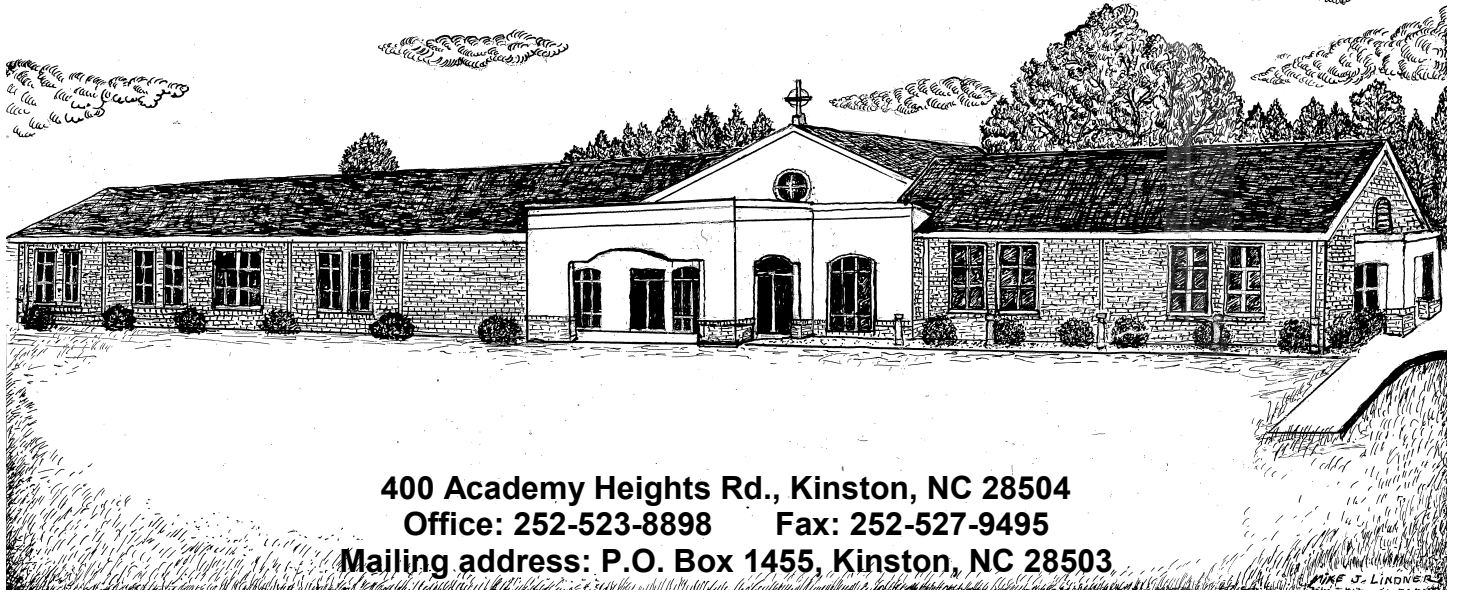


Holy Spirit Catholic Church



400 Academy Heights Rd., Kinston, NC 28504
Office: 252-523-8898 Fax: 252-527-9495
Mailing address: P.O. Box 1455, Kinston, NC 28503

Pastor: Father Miguel Arturo Cabra

email: hscatholicchurch@embarqmail.com

Rectory (Casa Cural): 252-643-0730

Visit our [website](http://www.hscatholicchurchkinston.com) for more information:

hscatholicchurchkinston.com

Mass Schedule

Weekdays*:

Tuesday	12:00 PM	English
Wednesday	6:30 PM	Spanish
Thursday	6:30 PM	English
Friday	8:30 AM	English

Weekend:

Saturday	5:00 PM	English
Sunday	9:00 AM	English
Sunday	11:30 AM	Spanish

*See inside Mass Intentions list for cancellations.

Sacrament of Reconciliation

Saturday from 4:00 pm - 4:45 pm

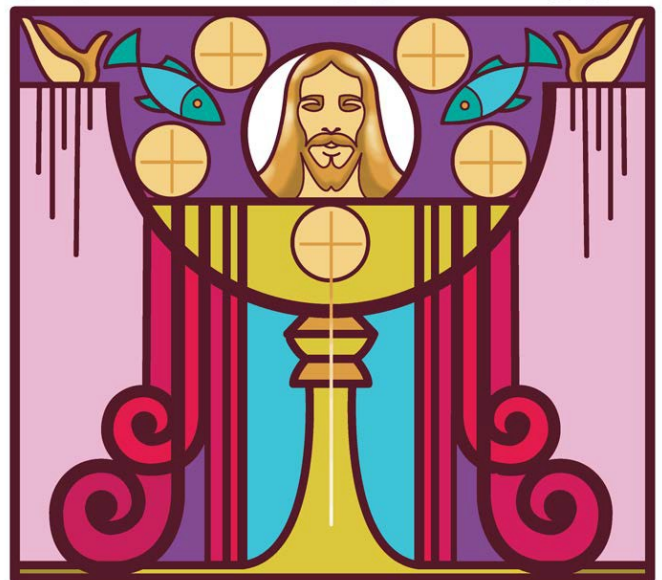
Wednesday & Thursday
from 7:00 pm - 8:00 pm

