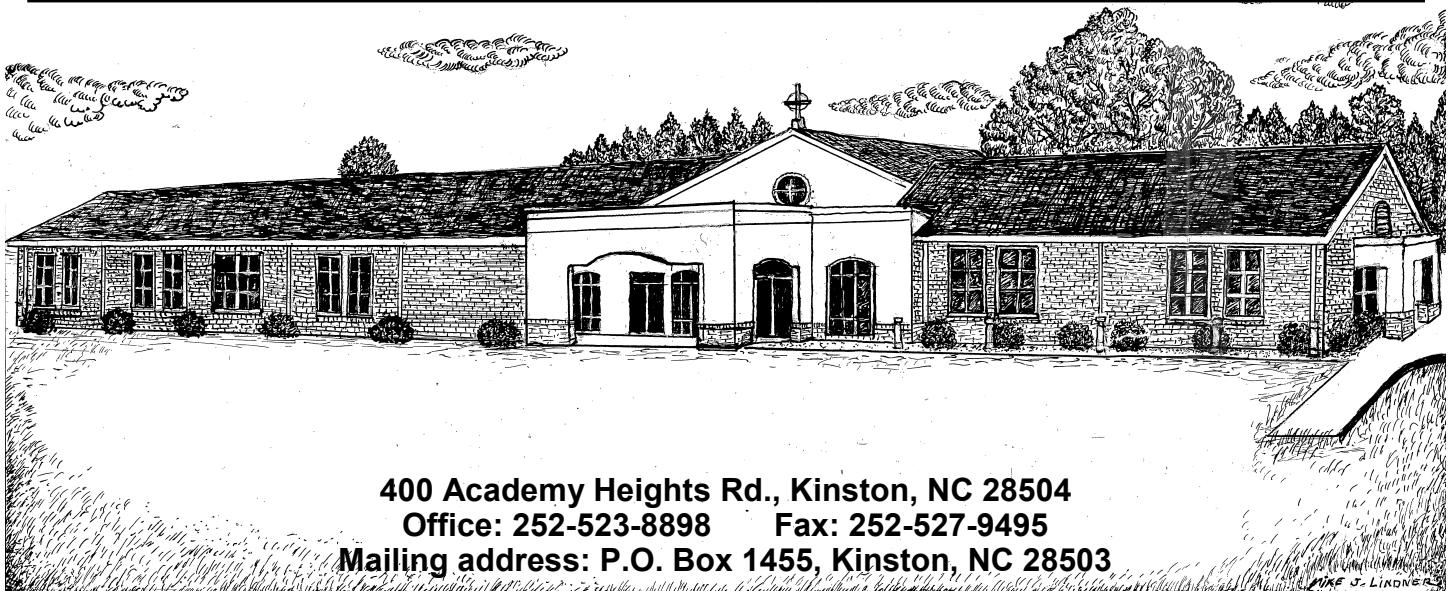


Holy Spirit Catholic Church



400 Academy Heights Rd., Kinston, NC 28504

Office: 252-523-8898 Fax: 252-527-9495

Mailing address: P.O. Box 1455, Kinston, NC 28503

Pastor: Father Miguel Arturo Cabra

email: Secretary@hsccknc.org

Rectory (Casa Cural): 252-643-0730

Visit our website for more information:

hscatholicchurchkinston.com

Mass Schedule

Weekdays:

Tuesday	12:00 PM	English
Wednesday	6:30 PM	Spanish
Thursday	9:00 AM	English
Friday	9:00 AM	English

Weekend:

