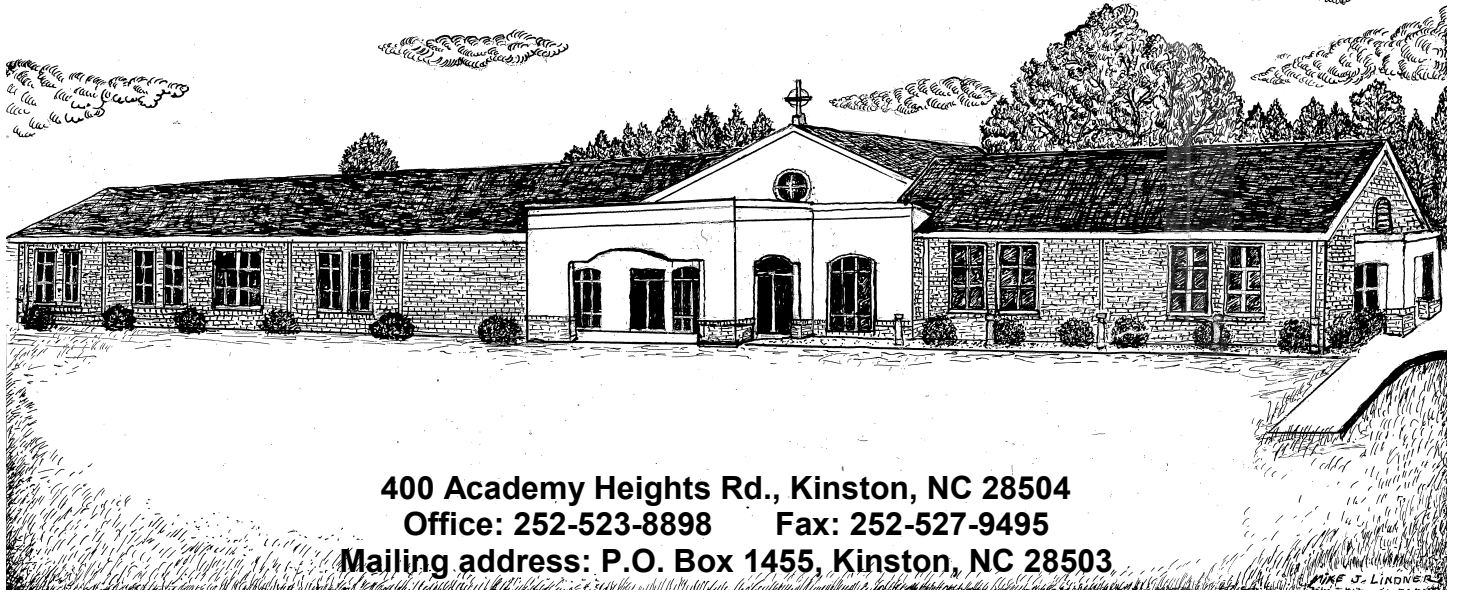


Holy Spirit Catholic Church



400 Academy Heights Rd., Kinston, NC 28504

Office: 252-523-8898 Fax: 252-527-9495

Mailing address: P.O. Box 1455, Kinston, NC 28503

Pastor: Father Miguel Arturo Cabra

email: holyspiritkinston@gmail.com

Rectory (Casa Cural): 252-643-0730

Visit our [website](http://www.hscatholicchurchkinston.com) for more information:

hscatholicchurchkinston.com

Mass Schedule

Weekdays:

| | | |
|-----------|----------|---------|
| Tuesday | 12:00 PM | English |
| Wednesday | 6:30 PM | Spanish |
| Thursday | 9:00 AM | English |
| Friday | 9:00 AM | English |

Weekend:

| | | |
|----------|-----------|---------|
| Saturday | 5:00 PM | English |
| Sunday | 9:00 AM | English |
| Sunday | 10:15 AM* | Spanish |
| Sunday | 11:30 AM | Spanish |

