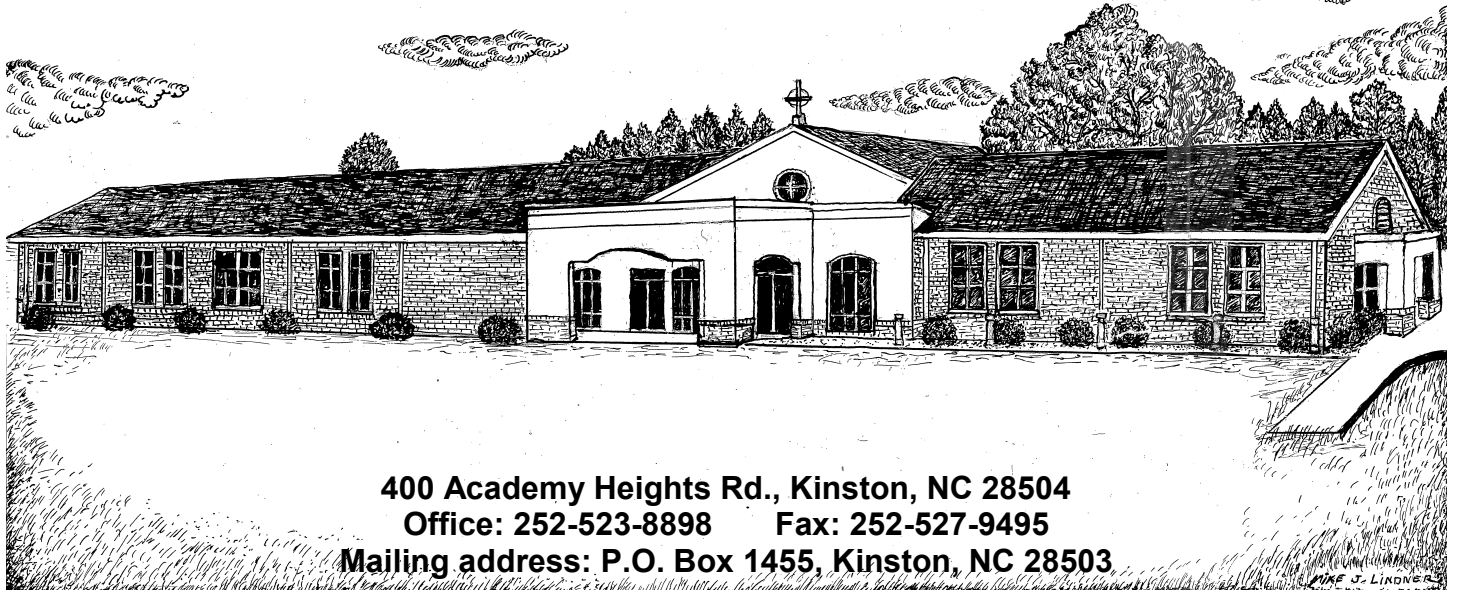


# Holy Spirit Catholic Church



400 Academy Heights Rd., Kinston, NC 28504  
Office: 252-523-8898 Fax: 252-527-9495  
Mailing address: P.O. Box 1455, Kinston, NC 28503

**Pastor: Father Miguel Arturo Cabra**

email: [hscatholicchurch@embarqmail.com](mailto:hscatholicchurch@embarqmail.com)

Rectory (Casa Cural): 252-643-0730

Visit our [website](http://www.hscatholicchurchkinston.com) for more information:

[hscatholicchurchkinston.com](http://hscatholicchurchkinston.com)

## Mass Schedule (Normal Times)

### Weekdays\*:

Tuesday	12:00 PM	English
Wednesday	6:30 PM	Spanish
Thursday	6:30 PM	English
Friday	8:30 AM	English

### Weekend:

Saturday	5:00 PM	English
Sunday	9:00 AM	English
Sunday	11:30 AM	Spanish

\*See inside Mass Intentions list for cancellations.