Saturday	5:00 PM	English
Sunday	9:00 AM	English
Sunday	11:30 AM	Spanish

Sacrament of Reconciliation

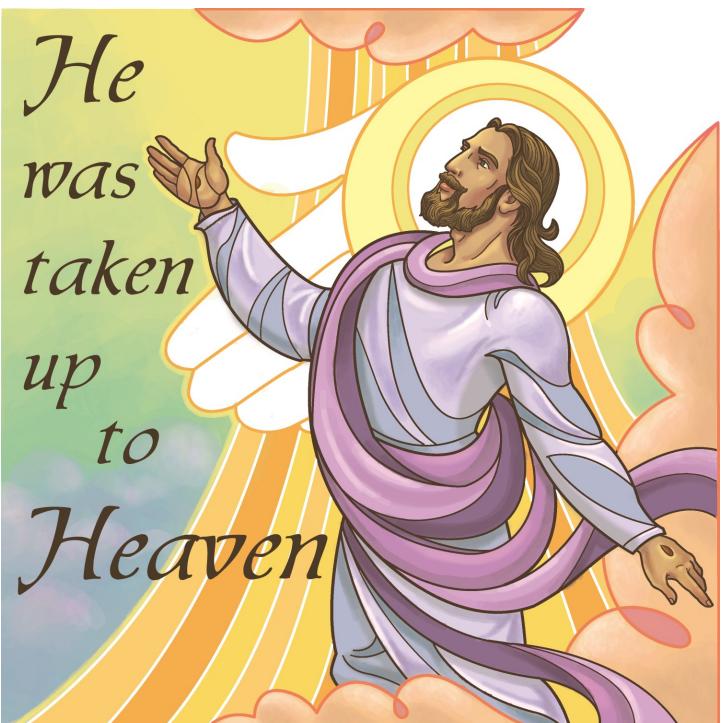
Saturday from 4:00 pm - 4:45 pm

Or any time by appointment with Fr. Arturo

ASCENDIÓ AL CIELO

**THE ASCENSION OF THE LORD
MAY 29TH, 2022**

**LA ASCENSIÓN DEL SEÑOR
29 DE MAYO DE 2022**



© J. S. Paluch Co., Inc.

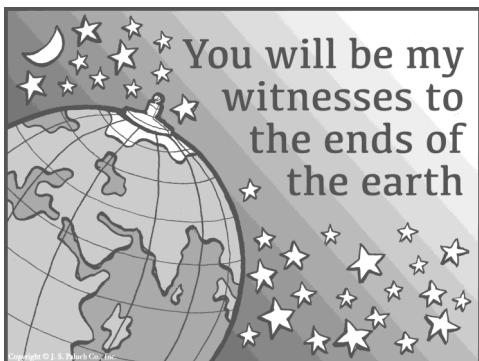
May 29, 2022

The Ascension of the Lord

SENT FORTH

Today we celebrate Jesus' return to heaven. If we struggle to know how to feel about this event, we take our cue from Jesus' disciples. These disciples are first-hand witnesses to the Ascension, returning afterward to Jerusalem, where "they were continually in the temple praising God." Long-time companions of the Lord, they surely feel the pain of physical separation from Jesus. Yet they praise God continually. They accept God's plan, looking forward to the day when Christ will come again. As our reading from Hebrews affirms, Christ will return to "bring salvation to those who eagerly await him." This Good News is almost too much to take in; the Acts of the Apostles explains that an angel has to wake the disciples from their stupor, reminding them to start the Lord's work. Today's readings are our own angel, sending us forth in joyful hope.

Copyright © J. S. Paluch Co.



TODAY'S READINGS

First Reading — Jesus tells the disciples that they will be witnesses to the ends of the earth (Acts 1:1-11).

Psalm — God mounts his throne to shouts of joy: a blare of trumpets for the Lord (Psalm 47).

Second Reading — God seated Jesus at his right hand in the heavens (Ephesians 1:17-23) or Hebrews 9:24-28; 10:19-23.

Gospel — As Jesus blessed his disciples he parted from them and was taken up to heaven (Luke 24:46-53).

Pope's Monthly Intention

June 2022: Elderly

We pray for Christian families around the world; may they embody and experience unconditional love and advance in holiness in their daily lives.

From the Pastor

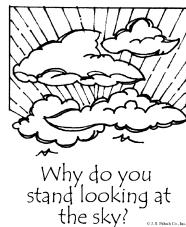
© J. S. Paluch Co., Inc.

Dear Parishioners,

New flooring in two parish rooms was recently installed. One of these rooms is in the office wing, the room that for many years was the office of the Hispanic ministry. The original carpet was replaced with a vinyl floor, the same style that was installed two years ago in the other offices. This new floor was installed thanks to the donation of a parishioner.