*Pandemic Times Addition

Sacrament of Reconciliation

Saturday from 4:00 pm - 4:45 pm

EIGHTEENTH SUNDAY
IN ORDINARY TIME
AUGUST 1ST 2021

DECIMOCTAVO DOMINGO
DEL TIEMPO ORDINARIO
1 DE AGOSTO DE 2021

YO SOY EL PAN DE VIDA

I am
the Bread of Life

August 1, 2021 Eighteenth Sunday in Ordinary Time

THE BREAD OF LIFE

Today's Gospel has the crowd asking Jesus three questions. First, "When did you get here," to which Jesus responds by rebuking them for their failure to grasp his miracle as a "sign," an occasion to put faith in him. Their second question about accomplishing the "works of God" has Jesus respond that faith is the "work" that God wishes. Many scholars believe this is John's answer to the faith-works dichotomy emerging in the early Christian community. Faith is the work of God in the believer, John would have us understand. The third question asked by the crowd is a request for a "sign" that would allow them to put faith in Jesus, as the manna in the desert allowed the Israelites to put faith in the Lord God. Jesus answers by revealing himself as the "bread of life" that "comes down from heaven and gives life to the world."

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TODAY'S READINGS

First Reading — The people of Israel receive bread from heaven in response to their grumbling (Exodus 16:2-4, 12-15).

Psalm — The Lord gave them bread from heaven (Psalm 78).

Second Reading — Put on the new self that has been created in God's way (Ephesians 4:17, 20-24).

Gospel — I am the bread of life; whoever comes to me will never hunger (John 6:24-35).

Pope's Monthly Intention

August 2021: The Church

Let us pray for the Church, that she may receive from the Holy Spirit the grace and strength to reform herself in the light of the Gospel.

Saint John Vianney

Saint John Vianney is the patron saint of parish priests. Let us pray for the parish priests of the entire world, especially on his feast day, August 4th.

A busy pastor jokingly suggests the secret of John Vianney's holiness: "He died seventeen years before telephones!" Call they didn't, but visit they did, keeping Vianney eighteen hours a day in the confessional. Stories abound of reading hearts and exorcisms, but Vianney's first miracle was getting ordained. Difficulty with studies delayed him, prompting the rector's apology to the bishop, "So far to ordain just one, especially this one!" The bishop, who could not know he was ordaining the future patron saint of parish priests, replied, "No burden to ordain one good priest!" In Ars, only an elderly handful attended Mass, "praying," one told Vianney, "for a priest with brains." But he stayed forty-two years, fulfilling the promise he made the day he arrived. In a sculpture just outside the village Vianney points skyward: "Show me the way to Ars," he tells a boy, "and I'll show you the way to heaven." To someone who feared there was no heaven beyond the grave, Vianney smiled, "My child, it would have been heaven enough to have lived as Jesus' disciple on earth." —Peter Scagnelli, Copyright (c) J. S. Paluch Co.

A SECRET

The secret of happiness is to count your blessings while others are adding up their troubles. —Anonymous

TREASURES FROM OUR TRADITION

If the alb is the premier baptismal garment, then why are there so many other styles of vesture in evidence in our parishes? In some places, altar servers and other ministers might wear a garment, usually black, called a cassock. Over that is normally worn a white garment (a "surplice"), reminiscent of the alb but much shorter, often of starched linen and trimmed with lace. The cassock is not a liturgical garment, but a clerical robe. Its origins lie in the religious habit of monks. By the late Middle Ages, diocesan priests and clerics increasingly were encouraged to emulate religious priests. Very small boys were often apprenticed to monasteries, especially for music education, and would be invested with a cassock and sometimes even inducted into the ranks of clerics.

For centuries before the Reformation, it was required that all men entering higher education be clerics, and so the cassock and its variations became familiar academic garb. At the Reformation, many ministers retained a form of the cassock as ordinary dress, rejecting liturgical garments. In the seventeenth century, the English Civil War was in part provoked by the Archbishop of Canterbury's insistence that ministers wear surplices. Although the Episcopal Church now retains "cassock and surplice" as the normal dress for lay men and women assisting at liturgy, Catholics are increasingly attentive to the deeply traditional treasure of the alb, our baptismal robe, when special liturgical vesture is needed.

—James Field, Copyright © J. S. Paluch Co.

