

Lumbar Treatment



Cervical Treatment





Laptop Control Center

## Versatility in Treatment Choices





Lumbar Supine

#### Handgrips



Arm-Rests



Cervical









## DISTRACTION DEVICES



TIME

#### DISTRACTION IS NOT DECOMPRESSION

Proprioceptors recruit back and trunk muscles guarding

Chest harness INCREASES intrathoracic & intradiscal pressure

#### VAX-D DOUBLE LOG THERAPY CURVE



Logarithmic FormulaExp [ C x Ln (Bti) ]  $=^{N} BTn + [ N x In ]$ 

## **GENESIS TREATMENT SCREEN - REAL TIME CHART**

02/01/2306 1:32 PM	cycles remaining 15	TABLE PRE-TENSION TABLE CLOSED EXTENDED EXTEND	TENSION LBS
25			90 80 70
20			60 50 40
15			30 20 10
10  Last Name First Name	NUMBER OF 15 TENSIONOMETE CYCLES ON 15 DYNAMIC	TREATMENT TIME (Seconds) Decompression 60	TENSION (Pounds) Pre-Tension 22
Chart No. Session No. 1 Date MTH DAY YR Clinician Name Technician Name	LEFT HANDGRIP 00 RIGHT HANDGRIP 00 End Height	10   Retraction   30     30   Rest Period   60	Treatment Tension 60 + NUMBER OF CYCLES 15 +
Notes /Comments Pain Level Today	PRE-TENSION ON OFF	ACTIVE TREATMENT START PAUSE STOP	SAVE PRINT NEW HOME

Fechners Law of Biological Response



#### TIME - (Linear Scale)

VAX-D employs and patented the inverse of this principle :

Tension (*stimulus*) is applied at a *Logarithmic* Time scale Avoids proprioceptor / reflex muscle guarding

#### United States Patent [19] Dyer

#### [54] OPERATION OF A VERTEBRAL AXIAL DECOMPRESSION TABLE

[76] Inventor: Allan E. Dyer,

- [21] Filed: Oct. 29, 1998
- [30] **Foreign Application Priority date** Aug. 12, 1998 [AU] Australia ......79929/98

[51]	Int. Cl. 7	A61b 17/56
[52]	U.S. Cl	606/58; 606/54
[58]	Field of Search	

#### [56] **References cited**

#### U.S. PATENT DOCUMENTS

4,995,378	2/1991	Dyer	
5,115,802	5/1992	Dyer	

# [11]Patent Number6,039,737[45]Date of PatentMar. 21, 2000

Primary Examiner - Michael Buiz Assistant Examiner - Jonathan D. Goldberg Attorney, Agent or Firm - Blackwell Sanders Peper Martin

#### [57] ABSTRACT

A vertebral axial decompression table is operated by applying a baseline tension to the two table parts, increasing tension to about 50% of the maximum above baseline , then **logarithmically increasing tension to maximum tension.** Thereafter, tension is linearly relaxed back to baseline. This cycle is repeated a programmed number of times to effect a therapy. Data concerning the table operation is transmitted to allow remote monitoring and re-programming of the table.

#### 23 Claims, 8 Drawing Sheets





## Anderson G, Schultz A, Nachemson A. Intervertebral Disc Pressures During Traction. Scan J Rehabil Suppl 19983; 9:88-91

"If the purpose of spine traction is to reduce pressures within the disc and/or open up the disc space, it has to be administered in a way which allows the trunk muscles to relax."

> VAX-D advanced technology is designed to avoid muscle guarding and thereby achieves disc decompression

### The Birth of A Phenomenon: The Discovery of Disc Decompression

In 1994 Dr. Allan Dyer and neurosurgeon Dr. Gustavo Ramos and radiologist Dr. William Martin at the Departments of Neurosurgery and Radiology, Rio Grande Regional Hospital, McAllen, and Division of Neurosurgery, Health Sciences Center, University of Texas, undertook to measure the pressures inside the intervertebral disc as patients received VAX-D treatment.

With a fluoroscopically guided cannula/catheter and pressure monitoring equipment, they measured the patients' disc pressures drop to negative levels. This was the birth of DISC DECOMPRESSION.

This discovery led to a landmark clinical study that showed for the first time it was possible to lower a intradiscal pressure in-Vivo with a nonsurgical treatment.





