

Canyon County Self Rescue Manual
A guide to community resources and supports
in Region 3.

Please email updates/feedback/information
to: selfrescue@phd3.idaho.gov



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CLOTHING & FURNITURE

Love, Inc.

16470 N Franklin Blvd
Nampa, ID 83687
Ph: 208-466-7810 ext. 5
Requests are taken via the telephone and an application process, resources for furniture, bedding, adult, teen, and children's clothing. Mon- Fri 9:30am to 1:00pm

Clothing Shed – Lakeview Church of the Nazarene

Pastor Gretchin
Ph: 208-466-0112

IMSI Hope Community Phase II

963 S Orchard Suite 101
Boise ID *Ph: 208-629-8861*
Clothing voucher/housing /employment/bus passes for those out of incarceration.
www.imsihopecommunityphaseii.com

St. Vincent DePaul-Our Lady of Guadalupe Food Pantry

2920 E Railroad St
Nampa, ID 83687
Ph: 208-442-4452
Tues/Thur 3:00pm to 5:00pm

Seventh Day Adventist Community Services

2216 E Linden St
Caldwell, ID 83605
Ph: 208-454-3549
Clothing and food resources upon availability.
Mon 10:00am-12:30pm
Tues 2:30pm-5pm
Caldwell residents only.

Seventh Day Adventist Community Services

1515 Checola
Nampa, ID 83686
Ph: 208-461-1651
Clothing and food resources, once per month.
Wed 12:00pm-4:00pm
Nampa residents only. Photo id required. Must bring proof of Nampa residence (not id).

Lighthouse Rescue Mission

304 16th Ave N
Nampa, ID 83687
Ph: 208-461-5030
www.boiserm.org
Open and staffed 24/7. Emergency shelter and drug/alcohol recovery program. 3 meals/day for residents and men, women, and children in the area

Deseret Industries

619 S Canyon St
Nampa, ID 83686
Ph: 208-498-0569
Services provided to any student in the Nampa school district. School clothing, shoes, belts. Can call directly or speak with school counselor.

Our Lady of the Valley Outreach

3719 E Cleveland Blvd
Caldwell, ID 83605
Ph: 208-454-2132
Located inside St. Vincent's.
Store hours: Mon-Sat 9:00am-6:00pm
Store Food bank: Wed 2:00pm-5:00pm
Helpline *Ph: 208-919-2940*
Spanish *Ph: 208-571-2160*

Helpline available 24/7; will get a response within 24-48 hours (rent, utilities, clothing, furniture, household items)

COMMUNITY MEALS

Lighthouse Rescue Mission

304 16th Ave N
Nampa, ID 83651
Ph: 208-461-5030
Serves 3 Meals a Day for residents and the community. Breakfast Mon-Sat 6:30am, Sun 8:00am; Lunch Mon-Sat 12:00pm, Sun 1:00pm; Dinner Mon-Sun 7:00 pm
www.boiserm.org

Salvation Army-Nampa

403 12th Ave S
Nampa, ID 83651
Ph: 208-467-6586
Serve 2 meals a day M-F; Breakfast 8am, Lunch 11:30am.
www.nampa.salvationarmy.org

COUNSELING & MENTAL HEALTH

A Body & Mind Health Services

148 S Cole Rd
Boise ID 83709
Ph: 208-683-8320
Medicaid and insurance. Embrace physical fitness, nutrition, outdoor activities and community. Therapy specialize in first responders,

individual, families, and couples. Telemental health, CBRS, Case management, Peer and family support, refugee population. Spanish speaking interpreters available.
www.abmhealthservices.com

A New Beginning Wellness Center

8660 W Emerald, Ste 142
Boise ID 83704
Office hrs: 9-5 Mon – Thurs
Evening appts available to schedule call 208-939-3865
Counseling, Peer Support, and Family Support, TBRI Trainings. Accept Medicaid & Private Insurance.
www.anbwellnesscenter.org

Ability Health and Rehabilitation

10101 W Overland Rd #110
Boise, ID 83709
Ph: 208-333-9578
Fax: 208-333-9582 Peer support services, medical management, CBRS, case management, counseling. Medicaid and private insurance.

Abundant Serenity LLC

925 Main St Ste A
Meridian, ID 83642
Ph: 208-918-0380
Email:
wendyperez@abundantserenity.com
Hrs: Tuesday – Thursdays
8am to 7pm.
Medicaid/private insurance/Medicare/EAP. Counseling for postpartum, prenatal, infants, family, parenting, children,

adolescents and adults. Trauma and attachment-informed, behavioral health and substance abuse. Evidence-based programs used.
www.abundantserenitywp.com

About Balance Mental Health

6550 Emerald St Ste 108
Boise, ID 83704
Ph: 208-342-6300
Mon-Fri, 9:00am-5:00pm, Fri 9:00am-3:00pm in summer. Counseling, med management, CBRS, case management, peer support. Accepts Medicaid and sliding scale fee with a minimum of \$50 for Therapy and \$61 for Med Management.
www.aboutbalance.net/

Acacia Wellness Center

217 W Georgia Ave
Nampa, ID 83686
Ph: 208-498-1760
Crisis: 208-914-3053
Mon 9:00am-8:00pm (6-8pm for walk-ins)
Tue 9:00am-6:00pm
Closed Tues/Thur from 11:00am-1:00pm
Wed 9:00am-7:00pm
Thurs 9:00am-6:00pm
Friday 9:00am-5pm
Evening appointments available upon request. Private pay/Medicaid/private insurance/sliding scale
Mental health, CBRS, case management, med management, peer support, substance abuse groups, individual therapy.
www.acaciawellness.org

Access Behavioral Health Services

3307 Caldwell Blvd Ste 104
Nampa, ID, 83651
Ph: 208-465-4833
Mon-Fri 8:00am-5:00pm
Walk in appointments available on a limited basis. Medicaid/private insurance/Medicare/MMCP/sliding scale/EAP. Counseling, case management, CBRS, developmental therapy for children and adults, peer support, substance abuse groups, individual therapy, med management. Emergency walk in clinic for medication on Fri.
www.accessbhs.com

Access Living

690 S Industry Way, Ste 45
Meridian, ID 83642
Ph: (208)922-2207
Mon-Fri, 9-6
Counseling, CBRS, Child Development Therapy, Adult Day Treatment, Med Management, Case Management. Medicaid, Sliding Scale, most insurances.
accesslivingllc.com

Advocates Against Family Violence-Hope's Door

1508 Hope Ln, Ste 102
Caldwell, ID 83605
Ph: 208-459-4779
24/7 Crisis Hotline Toll Free: 1-877-459-4779
Domestic violence and sexual assault shelter, sexual assault response team, court advocacy, groups/classes, counseling, safe and sober

housing, childcare center, teen outreach program, rural outreach program.

www.aafvhope.org

Alliance Family Services

6003 W Overland Rd
Boise, ID 83709

Ph: 208-922-6538

Med management, psychotherapy, CBRS, case management, peer support, psychotherapy groups, company employee and family assistance programs, and substance abuse services.

Accepts most insurances, Medicaid, Medicare, Blue Cross, United Behavioral Health, workman's comp, private pay, BPA, and Tricare.

<http://www.alliancefamilyservices.net/home.html>

All Seasons Mental Health

1007 W Orchard
Nampa, ID 83651

Ph: 208-461-2838

General medicine, family practice, psychiatric care, psychological testing and diagnostics, counseling, bereavement, med management, community based care, supported living, developmental therapy, benefits assistance, CBRS, physicals, wellness checks, specialist referrals, healthy connections referrals, case management, interpretive services offered for many different languages.

Blue Cross, Blue Shield, United, ID Physicians Network, Aetna, Medicaid, Medicare, sliding scale.

www.asmh.org

All Together Now

2995 N Cole Rd, Ste 270

Boise, ID 83704

Stonegate Plaza

Ph: 208-336-4504

Med management, CBRS, counseling, rehabilitation services, case management. Private pay, sliding scale, and most insurances accepted.

www.alltogether-now.com

Alpine Behavioral Health

8590 W. Fairview Ave

Boise ID 83704

Ph: 208-672- 0260

Psychotherapy, Case Management, CBRS, Payee Services, Med management, Conflict Resolution/ Mediation. Interpreters available.

Medicaid, Medicare, private pay, sliding scale, most insurances accepted.

www.alpinebehavioralhealth.com

Altis Counseling Associates, LLC

912 12th Ave South, Ste 104

Nampa ID 83686

410 S Orchard St

Boise ID 83705

Ph: 208-751-0478

Hours: Nampa 9am to 7pm Tue, Fri and Sat and Boise 9am to 7pm Mon-Fri.

Provides specialized treatment for adolescents and adults with unhealthy sexual behaviors with ATSA and SOMB certified counselors. Also provide psychosexual evaluations throughout Idaho.

Counselors: Hillary Raptosh,

LPC; Merridith Manning, LMFT; Shelly Osborne, LCPC emails:

hilary@altiscounseling.com;

shelly@altiscounseling.com;

merridith@altiscounseling.com

Alturas Counseling, LLC

5185 W Overland Rd

Boise ID 83705

Ph: 208-991-0225

Counseling for individuals, couples, family, children, adolescences, elderly, development disabilities, refugees, and military.

Most insurances, Medicaid, Medicare, and Tricare.

<http://alturascounseling.com>

Ambitions of Idaho

1031 W. Sanetta St

Nampa, ID 83651

Ph: 208-466-7443

Mon-Fri 9:00am-5:00pm

CBRS, anger management, faith based counseling, diagnostic interviews, EMDR, grief counseling, life/success coaching, counseling, case management, support/education, residential habilitation, behavior consultation, med management, nursing services, A&D waiver/PCS services representative, and payee services.

24 Hour Crisis Intervention

Ph: 208-794-2379

Medicaid/ Medicare/private pay/private insurance/sliding scale/pro bono. Bilingual available.

Ascent Behavioral Health

366 SW 5th Ave, Ste 100
Meridian ID 83642
Ph: 208-898-9755
Text: 208-352-6563
Hours: Mon-Fri 9:00am-6:00pm
<http://www.ascentbhs.org>

Ashwood Recovery

847 Park Centre Way Ste 7
Nampa ID 83651
Ph: 208-318-0220
Outpatient mental health and substance abuse treatment
Ages 12 – 17 Free assessments.
www.ashwoodrecovery.com

Aspire Assessments and Health Resources

16 12th Ave S. Ste 201
Nampa ID 83651
Ph: 208-921-1024

Aspire Professional Counseling Services

14880 Alkmaar St
Caldwell, ID 83607
Ph: 208-585-3062
Tues 9:00am-9:00pm
Crime victim comp/private insurance/EAP.
Early childhood trauma, marriage counseling, family therapy, children and adults.
EMDR certified.

AuntBertha

The Social Care Network Search for Free or Reduced cost services like medical care, food, job training and more. www.auntbertha.com

Aura Counseling and Wellness, LLC

1224 1st St S Suite 306

Nampa, ID 83651
Ph: 208-463-4639
Offer mental health and substance abuse disorder services including: assessments, case management, individual, family, and couples' therapy, group counseling, anger management, parenting classes and drug testing. We accept BPA funding, Medicaid, private insurance, and utilize a sliding fee scale.
www.auracounseling.com

Avanzar Wellness

11513 W Fairview Ave Ste 105
Boise ID 83713
Ph: 208-908-7882
Offering counseling youth, teens, adults and families, provider case management, targeted care coordination, skills building, youth and peer support and respite services.
www.avanzarwellness.com

Beyond The Yellow Ribbon Counseling Services

4250 Cessna St Bldg 270
Boise ID 83705
Ph: 208-272-8393
Family Svcs: 800-479-7006
Crisis Hotline: 208-860-0189
Provides services to all military branches, veterans, family members and retirees. Stress and coping with change, work-life balance, anxiety/depression, anger mgmt., conflict resolution, crisis counseling. Please call to schedule an appointment.

