

**JOIN THE KIDS
CONNECTIONNJ**

**5- WEEK
FALL
YOGA
SERIES!**

**Discover yoga,
mindfulness, games, fun,
laughter, joy and
connection!**



Join us for our Fall kids yoga series, where we create a welcoming and inclusive environment perfect for any child. These fun and engaging classes will help your child develop strength, creativity, flexibility, social skills, and mindfulness in a supportive space. Whether they're new to yoga or ready to give it another go, we can't wait to see them on the mat!

**255 RIVERSIDE AVE. LYNDHURST
GRADES K-4
SEPT 25TH- OCT 23RD
4:00PM - 5:00PM**

➞ Reserve your spot now, space is limited.
Zelle - 585-378-9988
Submit payment by: September 23rd
Contact: thekidsconnectionnj@gmail.com
Phone: 585-378-9988

**\$75 PER CHILD
\$65 PER
ADDITIONAL
CHILD**