 N Cole Rd, Ste 270
Boise, ID 83704
Stonegate Plaza
Ph: 208-336-4504

Med management, CBRS,
counseling, rehabilitation
services, case management.
Private pay, sliding scale, and
most insurances accepted.

www.alltogether-now.com

**Alpine Behavioral Health**
8590 W. Fairview Ave
Boise ID 83704
Ph: 208-672-0260

Psychotherapy, Case
Management, CBRS, Payee
Services, Med management,
Conflict Resolution/
Mediation. Interpreters
available.
Medicaid, Medicare, private
pay, sliding scale, most
insurances accepted.

www.alpinebehavioralhealth.co
m

**Altis Counseling Associates,
LLC**
912 12th Ave South, Ste 104
Nampa ID 83686
410 S Orchard St
Boise ID 83705
Ph: 208-751-0478

Provides specialized
treatment for adolescents
and adults with unhealthy
sexual behaviors with ATSA
and SOMB certified
counselors. Also provide
psychosexual evaluations
throughout Idaho.
Counselors: Hillary Raptosh,
LPC; Merridith Manning,
LMFT; Shelly Osborne, LCPC
emails:
hilary@altiscounseling.com;
shelly@altiscounseling.com;
merridith@altiscounseling.co
m

**Alturas Counseling, LLC**
5185 W Overland Rd
Boise ID 83705
Ph: 208-991-0225

Counseling for individuals,
couples, family, children,
adolescences, elderly,
development disabilities,
refugees, and military.
Most insurances, Medicaid,
Medicare, and Tricare.

http://alturascounseling.com

**Ambitions of Idaho**
1031 W. Sanetta St
Nampa, ID 83651
Ph: 208-466-7443

Mon-Fri 9:00am-5:00pm
CBRS, anger management,
faith based counseling,
diagnostic interviews, EMDR,
grief counseling, life/success
coaching, counseling, case
management,
support/education,
residential habilitation,
behavior consultation, med
management, nursing
services, A&D waiver/PCS
services representative, and
payee services.

24 Hour Crisis Intervention
Ph: 208-794-2379

Medicaid/ Medicare/private
pay/private insurance/sliding
scale/pro bono. Bilingual
available.
Ascent Behavioral Health
366 SW 5th Ave, Ste 100
Meridian ID 83642
Ph: 208-898-9755
Text: 208-352-6563
Hours: Mon-Fri 9:00am-6:00pm
http://www.ascentbhs.org

Ashwood Recovery
847 Park Centre Way Ste 7
Nampa ID 83651
Ph: 208-318-0220
Outpatient mental health and substance abuse treatment
Ages 12 – 17 Free assessments.
www.ashwoodrecovery.com

Aspire Assessments and Health Resources
16 12th Ave S. Ste 201
Nampa ID 83651
Ph: 208-921-1024

Aspire Professional Counseling Services
14880 Alkmaar St
Caldwell, ID 83607
Ph: 208-585-3062
Tues 9:00am-9:00pm
Crime victim comp/private insurance/EAP.
Early childhood trauma, marriage counseling, family therapy, children and adults. EMDR certified.

AuntBertha
The Social Care Network
Search for Free or Reduced cost services like medical care, food, job training and more. www.auntbertha.com

Aura Counseling and Wellness, LLC
1224 1st St S Suite 306
Nampa, ID 83651
Ph: 208-463-4639
Offer mental health and substance abuse disorder services including: assessments, case management, individual, family, and couples’ therapy, group counseling, anger management, parenting classes and drug testing.
We accept BPA funding, Medicaid, private insurance, and utilize a sliding fee scale. www.auracounseling.com

Avanzar Wellness
11513 W Fairview Ave Ste 105
Boise ID 83713
Ph: 208-908-7882
Offering counseling youth, teens, adults and families, provider case management, targeted care coordination, skills building, youth and peer support and respite services. www.avanzarwellness.com

Beyond The Yellow Ribbon Counseling Services
4250 Cessna St Bldg 270
Boise ID 83705
Ph: 208-272-8393
Family Srvcs: 800-479-7006
Crisis Hotline: 208-860-0189
Provides services to all military branches, veterans, family members and retirees. Stress and coping with change, work-life balance, anxiety/depression, anger mgmt., conflict resolution, crisis counseling. Please call to schedule an appointment.

Brighter Future Health
316 12th Ave Rd
Nampa, ID, 83686
Ph: 208-461-1300
Mon- Fri 9:00am-5:00pm
Evening appointments available upon request.
Medicaid/Medicare/private pay/sliding scale.
Mental health services for adults and children, CBRS, case management, med management.
Interpreters available. www.brighterfuturehealth.com

Canyon Counseling Center
718 S 7th Ave
Caldwell ID 83605
Ph: 208-454-1576
Individual and family therapy, adolescent and children therapy (ages 7+).
Mon-Thu 9:00am-6:00pm
Crime victim comp/private insurance.
www.canyoncounselingcenter.com

Canyon Clinic Wellness
524 Cleveland Blvd, Ste 140
Caldwell, ID 83605
Ph: 208-453-5151
Services offered to clients who need help during a recovery process. Classes offered for taking next steps, stress management and tobacco cessation.
www.canyonwellness.org

Carol Collins Counseling
1909 S 10th Ave
Caldwell ID 83605
Ph: 208-454-3825
Individual therapy, family therapy, marriage counseling
Private insurance only.

CenterPointe, Inc.
915 Park Center Way, Ste 7
Nampa, ID 83651
Ph: 208-442-7791
Mon- Thur 9:00am-6:00pm
Fri 8:00am-5:00pm

Children's Therapy Place
5640 E. Franklin Rd, Ste 180
Nampa, ID 83687
Ph: 208-323-8888
Speech/language therapy, occupational therapy, physical therapy, teletherapy, developmental therapy, service coordination, academic tutoring. Hours vary per appointment. Medicaid/Tri-Care/Private Insurance. http://childrenstherapyplace.com/

Dennis Augustus Counseling
17329 Colt Dr
Caldwell, ID 83607
Ph: 208-459-8088
Mon- Fri 8:00am-8:00pm
Crime victim comp/private insurance/EAP. Abuse recovery, drug and alcohol counseling, mental health (anxiety, depression), marriage counseling, stress management.

Diane Kruse
1214 12th Ave S
Nampa, ID, 83651
Ph: 208-466-2666
Mon- Thur
Crime victim comp/ EAP/private insurance. Mental health counseling for adults.

Empowering Choices Counseling
104 9th Ave S, Ste B1
Nampa, ID 83651
Ph: 208-803-0883

Family Counseling of Nampa-E. Fred Snow
1214 12th Ave S
Nampa, ID 83651
Ph: 208-468-0902
EAP/ private insurance. Family and marriage counseling.

Family Medicine Health Center
215 E Hawaii Ave Floor 1
Nampa ID 83686

Families ETC (Education, Training, and Counseling)
516 Holly St 3rd Floor
Nampa, ID 83686
A counseling clinic that provides low cost individual, child/adolescent, couple and family counseling. We do not bill insurance; our services are low cost and provided on a sliding scale between $10 - $60 per session. Appts are available Mon – Thurs between 9AM – 9PM. Ph: 208-467-8837. Visit www.familiesetcnampa.com

Four Rivers Mental Health
1605 Kimball Ave
Caldwell, ID 83605
Ph: 208-454-2766
Mon-Thu 9:00am-3:00pm

Healing Scars Counseling Center
324 Caldwell Blvd, Ste G
Nampa, ID 83651
Ph: 208-467-9044
Private insurance/Crime victim comp/EAP. Bilingual.

Healthy Transitions for Girls, LLC
1015 Caldwell Blvd #18
Nampa, ID 83651
Ph: 541-417-0837
 peggy@healthytransitionsforgirls.com
Group and Individual counseling for girls and woman. A 12-week , strength-based prevention program to help girls develop positive body image in the critical window of ages 8 to 14 when their bodies are changing. www.healthytransitionsforgirls.com
Hudson Counseling
1909 S 10th Ave
Caldwell, ID 83605
Ph: 208-228-0301
Mon-Thur 10:00am-7:00pm
Private insurance/EAP.
Anxiety, depression, individual and couples’ therapy for teenagers and adults

Human Supports of Idaho, Inc.
314 Badiola St
Caldwell, ID 83605
Ph: 208-454-8389
CBRS, case management, individual counseling, family and child counseling, group therapy, peer support, med mgmt., SUD services (outpatient and intensive outpatient) and payee service. Most insurances accepted including Medicaid and Medicare; some sliding fee and pro bono services available.
www.humansupports.com

Idaho Behavioral Health
524 South 9th St, Ste 103
Caldwell, ID 83605
Ph: 208-454-8389
CBRS, case management, counseling, group therapy, psychological testing, med management. Telehealth services provided to rural areas. Medicaid/Private Insurance/sliding fee.
www.idahobehavior.com

Idaho Behavioral Health-Nampa
1811 E Karcher Rd
Nampa ID 83687

Idaho Youth Ranch Family Services
7025 W Emerald
Boise, ID 83704
Ph: 208-972-0863
Provides outpatient individual, group and family therapies to kids and families struggling with trauma.

Intermountain Hospital
303 N Allumbaugh St
Boise ID 83704
Ph: 208-906-3209 Toll Free Number: 1-800-321-5984
Adults and Adolescent Treatment
www.intermountainhospital.com

Life Counseling Center
112 12th Ave Rd
Nampa, ID 83686
Ph: 208-465-5433
Mon- Thur 9:00am-6:00pm
Fri 8:00am-5:00pm
Private insurance/ Medicaid/EAP.
Family and couples counseling, individual therapy, med management.