Brighter Future Health

316 12th Ave Rd

Nampa, ID, 83686
Ph: 208-461-1300
Mon- Fri 9:00am-5:00pm
Evening appointments available upon request.
Medicaid/Medicare/private pay/sliding scale.
Mental health services for adults and children, CBRS, case management, med management.
Interpreters available.
www.brighterfuturehealth.com

Canyon Counseling Center

718 S 7th Ave
Caldwell ID 83605
Ph: 208-454-1576
Individual and family therapy, adolescent and children therapy (ages 7+).
Mon-Thur 9:00am-6:00pm
Crime victim comp/private insurance.
www.canyoncounselingcenter.com

Canyon Clinic Wellness

524 Cleveland Blvd, Ste 140
Caldwell, ID 83605
Ph: 208-453-5151
Services offered to clients who need help during a recovery process. Classes offered for taking next steps, stress management and tobacco cessation.
www.canyonwellness.org

Carol Collins Counseling

1909 S 10th Ave
Caldwell ID 83605
Ph: 208-454-3825
Individual therapy, family therapy, marriage counseling
Private insurance only.

CenterPointe, Inc.

915 Park Center Way, Ste 7
Nampa, ID 83651
Ph: 208-442-7791
Mon- Thur 9:00am-6:00pm
Fri 8:00am-5:00pm
Medicaid/ private pay/ Blue
Cross. Individual therapy,
family therapy, CBRS, med
management. Ages 4-18.
www.centerpointeinc.com

Children's Therapy Place
5640 E. Franklin Rd, Ste 180
Nampa, ID 83687
Ph: 208-323-8888
Speech/language therapy,
occupational therapy,
physical therapy, teletherapy,
developmental therapy,
service coordination,
academic tutoring.
Hours vary per appointment.
Medicaid/Tri-Care/Private
Insurance.
<http://childrenstherapyplace.com/>

Dennis Augustus Counseling
17329 Colt Dr
Caldwell, ID 83607
Ph: 208-459-8088
Mon- Fri 8:00am-8:00pm
Crime victim comp/private
insurance/EAP.
Abuse recovery, drug and
alcohol counseling, mental
health (anxiety, depression),
marriage counseling, stress
management.

Diane Kruse
1214 12th Ave S
Nampa, ID, 83651
Ph: 208-466-2666
Mon- Thur
Crime victim comp/
EAP/private insurance.
Mental health counseling for
adults.

**Empowering Choices
Counseling**

104 9th Ave S, Ste B1
Nampa, ID 83651
Ph: 208-803-0883
Tele-therapy available for
anybody residing in Idaho.
Accept major insurance
companies, EAP, Medicaid,
and self-pay. Individual
counseling for mental health
& addiction issues. Provide
DUI evaluations and GAIN
assessments.

**Family Counseling of Nampa-
E. Fred Snow**

1214 12th Ave S
Nampa, ID 83651
Ph: 208-468-0902
EAP/ private insurance.
Family and marriage
counseling.

**Family Medicine Health
Center**

215 E Hawaii Ave Floor 1
Nampa ID 83686
Medicaid, Medicare, sliding
fee program. Beginning of life
through end of life care.
Women's health, chronic
disease management, Hep C,
HIV, mental health services,
and more. Community health
workers and certified
enrollment counselors.
<http://www.fmridaho.org.patients>

**Families ETC (Education,
Training, and Counseling**

516 Holly St 3rd Floor
Nampa, ID 83686
A counseling clinic that
provides low cost individual,
child/adolescent, couple and

family counseling. We do not
bill insurance; our services
are low cost and provided on
a sliding scale between \$10 -
\$60 per session. Appts are
available Mon – Thurs
between 9AM – 9PM. *Ph:*
208-467-8837. Visit
www.familiesetcnampa.com

Four Rivers Mental Health

1605 Kimball Ave
Caldwell, ID 83605
Ph: 208-454-2766
Mon-Thur 9:00am-3:00pm
Eating disorders, drug and
alcohol counseling, mental
health. Bilingual.
Medicaid/Blue Shield/private
pay. www.fourriversmh.com

**Healing Scars Counseling
Center**

324 Caldwell Blvd, Ste G
Nampa, ID, 83651
Ph: 208-467-9044
Private insurance/Crime
victim comp/EAP.
Bilingual.

**Healthy Transitions for Girls,
LLC**

1015 Caldwell Blvd #18
Nampa, ID 83651
Ph: 541-417-0837
peggy@healthytransitionsforgirls.com
Group and Individual
counseling for girls and
woman. A 12-week ,
strength-based prevention
program to help girls develop
positive body image in the
critical window of ages 8 to
14 when their bodies are
changing.
www.healthytransitionsforgirls.com

Hudson Counseling

1909 S 10th Ave
Caldwell, ID 83605
Ph: 208-228-0301
Mon-Thur 10:00am-7:00pm
Private insurance/EAP.
Anxiety, depression,
individual and couples'
therapy for teenagers and
adults

Human Supports of Idaho, Inc.

314 Badiola St
Caldwell, ID 83605
Ph: 208-454-8389
CBRS, case management,
individual counseling, family
and child counseling, group
therapy, peer support, med
mgmt., SUD services
(outpatient and intensive
outpatient) and payee
service. Most insurances
accepted including Medicaid
and Medicare; some sliding
fee and pro bono services
available.
www.humansupports.com

Idaho Behavioral Health

524 South 9th St, Ste 103
Caldwell, ID 83605
Ph: 208-454-2144
CBRS, case management,
counseling, group therapy,
psychological testing, med
management. Telehealth
services provided to rural
areas. Medicaid/Private
Insurance/sliding fee.
www.idahobehavior.com

Idaho Behavioral Health-Nampa

1811 E Karcher Rd
Nampa ID 83687

Ph: 208-505-4419

Idaho Youth Ranch Family Services

7025 W Emerald
Boise, ID 83704
Ph: 208-972-0863
Provides outpatient
individual, group and family
therapies to kids and families
struggling with trauma.

Intermountain Hospital

303 N Allumbaugh St
Boise ID 83704
Ph: 208-906-3209 Toll Free
Number: 1-800-321-5984
Adults and Adolescent
Treatment
www.intermountainhospital.com

Life Counseling Center

112 12th Ave Rd
Nampa, ID 83686
Ph: 208-465-5433
Mon- Thur 9:00am-6:00pm
Fri 8:00am-5:00pm
Private insurance/
Medicaid/EAP.
Family and couples
counseling, individual
therapy, med management.

Lifeways in Caldwell

2609 S 10th Ave, Ste 102
Caldwell ID 83605
Ph: 208 454-2766
Services include mental
health assessments, SUD/DUI
evaluations; GAIN
assessments, SUD/MRT
groups, individual, child,
family & couple's therapy,
Play therapy, substance use
disorder evaluation, classes &
victim impact panels, EMDR,
psychiatric medication

subscribing, case
management, telehealth,
SOAR-SSI/SSDI outreach
access and recovery
www.lifeways.org

Lifeways in Nampa

824 S Diamond St
Nampa ID 83686
Ph: 208 546-3046
www.lifeways.org

Mana Resources

923 Grant St
Caldwell, ID 83605
Ph: 208-585-3375
Counseling services to
children, youth, adults,
couples and families.
Medicaid/Private Insurance.
www.manoohana.org

Montgomery Counseling Center

323 12th Ave
Nampa, ID, 83686
Ph: 208-463-0212
Mon- Fri 8:00am-5:00 pm
Individual therapy, couples
and family counseling, GAIN
Assessments.
Private insurance/
EAP/Medicaid.
www.montgomerycounselingcenter.com

Mountain States Chemical Dependency & Counseling Services, Inc.

1305 2nd St S, Ste 201
Nampa, ID 83651
Ph: 208-463-0202
Mon-Thur 9:00am- 5:00pm
Alcohol/drug education,
relapse prevention, DUI class,
anger management, recovery
groups, individual counseling
services.

Nampa Family Justice Center

1305 3rd St S
Nampa, ID 83686
Ph: 208-475-5702
Crisis counseling, domestic violence, sexual abuse, family therapy, individual therapy, group therapy, parenting, play therapy.
Private insurance/Medicaid/ Crime victim comp.
www.nampafamilyjusticecenter.org

A New Leaf

2548 N Stokesberry Pl
Meridian, ID 83646
Ph: 208-939-3888
Habilitative intervention supports, therapy, med management, and residential habilitation.
www.anewleaf.info/

Nurturing Hope & Healing, LLC

1105 2nd Street South, Suite 100 Nampa ID 83651
Ph: 208-922-7554
Rebekah Rene Stearns, MA, LPC. Provides individual and couples counseling. Sliding fee scale available.
www.nurturinghopeandhealingcounseling.org

Pioneer Health Resources-Nampa

204 10th Ave S
Nampa, ID 83651
Ph: 208- 466-2229
Mon-Fri 8:00am-5:00pm
Open later for group programs.
CBRS, case management, psychotherapy, med management, chemical

dependency programs, outpatient & intensive outpatient group therapy. Interpreters available for non-English speaking clients. Medicaid/private insurance/sliding scale fees.
www.pioneerhealthresources.com

Pioneer Health Resources-Caldwell

1305 S Kimball
Caldwell, ID 83605
Ph: 208- 459-1039
Mon-Fri 8:00am-5:00pm
Open later for group programs. CBRS, case management, psychotherapy, med management, chemical dependency programs, outpatient & intensive outpatient group therapy. Interpreters available for non-English speaking clients. Medicaid/private insurance/sliding scale fees.
www.pioneerhealthresources.com

Recovery 4 Life – Behavioral Health

709 Dearborn St
Caldwell, ID 83605
Ph: 208-376-7083
Offers mental health to include mediation mgmt. and outpatient substance use disorder treatment with recovery support services (case management, drug testing, recovery coaching, peer support, transportation and referrals to safe and sober housing). Accepts state funding, Medicaid, insurance EAP programs, credit cards, and self-pay on a sliding scale. Adults and adolescents.

Service in Boise and Caldwell.
www.recovery4lifeidaho.com

Refuge Counseling Center-Nampa

4144 E Amity Ave
Nampa, ID 83687
Ph: 208-465-4985
Individual counseling, couples/marital counseling, family counseling, premarital counseling, referral and consultation services. EAP/sliding scale/partnerships whereas churches and ministries may help with cost.
<http://refugecounseling.com/>

Refuge Counseling Center-Meridian

3023 E Copper Point Ste 105
Meridian, ID 83642
Ph: 208-465-4985
Individual counseling, couples/marital counseling, family counseling, premarital counseling, referral and consultation services. EAP/sliding scale/partnerships whereas churches and ministries may help with cost.
<http://refugecounseling.com/>

Region III Mental Health

3402 Franklin Rd
Caldwell ID 83605
Ph: 208-459-0092
Adult and Children’s services – crisis services, medication management, and individual counseling. Sliding Fee.