Or any time by appointment with Fr. Arturo

MOST HOLY BODY AND BLOOD
OF CHRIST
JUNE 23RD 2019

23 DE JUNIO DE 2019
EL CUERPO Y LA SANGRE DE
CRISTO (CORPUS CHRISTI)

GIVE THEM SOME FOOD



YOURSELVES

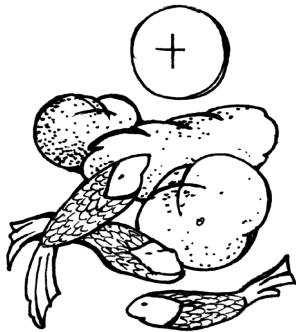
DANLES ALGO DE COMIDA

June 23, 2019 Corpus Christi

THIS SACRED MEAL

Today we celebrate the Most Holy Body and Blood of Christ. Each of the readings includes a blessing and a sharing of food. They remind us of the central place of meals in our lives. Each meal brings to mind other meals: the sharing of cookies and milk, pizza and beer, loaves and fishes, bread and wine. When we prepare a meal for our family, our friends, even strangers, we always put something of ourselves into the preparation and the meal itself. The Most Holy Body and Blood of Christ reminds us of what God put into the preparation for this meal that we celebrate today. We share this sacred meal and are transformed as we remember the death of Jesus and the sacrifice that nurtures our faith, sustains our lives, and supports our work.

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THE EUCHARIST

Just as the bread, which is made from the earth, when God is invoked is no longer common bread but the Eucharist, both earthly and heavenly, so our bodies, after we have received the Eucharist, are no longer corruptible, since they hold the hope of the resurrection.

—St. Irenaeus

TODAY'S READINGS

First Reading — Melchizedek brought out bread and wine and blessed Abram (Genesis 14:18-20).

Psalm — You are a priest forever, in the line of Melchizedek (Psalm 110).

Second Reading — Paul gives his description of the institution of the Eucharist (1 Corinthians 11:23-26).

Gospel — Jesus spoke to the crowd about the kingdom of God and then fed them with five loaves and two fish (Luke 9:11b-17).

Pope's Monthly Intention

June 2019:

The Mode of Life of Priests

That priests, through the modesty and humility of their lives, commit themselves actively to a solidarity with those who are most poor.

From the Pastor

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Dear Parishioners,

I would like to thank Mrs. Beatriz Austin for coordinating the parish yard sale. Beatriz and her son

Carlos spent many hours preparing

the items donated for the sale. They also spent two full weekends when the doors were open to the public (Saturday morning and after Mass). Beatriz was helped by Jessica Real in both preparing the items and on the first weekend of the sale. Patricia Bizzell also helped on both Saturdays that the doors were open and both Sundays after the 9:00am Mass. The total amount of donations that the yard sale brought in was \$1,733.85. I would like to thank all the parishioners who brought items for the yard sale and those who helped in any way other way for the success of the event.

Sincerely, Fr. Arturo

Most Sacred Heart of Jesus



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TREASURES FROM OUR TRADITION

We owe today's beautiful feast to a valiant woman who suffered a great deal to establish a feast out of her love for the Eucharist. Juliana was a nun in Belgium in the thirteenth century. She served in a hospital for lepers. She became convinced through her prayer that the liturgical year was incomplete because it had no feast for the Eucharist. Her efforts were not welcome, and a supervising priest sought to punish her for promoting a feast that "nobody wanted." He even had her accused of financial mismanagement and banished her from her convent.

Shortly after she was exiled, the bishop approved the feast. It quickly spread through Europe. In those days, people very seldom received Holy Communion, and so the processions through the streets with the eucharistic bread not only led to an awareness of Christ's hunger to be with us, but prepared the way for a deeper desire to receive Christ's Body and Blood in more frequent Communion. The feast grew rapidly, but Juliana disappeared into poverty and a hidden life. She ended her days as an " anchoress," a woman living in seclusion in a room attached to a parish church. Imagine her delight at seeing us gathered at the table of the Lord on this day, aware of Christ's presence in our midst, sharing fully in Christ's Body and Blood. Our celebration today invests her struggle and sorrows with dignity and meaning.