Lifeways in Caldwell
2609 S 10th Ave, Ste 102
Caldwell ID 83605
Ph: 208 454-2766
Services include mental health assessments, SUD/DUI evaluations; GAIN assessments, SUD/MRT groups, individual, child, family & couple’s therapy, Play therapy, substance use disorder evaluation, classes & victim impact panels, EMDR, psychiatric medication

Lifeways in Nampa
824 S Diamond St
Nampa ID 83686
Ph: 208 546-3046
www.lifeways.org

Mana Resources
923 Grant St
Caldwell, ID 83605
Ph: 208-585-3375
Counseling services to children, youth, adults, couples and families. Medicaid/Private Insurance. www.manaohana.org

Montgomery Counseling Center
323 12th Ave
Nampa, ID, 83686
Ph: 208-463-0212
Mon- Fri 8:00am-5:00 pm
Individual therapy, couples and family counseling, GAIN Assessments.
Private insurance/ EAP/Medicaid.
www.montgomerycounselingcenter.com

Mountain States Chemical Dependency & Counseling Services, Inc.
1305 2nd St S, Ste 201
Nampa, ID 83651
Ph: 208-463-0202
Mon-Thur 9:00am- 5:00pm
Alcohol/drug education, relapse prevention, DUI class, anger management, recovery groups, individual counseling services.
Nampa Family Justice Center
1305 3rd St S
Nampa, ID 83686
Ph: 208-475-5702
Crisis counseling, domestic violence, sexual abuse, family therapy, individual therapy, group therapy, parenting, play therapy.
Private insurance/Medicaid/Crime victim comp.
www.nampafamilyjusticecenter.org

A New Leaf
2548 N Stokesberry Pl
Meridian, ID 83646
Ph: 208-939-3888
Habilitative intervention supports, therapy, med management, and residential habilitation.
www.anewleaf.info/

Nurturing Hope & Healing, LLC
1105 2nd Street South, Suite 100 Nampa ID 83651
Ph: 208-922-7554
Rebekah Rene Stearns, MA, LPC. Provides individual and couples counseling. Sliding fee scale available. www.nurturinhopeandhealingcounseling.org

Pioneer Health Resources - Nampa
204 10th Ave S
Nampa, ID 83651
Ph: 208-466-2229
Mon-Fri 8:00am-5:00pm
Open later for group programs.
CBRS, case management, psychotherapy, med management, chemical dependency programs, outpatient & intensive outpatient group therapy. Interpreters available for non-English speaking clients. Medicaid/private insurance/sliding scale fees. www.pioneerhealthresources.com

Pioneer Health Resources - Caldwell
1305 S Kimball
Caldwell, ID 83605
Ph: 208-459-1039
Mon-Fri 8:00am-5:00pm
Open later for group programs. CBRS, case management, psychotherapy, med management, chemical dependency programs, outpatient & intensive outpatient group therapy. Interpreters available for non-English speaking clients. Medicaid/private insurance/sliding scale fees. www.pioneerhealthresources.com

Recovery 4 Life – Behavioral Health
709 Dearborn St
Caldwell, ID 83605
Ph: 208-376-7083
Offers mental health to include medication mgmt. and outpatient substance use disorder treatment with recovery support services (case management, drug testing, recovery coaching, peer support, transportation and referrals to safe and sober housing). Accepts state funding, Medicaid, insurance EAP programs, credit cards, and self-pay on a sliding scale. Adults and adolescents.

Refuge Counseling Center – Nampa
4144 E Amity Ave
Nampa, ID 83687
Ph: 208-465-4985
Individual counseling, couples-marital counseling, family counseling, premarital counseling, referral and consultation services. EAP/sliding scale/partnerships whereas churches and ministries may help with cost. http://refugecounseling.com/

Refuge Counseling Center – Meridian
3023 E Copper Point Ste 105
Meridian, ID 83642
Ph: 208-465-4985
Individual counseling, couples-marital counseling, family counseling, premarital counseling, referral and consultation services. EAP/sliding scale/partnerships whereas churches and ministries may help with cost. http://refugecounseling.com/

Region III Mental Health
3402 Franklin Rd
Caldwell ID 83605
Ph: 208-459-0092
Adult and Children’s services – crisis services, medication management, and individual counseling. Sliding Fee.

Serenity Now Counseling Services
430 W Iowa Ave Ste B
Nampa, ID 83686
Ph: 208-867-9329
Accepts sliding scale and insurance.
www.serenitynowes.com

Shannon Sorini, LCSW
1909 10th Ave
Caldwell, ID 83605
Ph: 208-409-7286
Individual therapy, family therapy, trauma-focused for children and adults.
Crime victim comp/private insurance/EAP.
www.shannonsorini.com

Solace House Outpatient Clinic
Ph: 208-630-6601
868 E. Riverside Dr., Suite 170
Eagle ID 83616
Trauma specific counseling, case management, peer support. Accepting Medicaid, most major insurances and payment options.
www.idahoatc.org

S.T.A.R.R. Family Behavioral Health
8100 W Emerald St, Ste 150
Boise ID
Ph: 208-908-6399
Mental health evaluations, individual counseling, family counseling, play therapy, early childhood trauma, couples/mental counseling, addiction therapy, trauma-focused for children and adult, domestic violence children and adults, parenting ed, CBRS, case mgmt., med mgmt., children's respite care, crisis response, referral and consultation services. Medicaid/Medicare, all major insurances; sliding scale.

www.starrfbh.com

Stellar Mental Health & Mediation
3904 E Flamingo
Nampa ID 83687
Ph: 208-639-1514
Counseling, CBRS, case management, payee services, groups, mediation, parenting coordination.
www.stellaridaho.com

Still Waters Behavioral Health
305 Cornell St
Middleton ID 83644
Ph: 208-614-0550
Individual counseling for adults, adolescents, children, couples counseling, family counseling, premarital counseling. EAPs/sliding scale based on income. Evening appointments available. Visit www.stillwatersbh.com

Strive Counseling
5700 E Franklin Rd, Ste 220E
Nampa ID 83687
Ph: 208-936-1097
Mon- Fri 8:00am-6:00pm
Individual therapy, couple and family counseling, domestic violence victim therapy, sexual abuse victim therapy, trauma, stress, parenting.
Private insurance/EAP/sliding scale/Medicare.

Terry Reilly Nampa 16th Clinic
223 16th Avenue N
Nampa ID 83687
Ph: 208-318-2100

Terry Reilly Arlington Clinic
2005 Arlington Ave
Caldwell ID 83605
Ph: 208-459-1025

Terry Reilly Middleton Clinic
201 S Paradise Ave
Middleton ID 83644
Ph: 208-585-0048

Terry Reilly Melba Clinic
150 2nd St
Melba ID 83641
Ph: 208-495-1011

TRHS- SANE Solutions Victim Treatment
211 16th Ave N
Nampa, ID 83687
Ph: 208-467-7654
Services: Survivors counseling, child abuse counseling, personal safety classes, protective parenting classes, family counseling. insurance/Medicaid/sliding scale/EAP. Bilingual.

TRHS- SANE Solutions Offenders Treatment
11

CRISIS RESOURCES & HOTLINES

A New Beginning Pregnancy Help
8660 W. Emerald St., Ste 142
Boise, ID 83704
Ph: 208-985-5617
Free pregnancy tests and free options counseling.
Community resource referrals.
admin@adoptanewbeginning.org
www.adoptanewbeginning.org/pregnancy

Advocates Against Family Violence-Hope’s Door
1508 Hope Ln, Ste 102
Caldwell, ID 83605
Ph: 208-459-4779
24/7 Crisis Hotline Toll Free: 1-877-459-4779
Domestic violence and sexual assault shelter, sexual assault response team, court advocacy, groups/classes, counseling, safe and sober housing, childcare center, teen outreach program, rural outreach program.
www.aafvhope.org

AuntBertha
The Social Care Network
Search for Free or Reduced cost services like medical care, food, job training and more. www.auntbertha.com

Boys Town-National Hotline-Suicide & Crisis
Ph: 1-800-448-1833
Toll Free: 1-800-448-3000
24-hour, nationwide, short-term crisis intervention hotline. Main focus is children and families, but serves anyone with any problem. Will provide referral to local agencies in the United States, Canada, Guam, and The Virgin Islands. 402-498-1300. www.boystown.org

Covenant House Nineline
Toll Free: 1-800-999-9999
24/7. Provides crisis intervention to homeless, runaway, and other troubled youth and their families throughout the United States. All calls are serviced regardless of age and situation.
https://teenlineonline.org/yyp/covenant-house-nineline/

Idaho Anti-Trafficking Coalition
868 E. Riverside Dr., Suite 170
Eagle ID 83616
Ph/24-hr crisis hotline: 208-630-6601
www.idahoatc.org

Idaho CareLine
Ph: 2-1-1 or 800-926-2588
A free, statewide comprehensive community information and referral service.

Idaho COVID-19 Hotline
1-888-330-3010
Offers anonymous and confidential assistance for all. Trained professionals to assist with accessing mental health and substance use disorder services.

Idaho Domestic Violence Hotline
Ph: 1-800-669-3176
Provides information and assistance to victims of domestic violence.
Idaho Suicide Prevention
Hotline Text or Call
Ph: 208-398-4357

Mothers Against Drunk Driving (MADD)
Ph: 877-623–3435
A national, toll-free 24/hr. hotline for victims of drunk driving.

National Hotline on Domestic Violence
Ph: 800-799-7233
A toll-free service that provides information and assistance to victims of abuse.

National Center for Missing & Exploited Children
Ph: 1-800-843-5678

National Human Trafficking Hotline
Ph: 1-888-373-7888 or Text 233733

National Sexual Assault Hotline:
Ph: 1-800-656-HOPE (4673)
A toll-free, confidential service available 24/7 for victims of sexual assault.

National Suicide Prevention Lifeline & Veteran’s Crisis Line
Ph: 800-273-8255

Optum 24/7 Medicaid Member Access & Crisis Line
Ph: 1-855-202-0973
TDD/TTY: 711

Optum Public Toll Free Helpline:
Ph: 1-866-342-6892

Optum Substance Use Treatment Helpline:
Ph: 1-855-202-0973

Parents of Murdered Children (POMC)
Ph: 888-818–POMC (7662)
A national organization to assist those who have lost a loved one.