Serenity Now Counseling Services

430 W Iowa Ave Ste B
Nampa, ID 83686

Ph: 208-867-9329
Accepts sliding scale and insurance.
www.serenitynowes.com

Shannon Sorini, LCSW

1909 10th Ave
Caldwell, ID 83605
Ph: 208-409-7286
Individual therapy, family therapy, trauma-focused for children and adults.
Crime victim comp/private insurance/EAP.
www.shannonsorini.com

Solace House Outpatient Clinic

Ph: 208-630-6601
868 E. Riverside Dr., Suite 170
Eagle ID 83616
Trauma specific counseling, case management, peer support. Accepting Medicaid, most major insurances and payment options.
www.idahoatc.org

S.T.A.R.R. Family Behavioral Health

8100 W Emerald St, Ste 150
Boise ID
Ph: 208-908-6399
Mental health evaluations, individual counseling, family counseling, play therapy, early childhood trauma, couples/mental counseling, addiction therapy, trauma-focused for children and adult, domestic violence children and adults, parenting ed, CBRS, case mgmt., med mgmt., children's respite care, crisis response, referral and consultation services. Medicaid/Medicare, all major insurances; sliding scale.

www.starrfbh.com

Stellar Mental Health & Mediation

3904 E Flamingo
Nampa ID 83687
Ph: 208-639-1514
Counseling, CBRS, case management, payee services, groups, mediation, parenting coordination.
www.stellaridaho.com

Still Waters Behavioral Health

305 Cornell St
Middleton ID 83644
Ph: 208-614-0550
Individual counseling for adults, adolescents, children, couples counseling, family counseling, premarital counseling. EAPs/sliding scale based on income. Evening appointments available. Visit www.stillwatersbh.com

Strive Counseling

5700 E Franklin Rd, Ste 220E
Nampa ID 83687
Ph: 208-936-1097
Mon- Fri 8:00am-6:00pm
Individual therapy, couple and family counseling, domestic violence victim therapy, sexual abuse victim therapy, trauma, stress, parenting.
Private insurance/EAP/sliding scale/Medicare.

Terry Reilly Nampa 1st Clinic – Medical, Dental, Behavioral Health, and Urgent Care

207 1st Street S
Nampa ID 83651
Ph: 208-466-7869

Services: Behavioral health assessments, individual, couples and family counseling, support and therapy groups, case management, psychiatric medication management. We accept private insurance, Medicaid, Medicare, and sliding fee scale based on income.
www.trhs.org

Terry Reilly Nampa 16th Clinic

223 16th Avenue N
Nampa ID 83687
Ph: 208-318-2100

Terry Reilly Arlington Clinic

2005 Arlington Ave
Caldwell ID 83605
Ph: 208-459-1025

Terry Reilly Middleton Clinic

201 S Paradise Ave
Middleton ID 83644
Ph: 208-585-0048

Terry Reilly Melba Clinic

150 2nd St
Melba ID 83641
Ph: 208-495-1011

TRHS- SANE Solutions

Victim Treatment

211 16th Ave N
Nampa, ID 83687
Ph: 208-467-7654
Services: Survivors counseling, child abuse counseling, personal safety classes, protective parenting classes, family counseling. insurance/Medicaid/sliding scale/EAP. Bilingual.

TRHS- SANE Solutions Offenders Treatment

1504 3rd Street N
Nampa ID 83687
Ph: 208-345-1170
Services: Offenders
counseling, group counseling,
juvenile sex offender risk
assessment, batterers
treatment.
insurance/Medicaid/sliding
scale/EAP. Bilingual.

**Webb Psychological Clinic
Institute**

408 22nd Ave S
Nampa ID 83651
Ph: 208-466-8267
Mon-Fri 9:00am-5:00pm
Individual therapy (children
and adult), marriage and
family therapy, psychological
assessments.
Crime victim comp/private
insurance/EAP.

**Wholeness Counseling &
Trauma Healing**

1015 Caldwell Blvd
Nampa ID 83651
Ph: 208-353-4173
Mon-Fri 10:00am-7:00pm;
Sat by appointment
PTSD, sexual abuse, domestic
violence, grief, adults,
couples, family, Christian
counseling. Ages 16+ only.
Private insurance/private
pay/EAP.
www.mikaylaforrest.com

CRISIS RESOURCES & HOTLINES

**A New Beginning Pregnancy
Help**

8660 W. Emerald St., Ste 142
Boise, ID 83704
Ph: 208-985-5617
Free pregnancy tests and free
options counseling.
Community resource
referrals.
admin@adoptanewbeginning.org
www.adoptanewbeginning.org/pregnancy

**Advocates Against Family
Violence-Hope's Door**

1508 Hope Ln, Ste 102
Caldwell, ID 83605
Ph: 208-459-4779
24/7 Crisis Hotline Toll Free:
1-877-459-4779
Domestic violence and sexual
assault shelter, sexual assault
response team, court
advocacy, groups/classes,
counseling, safe and sober
housing, childcare center,
teen outreach program, rural
outreach program.
www.aafvhope.org

AuntBertha

The Social Care Network
Search for Free or Reduced
cost services like medical
care, food, job training and
more. www.auntbertha.com

**Boys Town-National Hotline-
Suicide & Crisis**

Ph: 1-800-448-1833
Toll Free: 1-800-448-3000
24-hour, nationwide, short-
term crisis intervention
hotline. Main focus is children
and families, but serves
anyone with any problem.
Will provide referral to local
agencies in the United States,

Canada, Guam, and The
Virgin Islands. 402-498-1300.
www.boystown.org

Covenant House Nineline

Toll Free: 1-800-999-9999
24/7. Provides crisis
intervention to homeless,
runaway, and other troubled
youth and their families
throughout the United States.
All calls are serviced
regardless of age and
situation.
<https://teenlineonline.org/yy/p/covenant-house-nineline/>

**Idaho Anti-Trafficking
Coalition**

868 E. Riverside Dr., Suite 170
Eagle ID 83616
Ph/24-hr crisis hotline: 208-
630-6601
www.idahoatc.org

Idaho CareLine

Ph: 2-1-1 or 800-926-2588
A free, statewide
comprehensive community
information and referral
service.

Idaho COVID-19 Hotline

1-888-330-3010
Offers anonymous and
confidential assistance for all.
Trained professionals to assist
with accessing mental health
and substance use disorder
services.

**Idaho Domestic Violence
Hotline**

Ph: 1-800-669-3176
Provides information and
assistance to victims of
domestic violence.

**Idaho Suicide Prevention
Hotline Text or Call**

Ph: 208-398-4357

**Mothers Against Drunk
Driving (MADD)**

Ph: 877-623-3435

A national, toll-free 24/hr. hotline for victims of drunk driving.

**National Hotline on Domestic
Violence**

Ph: 800-799-7233

A toll-free service that provides information and assistance to victims of abuse.

**National Center for Missing
& Exploited Children**

Ph: 1-800-843-5678

**National Human Trafficking
Hotline**

Ph: 1-888-373-7888 or Text 233733

**National Sexual Assault
Hotline:**

Ph: 1-800-656-HOPE (4673)

A toll-free, confidential service available 24/7 for victims of sexual assault.

**National Suicide Prevention
Lifeline & Veteran's Crisis
Line**

Ph: 800-273-8255

**Optum 24/7 Medicaid
Member Access & Crisis Line**

Ph: 1-855-202-0973

TDD/TTY: 711

**Optum Public Toll Free
Helpline:**

Ph: 1-866-342-6892

**Optum Substance Use
Treatment Helpline:**

Ph: 1-855-202-0973

**Parents of Murdered
Children (POMC)**

Ph: 888-818-POMC (7662)

A national organization to assist those who have lost a loved one.

**Student Support Line for
COVID**

Ph: 208-455-7089

Monday-Friday 8am to 5pm

After hours ph: 208-459-0092

**The Trevor Project
(LGBTQ/Youth)**

Ph: 866-488-7386

**Women and Children's
Alliance**

24-hour Domestic Violence

Hotline Ph: 208-343-7025

24-hour Rape Crisis Hotline

Ph: 208-345-7273

Provides comprehensive supportive services to women and children victimized by physical and sexual violence.

DENTAL

Terry Reilly Canyon Dental

11136 Moss Ln

Nampa, ID 83651

Ph: 208-466-0515

Dental exams and cleaning, X-ray, fillings, crowns and bridges, dentures and partials, extractions, including wisdom teeth, root canal therapy, minor oral surgery, diabetes oral health care, pre-

natal oral health care, pediatric oral health care.

We accept private insurance, CHIP, Medicaid, and offer a sliding fee scale based on income.

Terry Reilly Homedale Dental

8 N. 2nd St W

Homedale, ID 83628

Ph: 208-337-6101

Dental exams and cleaning, x-ray, fillings, crowns and bridges, dentures and partials, extractions, including wisdom teeth, root canal therapy, minor oral surgery, diabetes oral health care, and pre-natal oral health care.

We accept private insurance, CHIP, Medicaid, and offer a sliding fee scale based on income.

Terry Reilly Melba Clinic

150 2nd St

Melba, ID 83641

Ph: 208-495-1011

Dental exams and cleaning, x-ray, fillings, crowns and bridges, dentures and partials, extractions, including wisdom teeth, root canal therapy, minor oral surgery, diabetes oral health care, and prenatal oral health care.

We accept private insurance, CHIP, Medicaid, and offer a sliding fee scale based on income.

Terry Reilly Nampa 1st Clinic

207 1st Street S

Nampa ID 83651

Ph: 208-466-7869

Dental exams and cleaning, x-ray, fillings, crowns and bridges, dentures and partials, extractions, including

wisdom teeth, root canal therapy, minor oral surgery, diabetes oral health care, and pre-natal oral health care. Limited incomes may qualify for reduced fees.

**Terry Reilly Dental-
Middleton**

201 Paradise Ave
Middleton, ID 83644
Ph: 208 585-0048

Dental exams and cleaning, x-ray, fillings, crowns and bridges, dentures and partials, extractions, including wisdom teeth, root canal therapy, minor oral surgery, diabetes oral health care, and pre-natal oral health care. Limited incomes may qualify for reduced fees.

**Valley Family Health Care-
Payette Medical and Dental
Clinics**

1441 NE 10th Ave
Payette, ID 83661
Ph: 208-642-9376

Provides assistance and allows low income access to overall dental and health care.

EDUCATION

Adult Education:

CWI Community College

Through the Adult Campus on Caldwell BLVD – Organized through Department of Health and Welfare
Contact your local office.
Program through Workforce Investment Act, (WIA).

Rise UP, Inc

9840 Overland Ste 100
Boise, ID 83709
Ph: 208-422-7305

A local non-profit that teaches FREE financial education workshops; learn to manage money, improve credit, reach financial goals and build wealth. Online or In-person at the Nampa Public Library. Sign up: signuptoriseup@gmail.com

Stevens-Henager College

16819 N Marketplace Blvd
Nampa, ID 83687
Ph: 208-466-2251
<https://www.stevenshenager.edu/locations/nampa>

Trio

322 E Front St, Ste 190
Boise, ID 83702
*Ph: 866-624-9925
or 208-364-9925*
<https://educationalopportunitycenter.wordpress.com/>

Treasure Valley West #710

1018 W. Sanetta St
Nampa, ID 83651
Ph: 208-465-8414

**Western Idaho Community
Action Partnership - WICAP**

*Ph: 208-454-0675
Toll Free: 1-877-270-9086*
Employment and training services. www.wicap.org

*Most online charter schools offer a program for free GED

SCHOOL PROGRAMS &

SCHOOL SUPPLIES

Computers for Kids, Inc.