The other room is in the classroom wing. It's the big room that used to be the library. The original carpet was replaced with vinyl flooring. This new flooring was installed thanks to a grant from the Diocese of Raleigh.

Yours Sincerely, Fr. Arturo



OPEN AND SHUT

There are two times when to keep your mouth shut: when swimming and when angry.

—Anonymous

TREASURES FROM OUR TRADITION

The mystery of the Ascension has to do with holding in tension a sense of God's nearness, along with the burden caused by apparent signs of absence. The risen Jesus says to Mary Magdalene, "Do not cling to me," perhaps pointing out to her that his physical presence to the disciples was time-bound and temporary. It was a gift for their transformation, and after forty days, he vanished from their sight and hearing, though never out of their consciousness. They do not mourn at his going this time: there is no trace of the disciples who hid in fear at his crucifixion, no sense of the women who wept softly as they carried ointments to the tomb through the dewy morning light. Instead, the scriptural accounts show them full of joy, comforted by his promise to be with them forever, and open to the Spirit's power. They are joyful, energized, aware, and united with one another in love. They seem to grasp an awareness that if the mission to the whole world was a serious one, then the presence of the Risen Christ could not be pinned down to any one place or time, but had to be always and everywhere completely available. All peoples, all times, all cultures were opened to receive him in this moment of the Ascension. The energy of this feast is drawn not from absence, but renewed and deeper presence.

—James Field, Copyright © J. S. Paluch Co.

Parish Sacrificial Giving Summary

For the Weekend of May 15th, 2022
(Fiscal Year starts July 1st)

1st collection May 16th, 2021:	\$1,077.00
1st collection May 15th, 2022:	\$1,613.00
Accum. 1st collection previous year.....	\$73,849.00
Accum. 1st collection current year.....	\$97,502.60
Emergency Fund May 2022:	\$125.00

Next Weekend Second Collection

Name: Building Maintenance

Purpose: Monthly effort to raise extra funds to cover the expenses of the parish buildings that the regular collection cannot cover.

Type: Parish level (all funds remain in the parish for parish use only).

Second collections are optional. Parishioners are given this choice at the moment of passing the baskets.

Segunda Colecta del Siguiente Domingo

Nombre: Mantenimiento de los Edificios Parroquiales

Propósito: Campaña mensual que recoge fondos extras para pagar los gastos de los edificios parroquiales que la colecta regular no puede cubrir.

Clase: Nivel parroquial (todos los fondos se quedan en la parroquia para su uso exclusivo).

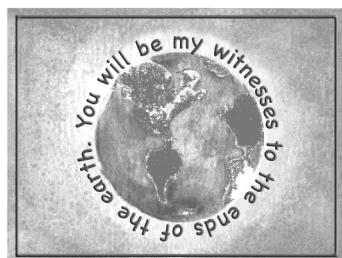
Las segundas colectas son opcionales. A los parroquianos se les da ésta opción a momento en que circula la canasta.

Solemnity of the Ascension of the Lord

For several years now and permanently the solemnity of the Ascension of the Lord has been transferred to the seventh Sunday of Easter (May 29th this year). Thursday May 26th is observed as an Easter weekday.

Solemnidad de la Ascensión del Señor

Desde hace varios años y permanentemente la solemnidad de la Ascensión del Señor ha sido transferida al séptimo domingo de Pascua (29 de mayo de este año). El Jueves 26 de mayo se observa como un día regular en la cincuentena Pascual.



Saints of the Week

Wednesday, June 1st: Saint Justin, Martyr; died in the year 165 under Marcus Aurelius; layman and apologist who gives one of the earliest descriptions of the Mass; patron of philosophers and apologists.

Thursday, June 2nd: Saints Marcellinus and Peter, Martyrs; died in the year 303; beheaded under Diocletian.

Friday, June 3rd: Saint Charles Lwanga and Companions, Martyrs; died 15 Nov. 1885—27 Jan. 1887; protomartyrs of Black Africa; over one hundred killed in this period, including Anglicans; Charles is the patron saint of African Catholic Youth Action.