### Sacrament of Reconciliation

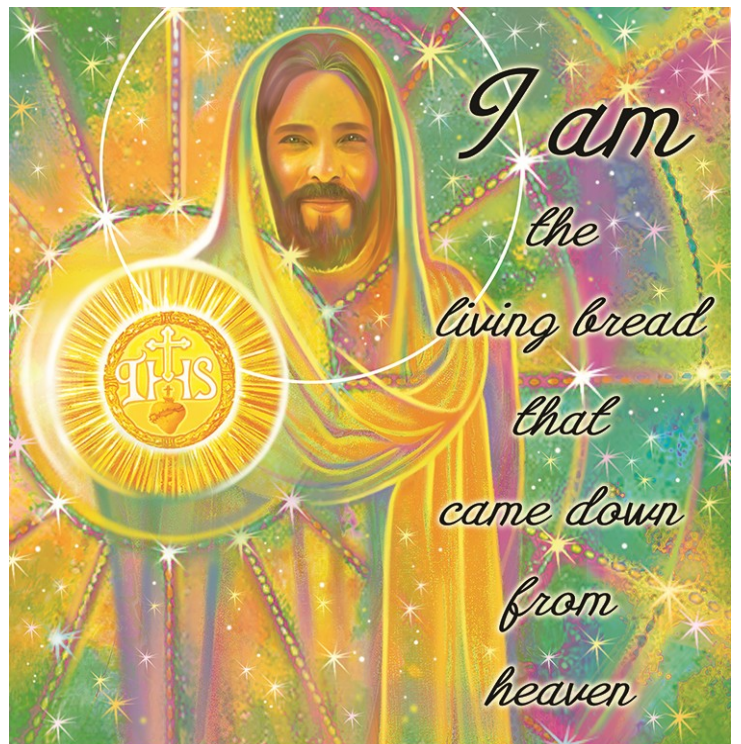
Saturday from 4:00 pm - 4:45 pm

Wednesday & Thursday  
from 7:00 pm - 8:00 pm

Or any time by appointment with Fr. Arturo

THE MOST HOLY BODY  
AND BLOOD OF CHRIST  
JUNE 14TH 2020

EL CUERPO Y LA  
SANGRE DE CRISTO  
14 DE JUNIO DE 2020



YO SOY EL PAN VIVO QUE HA  
BAJADO DEL CIELO

June 14, 2020

## The Most Holy Body and Blood of Christ

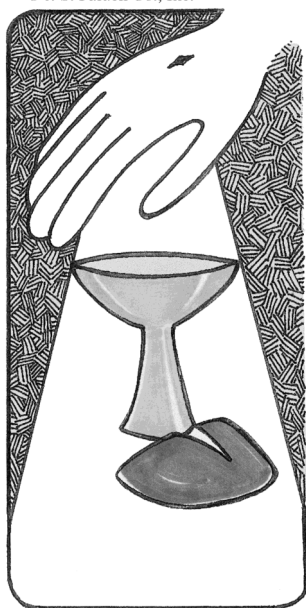
### FOOD FROM HEAVEN

God sustained the people of Israel for forty years in the desert with manna sent down from heaven, and Moses doesn't want them to forget it. God brought forth water from stone for them to drink, and Moses doesn't want them to forget this, either. And Moses tells them—twice—that the food that God sent was a food that neither they nor their ancestors before them had ever experienced before.

Jesus too speaks of food come down from heaven, food that the Jewish people had never experienced before. Recalling the manna in the desert, Jesus doesn't want them to forget it either, explaining that he is the food and drink of eternal life. And Paul reiterates to the Corinthians and to all of us that in the bread and in the cup, we share in the body and blood of Christ.

Copyright © J. S. Paluch Co.

© J. S. Paluch Co., Inc.



The bread  
that I will  
give is  
my flesh  
for the life  
of the world

### TODAY'S READINGS

**First Reading** — Never forget the LORD your God, who brought you out of slavery (Deuteronomy 8:2-3, 14b-16a).

**Psalm** — Praise the Lord, Jerusalem (Psalm 147).

**Second Reading** — Because the loaf of bread is one, we who partake of it, though we are many, are one body (1 Corinthians 10:16-17).