Student Support Line for COVID
Ph: 208-455-7089
Monday-Friday 8am to 5pm
After hours ph: 208-459-0092

The Trevor Project (LGBTQ/Youth)
Ph: 866-488-7386

Women and Children’s Alliance
24-hour Domestic Violence Hotline Ph: 208-343–7025
24-hour Rape Crisis Hotline
Ph: 208-345–7273
Provides comprehensive supportive services to women and children victimized by physical and sexual violence.

DENTAL

Terry Reilly Canyon Dental
11136 Moss Ln
Nampa, ID 83651
Ph: 208-466-0515
Dental exams and cleaning, X-ray, fillings, crowns and bridges, dentures and partials, extractions, including wisdom teeth, root canal therapy, minor oral surgery, diabetes oral health care, prenatal oral health care.
We accept private insurance, CHIP, Medicaid, and offer a sliding fee scale based on income.

Terry Reilly Homedale Dental
8 N. 2nd St W
Homedale, ID 83628
Ph: 208-337-6101
Dental exams and cleaning, x-ray, fillings, crowns and bridges, dentures and partials, extractions, including wisdom teeth, root canal therapy, minor oral surgery, diabetes oral health care, and prenatal oral health care.
We accept private insurance, CHIP, Medicaid, and offer a sliding fee scale based on income.

Terry Reilly Melba Clinic
150 2nd St
Melba, ID 83641
Ph: 208-495-1011
Dental exams and cleaning, x-ray, fillings, crowns and bridges, dentures and partials, extractions, including wisdom teeth, root canal therapy, minor oral surgery, diabetes oral health care, and prenatal oral health care.
We accept private insurance, CHIP, Medicaid, and offer a sliding fee scale based on income.

Terry Reilly Nampa 1st Clinic
207 1st Street S
Nampa ID 83651
Ph: 208-466-7869
Dental exams and cleaning, x-ray, fillings, crowns and bridges, dentures and partials, extractions, including
wisdom teeth, root canal therapy, minor oral surgery, diabetes oral health care, and pre-natal oral health care. Limited incomes may qualify for reduced fees.

**Terry Reilly Dental-Middleton**  
201 Paradise Ave  
Middleton, ID 83644  
Ph: 208 585-0048  
Dental exams and cleaning, x-ray, fillings, crowns and bridges, dentures and partials, extractions, including wisdom teeth, root canal therapy, minor oral surgery, diabetes oral health care, and pre-natal oral health care. Limited incomes may qualify for reduced fees.

**Valley Family Health Care-Payette Medical and Dental Clinics**  
1441 NE 10th Ave  
Payette, ID 83661  
Ph: 208-642-9376  
Provides assistance and allows low income access to overall dental and health care.

**EDUCATION**

**Adult Education:**  
**CWI Community College**  
Through the Adult Campus on Caldwell BVLD – Organized though Department of Health and Welfare  
Contact your local office. Program through Workforce Investment Act, (WIA).

**Rise UP, Inc**  
9840 Overland Ste 100  
Boise, ID 83709  
Ph: 208-422-7305  
A local non-profit that teaches FREE financial education workshops; learn to manage money, improve credit, reach financial goals and build wealth. Online or In-person at the Nampa Public Library. Sign up: signuptoriseup@gmail.com

**Stevens-Henager College**  
16819 N Marketplace Blvd  
Nampa, ID 83687  
Ph: 208-466-2251  
[https://www.stevenshenager.edu/locations/nampa](https://www.stevenshenager.edu/locations/nampa)

**Trio**  
322 E Front St, Ste 190  
Boise, ID 83702  
Ph: 866-624-9925  
or 208-364-9925  
[https://educationalopportunitycenter.wordpress.com/](https://educationalopportunitycenter.wordpress.com/)

**Treasure Valley West #710**  
1018 W. Sanetta St  
Nampa, ID 83651  
Ph: 208-465-8414

**Western Idaho Community Action Partnership - WICAP**  
Ph: 208-454-0675  
Toll Free: 1-877-270-9086  
Employment and training services. [www.wicap.org](http://www.wicap.org)

*Most online charter schools offer a program for free GED

**SCHOOL PROGRAMS & SUPPLIES**

**Computers for Kids, Inc.**  
8540 W Elisa St  
Boise ID, 83709  
Ph: 208-345-0346  
9:00am-4:00pm  
Distributes refurbished computers to underprivileged Idaho children for their home use. [www.cfkid.org](http://www.cfkid.org)

**Big Brothers Big Sisters of Southwest Idaho**  
110 N 27th St  
Boise, ID 83702  
Ph: 208-377-2552  
One-to-one mentoring relationships intended to help children reach their full potential. Vision is a successful mentoring relationship for all children who need and want one, contributing to brighter futures, better schools, and stronger communities for all. Serving all of southwest ID. [www.bbbsidaho.org](http://www.bbbsidaho.org)

**Caldwell School District - Early Childhood Intervention Program**  
1502 Fillmore St  
Caldwell, ID 83605  
Ph: 208-455-3300  
Program for developmentally delayed children 3 to 4 years old. Testing available. Contact local school district. [www.sd132.k12.id.us](http://www.sd132.k12.id.us)

**Community Council of Idaho-Head Start**  
22730 Farmway Rd, Ste 112
Caldwell, ID 83605
Ph: 208-459-6536
Toll Free: 1-800-787-7863
Migrant & seasonal worker year round head start program. ESL classes also available for parents of students. Some additional resources available. http://communitycouncilofidaho.org/head_start

Computer Lab-South Middle School, Nampa
229 W Greenhurst Rd
Nampa, ID 83686
Ph: 208-468-4740
Mon/Tues/Thur nights 5:30pm-7:30pm during the school year, excluding non-school days. Computer lab is open to the public. The lab will also have a printer available that charges 10 cents per one-sided copy (cash or coin only). www.south.nsd131.org/

Advocates Against Family Violence - Hope Ln. Learning Center
1508 Hope Ln
Caldwell, ID 83605
Ph: 208-459-6330
Daycare/preschool Located in Caldwell. Located Near Van Buren Elementary and Head Start Bus Stops. Offers preschool, meals, arts and crafts weekly, after school program ICCP accepted.

Tutoring at Farmway
22730 Farmway Rd
Caldwell, ID 83605
Ph: 208-455-3300
Tutoring for migrant children who need assistance with learning English and with school work.
Mon-Fri 3:45pm-4:45pm

The Mentoring Network, Inc.
Nampa, ID 83653
Ph: 208-880-1690
School based individual mentoring for grades 1-8 provided on a weekly basis by trained volunteers. In the Nampa & Caldwell school districts. Supervision and support provided by program director. www.MentoringNetworkID.org

Online School Options:

Another Choice Virtual Charter School
1014 W Hemingway Blvd
Nampa, ID 83651
Ph: 208-475-4255
Free online schooling, grades K-12. Visit website for additional information. www.anotherchoicecharter.org

Nampa Recreational Facility
131 Constitution Way
Nampa, ID 83686
Ph: 208-468-5777
They sponsor several families each month with requirements for monthly attendance. Contact the membership coordinator for additional information. Sign up is required prior to a certain day each month for monthly evaluation.

Boys and Girls Club Nampa
316 Stampede Dr
Nampa, ID 83687
Ph: 208-461-7203
Cost is $20 a year. Busing can occur directly from school but then parents must pick up children on time. Limited space available.

Caldwell School District
21st Century after school
Director: Kathleen Vadapalli
Ph: 466-6586 Ext. 209
Homework help for clients with difficulty learning. Salvation Army after school program. Can also purchase monthly memberships. For grant applications email kvadapalli@caldwellschools.org

Salvation Army-Nampa
403 12th Ave S
Nampa, ID 83651
Ph: 208-467-6586
After school program M-F 3pm-6pm, it’s low cost and ICCP is accepted. Contact Jennifer Hatch. We have a summer day camp program open from 7am-6pm M-F starting the week after school.

AFTER SCHOOL PROGRAMS:

Treasure Valley YMCA
3720 S Indiana Ave
Caldwell, ID 83605
Ph: 208-454-9622
Financial reduced prices based on home income levels/family size. There is also an after school/homework help program found on the website with direct busing from the schools. http://www.ymcatvidaho.org/membership/financial-assistance/
lets out and ending the week before school begins. www.nampa.salvationarmy.org

EMPLOYMENT & CASUAL LABOR

Administrative and Light Industrial
101 S Capitol Blvd, Ste 501
Boise, ID 83702
Ph: 208-375-9930
Temporary work hire, short and long term, clerical, accounting, light industrial available. Must complete application, safety test, pre-employment drug screen & background check. Must provide 2 work references & i.d. that proves legally able to work in the U.S. Paid weekly. Usually $8 - $14 per hour. Must speak basic English. http://www.volt.com/

AuntBertha
The Social Care Network
Search for Free or Reduced cost services like medical care, food, job training and more. www.auntbertha.com

Community Council of Idaho
317 Happy Day
Caldwell, ID 83607
Ph: 208-454-8604
Free services provided to migrant or farm working families and individuals that need help integrating into the working field. Services include education and training based on skills needed to gain employment. www.communitycouncilofidaho.org

Idaho Department of Labor-Caldwell-WIA
4514 Thomas Jefferson St
Caldwell, ID
Ph: 208-364-7781
Services provided to those in the community who need training resource to obtain employment. This is a program is state and federally funded for adults, dislocated workers, low-income workers and youth. www.labor.idaho.gov

Idaho Department of Labor-Boise-WIA
317 W Main St
Boise, ID 83735
Ph: 208-332-3575
Services provided to those in the community who need training resource to obtain employment. This is a program is state and federally funded for adults, dislocated workers, low-income workers and youth. www.labor.idaho.gov