8540 W Elisa St
Boise ID, 83709
Ph: 208-345-0346
9:00am-4:00pm
Distributes refurbished computers to underprivileged Idaho children for their home use. www.cfkid.org

**Big Brothers Big Sisters of
Southwest Idaho**

110 N 27th St
Boise, ID 83702
Ph: 208-377-2552
One-to-one mentoring relationships intended to help children reach their full potential. Vision is a successful mentoring relationship for all children who need and want one, contributing to brighter futures, better schools, and stronger communities for all. Serving all of southwest ID. www.bbbsidaho.org

**Caldwell School District -
Early Childhood Intervention
Program**

1502 Fillmore St
Caldwell, ID 83605
Ph: 208-455-3300
Program for developmentally delayed children 3 to 4 years old. Testing available. Contact local school district. www.sd132.k12.id.us

**Community Council of Idaho-
Head Start**

22730 Farmway Rd, Ste 112

Caldwell, ID 83605
Ph: 208-459-6536
Toll Free: 1-800-787-7863
Migrant & seasonal worker year round head start program. ESL classes also available for parents of students. Some additional resources available.
http://communitycouncilofidahohome.org/head_start

Computer Lab-South Middle School, Nampa

229 W Greenhurst Rd
Nampa, ID 83686
Ph: 208- 468-4740
Mon/Tues/ Thur nights
5:30pm-7:30pm during the school year, excluding non-school days. Computer lab is open to the public. The lab will also have a printer available that charges 10 cents per one-sided copy (cash or coin only).
www.south.nsd131.org/

Advocates Against Family Violence - Hope Ln. Learning Center

1508 Hope Ln
Caldwell, ID 83605
Ph: 208-459-6330
Daycare/preschool Located in Caldwell. Located Near Van Buren Elementary and Head Start Bus Stops. Offers preschool, meals, arts and crafts weekly, after school program ICCP accepted.

Tutoring at Farmway

22730 Farmway Rd
Caldwell, ID 83605
Ph: 208-455-3300
Tutoring for migrant children who need assistance with

learning English and with school work.
Mon-Fri 3:45pm-4:45pm

The Mentoring Network, Inc.

Nampa, ID 83653
Ph: 208-880-1690
School based individual mentoring for grades 1-8 provided on a weekly basis by trained volunteers. In the Nampa & Caldwell school districts. Supervision and support provided by program director.
www.MentoringNetworkID.org

Online School Options:

Another Choice Virtual Charter School

1014 W Hemingway Blvd
Nampa, ID 83651
Ph: 208-475-4255
Free online schooling, grades K-12. Visit website for additional information.
www.anotherchoicecharter.org

AFTER SCHOOL PROGRAMS:

Treasure Valley YMCA

3720 S Indiana Ave
Caldwell, ID 83605
Ph: 208-454-9622
Financial reduced prices based on home income levels/family size. There is also an after school/ homework help program found on the website with direct busing from the schools.
<http://www.ymcatvidaho.org/membership/financial-assistance/>

Nampa Recreational Facility

131 Constitution Way
Nampa, ID 83686
Ph: 208-468-5777
They sponsor several families each month with requirements for monthly attendance. Contact the membership coordinator for additional information. Sign up is required prior to a certain day each month for monthly evaluation.

Boys and Girls Club Nampa

316 Stampede Dr
Nampa, ID 83687
Ph: 208-461-7203
Cost is \$20 a year. Busing can occur directly from school but then parents must pick up children on time. Limited space available.

Caldwell School District

21st Century after school
Director: Kathleen Vadapalli
Ph: 466-6586 Ext. 209
Homework help for clients with difficulty learning. Salvation Army after school program. Can also purchase monthly memberships. For grant applications email kvadapalli@caldwellschools.org

Salvation Army-Nampa

403 12th Ave S
Nampa, ID 83651
Ph: 208-467-6586
After school program M-F 3pm-6pm, it's low cost and ICCP is accepted. Contact Jennifer Hatch. We have a summer day camp program open from 7am-6pm M-F starting the week after school

lets out and ending the week before school begins.

www.nampa.salvationarmy.org

EMPLOYMENT & CASUAL LABOR

Administrative and Light Industrial

101 S Capitol Blvd, Ste 501
Boise, ID 83702

Ph: 208-375-9930

Temporary work hire, short and long term, clerical, accounting, light industrial available. Must complete application, safety test, pre-employment drug screen & background check. Must provide 2 work references & i.d. that proves legally able to work in the U.S. Paid weekly. Usually \$8 - \$14 per hour. Must speak basic English.

<http://www.volt.com/>

AuntBertha

The Social Care Network Search for Free or Reduced cost services like medical care, food, job training and more. www.auntbertha.com

Community Council of Idaho

317 Happy Day
Caldwell, ID 83607

Ph: 208-454-8604

Free services provided to migrant or farm working families and individuals that need help integrating into the working field. Services include education and training based

on skills needed to gain employment.

www.communitycouncilofidaho.org

Idaho Department of Labor-Caldwell-WIA

4514 Thomas Jefferson St
Caldwell, ID

Ph: 208-364-7781

Services provided to those in the community who need training resource to obtain employment. This is a program is state and federally funded for adults, dislocated workers, low-income workers and youth.

www.labor.idaho.gov

Idaho Department of Labor-Boise-WIA

317 W Main St
Boise, ID 83735

Ph: 208-332-3575

Services provided to those in the community who need training resource to obtain employment. This is a program is state and federally funded for adults, dislocated workers, low-income workers and youth.

www.labor.idaho.gov

Elwood Staffing-Boise

8708 Fairview Ave
Boise, ID 83704

Ph: 208-327-1000

Helps find employment in warehouses, manufacturing/production, construction, clerical, etc.

www.elwoodjobs.com

Elwood Staffing-Nampa

2585 Caldwell Blvd, Ste 103
Nampa, ID 83651

Ph: 208-468-7899

Helps find employment in warehouses, manufacturing/production, construction, clerical, etc.

www.elwoodjobs.com

Intelligent Employment Solutions

732 Caldwell Blvd, Ste C
Nampa, ID 83651

Ph: 208-463-9228

Provides help finding a job in the community.

<http://www.iescustomstaffing.com/>

Hopes Door Shelter

702 E Chicago St
Caldwell, ID 83605

Ph: 208-459-6279

Helps women find job openings, create resumes & cover letters. Service specialist helps with dress for success referrals meal planning for work. Services are free. <https://aafvhope.org/>

Labor Finders

Resources based online—no office in local area.

Ph: 208-442-7713

<http://laborfinders.com>

Labor Ready Temporary Service

10 W Franklin Rd
Meridian, ID 83642

Ph: 208-331-3606

After application process is complete, employee is asked to come into office at 6:00am if desiring employment. Mon-Fri 6:00am-5:30pm, Sat 7:00am-10:00am and 5:00pm-6:00pm, Sun closed. Application time & dates may vary-please call office for current application times.

Applicant will need 2 forms of i.d. such as a state photo i.d., social security card, certified birth certificate, or passport. Spanish interpreters available. <http://www.laborready.com/>

Pro People Staffing Services

703 2nd St S
Nampa ID
Ph: 208-463-8552
Temporary employment.
Applications taken Mon-Fri 9:00am-2:00pm.
Need 1-2 hours to complete application or online. Dress nicely for interview process. Free training & skills testing. Temp to hire based on work. Pay averages \$8-\$10 per hour. <http://propeoplestaffing.com>

Elmwood Staffing

2585 Caldwell Blvd, Ste 103
Nampa, ID 83651
Ph: 208-468-7899 (Nampa)
Ph: 208-327-1000 (Boise)
Clerical, skilled trades, production & technical work, and labor work available. Temp to hire based on work. Pay averages \$8-10/hour.

Treasure Valley West #710

1018 W. Sanetta St
Nampa, ID 83651
Ph: 208-465-8414
Services provided for those with adults disabilities to enhance their living through employment and community enrichment. This is program is state and federally funded. www.vr.idaho.gov

Witco

3919 E Ustick Rd
Caldwell, ID 83605

Ph: 208-454-3051
Services for children and adults with disabilities to increase their potential for independent living, including teaching skills and job coaching. Services can be provided for those with array of insurances as well as Medicaid, Medicare, and Blue Cross. www.witcoinc.net

Working Solutions (Easter Seals)

1613 Park Centre Way
Nampa, ID 83651
Ph: 208-466-2671
For those referred by the Idaho Department of Health and Welfare. Services provided are for adults who need help with job preparation including job orientated classes, workforce development, and resources to obtain a job (i.e. clothing and transportation). www.easterseals.com

FINANCIAL & UTILITY ASSISTANCE

Idaho Housing and Finance Association

Financial help available for Idaho renters. Unable to pay rent because of COVID-19 related circumstances. Apply and learn more at www.idahohousing.com/covid-19

Heat/Electric:

Navigators-with children only

823 Park Centre Way
Nampa, ID 83651
Ph: 1-800-926-2588
Must contact through 211 by requesting a call back from the navigators.

St. Vincent DePaul

2920 E Railroad St
Nampa ID
Ph: 208-442-4452
Tues/Thur 3:00pm-5:00pm

Salvation Army-Nampa

403 12th Ave S
Nampa, ID 83651
Ph: 208-467-6586
www.nampa.salvationarmy.org

Salvation Army-Caldwell

1015 East Chicago St
Caldwell, ID 83605
Ph: 208-467-6586
www.nampa.salvationarmy.org

Western Idaho Community Action Partnership - WICAP

502 Main St
Caldwell, ID 83605
Ph: 208-454-0675
Toll free: 1-877-270-9086
Provides energy assistance when funding is available. Mon-Fri 8:00am-5:00pm, closed 12:00-1:00pm
Service available once per year, or if emergency shut off when medical equipment present www.wicap.org

Phone:

Assurance Telephone Lifeline
Ph: 888-321-5880

**Idaho Telecommunications
Service Assistance Program**

Contact local DH&W—
<http://healthandwelfare.idaho.gov/ContactUs/Region3/tabid/227/Default.aspx>

Miscellaneous:

St. Clare's Outreach Program

3719 E Cleveland Blvd
Caldwell, ID 83605
Ph: 208-454-2132
Wed 2:00pm-4:00pm
Utility assistance; must bring photo ID and utility bill. Caldwell residents only.

**Our Lady of the Valley
Outreach**

3719 E Cleveland Blvd
Caldwell, ID 83605
Ph: 208 454-2132
Located inside St. Vincent De Paul. Wed 2:00pm-4:00pm
Must go in person; no assistance over the phone. Maximum of \$50 to be used towards power, heating, and prescriptions paid directly to utility company or pharmacy. Must have i.d. with matching address as bill.

**Nampa Family Justice
Center-Elder Abuse**

1305 3rd St S
Nampa, ID 83651
Ph: 208-475-5702
Must be 50 years of age or older, have experienced abuse, neglect or exploitation at the hands of an intimate partner, spouse, family member, caregiver, or trusted other.

**FOOD
PANTRIES**

AuntBertha

The Social Care Network Search for Free or Reduced cost services like medical care, food, job training and more. www.auntbertha.com

Caldwell:

St. Clare's Food Bank

3719 E Cleveland Blvd
Caldwell, ID 83605
Ph: 208-454-2132
Located inside St. Vincent De Paul. Wed 2:00pm-5:00pm

Metro Community Services

4307 Skyway St
Caldwell, ID 83605
Ph: 208-459-0063
Food Pantry open Mondays, Wednesdays and Thursdays from 9am to 1pm

New Life Celebration Church

1201 Arthur St
Caldwell, ID 83605
Ph: 208-454-1758

The Salvation Army

1015 East Chicago St
Caldwell, ID 83605
Ph: 208-459-2011
Tues/Wed/Thur 1:00pm-3:30pm

World Harvest Food Pantry

803 Main St
Caldwell, ID 83605
Ph: 208-284-4411
Open the Third Saturday of every month 10am- noon

Oasis

615 16th Ave S
Caldwell, ID 83605
Ph: 208-459-6000
Wed 12:00pm-2:00pm with lunch, Thur 4:00-6:00pm

**Seventh Day Adventist
Community Services-
Caldwell**

2216 East Linden St
Caldwell, ID 83605
Ph: 208-454-3549
Mon 10:00am-12:30pm, Tues 3:30pm-6:00pm
Closed on major holidays.