**Gospel** — Jesus said, "I am the living bread; whoever eats this bread will live forever" (John 6:51-58).

### Pope's Monthly Intention

#### June 2020: The Way of the Heart

For all those who suffer that they may find their way in life, allowing themselves to be touched by the Heart of Jesus.

## From the Pastor

© J. S. Paluch Co., Inc.

Dear Parishioners,

Students who were in preparation for the reception of the sacraments at the end of this school year had to wait in

uncertainty due to the cancelation of all public Masses. There are 15 adolescents waiting for the celebration of Confirmation; they were scheduled to receive the sacrament at the end of March. There are four children (older than seven) who were expecting to receive Baptism, Confirmation, and First Communion at the Solemn Easter Vigil Mass on April 11th. There are 28 children waiting for the celebration of First Communion; they were scheduled to receive the Eucharist for the first time on May 2nd.

These children will have the opportunity to receive the sacraments now that public Masses have resumed. This Saturday, June 13th, five adolescents received the sacrament of Confirmation: Celeste Figueroa, Nayla Garcia, Nataly Garcia, Jossue Morales, and Henri Paris. Three children made their First Communion at the same Mass: Yael Baltazar-Alvarez, Naomi Garcia, and Nayely Garcia.

I would like to congratulate these students and their families.

Yours Sincerely, Fr. Arturo

### TRANSFORMATION

The effect of our sharing in the Body and Blood of Christ is to change us into what we receive.

—Pope St. Leo the Great

### TREASURES FROM OUR TRADITION

A new name for this feast, long known as *Corpus Christi* or "Body of Christ," points to an important recovery of Communion from the shared chalice, the Precious Blood, in the Roman Catholic liturgy. For many centuries, only the priest received from the chalice. Now, over the last forty years, the cup has been offered more frequently to the faithful. Sadly, perhaps because it is not offered at all Masses, or because people are free to pass by the offered cup, it can be seen by some as a "take it or leave it" option.

Some important meanings surface, however, when we drink from the common cup, such as our desire to participate in the pouring out of Christ's love. Bread is the staff of life, eaten by necessity even in times of pain. Wine, on the other hand, is the mark of festivity, a pledge of joy, a sign of unity between our altar table and the banquet feast of heaven. The center of the Gospel today is Jesus speaking of the pouring out of his blood, and his offer of a cup of blessing to be shared as a sign of his love. There is no better response than to take and drink, and no better way to mark this feast.

—James Field, Copyright © J. S. Paluch Co.

## Parish Sacrificial Giving Summary

**For the Weekend of May 31st, 2020**  
**(Fiscal Year starts July 1st)**

1st collection June 2nd, 2019:.....	\$1,748.00
1st collection May 31st, 2020:.....	\$7,289.00
Accum. 1st collection previous year.....	\$94,944.00
Accum. 1st collection current year.....	\$84,674.00
Accum. Operation income* previous year.....	\$183,325.00
Accum. Operation income* current year.....	\$155,350.00
Emergency Fund May 31st, 2020.....	\$751.00

\*Moneys non-restricted for regular parish functioning  
(includes first collection)

## Next Weekend Second Collection

**Name:** Outreach Program

**Purpose:** Monthly effort to raise funds to help the needy in our community.

**Type:** Parish level (all funds remain in the parish for parish use only).

Second collections are optional. Parishioners are given this choice at the moment of passing the baskets.

## Segunda Colecta del Siguiete Domingo

**Nombre:** Necesitados de la Comunidad

**Propósito:** Campaña mensual que recoge fondos para ayudar a las personas que vienen a la oficina a pedir ayuda.

**Clase:** Nivel parroquial (todos los fondos se quedan en la parroquia para su uso exclusivo).

Las segundas colectas son opcionales. A los parroquianos se les da ésta opción al momento en que circula la canasta.