Elwood Staffing-Boise
8708 Fairview Ave
Boise, ID 83704
Ph: 208-327-1000
Helps find employment in warehouses, manufacturing/production, construction, clerical, etc. www.elwoodjobs.com

Elwood Staffing-Nampa
2585 Caldwell Blvd, Ste 103
Nampa, ID 83651
Ph: 208-468-7899
Helps find employment in warehouses, manufacturing/production, construction, clerical, etc. www.elwoodjobs.com

Intelligent Employment Solutions
732 Caldwell Blvd, Ste C
Nampa, ID 83651
Ph: 208-463-9228
Provides help finding a job in the community. http://www.iescustomstaffing.com/

Hopes Door Shelter
702 E Chicago St
Caldwell, ID 83605
Ph: 208-459-6279
Helps women find job openings, create resumes & cover letters. Service specialist helps with dress for success referrals meal planning for work. Services are free. https://aafvhope.org/

Labor Finders
Resources based online—no office in local area. Ph: 208-442-7713 http://laborfinders.com

Labor Ready Temporary Service
10 W Franklin Rd
Meridian, ID 83642
Ph: 208-331-3606
After application process is complete, employee is asked to come into office at 6:00am if desiring employment. Mon-Fri 6:00am-5:30pm, Sat 7:00am-10:00am and 5:00pm-6:00pm, Sun closed. Application time & dates may vary-please call office for current application times.
Applicant will need 2 forms of i.d. such as a state photo i.d., social security card, certified birth certificate, or passport. Spanish interpreters available.

http://www.laborready.com/

**Pro People Staffing Services**
703 2nd St S
Nampa ID
Ph: 208-463-8552
Temporary employment.
Applications taken Mon-Fri
9:00am-2:00pm.
Need 1-2 hours to complete
application or online. Dress
nicely for interview process.
Free training & skills testing.
Temp to hire based on work.
Pay averages $8-$10 per hour.

http://propeoplestaffing.com

**Elmwood Staffing**
2585 Caldwell Blvd, Ste 103
Nampa, ID 83651
Ph: 208-468-7899 (Nampa)
Ph: 208-327-1000 (Boise)
Clerical, skilled trades, production & technical work,
and labor work available.
Temp to hire based on work.
Pay averages $8–10/hour.

**Treasure Valley West #710**
1018 W. Sanetta St
Nampa, ID 83651
Ph: 208-465-8414
Services provided for those
with adults disabilities to
enhance their living through
employment and community
enrichment. This is program is
state and federally funded.

www.vr.idaho.gov

**Witco**
3919 E Ustick Rd
Caldwell, ID 83605

**FINANCIAL & UTILITY ASSISTANCE**

**Idaho Housing and Finance Association**
Financial help available for
Idaho renters. Unable to pay
rent because of COVID-19
related circumstances. Apply
and learn more at

www.idahohousing.com/covid-19

**Heat/Electric:**

**Navigators-with children only**
823 Park Centre Way
Nampa, ID 83651
Ph: 1-800-926-2588
Must contact through 211 by
requesting a call back from
the navigators.

**St. Vincent DePaul**
2920 E Railroad St
Nampa ID
Ph: 208-442-4452
Tues/Thur 3:00pm-5:00pm

**Salvation Army-Nampa**
403 12th Ave S
Nampa, ID 83651
Ph: 208-467-6586
www.nampa.salvationarmy.org

**Salvation Army-Caldwell**
1015 East Chicago St
Caldwell, ID 83605
Ph: 208-467-6586
www.nampa.salvationarmy.org

**Western Idaho Community Action Partnership - WICAP**
502 Main St
Caldwell, ID 83605
Ph: 208-454-0675
Toll free: 1-877-270-9086
Provides energy assistance
when funding is available.
Mon-Fri 8:00am-5:00pm,
closed 12:00-1:00pm
Service available once per
year, or if emergency shut off
when medical equipment
present

www.wicap.org

**Phone:**
**Assurance Telephone Lifeline**
Ph: 888-321-5880
Idaho Telecommunications Service Assistance Program

Miscellaneous:
St. Clare’s Outreach Program
3719 E Cleveland Blvd
Caldwell, ID 83605
Ph: 208-454-2132
Wed 2:00pm-4:00pm
Utility assistance; must bring photo ID and utility bill. Caldwell residents only.

Our Lady of the Valley Outreach
3719 E Cleveland Blvd
Caldwell, ID 83605
Ph: 208-454-2132
Located inside St. Vincent De Paul. Wed 2:00pm-5:00pm

FOOD PANTRIES

FOOD PANTRIES

AuntBertha
The Social Care Network
Search for Free or Reduced cost services like medical care, food, job training and more. www.auntbertha.com

Caldwell:
St. Clare’s Food Bank
3719 E Cleveland Blvd
Caldwell, ID 83605
Ph: 208-454-2132
Located inside St. Vincent De Paul. Wed 2:00pm-5:00pm

Metro Community Services
4307 Skyway St
Caldwell, ID 83605
Ph: 208-459-0063
Food Pantry open Mondays, Wednesdays and Thursdays from 9am to 1pm

New Life Celebration Church
1201 Arthur St
Caldwell, ID 83605
Ph: 208-454-1758

The Salvation Army
1015 East Chicago St
Caldwell, ID 83605
Ph: 208-459-2011
Tues/Wed/Thur 1:00pm-3:30pm

World Harvest Food Pantry
803 Main St
Caldwell, ID 83605
Ph: 208-284-4411
Open the Third Saturday of every month 10am- noon

Oasis
615 16th Ave S
Caldwell, ID 83605
Ph: 208-459-6000
Wed 12:00pm-2:00pm with lunch, Thur 4:00-6:00pm

Seventh Day Adventist Community Services—Caldwell
2216 East Linden St
Caldwell, ID 83605
Ph: 208-454-3549
Mon 10:00am-12:30pm, Tues 3:30pm-6:00pm
Closed on major holidays.

Western Idaho Community Action Partnership-WICAP
502 Main St
Caldwell, ID 83605
Ph: 208-454-0675
Toll free: 1-877-270-9086
Mon-Fri 8:00am-5:00pm,
Closed 12:00-1:00pm
Food Pantry hours
Mon/Tues/Fri 8:00am-5:00pm, Closed 12:00-1:00pm
Can use once per month. www.wicap.org

Greenleaf, Middleton:
Greenleaf Friends Church
20535 Academy Rd
Greenleaf, ID 83626
Ph: 208-459-3896

Middleton Food bank
6 E 1st St N
Middleton, ID 83644
Ph: 208-585-6634
Mon/Wed/Fri 12:30pm-1:30pm. Must call for appointment.

Nampa:
Harvest Life Church
11437 Orchard Ave
Housing Assistance

**Advocates Against Family Violence**
1508 Hope Ln
Caldwell, ID 83605
Ph: 208-459-6330

**Autumn Gold**
813 E Fargo Ave
Nampa, ID 83687
Ph: 208-461-7789
Help with housing programs including down payments and closing costs.

**Boise VA Medical Center Homeless Veterans Program**
Provides services to Veterans who are homeless or almost homeless.
Ph: 208-422-1039

**Caldwell Housing Authority**
22730 Farmway Rd
Caldwell, ID 83607
Ph: 208-459-2232

**The Jesse Tree of Idaho**
16 12th Ave So, Ste 114
Nampa, ID 83651
Ph: 208-941-3188
Hours: 10am to 2pm Fridays

**SICHA**
377 Cornell St
Middleton, ID 83644
Ph: 208-585-9325
[http://www.sicha.org/Public/HousingAuthorityRentals/](http://www.sicha.org/Public/HousingAuthorityRentals/)

**Nampa Housing Authority**
211 19th Ave N
Nampa, ID 83687
Ph: 208-466-2601
[http://nampahousing.com/](http://nampahousing.com/)

**The Salvation Army Community Family Shelter**
1412 4th St S
Nampa, ID 83651
Ph: 208-467-6586
We are open M-F 8am-1pm for showers and laundry at our shelter facility and open for Emergency housing during winter months (Dec-Feb). Must go through approval process for admittance.
[www.nampa.salvationarmy.org](http://www.nampa.salvationarmy.org)

**Salvation Army-Nampa**
403 12th Ave S
Nampa, ID 83651
Ph: 208-467-6586
School supplies: We sign up kids beginning of August who are in need of school supplies to start school. Dates may vary.
[www.nampa.salvationarmy.org](http://www.nampa.salvationarmy.org)

**Salvation Army-Caldwell**
1023 E Chicago St
Caldwell, ID 83605
Ph: 208-459-2011

**Navigator-Health & Welfare (if children present):**
823 Park Centre Way
Nampa, ID 83651
Ph: 1-800-926-2588
Must contact through 211 care line.
Idaho Inc:
4110 Eaton Way
Caldwell, ID 83607
Ph: 208-455-9463

Caldwell/Vallivue/ Nampa
Resource Coordinator-
Homeless Liaison:
5207 S Montana Ave
Caldwell, ID 83607
Ph: 208-454-0445
Contact the district office for
contact information.

C.A.T.C.H. of Canyon County
16 12th Ave, Ste 114
Nampa, ID 83651
Ph: 208-442-5300
A referral must be generated
from a caseworker at one of
the shelters; direct contact is
not possible.
http://www.catchprogram.org/
Email: info@catchprogram.org

Mana Resources
923 Grant St
Caldwell, ID 83605
Ph: 208-585-3375
Housing, employment
assistance, and IL skills.
Training to foster youth aging
out of care, juveniles coming
out corrections, and other
young adults ages 18-20 who
are homeless or at risk of
becoming homeless.
www.manaohana.org

PATH-Project for Assistance
in Transition from
Homelessness
Ph: 208-608-3766
or 208-336-5533 Ext. 276
Assistance to individuals who
are currently homeless or at
risk for becoming homeless.

https://www.benefits.gov/benefits/benefit-details/728

Idaho Department of Health
and Welfare Website
Located on the Idaho
Department of Health and
Welfare website, under the
providers tabs there is lists
created by the department
that allow one to see what
kind of different housing
options are available in the
community.