Parish Sacrificial Giving Summary

For the Weekend of June 9th, 2019

(Fiscal Year starts July 1st)

1st collection June 10th, 2018:.....	\$1,121.00
1st collection June 9th, 2019:.....	\$3,115.00
Accum. 1st collection previous year.....	\$95,270.00
Accum. 1st collection current year.....	\$98,059.00
Accum. Operation income* previous year....	\$186,360.00
Accum. Operation income* current year.....	\$187,065.00
Catholic Communications June 2018.....	\$491.00
Catholic Communications June 2019.....	\$526.00

*Moneys non-restricted for regular parish functioning
(includes first collection)

Next Weekend Second Collection

Name: Holy Father Peter's Pence

Purpose: To enable the Holy Father to respond with emergency financial assistance to requests to aid the neediest throughout the world — those who suffer as a result of war, oppression, and natural disasters.

Type: National level (all funds are sent to the Conference of Bishops for distributions; small donations like \$1.00 - \$2.00 go a long way in this nationwide pool of donors). Second collections are optional. Parishioners are given this choice at the moment of passing the baskets.

Segunda Colecta del siguiente Domingo

Nombre: Óbolo de San Pedro

Propósito: Capacitar al Santo Padre a prestar ayuda financiera a peticiones de socorro de los más necesitados del mundo — los que sufren por la guerra, la opresión y los desastres naturales.

Clase: Nivel nacional (todos los fondos son enviados a la Conferencia de Obispos para ser distribuidos; donaciones pequeñas como \$1.00 - \$2.00 contribuyen a una colecta grande a nivel nacional).

Las segundas colectas son opcionales. A los parroquianos se les da ésta opción al momento en que circula la canasta.

African American History & Heritage

June 25th: Michael Jackson, "King of Pop", died 2009 Los Angeles, CA

June 25th: U.S. signed treaty of commerce with Ethiopia.-1914

June 30th: The Lorraine Motel in Memphis, TN, where Martin Luther King, Jr. was assassinated, is converted into a National Civil Rights Museum - 1991

Saints of the Week

Monday, June 24th: The Nativity of Saint John the Baptist; called from birth by the Lord, John matured in the Spirit and heralded the advent of the Messiah. This feast, dated from the 4th century in both East and West, came to be celebrated, in accord with Luke 1:36, six months before the Lord's birth; quoting John 3:30, Saint Augustine found this date appropriate for, after the birth of John, daylight begins to grow shorter, whereas after Jesus' birth, it begins to increase.

Thursday, June 27th: Saint Cyril of Alexandria, Bishop, Doctor of the Church; died in the year 444 at age 66; defended Mary as Teotókos ("God-bearer") at the Council of Ephesus against the Nestorians; spokesman for orthodoxy; noted especially for his Christological formulations; supported growth of Egyptian monasticism.

Friday, June 28th: Saint Irenaeus, Bishop, Martyr; died in the year 202 at age 72; from Smyrna; disciple of Polycarp; for twenty-five years the bishop of Lyons; wrote against the Gnostics, first to provide a coherent rationale for a Christian Bible including both testaments, and the first to offer a comprehensive account of belief in God's universal providential and redemptive economy.

Saturday, June 29th: (1) Saint Peter, Apostle; died in the year 64 in Rome under Nero; Galilean fisherman; spokesman for the Twelve who became "Prince of the Apostles"; two epistles are ascribed to him; patron of those in the fishing industry.

(2) Saint Paul, Apostle; according to tradition, was martyred in Rome in the year 67; Pharisee who became the "Apostle of the Gentiles"; patron of the lay apostolate, the Cursillo Movement



Food Pantry Donations Needed

Our parish food pantry is in desperate need of non-perishable food items (**except canned corn and green beans**) in order to serve our parish and community. Please bring in items to the office to be processed.

Donaciones para la Despensa de Alimentos

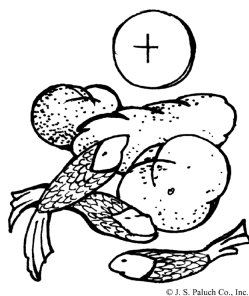
Nuestra despensa de alimentos de la parroquia tiene una necesidad desesperada de alimentos no perecederos (**excepto maíz enlatado y judías verdes**) para servir a nuestra parroquia y comunidad. Por favor traiga los artículos a la oficina para ser procesados.