**Western Idaho Community
Action Partnership-WICAP**

502 Main St
Caldwell, ID 83605
Ph: 208-454-0675
Toll free: 1-877-270-9086
Mon-Fri 8:00am-5:00pm,
Closed 12:00-1:00pm
Food Pantry hours
Mon/Tues/Fri 8:00am-5:00pm, Closed 12:00-1:00pm
Can use once per month.
www.wicap.org

**Greenleaf, Middleton:
Greenleaf Friends Church**

20535 Academy Rd
Greenleaf, ID 83626
Ph: 208-459-3896

Middleton Food bank

6 E 1st St N
Middleton, ID 83644
Ph: 208-585-6634
Mon/Wed/Fri 12:30pm-1:30pm. Must call for appointment.

Nampa:

Harvest Life Church
11437 Orchard Ave

Nampa, ID 83651
Ph: 208-465-7327
Wed 7:00pm, Sun 8:45am,
10:30am, 12:30pm
Must attend a service before
food is given.

Nampa Spanish Seventh Day Church

323 11th Ave S
Nampa, ID 83651
Ph: 208-921- 3027
Tues/Thur 1:00-4:00pm

Nazarene Care House

1524 6th St S
Nampa, ID 83651
Ph: 208-466-3549
Tuesdays, Thursdays, and
Sat 12:30pm - 4:00pm

Seventh-day Adventist Community Services

1515 Chicola
Nampa ID, 83651
Ph: 208- 461-1651
Wed 12:00pm-4:00pm

St. Vincent DePaul

2920 E Railroad St
Nampa, ID 83687
Ph: 208-442-4452
Tues/Thur 3:00pm-5:00pm

Storehouse Outreach

303 10th Ave N
Nampa, ID 83687
Ph: 208-570-9729
Home Delivery for shut-ins
and seniors.

12 Baskets Food Pantry

11220 Lone Star Rd
Nampa, ID 83651
Ph: 208-546-5896
Mon/Fri 12:00pm-2:00pm
<http://foodbank.vcfnampa.com/>

HOUSING ASSISTANCE

Advocates Against Family Violence

1508 Hope Ln
Caldwell, ID 83605
Ph: 208-459-6330

Autumn Gold

813 E Fargo Ave
Nampa, ID 83687
Ph: 208-461-7789
Help with housing programs
including down payments and
closing costs.
<http://www.autumngold.org/>

Boise VA Medical Center Homeless Veterans Program

Provides services to Veterans
who are homeless or almost
homeless.
Ph: 208-422-1039

Caldwell Housing Authority

22730 Farmway Rd
Caldwell, ID 83607
Ph: 208-459-2232
<http://chaidaho.org/>

The Jesse Tree of Idaho

16 12th Ave So, Ste 114
Nampa, ID 83651
Ph: 208-941-3188
Hours: 10am to 2pm Fridays

SICHA

377 Cornell St
Middleton, ID 83644
Ph: 208-585-9325
<http://www.sicha.org/Public/HousingAuthorityRentals/>

Nampa Housing Authority

211 19th Ave N
Nampa, ID 83687
Ph: 208-466-2601
<http://nampahousing.com/>

The Salvation Army Community Family Shelter

1412 4th St S
Nampa, ID 83651
Ph: 208-467-6586
We are open M-F 8am-1pm
for showers and laundry at
our shelter facility and open
for Emergency housing during
winter months (Dec-Feb).
Must go through approval
process for admittance.
www.nampa.salvationarmy.org

Salvation Army-Nampa

403 12th Ave S
Nampa, ID 83651
Ph: 208-467-6586
School supplies: We sign up
kids beginning of August who
are in need of school supplies
to start school. Dates may
vary.
www.nampa.salvationarmy.org

Salvation Army-Caldwell

1023 E Chicago St
Caldwell, ID 83605
Ph: 208-459-2011
<http://www.salvationarmy.org/>

Navigator-Health & Welfare (if children present):

823 Park Centre Way
Nampa, ID 83651
Ph: 1-800-926-2588
Must contact through 211
care line.
<http://healthandwelfare.idaho.gov/ContactUs/Region3/NampaOffice/tabid/715/Default.aspx>

Idaho Inc:

4110 Eaton Way
Caldwell, ID 83607
Ph: 208-455-9463

**Caldwell/Vallivue/ Nampa
Resource Coordinator-
Homeless Liaison:**

5207 S Montana Ave
Caldwell, ID 83607
Ph: 208-454-0445
Contact the district office for
contact information.

C.A.T.C.H. of Canyon County

16 12th Ave, Ste 114
Nampa, ID 83651
Ph: 208-442-5300

A referral must be generated
from a caseworker at one of
the shelters; direct contact is
not possible.

<http://www.catchprogram.org/>
Email: info@catchprogram.org

Mana Resources

923 Grant St
Caldwell, ID 83605
Ph: 208-585-3375

Housing, employment
assistance, and IL skills.
Training to foster youth aging
out of care, juveniles coming
out corrections, and other
young adults ages 18-20 who
are homeless or at risk of
becoming homeless.
www.manoohana.org

**PATH-Project for Assistance
in Transition from
Homelessness**

Ph: 208-608-3766
or 208-336-5533 Ext. 276
Assistance to individuals who
are currently homeless or at
risk for becoming homeless.

<https://www.benefits.gov/benefits/benefit-details/728>

**Idaho Department of Health
and Welfare Website**

Located on the Idaho
Department of Health and
Welfare website, under the
providers tabs there is lists
created by the department
that allow one to see what
kind of different housing
options are available in the
community.

<http://www.healthandwelfare.idaho.gov/Providers/tabid/284/Default.aspx>

**Living Independence
Network Corp**

1609 S Kimball Ste. 201
Caldwell, ID 83605
Ph: 208-454-5511

Referral service for disabled,
connecting people to
independence.

canyoninfo@lincidahoh.org
info@lincidahoh.org

LEGAL ASSISTANCE

Advocates for the Disabled

222 8th Ave S
Nampa, ID 83651
Ph: 208-461-4210
By appointment only.
<http://www.shelldisability.com/>

**Area 3 Senior Services
Agency**

701 S Allen St Ste 100
Meridian, ID 83642
Ph: 208-991-5629
<https://aging.idaho.gov/>

**Canyon County Courthouse-
Court Assistance Office**

1115 Albany St, Ste 334
Caldwell, ID 83605
Ph: 208-454-7455
Mon/Wed/Thur/Fri
9:00am-3:30pm
Closed 12:00-1:00pm
Legal Forms Workshop
Every Tues @ Canyon County
Courthouse, 9:30am-4:00pm
Call for more information and
registration.
Email: cao@canyonco.org
www.courtselfhelp.idaho.gov

CASA

120 S 9th Ave
Caldwell, ID 83605
Ph: 208- 454-9167 Ext. 1012
Volunteers are appointed by
the courts to advocate and
represent abused and
neglected children in the
court system.
<http://www.strongandsafe.org/>

**Concordia University Housing
Clinic**

Ph: 208-639-5422
Concordia Law's Housing
Clinic takes new clients from
September-November and
February-April. Call or email
to sign up.
lawclinic@cu-portland.edu
<http://law.cu-portland.edu/community-engagement/housing-clinic-legal-representation>

**Concordia University St. Law
Clinic**

Boise Public Library
715 S Capitol Blvd
Boise, ID 83702
Ph: 208-972-8200

The 2nd and 4th Mon every month 4:30-6:00pm
<http://law.cu-portland.edu/academics/experiential-learning/clinics>

Idaho State Bar Association & Idaho Law Foundation

Attorney Referral Service
Ph: 208-334-4500

A referral is free. The attorneys in the Lawyer Referral Service have agreed to charge \$35 for an initial 30-minute consultation.
https://isb.idaho.gov/general/fin_dattorney.html

Intermountain Fair Housing Council

5460 W Franklin Rd
Boise, ID 83705
Ph: 208-383-0695
<http://www.ifhcidaho.org/>

Nampa Family Justice Center- victims of abuse

1305 3rd St
Nampa, ID 83651
Ph: 208-475-5702
<http://www.nampafamilyjusticecenter.org/190/Family-Justice-Center>

Legal Aid

1104 Blaine
Caldwell, ID 83606
Ph: 877-500-2980
or 208-454-2591
www.idaholegalaid.org

Port of Hope

508 E Florida Ave
Nampa, ID 83686
Ph: 208-463-0118
Toll Free: 1-800-974-0118
DUI Evaluations and classes
www.portofhopecenters.org

State Attorney General Criminal Victim Witness

Coordinator

Ph: 208-334-4547
or 888-334-4547
victimcoordinator@ag.idaho.gov
http://www.ag.idaho.gov/victimAssistance/victimAssistance_index.html

University of Idaho Tax Clinic

Ph: 208-364-4074
If you would like more information about the Tax Clinic, or if you would like the Tax Clinic to consider representing you in a controversy with the IRS, please contact Barbara Lock in Boise. block@uidaho.edu
<https://www.uidaho.edu/law/academics/practical-skills/clinics/low-income-tax>

MEDICAL ASSISTANCE

AuntBertha

The Social Care Network Search for Free or Reduced cost services like medical care, food, job training and more. www.auntbertha.com

Canyon County Community Clinic

524 Cleveland Blvd, Ste 110
Caldwell, ID 83605
Ph: 208-455-1143
Clinic offered to those on a non-emergency basis with current medical conditions. Clients that are eligible for service have no insurance, meet income guidelines, and must be a Canyon County resident.

<http://www.canyon-clinic.org/>

Canyon County Indigent Fund

Canyon County Courthouse
1115 Albany St
Caldwell, ID 83605
Ph: 208-454-7419

Family Medicine Health Center

215 E Hawaii Ave
Nampa, ID 83686
Medicaid, Medicare, sliding fee, private ins. Beginning of life through and end of life care. Women's Health, Chronic Disease Management, Hep C, HIV, mental health and more. Community Health Worker and Certified Enrollment Counselors.
Ph: 208-514-2529
<https://www.fmridaho.org/patients/>

Genesis Community Health

215 W 35th St
Garden City, ID 83714
Ph: 208-384-5200
Idaho Crime Victims Compensation Program
208-334-6080 or toll-free statewide at 800-950-2110. Provides financial assistance to crime victims who are injured as the result of criminally injurious conduct. Boise and surrounding area.
<http://genesiscommunityhealth.com/>

Nampa Family Justice Center-Elder Abuse

Address: 1305 3rd St So
Nampa, ID 83651
Ph: 208-475-5702

Must be 50 years of age or older; have experienced abuse, neglect or exploitation at the hands of an intimate partner, spouse, family member, caregiver or trusted other. Emergency funding for prescription medication assistance, eye glass assistance, transportation assistance, referrals for counseling, support groups and possible legal aid to support establishing safety. <http://www.nampafamilyjusticecenter.org/899/Elder-Abuse-What-is-it-How-Can-I-Help>

Our Lady of the Valley Outreach

3719 E Cleveland Blvd
Caldwell, ID 83605
Ph: 208-454-2132
Located inside St. Vincent DePaul. Maximum of \$50 to be used towards prescriptions paid directly to the pharmacy.
Wed 2:00pm-4:00pm
Must go in person; no assistance over the phone.

Southwest District Health-Communicable Disease Prevention

13307 Miami Ln
Caldwell, ID 83605
Ph: 208-455-5362
Surveillance, investigation, and counseling to control the spread of disease. Provides reporting according to Idaho code. <http://www.swdh.org/>

Southwest District Health-HIV/AIDS-Sexually Transmitted Disease Services
13307 Miami Ln

Caldwell, ID 83605
Ph: 208-455-5345
Testing, counseling, and education to prevent the spread of disease.
STD/HIV/AIDS Prevention.
<http://www.swdh.org/clinical-services.asp>

Terry Reilly Nampa 1st Clinic

207 1st Street S
Nampa ID 83651
Ph: 208-466-7869
Services: Urgent Care (Nampa 1st Only), child & adolescent health, adult & senior health, women's health, prenatal & OB care, immunizations, chronic & disease management, pharmacy, laboratory, x-ray.