Living Independence
Network Corp
1609 S Kimball Ste. 201
Caldwell, ID 83605
Ph: 208-454-5511
Referral service for disabled,
connecting people to
independence.
canyoninfo@lincidaho.org
info@lincidaho.org

LEGAL
ASSISTANCE

Advocates for the Disabled
222 8th Ave S
Nampa, ID 83651
Ph: 208-461-4210
By appointment only.
http://www.shelldisability.com/

Area 3 Senior Services
Agency
701 S Allen St Ste 100
Meridian, ID 83642
Ph: 208-991-5629
https://aging.idaho.gov/

Canyon County Courthouse-
Court Assistance Office
1115 Albany St, Ste 334
Caldwell, ID 83605
Ph: 208-454-7455
Mon/Wed/Thur/Fri
9:00am-3:30pm
Closed 12:00-1:00pm
Legal Forms Workshop
Every Tues @ Canyon County
Courthouse, 9:30am-4:00pm
Call for more information and
registration.
Email: cao@canyonco.org
www.courtselfhelp.idaho.gov

CASA
120 S 9th Ave
Caldwell, ID 83605
Ph: 208-454-9167 Ext. 1012
Volunteers are appointed by
the courts to advocate and
represent abused and
neglected children in the
court system.
http://www.strongandsafe.org/

Concordia University Housing
Clinic
Ph: 208-639-5422
Concordia Law’s Housing
Clinic takes new clients from
September-November and
February-April. Call or email
to sign up.
lawclinic@cu-portland.edu
http://law.cu-portland.edu/community-engagement/housing-clinic-legal-representation

Concordia University St. Law
Clinic
Ph: 208-972-8200
Boise Public Library
715 S Capitol Blvd
Boise, ID 83702
The 2nd and 4th Mon every month 4:30-6:00pm
http://law.cu-portland.edu/academics/experiential-learning/clinics

Idaho State Bar Association & Idaho Law Foundation
Attorney Referral Service
Ph: 208-334-4500
A referral is free. The attorneys in the Lawyer Referral Service have agreed to charge $35 for an initial 30-minute consultation.
https://isb.idaho.gov/general/findattorney.html

Intermountain Fair Housing Council
5460 W Franklin Rd
Boise, ID 83705
Ph: 208-383-0695
http://www.ifhcidaho.org/

Nampa Family Justice Center- victims of abuse
1305 3rd St
Nampa, ID 83651
Ph: 208-384-5702
http://www.nampafamilyjusticecenter.org/190/Family-Justice-Center

Legal Aid
1104 Blaine
Caldwell, ID 83606
Ph: 877-500-2980
or 208-454-2591
www.idaholegalaid.org

Port of Hope
508 E Florida Ave
Nampa, ID 83686
Ph: 208-463-0118
Toll Free: 1-800-974-0118
DUI Evaluations and classes
www.portofhopecenters.org

State Attorney General
Criminal Victim Witness Coordinator
Ph: 208-334-4547
or 888-334-4547
victimcoordinator@ag.idaho.gov
http://www.ag.idaho.gov/victimAssistance/victimAssistance_index.html

University of Idaho Tax Clinic
Ph: 208-364-4074
If you would like more information about the Tax Clinic, or if you would like the Tax Clinic to consider representing you in a controversy with the IRS, please contact Barbara Lock in Boise.
block@uidaho.edu
https://www.uidaho.edu/law/academics/practical-skills/clinics/low-income-tax

MEDICAL ASSISTANCE

AuntBertha
The Social Care Network
Search for Free or Reduced cost services like medical care, food, job training and more.
www.auntbertha.com

Canyon County Community Clinic
524 Cleveland Blvd, Ste 110
Caldwell, ID 83605
Ph: 208-455-1143
Clinic offered to those on a non-emergency basis with current medical conditions. Clients that are eligible for service have no insurance, meet income guidelines, and must be a Canyon County resident.

http://www.canyon-clinic.org/

Canyon County Indigent Fund
Canyon County Courthouse
1115 Albany St
Caldwell, ID 83605
Ph: 208-454-7419

Family Medicine Health Center
215 E Hawaii Ave
Nampa, ID 83686
Community Health Worker and Certified Enrollment Counselors.
Ph: 208-514-2529
https://www.fmridaho.org/patients/

Genesis Community Health
215 W 35th St
Garden City, ID 83714
Ph: 208-384-5200
Idaho Crime Victims Compensation Program
208-334–6080 or toll-free statewide at 800-950-2110.
Provides financial assistance to crime victims who are injured as the result of criminally injurious conduct. Boise and surrounding area.
http://genesiscommunityhealth.com/

Nampa Family Justice Center-Elder Abuse
Address: 1305 3rd St So
Nampa, ID 83651
Ph: 208-475-5702
Must be 50 years of age or older; have experienced abuse, neglect or exploitation at the hands of an intimate partner, spouse, family member, caregiver or trusted other. Emergency funding for prescription medication assistance, eye glass assistance, transportation assistance, referrals for counseling, support groups and possible legal aid to support establishing safety.  

**Our Lady of the Valley Outreach**  
3719 E Cleveland Blvd  
Caldwell, ID 83605  
**Ph:** 208-454-2132  
Located inside St. Vincent DePaul. Maximum of $50 to be used towards prescriptions paid directly to the pharmacy.  
Wed 2:00pm-4:00pm  
Must go in person; no assistance over the phone.

**Southwest District Health-Communicable Disease Prevention**  
13307 Miami Ln  
Caldwell, ID 83605  
**Ph:** 208-455-5359  
Testing, counseling, and education to prevent the spread of disease.  
STD/HIV/AIDS Prevention.  
http://www.swdh.org/clinical-services.asp

**Terry Reilly Nampa 1st Clinic**  
207 1st Street S  
Nampa ID 83651  
**Ph:** 208-466-7869  
Services: Urgent Care (Nampa 1st Only), child & adolescent health, adult & senior health, women’s health, prenatal & OB care, immunizations, chronic & disease management, pharmacy, laboratory, x-ray.

**Terry Reilly Nampa 16th Clinic**  
223 16th Avenue N  
Nampa, ID 83687  
**Ph:** 208-318-2100

**Terry Reilly Arlington Clinic**  
2005 Arlington Ave  
Caldwell ID 83605  
**Ph:** 208-459-1025

**Terry Reilly Middleton Clinic**  
201 S Paradise Ave  
Middleton ID 83644  
**Ph:** 208-585-0048

**Terry Reilly Melba Clinic**  
150 2nd St  
Melba ID 83641  
**Ph:** 208-495-1011

**Treasure Valley Wheelchair Resources**  
DAV  
500 W Fort St.  
Boise, ID 83705  
**Ph:** 208-429-2140  
Older Veterans Assistance Program (OVAP)

**DME Loaners**  
2906 S 10th Street  
Caldwell, ID 83605  
**Ph:** 208-316-1529 for Mike  
**Ph:** 208-965-5654 for Jack  
Brothers Mike and Jack Rogers repair and loan durable medical equipment.

Gordon Souza with Vietnam Veterans of America  
**Ph:** 208-459-2134  
Email: gordysouza@gmail.com  
Repairs and provides motorized and manual wheelchairs in the Caldwell area.

**Hands of Hope NW**  
1201 S. Powerline Road  
Nampa, ID 83651  
**Ph:** 208-461-1473  
Loan durable medical equipment to area residents after surgery or to the elderly.

**Heroes on Wheels**  
134 E. Main Street  
Rexburg, ID 83340  
**Ph:** 208-359-6249  
Providing Veteran mobility one chair at a time

**Idaho Assistive Technology**  
322 E. Front Street  
Boise ID 83704  
**Ph:** 208-364-4564  
Loaning and receiving donations of used medical equipment.

**Knights of Columbus – Nampa Council**  
**Ph:** 208-871-2480 for Joseph Dunn
Repair and loan of wheelchairs.

LINC (Living Independence Network Corp)
1878 W. Overland Rd
Boise, ID 83706
Ph: 208-336-3335
703 S. Kimball Ave
Caldwell, ID 83605
208-454-5511
1182 Eastland Drive N.
Twin Falls, ID 83301
Ph: 208-733-1712
Offering tools and advocacy to support people maintaining independent living.

Veterans Mobility Corporation
2052 Jennie Lee Drive, Suite 1
Idaho Falls, ID 83274
Ph: 208-541-4809
Provides veterans and their spouses or children with motorized wheelchairs at no cost

Vets for Success Thrift Store
10321 Fairview Ave
Boise, ID 83704
Ph: 208-322 6536
Provides durable medical equipment and household goods for Veterans in need.