Parish Sacrificial Giving Summary

**For the Weekend of July 18th, 2021
(Fiscal Year starts July 1st)**

| | |
|--|------------|
| 1st collection July 19th, 2020:..... | \$1,111.00 |
| 1st collection July 18th, 2021:..... | \$962.00 |
| Accum. 1st collection previous year..... | \$6,792.00 |
| Accum. 1st collection current year..... | \$4,742.00 |
| Outreach July 19th 2020..... | \$284.00 |
| Outreach July 18th 2021..... | \$426.00 |

Next Weekend Second Collection

Name: Emergency Fund.

Purpose: Frequent effort to raise funds to set aside in order to cover parish unexpected expenses and to reduce the need to withdraw from savings or to borrow.

Type: Parish level (all funds remain in the parish for parish use only).

Second collections are optional. Parishioners are given this choice at the moment of passing the baskets.

Segunda Colecta del Siguiete Domingo

Nombre: Fondo de Emergencia.

Propósito: Colecta frecuente que recoge fondos para ser ahorrados a fin de pagar los gastos inesperados de la parroquia y para reducir la necesidad de gastar ahorros o hacer préstamos.

Clase: Nivel parroquial (todos los fondos se quedan en la parroquia para su uso exclusivo).

Las segundas colectas son opcionales. A los parroquianos se les da ésta opción a momento en que circula la canasta

Online Giving

Holy Spirit also accepts donations and offertory online! Its safe and easy to do online contributions because:

- You can share your gifts anytime and from anywhere. Its easy to make one time contributions or to make payment plans on our online portal.
- By creating reoccurring contributions you don't have to remember to write or bring in checks each week. Its very convenient through a credit/debit card or savings account.
- Transfers are safer than paper transactions as they move directly, protecting your information.
- You can make your contribution even if you are unable to come to Mass that week, supporting your parish consistently.
- Its easy to give on the go! You can access our portal from your mobile phone, computer, or tablet.

Saints of the Week

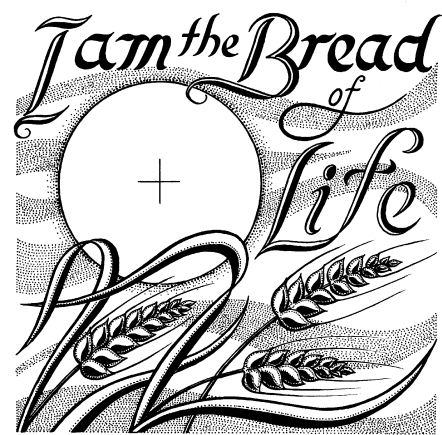
Monday, August 2nd: (1) Saint Eusebius of Vercelli, Bishop; died 371 at age 88; considered the founder of the canons regular in the West; defender of St. Athanasius; exiled to Palestine by Constantius; with St. Hilary (13 Jan.), an opponent of Arianism.

(2) Saint Peter Julian Eymard, Priest; died 1 August 1868 at age 57; born at La Mure d'Isère, France, 4 Feb. 1811; founded (1856) the Congregation of the Blessed Sacrament, today numbering some 900 members, devoted to the worship and apostolate of the Eucharist as the center of the life of the Church and society; in 1858 founded the Servants of the Blessed Sacrament, a contemplative women's community; influenced the founding of the Eucharistic Fraternity for the laity, the Association of Priest Adorers, and international Eucharistic congresses.

Wednesday, August 4th: Saint John Vianney, Priest; died 1859 at age 73; universally known as the "Curé of Ars"; compassionate spiritual counselor who spent usually no less than eleven hours every day in the confessional in the winter, sixteen in the summer; patron of priests and the parish clergy.

Thursday, August 5th: The Dedication of the Basilica of Saint Mary Major; following the declaration of Mary as Teotokos ("God-bearer") by the Council of Ephesus in 431, Pope Sixtus III erected in Rome this oldest basilica in the West dedicated to the Mother of God.

Saturday, August 7th: Saint Sixtus II, Pope, and Companions, Martyrs; were arrested on 6 Aug. 258 while celebrating the Eucharist in the cemetery of Callistus; by order of Valerian, they were decapitated that same day.



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African American History & Heritage

August 4th: Barack Obama, 44th President of the United States, born in Honolulu, HI-1961]

August 6th: President Lyndon B. Johnson signs the Voting Rights Act into law -1965.