African American History & Heritage

May 31st: The first meeting of the NAACP is held in NYC - 1909

June 1st: James Healy, first U.S. Catholic Black Bishop ordained Portland, ME - 1875

June 3rd: Wesley A. Brown, 1st African-American to graduate from the U.S. Naval Academy, MD - 1949

June 4th: Dr. Mae Jemison, becomes 1st African-American female astronaut - 1987

Taking the Next Step

How does a person move from thinking about stewardship to living it?

There's only one way. Do it. See how it affects your life. It's the experience that is convincing.

**Look at next week's schedule. Then build in some time that you will give in gratitude as a return to God. It may be only a small amount. Do it, and see what happens.

**Look at your income. Then decide to take some off the top next week and give it to the Lord. "Off the top" is the main thing. Decide on a percentage. The amount isn't as important as planned, consistent giving. Then do it, and see how it affects you., how it affects your belief in God.

Stewardship is simply a matter of applying tried-and-true good sense to your time, talent, and treasure—it affects your whole life... it's best if you do it in a set way ... doing it first in your planning has its advantages ... the main thing is making it a priority, not something you try to squeeze in "when you get a chance."

Stewardship isn't all that complicated.

29 de Mayo de 2022 La Ascensión del Señor

ENVIADO

Hoy celebramos el regreso de Jesús al cielo. Si nos esforzamos por saber cómo sentirnos ante este evento, tomemos el ejemplo de los discípulos de Jesús. Estos discípulos son testigos de primera mano de la Ascensión, quienes después regresan a Jerusalén, donde “en el templo estaban continuamente alabando a Dios”. Compañeros del Señor por largo tiempo, ellos seguramente sienten el dolor de la separación física de Jesús. Sin embargo, alaban a Dios continuamente. Aceptan el plan de Dios, esperando el día en que Cristo vuelva. Como lo manifiesta nuestra lectura de la carta a los hebreos, Cristo regresará para “traer la salvación a quienes la esperan con ansia”. Esta Buena Nueva casi es demasiada para asimilarla; los Hechos de los Apóstoles explican que un ángel tiene que despertar a los discípulos de su letargo, recordándoles que deben comenzar la obra del Señor. Las lecturas de hoy son nuestro ángel, el cual nos envía con esperanza alegre.

Copyright © J. S. Paluch Co.



LECTURAS DE HOY

Primera lectura — Jesús les dice a los discípulos que recibirán el poder del Espíritu Santo (Hch 1:1-11).
Salmo — Dios asciende entre aclamaciones, el Señor, al son de trompetas (Salmo 47 [46]).
Segunda lectura — Que el Padre de la gloria del Espíritu de sabiduría y revelación (Efesios 1:17-23) o Hebreos 9:24-28; 10:19-23.
Evangelio — Los discípulos fueron testigos de todos los sucesos de la vida de Cristo (Lucas 24:46-53).

Intención Mensual del Papa

Junio 2022: Ancianos

Oramos por las familias cristianas de todo el mundo; para que encarnen y experimenten el amor incondicional y avancen en la santidad en su vida diaria.

Notas del Párroco

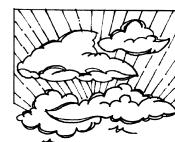
© J. S. Paluch Co., Inc.

Estimados Parroquianos,

Nuevos pisos en dos cuartos de la parroquia fueron instalados recientemente. Uno de estos cuartos queda en el ala de las oficinas, el cuarto que por muchos años fue la oficina del ministerio hispano. El tapete original fue reemplazado por un piso de vinilo, del mismo estilo al que se instaló dos años atrás en las otras oficinas. Este piso nuevo se instaló gracias a la donación de un parroquiano.

El otro cuarto queda en el ala de los salones de clase. Es el cuarto grande que solía ser la biblioteca. El tapete original fue reemplazado por un piso de vinilo. Este piso nuevo se instaló gracias a un subsidio de la Diócesis de Raleigh.