St Vincent de Paul Thrift Store
4308 W. State St
Boise, ID 83705
Ph: 208-853-4921
Will loan wheel chairs and other durable medical equipment

PREGNANCY, PARENTING, & FAMILY

A New Beginning Adoption Agency & Pregnancy Help
8660 W. Emerald St, Suite 142
Boise, ID 83704
Ph: 208-939-3665
Free tests and free pregnancy options counseling, open and semi-open adoption planning, assistance with medical, legal and living expenses. Ongoing counseling with licensed professional counselor after pregnancy, online support group, mentorship, monthly support group events around the Treasure Valley and annual events. Community resource referrals.
Email: admin@adoptanewbeginning.org
www.adoptanewbeginning.org/pregnancy

Baby Haven - Salvation Army
Caldwell
1015 E Chicago
Caldwell, ID 83605
Ph: 208-459-2011
Income based program for families who are either expecting a child or have a child under 24 months old. Resources for infants including formula, diapers, clothing, etc. after achieving certain goals. Educational opportunities for various topics, including nutrition and budgeting. English/Spanish.
http://caldwell.salvationarmy.org/caldwell/baby-haven/
https://www.stlukesonline.org/communities-and-locations/find-classes-and-events

Boise Parks and Recreation
150 N Capitol Blvd
Boise, ID 83702
Ph: 208-384-4422
Boise Parks and Recreation provides activities and classes for youth and adults in a variety of topics. Price varies but scholarships are available for those who qualify.
http://parks.cityofboise.org/

Casey Family Program
6441 Emerald St
Boise, ID 83704
Ph: 208-377-1771
Toll free: 888-581-3275
https://www.casey.org/idaho/

Catholic Charities of Idaho
7255 W Franklin Rd
Boise, ID 83719
Ph: 208-345-6031
Counseling, mental health, crisis, pregnancy and/or single parent support,
parenting education, youth and school retention programs, immigration legal assistance, Hispanic outreach services, and domestic violence immigration program. Also a domestic violence immigration program. English/Spanish. http://ccidaho.org/

**Emmett Family Services**  
2031 E Quail Run  
Emmett ID 83617  
Ph: 208-365-2525

**Hopes Door Shelter**  
Caldwell, ID 83605  
Ph: 208-459-6279  
Services vary based upon needs but services are offered to women and children who are battered and/or sexually abused. Education, basic necessities, vouchers, and referrals to other resources are provided by a service specialist. Services are free. https://aafvhope.org/

**Idaho Parents Unlimited**  
4619 Emerald St  
Boise, ID 83706  
Ph: 208-342-5884  
Service provided to parents and children with disabilities through education, therapy, counseling, job development, and rehabilitation services. www.ipulidaho.org

**La Leche League**  
Ph: 1-877-452-532  
Services provided from mothers and for mothers with support, encouragement and information for breastfeeding. www.llusao.org

**LifeLine Pregnancy Care Center**  
1323 12th Ave So  
Nampa, ID 83651  
Ph: 208-466-4000  
Free pregnancy testing and counseling. Baby and maternity clothes, other baby items. Referrals For adoption, medical care, and social services. Abortion recovery assistance and abstinence programs. Emotional support and friendship in time of need. All services are free and confidential. 24 Hour Careline. TEXT-208-615-1053  
www.lifelinepcc.org

**Mana Resources**  
923 Grant St  
Caldwell, ID 83605  
Ph: 208-585-3375  
Counseling services to children, youth, adults, couples, and families. Independent living program with employment assistance, skills training to foster youth aging out of care, juveniles coming out corrections, and other young adults ages 18-20 who are homeless or at risk of becoming homeless.  
www.manaohana.org

**Payette Family Services**  
501 N 16th St, Ste 108  
Payette ID 83661  
Ph: 208-642-6160

**PATHS Program**  
9167 W State St  
Garden City, ID  
Ph: 208-473-2191  
Services provided for higher needs foster children. Create and prepare foster families for children that will be placed in the home. Services provided are behavioral health, adoption, and family based services. Services are provided on a referrals basis from Department of Health and Welfare, Department of Juvenile Corrections, and Casey Family, as well as private pay. www.pathinc.org

**St. Luke’s Children’s Programs**  
Ph: 208-381-1719  
Car seat, pack n’ play, and bike helmet assistance to families in need. We ask for a small money donation for car seats if able and no donation is needed for Pack N’ Plays or helmets.  
Email: bryanj@slhs.org

**St. Luke’s-Birth, Parenting, and Community Education**  
Ph: 208-381-1510  
Classes offered for many different areas of life from birthing, parenting, adolescent, babysitting, dating, puberty, and other classes offered to those in the community. Classes do vary on fees but there is a scholarship available for all classes. Different classes are available at different times. A list of classes being offered and fees can be found on the website.

**Terry Reilly Nampa 1st Clinic – Medical, Dental, Behavioral Health and Urgent Care**  
207 1st St So  
Nampa ID 83651
Ph:  208-466-7869
Terry Reilly Nampa 16th Clinic
223 16th Ave N
Nampa ID 83867
Ph: 208-467-7654
Terry Reilly Arlington Clinic
2005 Arlington Ave
Caldwell ID 83605
Ph: 208-459-1025
Terry Reilly Middleton Clinic
201 S Paradise Ave
Middleton, ID 83644
Ph: 208-585-0048
Terry Reilly Melba Clinic
150 2nd St
Melba ID 83641
Ph: 208-495-1011
YMCA
1050 W State St
Boise, ID 83702
Ph: 208-344-5501
The YMCA is an organization created to help youth, individuals, and families with development, healthy living, and social responsibility. Services are provided through membership. Financial aid is available. Locations include Boise, Meridian and Caldwell. http://www.ymcatvidaho.org/

YOUTH SERVICES

Big Brothers/Big Sisters
110 N 27th St
Boise, ID 83702
Ph: 208-337-2552
Free services provided to youth. The youth are mentored to help influence healthy lives. http://www.bbbsidaho.org/

Boys and Girls Club
316 Stampede Dr
Nampa, ID 83687
Ph: 208-461-7203
Boys and Girls club provides support and services to the youth to help them reach their full potential as a productive, caring and responsible citizens. http://bgcnampa.org/

Parenting with Love and Limits
450 W State St
Caldwell, ID 83605
Ph: 208-455-7016
Program through the Idaho Department of Health and Welfare that helps children from 10-17 years of age and their parent learn how to maintain a healthy relationship. https://www.gopll.com

YMCA-Treasure Valley
3720 S Indiana Ave.
Caldwell, ID 83605
Ph: 208-454-9622
Services that develop youth, promote healthy living, and inspire social responsibility. Youth activities are for kids ages 6-15. http://www.ymcatvidaho.org/

SHELTERS & SHOWERS

Men Only
Lighthouse Shelter

304 16th Ave N
Nampa, ID 83687
Ph: 208-461-5030
No reservations. www.boiserm.org/facilities/light house/

River of Life Shelter
575 S 13th St
Boise, ID 83701
Ph: 208-389-9840

Hays House
7221 Poplar
Boise, ID 83704
Ph: 208-322-6687

Hopes Door
Caldwell, ID 83605
Ph: 208-459-6330
For women and children victims of domestic violence. 24-hour crisis line available: 208-459-4779
https://aafvhope.org/resources/hopes-door-shelter/

Nampa School District 131
446 Lake Lowell
MV Office
Ph: 208-468-4601 Ext. 1161
Contact: Steffanie Altenbern saltenbern@nsd131.org or Mirella Garcia. Provide resources and support for homeless students.

Valley Shelter
869 W Corporate Ln
Nampa, ID 83651
SUBSTANCE USE DISORDER TREATMENT

2nd Chances
1214 Logan
Caldwell, ID 83605
Ph: 208-455-8399
Offers adult male safe and sober housing. Accepts self-pay and insurance.

Acacia Wellness Center
217 W Georgia Ave
Nampa, ID 83686
Ph: 208-498-1760
Crisis: 208-914-3053
Mon 9:00am-8:00pm (6-8pm for walk-ins)
Wed 9:00am-7:00pm
Thu 9:00am-6:00pm
Friday 9:00am-5pm
Private pay/ Medicaid/private insurance/sliding scale.
Mental health, CBRS, case management, med management, peer support, substance abuse groups, and individual therapy.
www.acaciawellness.org

Access Behavioral Health
3307 Caldwell Blvd
Nampa, ID 83651
Ph: 208-466-4637
Offers outpatient substance abuse treatment, case management, life skills, and alcohol/drug testing.
Accepts state funding; Medicaid, Medicare, insurance and voc rehab

AAVF Hopes Door
720 N 16th Ave
Caldwell, ID 83605
Ph: 208-459-6279
Offers safe and sober housing. Accepts self-pay and state funding. Adult females and adolescents.
https://aafvhope.org/resources/counseling/

All Seasons Mental Health
1007 W Orchard Rd
Nampa, ID
Ph: 208-461-2838
Offers outpatient substance abuse treatment, case management, and alcohol/drug testing.
Accepts state funding and Medicaid. Adults.
asmh.org/

Ambitions of Idaho
1031 W Sanetta St
Nampa, ID 83651
Ph: 208-466-7443
524 Cleveland Blvd
Caldwell ID 83605
Ph: 208-454-2996
Offers outpatient substance abuse treatment, case management, and life skills. Accepts state funding, Medicaid, private pay, Medicare, and other insurance. Adults and adolescents.

Ascent Behavioral Health
366 SW 5th Ave, Ste 100
Meridian, ID 83642
Ph: 208-898-9755
Text: 208-352-6563
A Fresh Start Recovery Services  
1123 Blaine St  
Caldwell, ID 83605  
Ph: 208-459-9222  
Offers outpatient substance abuse treatment, case management, life skills, alcohol/drug testing, and transportation. Accepts state funding, Medicaid, private insurance and self-pay.  
Adults.  
http://www.freshstartrecoveryservices.com/

Bell Counseling-Caldwell  
2719 S Kimball Ave  
Caldwell, ID 83605  
Ph: 208-459-6557  
Offers outpatient substance abuse treatment, case management, life skills, alcohol/drug testing, and child care. Accepts state funding, Medicaid, and private pay.  
Adults and adolescents.

Bell Counseling-White Sage  
1208 E Linden  
Caldwell, ID 83605  
Ph: 208-454-1744  
Offers adolescent residential treatment. Accepts state funding and private pay.  
Adolescent males only.

Bell Counseling-Payette  
235 S Main St  
Payette, ID 83661  
Ph: 208-642-7364  
Offers outpatient substance abuse treatment, case management, life skills, alcohol/drug testing, transportation, and child care. Accepts state funding, Medicaid, and private pay.  
Adults and adolescents.