### **Rio Grande Regional Hospital Study**

HCA Affiliated Hospital



#### Gustavo Ramos MD, William Martin MD

Departments of Neurosurgery and Radiology, Rio Grande Regional Hospital, & Division of Neurosurgery, Health Sciences Center, University of Texas

# Effects of Vertebral Axial Decompression On Intradiscal Pressure

Journal of Neurosurgery 81: 350-353, 1994

#### **Intradiscal Pressure Measurements**

#### Catheter Inserted Via A Cannula Into The Nucleus Pulposus



#### RECORDING INTRADISCAL PRESSURE CHANGES DURING VAX-D



### Dr. Ramos Monitoring Disc Pressure and VAX-D Tension



#### Intradiscal Pressure Reduced to Negative Levels During VAX-D Treatment

Journal Neurosurgery 81: 350-353, 1994





#### VAX-D vs. Traction

#### VAX-D

•Intradiscal Pressure reduced to negative levels (1)

•<u>Negative IDP</u> enhances Oxygen and Nutrient diffusion into the disc (3)

•<u>Aerobic metabolism</u> fosters bio-physiological functions and cellular repair activity (3,5)

#### **Traction**

 Intradiscal Pressure unchanged or increased (2)

•<u>Positive IDP</u> inhibits diffusion with lactic acid accumulation (4)

•<u>Anaerobic metabolism</u> inhibits cellular activity and repair functions (5)

- 1. Effect of Vertebral Axial Decompression On Intradiscal Pressure. J Neurosurg 81: 1984.
- 2. Intervertebral Disc Pressures During Traction. Scand. J. Rehabil. Med. 9: 1983
- 3. An Overview of Vertebral Axial Decompression., Can. J. Clin. Med., 5; 1998.
- 4. The Effect of Lactate and ph on Proteoglycan and Protein Synthesis rates in the Intervertebral Disc. *Spine, 17: 1992.*
- 5. Nutrition of the Intervertebral Disc: Solute Transport and Metab., Connective Tissue Research, 8: 1981

### **Diffusion Gradient Into Disc**



**VAX-D** Treatment

## Vertebral Axial Decompression



Herniated Nucleus Pulposus Protrusion Retracted by Decompression

Annular Fissure Closed

#### **BEFORE VAX-D**

Left posterior large extruded disc compressing thecal sac

#### AFTER VAX-D

"This the most dramatic reduction of an extruded segment I have seen "

Curvel A. Ferrari MD





## **BEFORE VAX-D**

Left posterior Extruded disc compressing & retro-displacing left nerve root

## AFTER VAX-D

Extruded disc retracted Left nerve root decompressed

Radiologist: Curvel A. Ferrari MD



## Tensionometer Height Adjustable







## VAX-D Cervical Head Harness

- 1. Distributes the force circumferentially
- 2. Adjustable ventral and dorsal straps allow adjustment of tension TMJ or Occiput and laterally
- 3. Provides immobilization when rising from Table and for a brief period post treatment until proprioceptors recover



## **Dynamic Flexion / Decompression Curve**





### VAX-D DECOMPRESSION



"Vertebral disc decompression creates a favorable diffusion gradient across the endplate enhancing disc nutrient transfer promoting the natural healing process"

Kirkaldy-Willis - Managing Low Back pain

Cellular metabolism in the disc occurs through **glycolysis**; the disc cells *require* **glucose and oxygen** for cellular survival and produces **lactic acid** at high rates.

The disc is avascular so the the cells depend on the blood supply from the capillary network at the vertebral endplate, and by the vascular plexus in the annulus.

Small molecules such as **glucose** and **oxygen** reach the disc by diffusion under gradients established by the balance between the rate of transport through the tissue to the cells and the rate of cellular demand.

Lactic acid is removed by the reverse pathway.

Diffusive transport can fall to critical levels with degenerative changes to the endplate.

Loss of nutrient supply can lead to cell death, matrix degradation and hence to disc degeneration.



### **INTERNAL DISC DISRUPTION VAX-D PROTOCOL**

METHYLPREDNISOLONE - 4 TO 8 MG.

Taken orally 2 to 3 hours before each VAX-D session First week - One dose each day Second week - One dose Monday,Wednesday & Friday

DOXYCYCLINE - 200 MG. (Matrix Metalloproteinase Inhibitor)

Taken orally 2 to 3 hours before each VAX-D session One dose each day

NB: Doxycycline should not be used for patients allergic to Tetracyclines

For optimum absorption: Medications should be ingested on an empty stomach No Antacids with Doxycycline







## CONTRAINDICATIONS

- 1. Fracture
- 2. Neoplasm
- 3. Ankylosing Spondylitis
- 4. Cauda Equina Syndrome
- 5. Osteoporosis
- 4. IDET Intradiscal Electrothermal Annulopasty

PRECAUTIONS

- 1. Unstable Spondylolisthesis
- 2. Arthrodesis with Instrumentation
- 3. Rotator Cuff Tear

### SPONDYLOLISTHESIS



## SPONDYLOLYSIS



## SPONDYLOLYSIS



## VAX-D Genesis G2 • FDA 510(k) 071347

#### **INTENDED USE**

The VAX-D Genesis G2 Dynamic Logarithmic Spinal Decompression System is designed to relieve pressure on structures that may be causing low back pain, sciatica and neck pain. It relieves the pain associated with herniated discs, degenerative disc disease, posterior facet syndrome and radicular pain. This is achieved non-surgically through the application of logarithmic distraction tensions applied to the patient according to the VAX-D protocol.