23 de Junio de 2019 El Cuerpo y la Sangre de Cristo

ESTE SAGRADO ALIMENTO

Hoy celebramos el Cuerpo y la Sangre de Cristo. Cada una de las lecturas incluyen una bendición y un compartir de alimentos. Lo cual nos recuerda de lo importante que son las comidas en nuestras vidas. Cada comida trae el recuerdo de otras comidas: el compartir galletas y leche, pizza y cerveza, panecillos y pescados, pan y vino. Cuando preparamos una comida para nuestra familia, nuestros amigos, aun para personas desconocidas, siempre ponemos algo de nosotros en la preparación y en la comida misma. El Cuerpo y la Sangre de Cristo nos recuerda lo que Dios puso en la preparación para este alimento que celebramos hoy. Compartimos este sagrado alimento y somos transformados al tiempo que recordamos la muerte de Jesús y el sacrificio que nutre nuestra fe, sustenta nuestra vida y apoya nuestro trabajo.

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LA EUCARISTÍA

Igual que el pan, hecho del fruto de la tierra, cuando Dios se invoca ya no es pan ordinario sino la Eucaristía, terrena y celestial; así también nuestro cuerpo, después de haber recibido la Eucaristía, no es corruptible, sino que tienen la esperanza de la resurrección.

—San Ireneo

LECTURAS DE HOY

Primera lectura — Melquisedec sacó pan y vino y bendijo a Abram (Génesis 14:18-20).

Salmo — Tú eres sacerdote para siempre (Salmo 110 [109]).

Segunda lectura — Pablo da su descripción de la institución de la Eucaristía (1 Corintios 11:23-26).

Evangelio — Jesús alimenta a la multitud con cinco panes y dos pescados (Lucas 9:11b-17).

La Intención Mensual del Papa

Junio 2019:

El Modo de Vida de los Sacerdotes

Para que los sacerdotes, a través de la modestia y la humildad de sus vidas, se comprometan activamente a la solidaridad con los más pobres.

Notas del Párroco

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Apreciados Parroquianos,

Me gustaría agradecer a la Sra. Beatriz Austin por coordinar la venta de garaje de la parroquia.

Beatriz y su hijo Carlos pasaron muchas horas preparando los artículos donados para la venta. También pasaron dos fines de semana completos cuando las puertas estaban abiertas al público (sábado por la mañana y después de la misa). Beatriz recibió ayuda de Jessica Real en la preparación de los artículos y en el primer fin de semana de la venta. Patricia Bizzell también ayudó los sábados en que las puertas estaban abiertas y los domingos después de la misa de las 9:00 am.

La cantidad total de donaciones que trajo la venta de garaje fue de \$ 1,733.85. Me gustaría agradecer a todos los feligreses que trajeron artículos para la venta de garaje y a quienes ayudaron de alguna otra manera para el éxito del evento.

Cordialmente, Padre Arturo



TRADICIONES DE NUESTRA FE

Perú tiene más de 3000 fiestas cada año, normalmente en torno al santo patrón de algún pueblo. La celebración de Corpus Christi es celebrada en todo el país. Pero es más llamativa en Cusco. Durante el día se escucha el repique de María Angola, la campana más grande de todo Perú, que existe desde el siglo XVI.

La celebración incluye una procesión con quince santos y vírgenes del siglo XVII, que vienen desde sus santuarios hasta la barroca Catedral de Cusco para honrar el Cuerpo de Jesús. Estas imágenes son cargadas por la plaza de armas antes de llegar a la catedral donde se quedarán hasta el octavo día. Según los peruanos los santos y vírgenes pasan las siete noches platicando con el Señor de los temblores, bromeando y planificando el año que viene para sus parroquias. El último día los santos y vírgenes regresan a sus santuarios con otra procesión.

Estas dos procesiones nos recuerdan que por mucho que los latinoamericanos amemos y veneremos a los santos y vírgenes reconocemos que tanto ellos como nosotros están al servicio de Cristo Jesús.

—Fray Gilberto Cavazos-Gluz, OFM, Copyright © J. S. Paluch Co.