Cordialmente, Padre Arturo



BOCA CERRADA

Existen dos instancias en que debes mantener la boca cerrada: cuando nadas y cuando estás enfadado.

—Anónimo

TRADICIONES DE NUESTRA FE

Entre galas y desfiles primaverales, en San Antonio, Texas hoy comienza el famoso “Fiesta Week” conmemorando la batalla del Álamo. Esta semana larga de diez días y ciento veinte eventos es una secularización de la antigua tradición latinoamericana de “Fiestas patronales” que celebran al santo patrón o santa patrona o la virgen patrona de un oficio o actividad; de un pueblo o región. Estas fiestas son tan populares en naciones latinas que normalmente se tienen varias de ellas durante el año. Puerto Rico, por ejemplo, tiene algunas setenta y cinco fiestas patronales.

Cada año las regiones celebran a su santo patrón o a su santa patrona con un fin de semana o una semana entera de misas, danzas, competencias, procesiones religiosas, verbenas, kermeses y banquetes seglares. Estos eventos se han ido desarrollando a través de los siglos y son un mestizaje de costumbres, colorido y creencias europeas, indígenas y africanas.

Muchísima gente recorre a las fiestas patronales buscando divertirse. Lamentablemente entre tanto festejo es fácil olvidar al patrón o la patrona, que no solo debe ser celebrado, debe ser imitado para la gloria de Dios, el verdadero Patrón de todos.

—Fray Gilberto Cavazos-Glz, OFM, Copyright © J. S. Paluch Co.



Tue. May 31	No Mass
Wed. June 1	No Mass
Thurs. June 2	No Mass
Fri. June 3	No Mass
Sat. June 4	† Anna Le Thi Nhan Req. by Thuc TA Family
Sun. June 5	Open Mass Intention Parishioners

† Denotes an intention for the deceased

May Mental Health Awareness Month

For over 70 years, May has been Mental Health Month led by Mental Health America and its affiliates to raise awareness, increase access to resources, and reduce stigma for mental issues. Each year they distribute a free toolkit online. In order to increase access and awareness, below are some resources for mental health assistance for you or someone you know:

SAMHSA's National Helpline [1-800-662-HELP \(4357\)](tel:1-800-662-HELP)

Bi-lingual assistance and referral services 24/7 or [1-800-985-5990](tel:1-800-985-5990) or text "TalkWithUs" to [66746](tel:66746) at the SAMHSA Disaster Distress Helpline.

National Suicide Hotline [1-800-273-8255\(ENG\)](tel:1-800-273-8255) [1-888-628-9454\(SPN\)](tel:1-888-628-9454) has immediate counseling and referrals.

National Domestic Violence Hotline [1-800-799-7233](tel:1-800-799-7233) has information, counseling, and other resources.

Teen Line call [310-855-4673](tel:310-855-4673) or text TEEN to [839863](tel:839863) for assistance for young people from trained peers.

A Spiritual Formation Day for Men “HEART of A WARRIOR”

Presented by: The Art of Living Well and The Catholic Diocese of Raleigh.

Deacon Ralph Poyo with Father Ian Vanheusen

Date: Saturday, June 11, 2022

Time: 9:00 am –3:00 pm

Location: Cardinal Gibbons High School

Cost: \$15

Parish Office Closed

The Parish Office will be closed Monday May 30th, 2022 in observance of Memorial Day.

Oficina Parroquial Cerrada

La Oficina Parroquial estará cerrada el lunes 30 de mayo en observación del Día Memorial.



Congratulations

We would like to congratulate the following students on receiving their First Communion on Saturday May 28th. They are: Alexander Rubio-Ramírez, Barbara Vargas-Romero, David Alejandro Alvarez-Baltazar, Luis Gabriel Vargas-Romero, Luis Ivan Herrera-Vargas and Samantha Lianny Miranda-Muñoz.

Felicitaciones

Nos gustaría felicitar a los siguientes estudiantes quienes recibieron su Primera Comunión el sábado 28 de mayo. Ellos son: Alexander Rubio-Ramírez, Barbara Vargas-Romero, David Alejandro Alvarez-Baltazar, Luis Gabriel Vargas-Romero, Luis Ivan Herrera-Vargas and Samantha Lianny Miranda-Muñoz.