Terry Reilly Nampa 16th Clinic

223 16th Avenue N
Nampa, ID 83687
Ph: 208-318-2100

Terry Reilly Arlington Clinic

2005 Arlington Ave
Caldwell ID 83605
Ph: 208-459-1025

Terry Reilly Middleton Clinic

201 S Paradise Ave
Middleton ID 83644
Ph: 208-585-0048

Terry Reilly Melba Clinic

150 2nd St
Melba ID 83641
Ph: 208-495-1011

MEDICAL RESOURCES

Treasure Valley Wheelchair Resources

DAV
500 W Fort St.
Boise, ID 83705
Ph: 208-429-2140
Older Veterans Assistance Program (OVAP)

DME Loaners
2906 S 10th Street
Caldwell, ID 83605
Ph: 208-316-1529 for Mike
Ph: 208-965-5654 for Jack Brothers Mike and Jack Rogers repair and loan durable medical equipment.

Gordon Souza with Vietnam Veterans of America
Ph: 208-459-2134
Email: gordysouza@gmail.com
Repairs and provides motorized and manual wheelchairs in the Caldwell area.

Hands of Hope NW
1201 S. Powerline Road
Nampa, ID 83651
Ph: 208-461-1473
Loan durable medical equipment to area residents after surgery or to the elderly.

Heroes on Wheels
134 E. Main Street
Rexburg, ID 83340
Ph: 208-359-6249
Providing Veteran mobility one chair at a time

Idaho Assistive Technology
322 E. Front Street
Boise ID 83704
Ph: 208-364-4564
Loaning and receiving donations of used medical equipment.

Knights of Columbus – Nampa Council
Ph: 208-871-2480 for Joseph Dunn

Repair and loan of wheelchairs.

LINC (Living Independence Network Corp)
1878 W. Overland Rd
Boise, ID 83706
Ph: 208-336-3335
703 S. Kimball Ave
Caldwell, ID 83605
208-454-5511
1182 Eastland Drive N.
Twin Falls, ID 83301
Ph: 208-733-1712
Offering tools and advocacy to support people maintaining independent living.

Veterans Mobility Corporation
2052 Jennie Lee Drive, Suite 1
Idaho Falls, ID 83274
Ph: 208-541-4809
Provides veterans and their spouses or children with motorized wheelchairs at no cost

Vets for Success Thrift Store
10321 Fairview Ave
Boise, ID 83704
Ph: 208-322 6536
Provides durable medical equipment and household goods for Veterans in need.

St Vincent de Paul Thrift Store
4308 W. State St
Boise, ID 83705
Ph: 208-853-4921
Will loan wheel chairs and other durable medical equipment

PREGNANCY, PARENTING, & FAMILY

A New Beginning Adoption Agency & Pregnancy Help

8660 W. Emerald St, Suite 142
Boise, ID 83704
Ph: 208-939-3665
Free tests and free pregnancy options counseling, open and semi-open adoption planning, assistance with medical, legal and living expenses. On-going counseling with licensed professional counselor after pregnancy, online support group, mentorship, monthly support group events around the Treasure Valley and annual events. Community resource referrals.

Email:

admin@adoptanewbeginning.org
www.adoptanewbeginning.org/pregnancy

Baby Haven - Salvation Army Caldwell

1015 E Chicago
Caldwell, ID 83605
Ph: 208-459-2011
Income based program for families who are either expecting a child or have a child under 24 months old. Resources for infants including formula, diapers, clothing, etc. after achieving certain goals. Educational opportunities for various topics, including nutrition and budgeting. English/Spanish.

<http://caldwell.salvationarmy.org/caldwell/baby-haven/>

<https://www.stlukesonline.org/communities-and-locations/find-classes-and-events>

Boise Parks and Recreation

150 N Capitol Blvd
Boise, ID 83702
Ph: 208-384-4422
Boise Parks and Recreation provides activities and classes for youth and adults in a variety of topics. Price varies but scholarships are available for those who qualify.
<http://parks.cityofboise.org/>

Casey Family Program

6441 Emerald St
Boise, ID 83704
Ph: 208-377-1771
Toll free: 888-581-3275
Services and Support to Kinship Families-Relatives other than the parents Who Are Caring for Children under Age 18. Services available in Nampa, Caldwell, Greenleaf, Wilder, Homedale and Marsing. Assistance with Legal, Financial, Mental Health, and Educational Needs for the child/children being cared for. Information, education, and resources available for Kinship Family members. English/Spanish.
<https://www.casey.org/idaho/>

Catholic Charities of Idaho

7255 W Franklin Rd
Boise, ID 83719
Ph: 208-345-6031
Counseling, mental health, crisis, pregnancy and/or single parent support,

parenting education, youth and school retention programs, immigration legal assistance, Hispanic outreach services, and domestic violence immigration program. Also a domestic violence immigration program. English/Spanish. <http://ccidaho.org/>

Emmett Family Services

2031 E Quail Run
Emmett ID 83617
Ph: 208-365-2525

Hopes Door Shelter

Caldwell, ID 83605
Ph: 208-459-6279
Services vary based upon needs but services are offered to women and children who are battered and/or sexually abused. Education, basic necessities, vouchers, and referrals to other resources are provided by a service specialist. Services are free. <https://aafvhope.org/>

Idaho Parents Unlimited

4619 Emerald St
Boise, ID 83706
Ph: 208-342- 5884
Service provided to parents and children with disabilities through education, therapy, counseling, job development, and rehabilitation services. www.ipulidaho.org

La Leche League

Ph: 1-877-452-532
Services provided from mothers and for mothers with support, encouragement and information for breast feeding. www.llusa.org

Lifeline Pregnancy Care Center

1323 12th Ave So
Nampa, ID 83651
Ph: 208-466-4000
Free pregnancy testing and counseling. Baby and maternity clothes, other baby items. Referrals For adoption, medical care, and social services. Abortion recovery assistance and abstinence programs. Emotional support and friendship in time of need. All services are free and confidential. 24 Hour Care-line. TEXT-208-615-1053 www.lifelinepcc.org

Mana Resources

923 Grant St
Caldwell, ID 83605
Ph: 208-585-3375
Counseling services to children, youth, adults, couples, and families. Independent living program with employment assistance, skills training to foster youth aging out of care, juveniles coming out corrections, and other young adults ages 18-20 who are homeless or at risk of becoming homeless. www.manaohana.org

Payette Family Services

501 N 16th St, Ste 108
Payette ID 83661
Ph: 208-642-6160

PATHS Program

9167 W State St
Garden City, ID
Ph: 208-473- 2191
Services provided for higher needs foster children. Create

and prepare foster families for children that will be placed in the home. Services provided are behavioral health, adoption, and family based services. Services are provided on a referrals basis from Department of Health and Welfare, Department of Juvenile Corrections, and Casey Family, as well as private pay. www.pathinc.org

St. Luke's Children's Programs

Ph: 208-381-1719
Car seat, pack n' play, and bike helmet assistance to families in need. We ask for a small money donation for car seats if able and no donation is needed for Pack N' Plays or helmets.
Email: bryanj@slhs.org

St. Luke's-Birth, Parenting, and Community Education

Ph: 208-381-1510
Classes offered for many different areas of life from birthing, parenting, adolescent, babysitting, dating, puberty, and other classes offered to those in the community. Classes do vary on fees but there is a scholarship available for all classes. Different classes are available at different times. A list of classes being offered and fees can be found on the website.

Terry Reilly Nampa 1st Clinic – Medical, Dental, Behavioral Health and Urgent Care

207 1st St So
Nampa ID 83651

Ph: 208-466-7869

Terry Reilly Nampa 16th Clinic

223 16th Ave N
Nampa ID 83867
Ph: 208-467-7654

Terry Reilly Arlington Clinic

2005 Arlington Ave
Caldwell ID 83605
Ph: 208-459-1025

Terry Reilly Middleton Clinic

201 S Paradise Ave
Middleton, ID 83644
Ph: 208-585-0048

Terry Reilly Melba Clinic

150 2nd St
Melba ID 83641
Ph: 208-495-1011

YMCA

1050 W State St
Boise, ID 83702
Ph: 208-344-5501
The YMCA is an organization created to help youth, individuals, and families with development, healthy living, and social responsibility. Services are provided through membership. Financial aid is available. Locations include Boise, Meridian and Caldwell.
<http://www.ymcatvidaho.org/>

YOUTH SERVICES

Big Brothers/Big Sisters

110 N 27th St
Boise, ID 83702
Ph: 208-337-2552
Free services provided to youth. The youth are

mentored to help influence healthy lives.

<http://www.bbbsidaho.org/>

Boys and Girls Club

316 Stampede Dr
Nampa, ID 83687
Ph: 208-461-7203
Boys and Girls club provides support and services to the youth to help them reach their full potential as a productive, caring and responsible citizens.
<http://bgcnampa.org/>

Parenting with Love and Limits

450 W State St
Caldwell, ID 83605
Ph: 208-455-7016
Program through the Idaho Department of Health and Welfare that helps children from 10-17 years of age and their parent learn how to maintain a healthy relationship.
<https://www.gopll.com>

YMCA-Treasure Valley

3720 S Indiana Ave.
Caldwell, ID 83605
Ph: 208-454-9622
Services that develop youth, promote healthy living, and inspire social responsibility. Youth activities are for kids ages 6- 15.
<http://www.ymcatvidaho.org/>

SHELTERS & SHOWERS

Men Only

Lighthouse Shelter

304 16th Ave N
Nampa, ID 83687
Ph: 208-461-5030
No reservations.

www.boiserm.org/facilities/light-house/

River of Life Shelter

575 S 13th St
Boise, ID 83701
Ph: 208-389-9840
No reservations.
<https://boiserm.org/facilities/river-of-life/>

Hays House

7221 Poplar
Boise, ID 83704
Ph: 208-322-6687
Offers short-term residential care for homeless youth 9 – 17 and respite care for youth in crisis.

Hopes Door

Caldwell, ID 83605
Ph: 208-459-6330
For women and children victims of domestic violence. 24-hour crisis line available: 208-459-4779
<https://aafvhope.org/resources/hopes-door-shelter/>

Nampa School District 131

446 Lake Lowell
MV Office
Ph: 208-468-4601 Ext. 1161
Contact: Steffanie Altenbern
saltenbern@nsd131.org or Mirella Garcia.
Provide resources and support for homeless students.

Valley Shelter

869 W Corporate Ln
Nampa, ID 83651

Ph: 208-475-0725

<https://boiserm.org/facilities/valley/>

Family

Hay's House-out of control children

7221 Poplar St

Boise, ID 83704

Ph: 208-322-6687

Emergency

Advocates Against Family Violence-Hope's Door

Caldwell, ID

Ph: 208-459-4779

24/7 crisis hotline, domestic violence and sexual assault shelter, safe and sober housing, childcare center, teen outreach program, and rural outreach program.

www.aafvhope.org

Nampa Family Justice Center-Elder Abuse

1305 3rd St So

Nampa, ID 83651

Ph: 208-475-5702

For victims 50 years and older who have experienced abuse, neglect, or exploitation at the hands of an intimate partner, spouse, family member, caregiver, or trusted other.

<http://www.nampafamilyjusticecenter.org/899/Elder-Abuse-What-is-it-How-Can-I-Help>

Navigators-with children

823 Park Centre Way

Nampa, ID 83651

Ph: 1-800-926-2588

Must contact through 211 by requesting a call back from the navigators

SUBSTANCE USE DISORDER TREATMENT

2nd Chances

1214 Logan

Caldwell, ID 83605

Ph: 208-455-8399

Offers adult male safe and sober housing. Accepts self-pay and insurance.