Tue. June 25	12:00 pm	Open Mass Intention
Wed. June 26	6:30 pm	Open Mass Intention
Thurs. June 27	6:30 pm	Fr. Miguel Arturo Cabra
Fri. June 28	8:30am	Open Mass Intention
Sat. June 29	5:00 pm	Holy Spirit Parishioners
Sun. June 30	9:00 am	Open Mass Intention
	11:30 am	† Pastor Pineda

† Denotes an intention for the deceased

Summer Safety Tips

With school out and Summer well under way, everyone will be making Summer plans with their family, but in order to keep everything fun and safe we have listed below some tips to keep in mind: **(1)**The hottest part of the day is between 10:00am-4:00pm. If you are out during these hours, please be sure to take precautions. Stay in the shade as much as possible, cover up, stay hydrated, and use proper sunscreen practices! **(2)**With the summer heat, it is important to stay hydrated. Children and adults should drink often if they are outside, or supplement fluid intake with water rich fruits like grapes, watermelons, and citrus fruits. Remember you are already dehydrated if you are thirsty so be proactive. **(3)**Fun in the water is a staple of summer, but it makes sunscreen less effective. Sunscreen should be reapplied each hour during water activities to maintain effectiveness. For dry activities apply every two hours. **(4)**The CDC website has in depth information for summer safety and more, so check it out!

Seguridad de verano

Con la escuela en vacaciones y el verano bien encaminado, todos harán planes de verano con su familia, pero a fin de mantener todo divertido y seguro, hemos enumerado a continuación algunos consejos para tener en cuenta: **(1)**Las horas más calurosas del día son entre las 10:00 a.m. a 4:00 p.m. Si está fuera durante estas horas, asegúrese de tomar precauciones. ¡Permanezca en la sombra todo lo posible, cúbrase, manténgase hidratado y use las prácticas adecuadas de protección solar! **(2)** Durante del verano, es muy importante mantenerse hidratado. Los niños y adultos deben beber con frecuencia si están afuera, o comer las frutas ricas en agua como uvas, sandías y frutas cítricas. Recuerde que ya está deshidratado si tiene sed, así que sea proactivo. **(3)**Jugar en el agua es divertido en verano, pero hace que la protección solar sea menos efectiva. El protector solar se debe volver a aplicar cada hora durante las actividades acuáticas para mantener la efectividad. Para actividades secas aplicar cada dos horas. **(4)**El sitio web de los CDC tiene información detallada sobre seguridad en el verano y más, ¡así que échale un vistazo!

Condolences

We express our condolences to the Owens family on the death of Gisele Owens who died on June 10th. May Gisele's soul rest in peace.

Condolencias

Expresamos nuestras condolencias a la familia de Gisele Owens que murió en el 10 de junio. Que el alma de Gisele descanse en paz.

Ordinary Time

Begins after the Feast of the Baptism of the Lord until the Day before Ash Wednesday, then resumes after the Solemnity of Pentecost until before the First Sunday of Advent.

For a few weeks in January and February, and then all through the summer and fall, the Church is in Ordinary Time. *Ordinary* is related to the word *ordinal* and means "counted." In other words, each of the weeks has a number (for example, the *Third* Sunday in Ordinary Time).

During Ordinary Time, the Sunday Gospel follows Jesus from story to story in Matthew, Mark, or Luke (and sometimes John). Each of these Gospel accounts is read for one year in the Church's three-year cycle of Sunday Mass readings. In the year 2019 the primary evangelist is Luke. Sunday after Sunday we also read through the various letters of Paul and others in the New Testament.

Ordinary Time is full of solemnities, feasts, and memorials of the Lord and the saints. In its last weeks, we keep All Saints' Day on November 1, and All Souls' Day on November 2. The whole month of November becomes a time to rejoice in the Communion of Saints and to remember that our true home is in the heavenly Jerusalem.



We kindly ask that you pray for the following parishioners and loved ones: Manny Arcino, Mila Q. Arionday, Joseph Bennet, Julie Blue, Judyth Boyette, Michael Cannon,

Kathy and Monroe Clevenger, Brenda Edwards, Toni Frankfort, Patrick Gallagher, Miguel Garcia, Trey Hamlin, Debra Hardison, Fabian & Joyce Hayden, Beth Stalnaker Hill, Maria Hill, Frances Hinson, Baylor Jackson, John Jones, Bonnie Kasper, Caroline McMahan, Lennie McMahan, Irma Medina, Robert Melton, Gisele Owens, Benita Parker, Ariana N. Parkman, Jackie Pitt, Genie Register, Gina Riggs, Deborah Romero, Anne & Anthony Ruggiero, Phil Ryals, Msgr. Jerry Sherba, Laydon Stanley, Lillian Stogner, John & Julie Stowawy, Karen Stubbs, Barbara Toteno, Darlene Vaughn, and Justin Wharton.

INFORMATION SHEET

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Samantha Miller
252-523-8898
M-F: 9:00-1:00 pm

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