## Bishop's Annual Appeal (BAA)

As of Tuesday June 9th/A la fecha del 9 de junio:

Parish goal/Meta:	\$13,385
Amount pledged/Cantidad Prometida:	\$ 10,595
Percentage of goal/Porcentaje de meta:	79%
Participation/Participación:	54 families
Thank you /Muchas gracias	

## African American History & Heritage

**June 14th:** Henry O. Flipper, 1st African-American to graduate from the U.S. Military Academy in West Point, NY - 1877

**June 18th:** The U.S. Navy commissions its first black officer, Harvard University medical student Bernard Whitfield Robinson- 1942

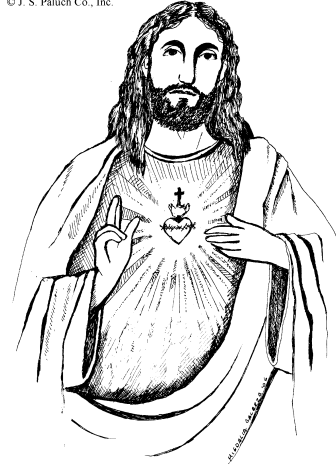
**June 18th:** Supreme Court banned racial discrimination in sale and rental of housing.- 1968

## Saints of the Week

**Friday, June 19th:** The Most Sacred Heart of Jesus; Come to the Lord who is gentle of heart and who has freed us from death. His love is everlasting. Let us love one another as God has loved us.

**Saturday, June 20th:** The Immaculate Heart of the Blessed Mary; Infidelity and murder mark the reign of Joash who is punished by God. Mary keep all these things in her heart.

© J. S. Paluch Co., Inc.



Most Sacred  
Heart of Jesus

## Sacred Heart Solemnity

The Solemnity of our Lord's Sacred Heart falls on the Friday after the Solemnity of the Most Holy Body and Blood (Corpus Christi), June 19th this year. The date was chosen by Our Lord himself at his apparitions to Saint Margaret-Mary Alacoque. The Sacred Heart and the Eucharist go hand in hand. For one thing, the Eucharist is the memorial of our Lord's passion and death, which constitutes the greatest proof of his love for us. Another thing is that our Lord wanted a feast for his Sacred Heart precisely because of man's ingratitude and indifference toward the Eucharist. Our Lord said to Saint Margaret-Mary: "Behold this Heart which has loved men so much that it has spared nothing, even to exhausting and consuming itself in order to testify to them its love. In return I receive from the greater number nothing but ingratitude by reason of their irreverence and sacrileges and by the coldness and contempt which they show me in this Sacrament of Love".

On Friday June 19th Holy Spirit will have Exposition of the Blessed Sacrament from 9:30 am to 1:00 pm.

## On the Eucharist

"If Christ did not want to dismiss the Jews without food in the desert for fear they would collapse on the way, it was to teach us that it is dangerous to try to get to heaven without the Bread of Heaven".

—Saint Jerome

## 14 de junio de 2020 El Cuerpo y la Sangre de Cristo

### ALIMENTO CELESTIAL

Dios sustentó al pueblo de Israel por cuarenta años en el desierto con maná venido del cielo, y Moisés no quiere que lo olviden. Dios hizo brotar agua de la roca para que bebieran, y Moisés tampoco quiere que olviden esto. Y Moisés se lo dice —dos veces— que el alimento que Dios envió era comida que ni ellos ni sus antepasados jamás habían probado antes.

Jesús, también habla del pan venido del cielo, comida que el pueblo judío jamás había probado antes. Recordando el maná del desierto, Jesús tampoco quiere que ellos lo olviden, explicándoles que él es pan y bebida para la vida eterna. Y Pablo les reitera a los corintios y a todos nosotros que en el pan y en la copa participamos en el Cuerpo y la Sangre de Cristo.  
Copyright © J. S. Paluch Co.

© J. S. Paluch Co., Inc.



El pan que yo  
les daré es mi  
carne para  
la vida  
del mundo

### LECTURAS DE HOY

**Primera lectura** — El hombre no vive solamente de pan (Deuteronomio 8:2-3, 14b-16a).

**Salmo** — Glorifica al Señor, Jerusalén (Salmo 147 [146]).

**Segunda lectura** — El pan es uno, y así nosotros, aunque somos muchos, formamos un solo cuerpo (1 Corintios 10:16-17).