Acacia Wellness Center

217 W Georgia Ave

Nampa, ID 83686

Ph: 208-498-1760

Crisis: 208-914-3053

Mon 9:00am-8:00pm (6-8pm for walk-ins)

Tue 9:00am-6:00pm

Closed Tues/Thur from 11:00am-1:00pm

Wed 9:00am-7:00pm

Thurs 9:00am-6:00pm

Friday 9:00am-5pm

Private pay/ Medicaid/private insurance/sliding scale.

Mental health, CBRS, case management, med management, peer support, substance abuse groups, and individual therapy.

www.acaciawellness.org

Access Behavioral Health

3307 Caldwell Blvd

Nampa, ID 83651

Ph: 208-466-4637

Offers outpatient substance abuse treatment, case management, life skills, and alcohol/drug testing. Accepts state funding; Medicaid, Medicare, insurance and voc rehab

Adults and adolescents.

<http://accessbhs.com/>

AAFV Hopes Door

720 N 16th Ave

Caldwell, ID 83605

Ph: 208-459-6279

Offers safe and sober housing. Accepts self-pay and state funding. Adult females and adolescents.

<https://aafvhope.org/resources/counseling/>

All Seasons Mental Health

1007 W Orchard Rd

Nampa, ID

Ph: 208-461-2838

Offers outpatient substance abuse treatment, case management, and alcohol/drug testing. Accepts state funding and Medicaid. Adults.

asmh.org/

Ambitions of Idaho

1031 W Sanetta St

Nampa, ID 83651

Ph: 208-466-7443

524 Cleveland Blvd

Caldwell ID 83605

Ph: 208-454-2996

Offers outpatient substance abuse treatment, case management, and life skills. Accepts state funding, Medicaid, private pay, Medicare, and other insurance. Adults and adolescents.

Ascent Behavioral Health

366 SW 5th Ave, Ste 100

Meridian, ID 83642

Ph: 208-898-9755

Text: 208-352-6563

Hours: Mon-Fri 9:00am-6:00pm
<http://www.ascentbhs.org>

A Fresh Start Recovery Services

1123 Blaine St
Caldwell, ID 83605
Ph: 208-459-9222
Offers outpatient substance abuse treatment, case management, life skills, alcohol/drug testing, and transportation. Accepts state funding, Medicaid, private insurance and self-pay. Adults.
<http://www.freshstartrecoveryervices.com/>

Bell Counseling-Caldwell

2719 S Kimball Ave
Caldwell, ID 83605
Ph: 208-459-6557
Offers outpatient substance abuse treatment, case management, life skills, alcohol/drug testing, transportation, and child care. Accepts state funding, Medicaid, and private pay. Adults and adolescents.

Bell Counseling-White Sage

1208 E Linden
Caldwell, ID 83605
Ph: 208-454-1744
Offers adolescent residential treatment. Accepts state funding and private pay. Adolescent males only.

Bell Counseling-Payette

235 S Main St
Payette, ID 83661
Ph: 208-642-7364

Offers outpatient substance abuse treatment, case management, life skills, alcohol/drug testing, transportation, and child care. Accepts state funding, Medicaid, and private pay. Adults and adolescents.

BPA Health

Ph: 1 800-922-3406
Monday – Friday 8am to 6pm
Individuals who do not have insurance or Medicaid are interested in recovery services call to complete a brief eligibility screening for state funded services.
www.bpahealth.com

Center for Behavioral Health

92 S Cole
Boise, ID
Ph: 208-376-5021
2275 S Eagle #190
Meridian ID
Ph: 208-288-0649
Mon-Fri 5:00am- 12:30pm
Sat 6am – 8am Private Pay
Methadone & Suboxone clinic for opiate use disorder, outpatient treatment for other addictions, domestic violence offender intervention program, anger management, anti-theft
www.centerforbehaviorhealth.com

Community Services

Counseling
974 Corporate Ln, Ste 102
Nampa, ID 83651
Ph: 208-442-0024
Offers outpatient substance abuse treatment and case management. Accepts state funding. Adults.

<http://www.cscid.org/>

Cook & Tafoya Fisher Behavioral Health

16 12th St So, Ste 103
Nampa, ID 83651
Ph: 208-461-3720
Offers outpatient substance abuse treatment and life skills. Accepts state funding. Adults and adolescents.

Easter Seals-Goodwill Behavioral Health

510 Arthur St
Caldwell, ID 83605
Ph: 208-454-8555
Offers outpatient substance abuse treatment, case management, and life skills. Accepts state funding, Medicaid, and self-pay. Adults and adolescents.
<http://www.easterseals.com/esg/w/our-programs/medical-rehabilitation/adult-behavioral-health.html?referrer=https://www.google.com/>

Family Services Counseling Center

704 Albany St
Caldwell, ID 83605
Ph: 208-454-5133
Offers outpatient substance abuse treatment, case management, alcohol/drug testing, transportation, and child care (with parent on site). Accepts state funding, Medicaid, and self-pay. Adults and adolescents.

Human Supports of Idaho, Inc.

314 Badiola St
Caldwell ID 83605
Ph: 208-454-8389

4477 W Emerald Suite C100
Boise ID 83706
Ph: 208-321-0160
CBRS, case management,
individual counseling, family
and child counseling, group
therapy, peer support, med
gmt., SUD services
(outpatient and intensive
outpatient) and payee
service. Most insurances
accepted including Medicaid
and Medicare; some sliding
fee and pro bono services
available.
www.humansupports.com

Intermountain Hospital

303 N Allumbaugh St
Boise ID 83704
Ph: 208-906-3209 Toll Free
Number: 1-800-321-5984
Adults and Adolescent
Treatment
www.intermountainhospital.com

Life Counseling

112 12th Ave
Nampa, ID 83686
Ph: 208-465-5433
Offers outpatient substance
abuse treatment, case
management, and life skills.
Accepts state funding, private
insurance, self-pay, Medicaid,
and Medicare. Adults and
adolescents.
<http://www.lccidaho.com/>

Lifeways Recovery Center

702 Sunset Dr
Ontario, OR 97914
Ph: 541-889-2490
Offers adult residential
substance abuse treatment
Accepts state funding,
Oregon health plan (OHP),

Medicaid, Medicare, self-pay,
and insurance. Adults.
<http://www.lifeways.org/locations/lifeways-recovery-center/>

**Lighthouse Rescue Mission-
The New Life Program**

304 16th Ave N
Nampa, ID 83687
Ph: 208-461-5030
Offers faith based drug and
alcohol discipleship recovery
program for one to two years.
Free to participate.
<https://boiserm.org/services/addiction-recovery/>

**Montgomery Counseling
Center**

270 W. Georgia Ave
Nampa, ID 83686
Ph: 208-463-0212
Offers outpatient substance
abuse treatment
Accepts state funding, EAP,
insurance, Medicaid, and self-
pay. Adults and adolescents.
<http://www.montgomerycounselingcenter.com/>

**Mountain States Chemical
Dependency and Counseling
Services, Inc.**

1305 2nd St S, Ste 201
Nampa, ID 83686
Ph: 208-463-0202
Offers outpatient substance
abuse treatment, case
management, alcohol/drug
testing, and life skills.
Accepts state funding,
Medicaid, and self-pay.
Adults.

NorthPoint Recovery

Locations In Boise
Ph: 208-314-6220 24-hour
Admissions Line

Adult inpatient Medical Detox
and residential, adult
outpatient and adolescent
day treatment.
<https://www.northpointrecovery.com/>

Peak Recovery

2423 S Georgia Ave
Caldwell, ID 83605
Ph: 208-455-1788
Offers outpatient substance
abuse treatment, case
management, and
alcohol/drug testing.
Accepts state funding,
Medicaid, private insurance,
and self-pay.
Adults and adolescents.
<http://www.peakrecoveryllc.com/>

**Professional Counseling and
Recovery Support**

2 N Main St
Payette, ID 83661
Ph: 208-230-2989
Offers outpatient early
intervention. Accepts self-
pay. Adults.

Port of Hope Center

508 E Florida
Nampa, ID 83686
Ph: 208-463-0118
Offers detox and residential
and outpatient substance
abuse treatment. Case
management, life skills, and
alcohol/drug testing.
Accepts state funding, self-
pay, and Medicaid. Adults.
www.portofhopecenters.org

Recovery 4 Life

709 Dearborn St
Caldwell, ID 83605
Ph: 208-376-7083

Offers mental health to include mediation mgmt. and outpatient substance use disorder treatment with recovery support services (case management, drug testing, recovery coaching, peer support, transportation and referrals to safe and sober housing). Accepts state funding, Medicaid, insurance EAP programs, credit cards, and self-pay on a sliding scale. Adults and adolescents. Service in Boise and Caldwell. www.recovery4lifedaho.com

Rising Sun Sober Living

516 S 6th Ave

Caldwell, ID 83605

Ph: 208-898-4668

Offers adult safe and sober housing. Accepts state funding, self-pay, and transitional funding. Adult males.

info@risingsunsoberliving.com

www.risingsunsoberliving.com

Rising Sun Sober Living

704 Belmont Ave

Caldwell, ID 83605

Ph: 208-898-4668

Rising Sun Sober Living

1704 Dearborn St

Caldwell, ID 83605

Ph: 208-898-4668

Rising Sun Sober Living

609 E Denver St

Caldwell, ID 83605

Ph: 208-898-4668

Rising Sun Sober Living

523 Everett St

Caldwell, ID 83605

Ph: 208-898-4668

Rising Sun Sober Living

1214 E Logan St

Caldwell ID 83605

Ph: 208-898-4668

Rising Sun Sober Living- Ash St

310 W Ash St

Caldwell, ID 83605

Ph: 208-898-4668

Offers adult safe and sober housing. Accepts state funding, self-pay, and transitional funding. Adult females.

www.risingsunsoberliving.com/

SHIP

510 Elmwood Dr

Nampa, ID 83687

Ph: 208-297-8889

Offers adult safe and sober housing, life skills, and alcohol/drug testing. Accepts state funding and self-pay. Adults.

<http://shipinc.org/>

Victory over Sin

IMSI Hope Community Phase

II

963 S Orchard Ste 101 Boise

ID Tues – Wed @ 7pm Ph:

208-629-8861

www.imsihopecommunityphaseii.com

RECOVERY CENTERS

Parma Wed Night Group- The Lodge

Corner of 2nd and E Grove Ave. (HWY 20/26/95)

Alcoholics Anonymous class offered every Wed at 7:00pm

Salvation Army-Nampa

403 12th Ave S

Nampa, ID 83651

Ph: 208-467-6586

AA meeting is held in our building every Friday at 8pm, open to anyone.

www.nampa.salvationarmy.org

SUPPORT GROUPS

A New Beginning Wellness Center

8660 W Emerald St, Suite 142
Boise, ID 83704

Ph: 208-939-3965

Foster Care/Foster-Adopt Support Group. Foster Care/Adoptive Parent support group meets monthly and Birth Mother Support group – Connections. For women who have chosen an adoption plan for their babies or children. Online support group, monthly meetings throughout the Treasure Valley and annual events. Mentorship and compassionate support.

admin@adoptanewbeginning.org

Boise Moms Group

Ph: 208-991-0534

Support group created for moms in Boise and surrounding areas. The group is to offer mother to mother support. Annual fee of \$10.