We kindly ask that you pray for the following parishioners and loved ones: Mila Q. Arionday, Jean Barber, Joseph Bennet, Julie Blue, Michael Cannon, Guadalupe Cortez, Frank Danza, Brenda Edwards, Patrick Gallagher, Trey Hamlin, Mary Alice Hargitt, Fabian & Joyce Hayden, Beth Stalnaker Hill, Maria Hill, Johnny Hinson, Baylor Jackson, John Jones, Bonnie and Andrew Kasper, Joyce Kellum, Beth Kirby, Sonia Koonce, Maria and Mike Lindner, Charles Thomas McDonald, Susan McDonald, Caroline McMahon, Ivory Meadows, Robert Melton, Fredrick Miller, Krissy Miller, Benita Parker, Ariana N. Parkman, Jackie Pitt, Genie Register, Herb Register, Gina Riggs, Phil Ryals, Andrew Scarano, Jean Stalnaker, Laydon Stanley, Lillian Stogner, John & Julie Stowawy, Karen Stubbs, Trista Tyler, Darlene Vaughn, Henry Ward, and Justin Wharton.

**Pray
For Peace**

ONE PARISH

Grow in your faith,
find a Mass, and
connect with your
Catholic Community
with OneParish!



Download Our Free App or Visit
www.MY.ONEPARISH.com

Consider
Remembering
Your Parish in
Your Will.
For further information,
please call the Parish Office.

Life Matters

For more information go to
www.usccb.org/respectlife

**Grow Your Business,
Advertise Here.**

Support Your Church & Bulletin.

Free professional ad design & my help!

email: sales@jpaluch.com



www.jpaluch.com

For Information ... Call

800.432.3240

If You Live Alone You Need MDMedAlert!

24 Hour Protection at **HOME** and **AWAY!**

✓ Ambulance Solutions as Low as **\$19.95** a month

✓ Police ✓ Fire

✓ Friends/Family **FREE Shipping**
FREE Activation
NO Long Term Contracts



**CALL
NOW! 800.809.3352**

MDMedAlert
Safe-Guarding America's Seniors Nationwide



This Button **SAVES Lives!**

As Shown GPS,
Lowest Price Guaranteed!

GPS Tracking w/Fall Detection
Nationwide, No Land Line Needed
EASY Set-up, NO Contract
24/7 365 Monitoring in the USA

**Get this
weekly bulletin
delivered by
email - for FREE!**

Sign up here:

www.jpaluch.com/subscribe

Courtesy of J.S. Paluch Company, Inc.



FINDaPARISH.com

Check It Out Today!

**The Most Complete
Online National
Directory of
Catholic Parishes**

**See
Your Ad
in COLOR**

Call J.S. Paluch Today!

1.800.432.3240

Please Patronize

The Sponsors Who Appear On This Bulletin. It Is Through
Their Support That This Bulletin Is Made Possible.
Business Owners Interested In Advertising Please Call



**J.S. Paluch
1-800-432-3240**

(CST 2117890-70)
**Catholic Cruises and Tours and The Apostleship
of the Sea of the United States of America**
Take your FAITH ON A JOURNEY.
Call us today at 860-399-1785 or email
eileen@CatholicCruisesandTours.com
www.CatholicCruisesandTours.com

WHY ADVERTISE IN YOUR LOCAL CHURCH BULLETIN?

GREAT COVERAGE - 97% of all households attending church take at least one church bulletin home every Sunday.

GREAT VALUE - 70% of all households are aware of and look at the advertising in the church bulletin and 68% of households surveyed when making a choice between businesses are inclined to choose the one who advertised in the church bulletin.

Learn More About Advertising In Your Parish Bulletin

Call us at 1-800-432-3240

Email: sales@jpaluch.com

**Protecting Seniors
Nationwide**



Medical Alert System

\$29.95/Mo. billed quarterly

- One Free Month
- No Long-Term Contract
- Price Guarantee
- Easy Self Installation



Call Today! Toll Free 1.877.801.8608