#### **SUMMARY**

The system is designed to apply tensions to the spine in a smooth logarithmic time/force curve that allows trunk and paraspinal muscles to relax. The operating principles of the VAX-D Genesis G2 permit the application of accurately controlled distraction tensions to the lumbar and cervical spine in order to decompress the intervertebral discs and spinal structures.



#### The Commissioner of Patents and Trademarks

Has received an application for a patent for a new and useful invention. The title and description of the invention are enclosed. The requirements of law havebeen complied with, and it has been determined that a patent on the invention shall be granted under the law.

Therefore, this

United States Patent

No. 6,039 ,737 OPERAT ION OF A VERTEBRAL AXIAL DEC OMPRESSION TA BLE

Grants to the person(s) having title to this patent theright to exclude others from naking, using, offering for sale, or selling the invention throughout the United States of America or importing the invention into the United States Of America for the term set for the below, subject to the payment of maintenance fees as provided by law.

'f this application was filed prior to June 8, 1995 the term of this patent is the longer of seventeen Years from the date of grant of this patent or twenty years from the earliest affective U.S. filing date of the application, subject to any statutory extension.

'f this application was filed on or after June 8, 1995 the term of this patent is twenty værs from the U.S. filing date, subject to any statutory extension. If the application contains a spæific reference to an earlier filed application or applications under 35 U.S. C 120, 121 or 365(), the term of the patent is twenty years from the date on which the arliest application was filed, subject to any statutory extension.

Commissioner of Patents and Trademarks





LOBORD

## DISTRACTION WINCH & CABLE





Don't be Hooked on Winch & Cable Distraction

DISTRACTION

ORANGE REACH AL

### **Clinical Studies & Publications on VAX-D**

## Outcomes After A Prone Lumbar Traction Protocol for Patients With Activity-Limiting Low Back Pain: A Prospective Case Series Study

Beattie PF., Nelson R., Michener L., Cammaratta J., Donely J. *Arch Phys Med Rehabil Vol 89, February 2008* 

Short And Long-Term Outcomes Following Treatment with the VAX-D Protocol for Patients with Chronic, Activity Limiting Low Back Pain

Beattie PF., Nelson R., Michener L., Cammarata J., Donely J. Journal of Orthopaedic & Sports Physical Therapy, Volume 35, Number 1, January 2005

Efficacy of Vertebral Axial Decompression (VAX-D) on Chronic Low Back Pain: A Study of Dosage Regimen Ramos G., MD, Journal of Neurological Research, Volume 26, April 2004

Effects of Vertebral Axial Decompression On Intradiscal Pressure. Ramos G., MD, Martin W., MD, *Journal of Neurosurgery 81: 350-353, 1994* 

A Prospective Randomized Controlled Study of VAX-D and TENS for the Treatment of Chronic Low Back Pain Sherry E., MD FRACS, Kitchener P., MB, BS FRANZCR, Smart R., MB, Ch.B

Journal of Neurological Research Volume 23, No 7, October 2001

## Vertebral Axial Decompression Therapy for Pain Associated with Herniated or Degenerated Discs or Facet Syndrome: An Outcome Study

Gose E., Ph.D, Naguszewski W., MD, Naguszewski R., MD, Journal of Neurological Research, Volume 20, No 3, April 1998. an Journal of Clinical Medicine Vol. 6, No 1, January 1999









#### **Clinical Studies & Publications on VAX-D**

#### Dermatosomal Somatosensory Evoked Potential Demonstration of Nerve Root Decompression After VAX-D Therapy

Naguszewski W., MD, Naguszewski R., MD, Gose E., Ph.D Journal of Neurological Research Vol 23, No 7, October 2001

#### The Effects of Vertebral Axial Decompression On Sensory Nerve Dysfunction In Patients with Low Back Pain and Radiculopathy

Tilaro F., MD, Miskovich D. MD Canadian Journal of Clinical Medicine Vol. 6, No 1, January 1999

#### VAX-D Reduces Chronic Discogenic Low Back Pain- 4 year Study

Odell R., MD. Ph.D, Boudreau D. DO Anesthesiology News, Volume 29, Number 3, March 2003

#### **Vertebral Axial Decompression**

Tilaro F MD,. European Musculoskeletal Review 2007; Issue 2, 2007

## Prospective Randomized Study of VAX-D Therapy for Acute Low Back Distress

Peerless S., MD. FRCP, Meissner L., MD, FRCP Barnett H. J.M., MD. FRCP, Stiller C. R., MD, FRCP The John P. Robarts Institute, University Hospital at London University of Western Ontario, Canada

## An Industry Based, Retrospective, Cost Analysis of Vertebral Axial Decompression (VAX-D) VS. Surgery For Lumbar Disc Disease: 10 Case Studies

David C. Duncan, MD, Don Keenan, SPHR, Ph.D. Sinclair Oil Corporation Study, Tulsa Oklahoma









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evidence based Medicine.