<http://boisemomsgroup.my-free.website/>

Compassus Hospice

Bereavement/Grief Support Group
680 S Progress Ave
Meridian, ID 83642
Ph: 208-895-8686
Thursdays 1:00 pm
Bereavement Coordinator:
Jay Ralphs

Hopes Door Shelter

Caldwell, ID 83605
Ph: 208-459-6279
Hopes door offers a variety of support groups for women including self-esteem, parenting and family (Spanish and English), personal finances, and golden voice (50+). Women only, except for men's safety planning support group. Services are free.
<https://aafvhope.org/resources/adult-education/>

Idaho Youth M.O.V.E

1703 3rd St
Nampa, ID, 83687
Ph: 208-433-8845
Idaho Youth M.O.V.E is a support group for adolescents who have mental health issues.
<http://idahofederation.org/idahoyouthmove/>

NAMI Connection

4696 W Overland, Ste 272
Boise, ID 83705
Ph: 208-376-4304
<http://www.namiboise.org/support.html>

NAMI Family and Friends Support Group (Boise)*

El-Ada Program Building
2250 S Vista Ave

Boise, ID 83705
1st, 2nd & 3rd. Wed of each month. The 4th Wed. will be an Education night. 7:00 pm-8:30 pm
<http://www.namiboise.org/support.html>

NAMI Family and Friends Support Group (Nampa)

First United Methodist Church
2717 12th Ave
Nampa, ID 8368
Ph: 208-376-4304
Thur 6:30pm-8:00pm
<http://www.namiboise.org/support.html>

NAMI Connection Recovery Support Groups-Boise-Open to all with mental illness

VA Medical Center
500 West Fort St. Bldg. 114
Ph: 208-376-4304
Tues 1:00 pm-2:30 pm
<http://www.namiboise.org/support.html>

Omega Health Services

5985 W State St
Boise, ID 83703
<http://omegahealthservices.com>

DBSA Support Groups-Depression and Bipolar Support Alliance-takes all mental illnesses

Ph: 208-949-6759
Contact: Diana Howard
Email:
dbsatransaction@yahoo.com
<http://www.dbsalliance.org/>

Idaho Federation of Families for Children's Mental Health

704 N 7th St
Boise, ID 83702
Ph: 208-433-8845

Email:
cshotton@idahofederation.org
<http://idahofederation.org/>

St. Luke's Living Through Cancer Support Group

St. Luke's MSTI
308 E Hawaii Ave
Nampa, ID 83686
Ph: 208-463-6009
This ongoing support program welcomes people with cancer and their loved ones. Share your challenges and discuss topics that influence health and well-being. Every Thur.

Jefferson St. Counseling Co-Dependency Education and Support

1517 W Jefferson St
Boise, ID 83702
Ph: 208-473-2283
Support group for education and support through the recovery of codependency. Women are typically able to attend and men will be waitlisted. Support group meets weekly on Thur from 9:15am-10:45am and 5:00pm-6:30pm
<http://jeffersonstreetcounseling.com/services/codependency/>

The Compassionate Friends

St. Luke's Hospital-West
520 S Eagle Rd
Boise, ID 83642
Ph: 208-409-4660
Support group offered to families after a child passes. The support group is held on the 2nd Thur of every month at 7:15pm. Group is free.
<http://www.tcfboise.org/index.html>

**Alzheimer's Idaho, Inc.
Support Groups**

13601 W. McMillan Ste 249
Boise, ID 83713
Ph: 208-914-4719
<http://www.alzid.org/support/>

**Overland Court Alzheimer's
Support Group**

Overland Court Senior Living
10172 Smoke Ranch Dr
Boise, ID 83709
Ph: 208-322-2900
Contact person: Jenny
Email: overlanddsm@isllc.com
<http://overlandcourtseniorliving.com/support-group/>

**Emerson House-Families,
Caregivers, & those Grieving**

8250 W Marigold
Garden City, ID 83714
Ph: 208-377-3177

**Parents Anonymous-
Support Group**

Parent-led group where parents and caregivers can freely share their questions, concerns, problems, and solutions about parenting in a safe, nonjudgmental, supportive atmosphere.
[http://www.strongandsafe.org/our-programs-\(2\)/parents-anonymous](http://www.strongandsafe.org/our-programs-(2)/parents-anonymous)

Meets at Caldwell Church of Christ, 4012 10th Ave. in Caldwell. Wed 5:00pm-7:00pm; Dinner and childcare are provided.
<http://www.caldwellcofc.org/outreach/>

**Suicide Prevention Action
Network of Idaho**

Meridian City Hall
33 E Broadway Ave
Meridian, ID 83642

Ph: 208-888-4433
Meets 2nd Tues each month, 11:45am-1:00pm
<http://www.spanidaho.org/region-4-boise>

**St. Luke's Hospital-Meridian
Downstairs, Paiute room**

520 S Eagle Rd
Meridian, ID 83642
Ph: 208-350-8856
Meets 3rd Wed each month, 6:00pm-7:30pm
Contact: Rubie Gallegos
<http://www.spanidaho.org/meridian-support-group>

Kristi Hendry with NOMS-Not

One More Suicide

820 2nd St S
Nampa, ID 83651
Ph: 208-695-9926
Last Sun each month, 2:00pm-4:00pm

**Bereaved by Suicide Peer
Support Group**

Elks Lodge
1116 1st St S
Nampa, ID 83651
Ph: 208-272-8522
or 208-272-3512

SENIOR SERVICES

Willow Park Senior Living

2600 N. Milwaukee St
Boise, ID 83704
Ph: 208-373-1234

Meridian Senior Center

1920 N Records Way
Meridian, ID 83642
Ph: 208-888-5555

<http://www.meridianseniorscenter.com/>

Spring Creek Meridian-

175 E Calderwood Dr
Meridian, ID 83642
Ph: 208-884-6199
<https://edgewoodseniorliving.com/community/spring-creek-in-meridian-id>

**Church of the Brethren
Canyon County Alzheimer's &
Dementia Support Group**

11030 West Orchard Ave
Nampa, ID 8365
Ph: 208-466-3321

**Prestige Assisted Living-
Autumn Wind**

200 West Beech St
Caldwell, ID 83605
Ph: 208-459-3335
<https://www.prestigecare.com/location/prestige-assisted-living-at-autumn-wind>

TAX RESOURCES, BUDGETING, & DEBT COUNSELING

Love, Inc.

16446 Franklin Rd
Nampa, ID 83687
Ph: 208-466-7810 Ext. 5
<http://www.loveinctv.org/wp/>

Debt Reduction Services

6213 N Cloverdale Ste 100
Boise, ID 83713
Ph: 877-688-3328

<https://www.debtredutionservices.org/>

AARP Tax Return Assistance- Begins February 1st.

Toll free: 888-687-2277

AARP Foundation Tax-Aide is offered in conjunction with the IRS.

http://www.aarp.org/money/taxes/aarp_taxaide/

IRS Tax Return-Caldwell Public Library: Feb-March

Caldwell Public Library

1010 Dearborn St
Caldwell, ID 83605

Ph: 208-459-3242

IRS Tax Return-Nampa Public Library: Feb-March

215 12th Ave S

Nampa, ID 83651

Ph: 208-468-5800

Online Resources

Idaho State Tax Commission

<https://tax.idaho.gov/i-1116.cfm>

University of Idaho Law-Tax Clinic

Ph: 208-364-4074

Contact: Barbara Lock

block@uidaho.edu

<https://www.uidaho.edu/law/academics/practical-skills/clinics/low-income-tax>

TRANSPORT

Medicaid Transportation Management, Inc. (MTM)

3295 W Emerald Ste 108

Boise, ID 83705

Hours: 8am to 5pm, M-F

Ph: 877-503-1261

Idaho Medicaid only; must apply first.

<https://www.mtm-inc.net/idaho/>

El-Ada Outreach

2250 S Vista Ave

Boise, ID 83705

Ph: 208-345-2820

Ada County. Income-based; must apply.

<http://eladacap.org/>

Metro Community Services

304 N Kimball Ave

Caldwell, ID 83605

Ph: 208-459-0063

Transportation for those aged 60+ and/or disabled in Canyon County to meet medical, nutritional, employment, education, social, and recreational needs. For those not requiring wheelchair accessibility, volunteer drivers are available for rides originating in Canyon County to medical appointments in the Treasure Valley. No charge, but donations accepted.

<http://www.metrocommunityservices.net/transportation>

St. Alphonsus Express

1512 12th Ave

Nampa ID 83686

Ph: 208-463-5743

Any apt with 24-hr notice.

Wheelchair accessible.

Mon-Fri 8:00am-2:00pm

<https://211idaho.communityos.org/zf/profile/program/id/845313>

Go Ride Idaho-Volunteer Drivers Program

700 NE 2nd St, Ste 100

Meridian, ID 83642

Ph: 208-846-8547

<http://www.gorideidaho.org/volunteer-programs.html>

Veterans Affairs Van

Boise VA Medical Center

Boise, ID

Ph: 208-422-1039

Wheelchair accessible. VA & families only. Mon-Fri

8:30am-4:30pm

No appt. after 2:00pm

Must provide 48-hr notice

<https://www.boise.va.gov/visitors/>

Stone Bridge Transport

5979 W Overland Rd

Boise, ID 83709

Ph: 208-344-9228

Mon-Fri 8:00am-5:00pm

Some weekends and after hours with 24-hr notice.

First come first serve; do take appointments.

<http://stonebridgecare.com/>

Tropicare Transport

7480 E Grey Lag Dr

Nampa, ID 83687

Ph: 208-467-CARE (2273)

<http://tropicaretransportation.com/>

Kool Ridez

1803 Ellis Ave

Caldwell, ID 83605

Ph: 208-454-9982

Taxi service.

Treasure Valley Transit

1136 W Finch Dr

Nampa, ID 83651

Ph: 208-463-9111

Wheelchair accessible.

Malheur Transit

842 SE 1st Ave

Ontario, OR 97914

Ph: 541-881-0000
Regional bus service, Mon-Fri.
Wheelchair accessible. Call
for pricing. Will transport to
other states.
<http://mcoacs.org/transportation/>

Boise City Taxi
110 E 35th St
Boise, ID 83714
Ph: 208-377-3333
AAA and senior citizen
discounts.
<http://www.boisecitytaxi.com/>

Freedom Shuttle
Ph: 208-866-3055
Wheelchair accessible.
<http://freedomshuttle.net/>

Ada-Boi Critical Care Transfer
3985 S Summerset Way
Boise, ID 83709
Ph: 208-362-2973
Contact for availability.
Serving all of Treasure Valley.

VISION

Lion's Club
PO Box 606
Nampa, ID 83651
Ph: 208-615-4662
<http://e-clubhouse.org/sites/nampa/>

EYE SURGERY & HEARING AIDS

**Idaho/Eastern Oregon Lions
Sight & Hearing Foundation,
Inc.**
1090 N Cole Rd

Boise, ID 83704
Ph: 208-338-5466
Toll free: 800-546-6889
<https://www.idaholions.org>

MISC/OTHER

**Genesis Service Dogs-
Danielle Stem**
Meridian, ID
Ph: 208-761-4884
<http://www.genesservicedogs.com/>

**Juvenile Court Services-
Community Service Program**
6300 Denton St
Boise, ID 83704
Ph: 208-287-6998
Helps offenders repay their
debt to the community and
be accountable for their
actions. Programs include
TEAM, work and learn,
transitional care, counseling,
victim impact program,
mediation, and employability.
<https://adacounty.id.gov/Juvenile-Court>

**Nampa Police Department
Prescription Disposal**
820 2nd St S
Nampa ID 83651
Ph: 208-466-5662
Lobby is accessible 24/7 for
unwanted prescriptions
(excluding syringes)

**Meridian Police Department
Prescription Disposal**
1401 E. Watertower St
Meridian, ID 83642
Ph: 208-888-6678
The Meridian Police
Department will help dispose
of unwanted prescriptions

excluding syringes any time
during business hours.
Mon-Fri 8:00 am-5:00 pm
<http://www.meridiancity.org/police.aspx?id=10920>