1 de Agosto de 2021

Decimotavo Domingo del Tiempo Ordinario

EL PAN DE VIDA

El Evangelio de hoy presenta a la gente haciéndole tres preguntas a Jesús. Primero: “¿cuándo llegaste acá?”, a la que Jesús responde con una reprimenda por su incapacidad para entender el milagro como una “señal”, una ocasión para poner la fe en él. La segunda pregunta tenía que ver con la realización de las “obras de Dios” a la que Jesús responde que la fe es la “obra” que Dios desea. Muchos eruditos creen que esta es la respuesta de Juan a la dicotomía fe-obras que estaba surgiendo en la primera comunidad cristiana. La fe es la obra de Dios en el creyente, Juan nos quiere hacer entender. La tercera pregunta que hace la multitud es una “señal” que les permita poner su fe en Jesús, como el maná en el desierto permitió a los israelitas poner su fe en el Señor Dios. Jesús responde con la revelación de que él es el “pan de vida” que “baja del cielo y da la vida al mundo”.

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LECTURAS DE HOY

Primera lectura — Voy a hacer que llueva pan del cielo (Exodo 16:2-4, 12-15).

Salmo — El Señor les dio pan del cielo (Salmo 78 [77]).

Segunda lectura — Revístanse del nuevo yo, creado a imagen de Dios (Efesios 4:17, 20-24).

Evangelio — El que viene a mí no tendrá hambre, y el que cree en mí nunca tendrá sed (Juan 6:24-35).

Intención Mensual del Papa

Agosto de 2021: La Iglesia

Oremos por la Iglesia, para que reciba del Espíritu Santo la gracia y la fuerza para reformarse a la luz del Evangelio.

San Juan Vianney

San Juan Vianney es el santo patrón de los párrocos. Oremos por los párrocos de todo el mundo, especialmente en su día festivo, el 4 de agosto.

Un pastor ocupado sugiere en broma el secreto de la santidad de John Vianney: "¡Murió diecisiete años antes que los teléfonos!" No llamaron, pero sí visitaron, manteniendo a Vianney dieciocho horas al día en el confesionario. Abundan las historias de lectura de corazones y exorcismos, pero el primer milagro de Vianney fue la ordenación. La dificultad con los estudios lo retrasó, lo que provocó la disculpa del rector al obispo: "¡Hasta ahora, para ordenar solo uno, especialmente este!" El obispo, que no podía saber que estaba ordenando al futuro santo patrón de los párrocos, respondió: "¡No es una carga ordenar a un buen sacerdote!" En Ars, sólo un puñado de ancianos asistió a misa, "rezando", le dijo uno a Vianney, "por un sacerdote con cerebro". Pero se quedó cuarenta y dos años, cumpliendo la promesa que hizo el día que llegó. En una escultura en las afueras del pueblo, Vianney señala hacia el cielo: "Muéstrame el camino a Ars", le dice a un niño, "y te mostraré el camino al cielo". Para alguien que temía que no hubiera cielo más allá de la tumba, Vianney sonrió: "Hijo mío, hubiera sido suficiente cielo haber vivido como discípulo de Jesús en la tierra".

—Peter Scagnelli, Copyright (c) J. S. Paluch Co., Inc.

UN SECRETO

El secreto de la felicidad consiste en contar tus bendiciones mientras que otros están sumando sus problemas.

—Anónimo

TRADICIONES DE NUESTRA FE

En Juan 6:26 Jesús es muy directo con las personas que lo buscan: “En verdad, en verdad les digo: ustedes me buscan, no por las señales que han visto, sino porque han comido de los panes y se han saciado”. Los está llamando “interesados”, no amigos. Hay muchas ocasiones en las que actuamos como esas personas a las cuales Jesús llama la atención. No buscamos a Jesús porque es “pan de vida”, sino porque queremos que nos dé algo. Deseamos que nos ayude, que nos sirva, que nos complazca.

Muchos cristianos dicen que si vamos a Jesús él nos hará ricos, nos tendrá siempre en salud, nos ayudará a ganar la lotería, etcétera. Hablan como si Jesús nos hubiera prometido una vida fácil y sin complicaciones. Los evangelios dicen lo contrario, la vida cristiana es difícil. Jesús no es un cajero automático que visitamos sólo cuando necesitamos algo de él. No podemos tener relación íntima con una máquina. Lo que Jesús nos ofrece es una relación de amistad, de entrega, de amor, pero no de interés.