**Evangelio** — El que come mi carne y bebe mi sangre, tiene vida eterna (Juan 6:51-58).

### Intención Mensual del Papa

#### Junio de 2020: El Camino del Corazón

Por todos aquellos que sufren para que puedan encontrar su camino en la vida, permitiéndose ser tocados por el Corazón de Jesús.

### Notas del Párroco

© J. S. Paluch Co., Inc.

Estimados Feligreses,

Los estudiantes que se estaban preparando para la recepción de los sacramentos al final de este año escolar tuvieron que esperar con incertidumbre debido a la cancelación de todas las Misas públicas. Hay 15 adolescentes esperando la celebración de la Confirmación; estaban programados para recibir el sacramento a fines de marzo. Hay cuatro niños (mayores de siete años) que esperaban recibir el Bautismo, la Conformación y la Primera Comunión en la Misa de la Solemne Vigilia Pascual el 11 de abril. Hay 28 niños esperando la celebración de la Primera Comunión; estaban programados para recibir la Eucaristía por primera vez el 2 de mayo.

Estos niños tendrán la oportunidad de recibir los sacramentos ahora que las Misas públicas se han reanudado. Este sábado 13 de junio, cinco adolescentes recibieron el sacramento de la Confirmación: Celeste Figueroa, Nayla García, Nataly García, Jossue Morales y Henri Paris. Tres niños hicieron su Primera Comunión en la misma Misa: Yael Baltazar-Alvarez, Naomi García y Nayely García.

Me gustaría felicitar a estos estudiantes y sus familias.

Cordialmente, Padre Arturo

### TRANSFORMACIÓN

El efecto de compartir el Cuerpo y la Sangre de Cristo es transformarnos en lo que recibimos.

—Papa san León Magno

### TRADICIONES DE NUESTRA FE

Los cristianos creemos que Jesucristo está físicamente presente en el pan y el vino consagrado durante la misa. Esta creencia es tan antigua como nuestra Iglesia, pero fue solo en el siglo XIII que los cristianos comenzaron a venerar la presencia sacramentada de Jesús en la hostia. Fue durante esta época que nació la fiesta de Corpus Christi o la actual Celebración del Cuerpo y la Sangre de Cristo. Muchas comunidades cristianas celebran esta fiesta con procesiones y cantos en honor al santísimo sacramento del altar.

Recuerdo que en Texas el pueblo Méxicoamericano cantaba: “Bendito, bendito, bendito sea Dios, / los ángeles cantan y alaban a Dios (2x). Yo creo Dios mío que estás en el altar / oculto en la hostia ten vengo a adorar (2x)”. Este canto enfatiza la verdadera presencia de Jesús en el pan consagrado, pero sus cantores ignoran el hecho que nosotros también fuimos consagrados en el bautismo; consagrados para “alter Christus” (otro Cristo) en el vecindario. En un mundo donde menos gente asiste a Misa el único Corpus Christi que la mayoría de la gente secularizada verá es tu cuerpo. Ojalá podamos comportarnos como buenos testigos de la fe y que proclamemos “bendito, bendito” siempre y en todo lugar.

—Fray Gilberto Cavazos-Glz, OFM, Copyright © J. S. Paluch Co.

## Mass Intentions for the week

© J. S. Paluch Co., Inc.

Tue. June 16	†Elizabeth Gambino Req. by Miller Family
Wed. June 17	Open Mass Intention
Thurs. June 18	Open Mass Intention
Fri. June 19	Open Mass Intention
Sat. June 20	Holy Spirit Parishioners
Sun. June 21	Father's Day

† Denotes an intention for the deceased

# LOVE ONE ANOTHER

© J. S. Paluch Co., Inc.

## Ordinary Time

Begins after the Feast of the Baptism of the Lord until the Day before Ash Wednesday, then resumes after the Solemnity of Pentecost until before the First Sunday of Advent.

For a few weeks in January and February, and then all through the summer and fall, the Church is in Ordinary Time. *Ordinary* is related to the word *ordinal* and means "counted." In other words, each of the weeks has a number (for example, the *Third Sunday* in Ordinary Time).