BPA Health  
Ph: 1 800-922-3406  
Monday – Friday 9am to 6pm  
Individuals who do not have insurance or Medicaid are interested in recovery services call to complete a brief eligibility screening for state funded services.  
www.bpahealth.com

Center for Behavioral Health  
92 S Cole  
Boise, ID  
Ph: 208-376-5021  
2275 S Eagle #190  
Meridian ID  
Ph: 208-288-0649  
Mon-Fri 5:00am- 12:30pm  
Sat 6am – 8am Private Pay  
Methadone & Suboxone clinic for opiate use disorder, outpatient treatment for other addictions, domestic violence offender intervention program, anger management, anti-theft  
www.centerforbehaviorhealth.com

Community Services Counseling  
974 Corporate Ln, Ste 102  
Nampa, ID 83651  
Ph: 208-442-0024  
Offers outpatient substance abuse treatment and case management. Accepts state funding.  
Adults.

Cook & Tafoya Fisher Behavioral Health  
16 12th St So, Ste 103  
Nampa, ID 83651  
Ph: 208-461-3720  
Offers outpatient substance abuse treatment and life skills. Accepts state funding.  
Adults and adolescents.

Easter Seals-Goodwill Behavioral Health  
510 Arthur St  
Caldwell, ID 83605  
Ph: 208-454-8555  
Offers outpatient substance abuse treatment, case management, and life skills. Accepts state funding, Medicaid, and self-pay.  
Adults and adolescents.  

Family Services Counseling Center  
704 Albany St  
Caldwell, ID 83605  
Ph: 208-454-5133  
Offers outpatient substance abuse treatment, case management, alcohol/drug testing, transportation, and child care (with parent on site). Accepts state funding, Medicaid, and self-pay.  
Adults and adolescents.

Human Supports of Idaho, Inc.  
314 Badiola St  
Caldwell ID 83605  
Ph: 208-454-8389  
http://www.cscid.org/
4477 W Emerald Suite C100 Boise ID 83706
Ph: 208-321-0160
CBRS, case management, individual counseling, family and child counseling, group therapy, peer support, med mgmt., SUD services (outpatient and intensive outpatient) and payee service. Most insurances accepted including Medicaid and Medicare; some sliding fee and pro bono services available.
www.humansupports.com

Intermountain Hospital
303 N Allumbaugh St Boise ID 83704
Ph: 208-906-3209 Toll Free Number: 1-800-321-5984
Adults and Adolescent Treatment
www.intermountainhospital.com

Life Counseling
112 12th Ave Nampa, ID 83686
Ph: 208-465-5433
Offers outpatient substance abuse treatment, case management, and life skills. Accepts state funding, private insurance, self-pay, Medicaid, and Medicare. Adults and adolescents.
http://www.lccidaho.com/

Lifeways Recovery Center
702 Sunset Dr Ontario, OR 97914
Ph: 541-889-2490
Offers adult residential substance abuse treatment Accepts state funding, Oregon health plan (OHP), Medicaid, Medicare, self-pay, and insurance. Adults.
http://www.lifeways.org/locations/lifeways-recovery-center/

Lighthouse Rescue Mission-The New Life Program
304 16th Ave N Nampa, ID 83687
Ph: 208-461-5030
Offers faith based drug and alcohol discipleship recovery program for one to two years. Free to participate.
https://boiserm.org/services/addiction-recovery/

Montgomery Counseling Center
270 W. Georgia Ave Nampa, ID 83686
Ph: 208-463-0212
Offers outpatient substance abuse treatment Accepts state funding, EAP, insurance, Medicaid, and self-pay. Adults and adolescents.
http://www.montgomerycounselingcenter.com/

Mountain States Chemical Dependency and Counseling Services, Inc.
1305 2nd St S, Ste 201 Nampa, ID 83686
Ph: 208-463-0202
Offers outpatient substance abuse treatment, case management, alcohol/drug testing, and life skills. Accepts state funding, Medicaid, and self-pay. Adults.

NorthPoint Recovery
Locations In Boise Ph: 208-314-6220 24-hour Admissions Line

Peak Recovery
2423 S Georgia Ave Caldwell, ID 83605
Ph: 208-455-1788
Offers outpatient substance abuse treatment, case management, and alcohol/drug testing. Accepts state funding, Medicaid, private insurance, and self-pay. Adults and adolescents.
http://www.peakrecoveryllc.com/

Professional Counseling and Recovery Support
2 N Main St Payette, ID 83661
Ph: 208-230-2989

Port of Hope Center
508 E Florida Nampa, ID 83686
Ph: 208-463-0118
www.portofhopecenters.org

Recovery 4 Life
709 Dearborn St Caldwell, ID 83605
Ph: 208-376-7083

Adult inpatient Medical Detox and residential, adult outpatient and adolescent day treatment.
https://www.northpointrecovery.com/

Recovery 4 Life
709 Dearborn St Caldwell, ID 83605
Ph: 208-376-7083

Revised August 2020
Offers mental health to include mediation mgmt. and outpatient substance use disorder treatment with recovery support services (case management, drug testing, recovery coaching, peer support, transportation and referrals to safe and sober housing). Accepts state funding, Medicaid, insurance EAP programs, credit cards, and self-pay on a sliding scale. Adults and adolescents. Service in Boise and Caldwell. www.recovery4lifeidaho.com

**Rising Sun Sober Living**  
516 S 6th Ave  
Caldwell, ID 83605  
Ph: 208-898-4668  
Offers adult safe and sober housing. Accepts state funding, self-pay, and transitional funding. Adult males.  
info@risingsunsoberliving.com  
www.risingsunsoberliving.com

**Rising Sun Sober Living**  
704 Belmont Ave  
Caldwell, ID 83605  
Ph: 208-898-4668

**Rising Sun Sober Living**  
1704 Dearborn St  
Caldwell, ID 83605  
Ph: 208-898-4668

**Rising Sun Sober Living**  
609 E Denver St  
Caldwell, ID 83605  
Ph: 208-898-4668

**Rising Sun Sober Living**  
523 Everett St  
Caldwell, ID 83605  
Ph: 208-898-4668

**Rising Sun Sober Living**  
1214 E Logan St  
Caldwell ID 83605  
Ph: 208-898-4668

**Rising Sun Sober Living - Ash St**  
310 W Ash St  
Caldwell, ID 83605  
Ph: 208-898-4668  
Offers adult safe and sober housing. Accepts state funding, self-pay, and transitional funding. Adult females.  
www.risingsunsoberliving.com/

**SHIP**  
510 Elmwood Dr  
Nampa, ID 83687  
Ph: 208-297-8889  
Offers adult safe and sober housing, life skills, and alcohol/drug testing. Accepts state funding and self-pay. Adults.  
http://shipinc.org/

**Victory over Sin**  
IMSI Hope Community Phase II  
963 S Orchard Ste 101 Boise  
ID Tues – Wed @ 7pm  
Ph: 208-629-8861  
www.imshihopecommunityphaseii.com

**RECOVERY CENTERS**

**Parma Wed Night Group - The Lodge**  
Corner of 2nd and E Grove Ave. (HWY 20/26/95)  
Ph: 208-898-4668

**Alcoholics Anonymous class offered every Wed at 7:00pm**

**Salvation Army - Nampa**  
403 12th Ave S  
Nampa, ID 83651  
Ph: 208-467-6586  
AA meeting is held in our building every Friday at 8pm, open to anyone.  
www.nampa.salvationarmy.org

**SUPPORT GROUPS**

**A New Beginning Wellness Center**  
8660 W Emerald St, Suite 142  
Boise, ID 83704  
Ph: 208-939-3965  
Foster Care/Foster-Adopt Support Group. Foster Care/Adoptive Parent support group meets monthly and Birth Mother Support group – Connections. For women who have chosen an adoption plan for their babies or children. Online support group, monthly meetings throughout the Treasure Valley and annual events. Mentorship and compassionate support.  
admin@adoptanewbeginning.org

**Boise Moms Group**  
Ph: 208-991-0534  
Support group created for moms in Boise and surrounding areas. The group is to offer mother to mother support. Annual fee of $10.  
http://boisemomsgroup.my-free.website/
Compassus Hospice
Bereavement/Grief Support Group
680 S Progress Ave
Meridian, ID 83642
Ph: 208-895-8686
Thursdays 1:00 pm
Bereavement Coordinator: Jay Ralphs

Hopes Door Shelter
Caldwell, ID 83605
Ph: 208-459-6279
Hopes door offers a variety of support groups for women including self-esteem, parenting and family (Spanish and English), personal finances, and golden voice (50+). Women only, except for men’s safety planning support group. Services are free. https://aafvhope.org/resources/adult-education/

Idaho Youth M.O.V.E
1703 3rd St
Nampa, ID, 83687
Ph: 208-433-8845
Idaho Youth M.O.V.E is a support group for adolescents who have mental health issues. http://idahofederation.org/idahoyouthmove/

NAMI Connection
4696 W Overland, Ste 272
Boise, ID 83705
Ph: 208-376-4304
http://www.namiboise.org/support.html

NAMI Family and Friends Support Group (Boise)*
El-Ada Program Building
2250 S Vista Ave
Boise, ID 83705
1st, 2nd & 3rd. Wed of each month. The 4th Wed. will be an Education night. 7:00 pm-8:30 pm
http://www.namiboise.org/support.html

NAMI Family and Friends Support Group (Nampa)
First United Methodist Church
2717 12th Ave
Nampa, ID 8368
Ph: 208-376-4304
Thur 6:30pm-8:00pm
http://www.namiboise.org/support.html

NAMI Connection Recovery Support Groups-Boise-Open to all with mental illness
VA Medical Center
500 West Fort St. Bldg. 114
Ph: 208-376-4304
Tues 1:00 pm-2:30 pm
http://www.namiboise.org/support.html

Omega Health Services
5985 W State St
Boise, ID 83703
http://omegahealthservices.com

DBSA Support Groups-Depression and Bipolar Support Alliance-takes all mental illnesses
Ph: 208-949-6759
Contact: Diana Howard
Email: dbsatreasurevalley@yahoo.com
http://www.dbssalliance.org/

Idaho Federation of Families for Children’s Mental Health
704 N7th St
Boise, ID 83702
Ph: 208-433-8845

Email: cshotton@idahofederation.org
http://idahofederation.org/

St. Luke’s Living Through Cancer Support Group
St. Luke’s MSTI
308 E Hawaii Ave
Nampa, ID 83686
Ph: 208-463-6009
This ongoing support program welcomes people with cancer and their loved ones. Share your challenges and discuss topics that influence health and well-being. Every Thur.