During Ordinary Time, the Sunday Gospel follows Jesus from story to story in Matthew, Mark, or Luke (and sometimes John). Each of these Gospel accounts is read for one year in the Church's three-year cycle of Sunday Mass readings. In the year 2020 the primary evangelist is Matthew. Sunday after Sunday we also read through the various letters of Paul and others in the New Testament.

Ordinary Time is full of solemnities, feasts, and memorials of the Lord and the saints. In its last weeks, we keep All Saints' Day on November 1, and All Souls' Day on November 2. The whole month of November becomes a time to rejoice in the Communion of Saints and to remember that our true home is in the heavenly Jerusalem.

## Solemnidad del Sagrado Corazón

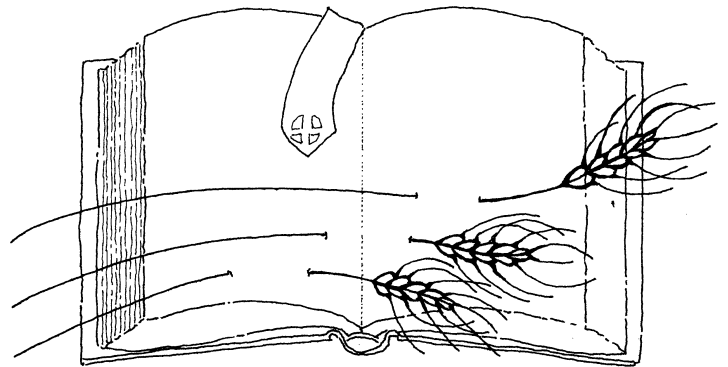
La Solemnidad del Sagrado Corazón de nuestro Señor cae en viernes después de la Solemnidad del Santo Cuerpo y Sangre (Corpus Christi), el 19 de junio este año. La fecha fue escogida por nuestro Señor en su aparición a Santa Margarita-María Alacoque. El Sagrado Corazón y la Eucaristía van de la mano. Por una parte, la Eucaristía es el memorial de la pasión y muerte de nuestro Señor, que constituye la más grande prueba de su amor por nosotros. Por otra parte, nuestro Señor quería una fiesta para su Sagrado Corazón precisamente por las ingratitudes e indiferencia del hombre hacia la Eucaristía. Nuestro Señor le dijo a Santa Margarita-María: "Mirad este Corazón que ha amado al hombre tanto que no ha escatimado nada, hasta agotar y consumirse en orden a testificar a ellos su amor. A cambio Yo recibo de gran número nada pero ingratitudes por razón de su irreverencia y sacrilegios y por la frialdad y el desprecio que muestran en este Sacramento de Amor".

El viernes 19 de junio la parroquia Espíritu Santo tendrá la Exposición del Santísimo Sacramento de las 9:30 am a la 1:00 pm.

### Sobre la Eucaristía

"Para ofrecer bien una Eucaristía se necesitarían tres eternidades: una para prepararla, otra para celebrarla y una tercera para dar gracias".

—San Juan Eudes



© J. S. Paluch Co., Inc.



Remember the Sick

We kindly ask that you pray for the following parishioners and loved ones: Lee Alphin, Mila Q. Arionday, Joseph Bennet, Betty Billings, Julie Blue, Judyth Boyette, Michael Cannon, Kathy and Monroe Clevenger, Brenda Edwards, Patrick Gallagher, Trey Hamlin, Fabian & Joyce Hayden, Beth Stalnaker Hill, Maria Hill, Johnny Hinson, Baylor Jackson, John Jones, Sonia Koonce, Maria Linder, Charles Thomas McDonald, Caroline McMahon, Ivory Meadows, Robert Melton, Basil Moots, Willard Nowalk, Benita Parker, Ariana N. Parkman, Jackie Pitt, Genie Register, Herb Register, Gina Riggs, Anne & Anthony Ruggiero, Phil Ryals, Msgr. Jerry Sherba, Laydon Stanley, Lillian Stogner, John & Julie Stowawy, Karen Stubbs, Darlene Vaughn, Henry Ward, and Justin Wharton.