Jefferson St. Counseling Co-Dependency Education and Support
1517 W Jefferson St
Boise, ID 83702
Ph: 208-473-2283
Support group for education and support through the recovery of codependency. Women are typically able to attend and men will be waitlisted. Support group meets weekly on Thur from 9:15am-10:45am and 5:00pm-6:30pm. http://jeffersonstreetcounseling.com/services/codependency/

The Compassionate Friends
St. Luke’s Hospital-West
520 S Eagle Rd
Boise, ID 83642
Ph: 208-409-4660
Support group offered to families after a child passes. The support group is held on the 2nd Thur of every month at 7:15pm. Group is free. http://www.tcfboise.org/index.html
Alzheimer’s Idaho, Inc. Support Groups
13601 W. McMillan Ste 249
Boise, ID 83713
Ph: 208-914-4719
http://www.alzid.org/support/

Overland Court Alzheimer’s Support Group
Overland Court Senior Living
10172 Smoke Ranch Dr
Boise, ID 83709
Ph: 208-322-2900
Contact person: Jenny
Email: overlanddsm@isllc.com
http://overlandcourtseniorliving.com/support-group/

Emerson House-Families, Caregivers, & those Grieving
8250 W Marigold
Garden City, ID 83714
Ph: 208-377-3177

Parents Anonymous-Support Group
Parent-led group where parents and caregivers can freely share their questions, concerns, problems, and solutions about parenting in a safe, nonjudgmental, supportive atmosphere.
http://www.strongandsafe.org/our-programs-(2)/parents-anonymous
Meets at Caldwell Church of Christ, 4012 10th Ave. in Caldwell. Wed 5:00pm-7:00pm; Dinner and childcare are provided.
http://www.caldwellcofc.org/oureach/

Suicide Prevention Action Network of Idaho
Meridian City Hall
33 E Broadway Ave
Meridian, ID 83642

Ph: 208-888-4433
Meets 2nd Tues each month, 11:45am-1:00pm
http://www.spanidaho.org/region-4-boise

St. Luke’s Hospital-Meridian Downstairs, Paiute room
520 S Eagle Rd
Meridian, ID 83642
Ph: 208-350-8856
Meets 3rd Wed each month, 6:00pm-7:30pm
Contact: Rubie Gallegos
http://www.spanidaho.org/meridian-support-group

Kristi Hendry with NOMS-Not One More Suicide
820 2nd St S
Nampa, ID 83651
Ph: 208-695-9926
Last Sun each month, 2:00pm-4:00pm

Bereaved by Suicide Peer Support Group
Elks Lodge
1116 1st St S
Nampa, ID 83651
Ph: 208-272-8522 or 208-272-3512

SENIOR SERVICES

Willow Park Senior Living
2600 N. Milwaukee St
Boise, ID 83704
Ph: 208-373-1234

Meridian Senior Center
1920 N Records Way
Meridian, ID 83642
Ph: 208-888-5555

http://www.meridianseniorscenter.com/

Spring Creek Meridian-175 E Calderwood Dr
Meridian, ID 83642
Ph: 208-884-6199
https://edgewoodseniorliving.com/community/spring-creek-in-meridian-id

Church of the Brethren
Canyon County Alzheimer’s & Dementia Support Group
11030 West Orchard Ave
Nampa, ID 8365
Ph: 208-466-3321

Prestige Assisted Living-Autumn Wind
200 West Beech St
Caldwell, ID 83605
Ph: 208-459-3335
https://www.prestigecare.com/location/prestige-assisted-living-at-autumn-wind

TAX RESOURCES, BUDGETING, & DEBT COUNSELING

Love, Inc.
16446 Franklin Rd
Nampa, ID 83687
Ph: 208-466-7810 Ext. 5
http://www.loveinctv.org/wp/

Debt Reduction Services
6213 N Cloverdale Ste 100
Boise, ID 83713
Ph: 877-688-3328
AARP Tax Return Assistance-Begins February 1st. 
Toll free: 888-687-2277 
AARP Foundation Tax-Aide is offered in conjunction with the IRS. 
http://www.aarp.org/money/taxes/aarp_taxaide/ 

IRS Tax Return-Caldwell Public Library: Feb-March 
Caldwell Public Library 
1010 Dearborn St 
Caldwell, ID 83605 
Ph: 208-459-3242 

IRS Tax Return-Nampa Public Library: Feb-March 
215 12th Ave S 
Nampa, ID 83651 
Ph: 208-468-5800 

Online Resources 
Idaho State Tax Commission 
https://tax.idaho.gov/i-1116.cfm 

University of Idaho Law-Tax Clinic 
Ph: 208-364-4074 
Contact: Barbara Lock 
block@uidaho.edu 
https://www.uidaho.edu/law/academics/practical-skills/clinics/low-income-tax 

TRANSPORT 

Medicaid Transportation Management, Inc (MTM) 
3295 W Emerald Ste 108 
Boise, ID 83705 
Hours: 8am to 5pm, M-F 
Ph: 877-503-1261 
Idaho Medicaid only; must apply first. 

El-Ada Outreach 
2250 S Vista Ave 
Boise, ID 83705 
Ph: 208-345-2820 
Ada County. Income-based; must apply. 
http://eladacap.org/ 

Metro Community Services 
304 N Kimball Ave 
Caldwell, ID 83605 
Ph: 208-459-0063 
Transportation for those aged 60+ and/or disabled in Canyon County to meet medical, nutritional, employment, education, social, and recreational needs. For those not requiring wheelchair accessibility, volunteer drivers are available for rides originating in Canyon County to medical appointments in the Treasure Valley. No charge, but donations accepted. 
http://www.metrocommunityservices.net/transportation 

St. Alphonsus Express 
1512 12th Ave 
Nampa ID 83686 
Ph: 208-463-5743 
Any apt with 24-hr notice. 
Wheelchair accessible. 
Mon-Fri 8:00am-2:00pm 
https://211idaho.communityos.org/zt/profile/program/id/845313 

Go Ride Idaho- Volunteer Drivers Program 
700 NE 2nd St, Ste 100 
Meridian, ID 83642 
Ph: 208-846-8547 

Kool Ridez 
1803 Ellis Ave 
Caldwell, ID 83605 
Ph: 208-454-9982 
Taxi service. 

Treasure Valley Transit 
1136 W Finch Dr 
Nampa, ID 83651 
Ph: 208-463-9111 
Wheelchair accessible. 

Malheur Transit 
842 SE 1st Ave 
Ontario, OR 97914 

http://www.debtreductionservices.org/ 
http://www.mtm-inc.net/idaho/ 
http://www.gorideidaho.org/volunteer-programs.html 
http://www.aarp.org/money/taxes/aarp_taxaide/ 
http://www.gorideidaho.org/volunteer-programs.html 
Veterans Affairs Van 
Boise VA Medical Center 
Boise, ID 
Ph: 208-422-1039 
Wheelchair accessible. VA & families only. Mon-Fri 
8:30am-4:30pm 
No appt. after 2:00pm 
Must provide 48-hr notice 
https://www.boise.va.gov/visitors/ 

Stone Bridge Transport 
5979 W Overland Rd 
Boise, ID 83709 
Ph: 208-344-9228 
Mon-Fri 8:00am-5:00pm 
Some weekends and after hours with 24-hr notice. 
First come first serve; do take appointments. 
http://stonebridgecare.com/ 

Tropicare Transport 
7480 E Grey Lag Dr 
Nampa, ID 83687 
Ph: 208-467-CARE (2273) 
http://tropicaretaxi.com/
Boise City Taxi
110 E 35th St
Boise, ID 83714
Ph: 208-377-3333
AAA and senior citizen discounts.
http://www.boisecitytaxi.com/

Freedom Shuttle
Ph: 208-866-3055
Wheelchair accessible.
http://freedomshuttle.net/

Ada-Boi Critical Care Transfer
3985 S Summerset Way
Boise, ID 83709
Ph: 208-362-2973
Contact for availability.
Serving all of Treasure Valley.

VISION

Lion’s Club
PO Box 606
Nampa, ID 83651
Ph: 208-615-4662
http://e-clubhouse.org/sites/nampa/

EYE SURGERY & HEARING AIDS

Idaho/Eastern Oregon Lions Sight & Hearing Foundation, Inc.
1090 N Cole Rd

Boise, ID 83704
Ph: 208-338-5466
Toll free: 800-546-6889
https://www:idaholions.org

MISC/OTHER

Genesis Service Dogs-
Danielle Stem
Meridian, ID
Ph: 208-761-4884
http://www.genesisservicedogs.com/

Juvenile Court Services-
Community Service Program
6300 Denton St
Boise, ID 83704
Ph: 208-287-6998
Helps offenders repay their debt to the community and be accountable for their actions. Programs include TEAM, work and learn, transitional care, counseling, victim impact program, mediation, and employability.
https://adacounty.id.gov/Juvenile-Court

Nampa Police Department
Prescription Disposal
820 2nd St S
Nampa ID 83651
Ph: 208-466-5662
Lobby is accessible 24/7 for unwanted prescriptions (excluding syringes)

Meridian Police Department
Prescription Disposal
1401 E. Watertower St
Meridian, ID 83642
Ph: 208-888-6678
The Meridian Police Department will help dispose of unwanted prescriptions

exceeding syringes any time during business hours. Mon-Fri 8:00 am-5:00 pm