—Fray Gilberto Cavazos-Glz, OFM, Copyright © J. S. Paluch Co.

Mass Intentions for the week



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- Tue. Aug. 3 †Joy Taylor
Req. by Laura Miller
- Wed. Aug. 4 Open Mass Intention
- Thurs. Aug. 5 Open Mass Intention
- Fri. Aug. 6 Basil Moots
Req. by Laura Miller
- Sat. Aug. 7 †Delores del Papa
Req. by Jim del Papa
- Sun. Aug. 8 Patricia Moots
Req. by Laura Miller
Open Mass Intention
Holy Spirit Parishioners

† Denotes an intention for the deceased

Saint John Vianney on Prayer

“Man has a beautiful duty and obligation: to pray and love. If you pray and love, you will have found happiness in this world. Prayer is nothing other than union with God. In this intimate union, God and the soul are like two pieces of wax fused into one, which no one can separate”.

La Oración de acuerdo a San Juan Vianney

“El hombre tiene un hermoso deber y obligación: orar y amay. Si oras y amas, habrás hallado la felicidad en este mundo. La oración no es otra cosa que la unión con Dios. En esta íntima unión, Dios y el alma son como dos trozos de cera fundidos en uno solo, que ya nadie puede separar”.

Exposition of the Blessed Sacrament

Adoration of the Blessed Sacrament



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Friday, August 6th, from 9:30 am to 1:00 pm. A sign-up sheet is located in the atrium for anyone who would like to volunteer to spend some time in adoration. Parishioners can sign up for one or more 30 minute segments. Someone must be present in front of the Blessed Sacrament while it is exposed.

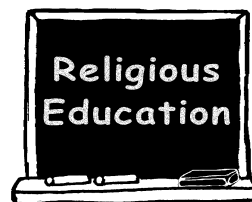
Exposición del Santísimo Sacramento

Adoración del Santísimo Sacramento



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El viernes 6 de agosto de las 9:30am a la 1:00pm. Una hoja para anotarse está localizada en el atrio para los que quieran pasar algún tiempo en adoración. Parroquianos pueden anotarse para uno o más segmentos de 30 minutos. Alguien tiene que estar presente mientras el Santísimo Sacramento está expuesto.



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Children's Faith Formation

We hope all our children are having a restful and exciting summer. Parents know by now the date their children will go back to School. We would like to remind parents that Faith Formation of children will also resume in September. Information on registration will be available soon.



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Clases de Catecismo para Niños

Esperamos que todos nuestros niños tengan un verano tranquilo y emocionante. Los padres ya saben la fecha en que sus hijos volverán a la escuela. Nos gustaría recordarles a los padres que las clases de catecismo también se reanudarán en septiembre. La información sobre la inscripción estará disponible en breve.

Internal Employment Opportunity

Holy Spirit Catholic Church will be hiring a new secretary. If you are interested in the position please contact our office. We thank you for your consideration in the upcoming weeks while we go through this process. In the meantime, Mrs Patty Keese is available to help in many ways, in addition to the other tasks that she generously does as a volunteer. Candidates for the position and some parishioners may be helping in the office too so we thank you for your patience during the transition.



Remember the Sick

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We kindly ask that you pray for the following parishioners and loved ones: Lee Alphin, Mila Q. Arionday, Joseph Bennet, Betty Billings, Julie Blue, Judyth Boyette, Michael Cannon, Harry Daniels, Kathy and Monroe Clevenger, Brenda Edwards, Patrick Gallagher, Kay Hardison, Trey Hamlin, Mary Alice Hargitt, Fabian & Joyce Hayden, Beth Stalnaker Hill, Maria Hill, Johnny Hinson, Baylor Jackson, John Jones, Bonnie and Andrew Kasper, Beth Kirby, Sonia Koonce, Maria Linder, Charles Thomas McDonald, Caroline McMahon, Ivory Meadows, Robert Melton, Fredrick Miller, Basil Moots, Alan Ortiz, Benita Parker, Ariana N. Parkman, Jackie Pitt, Genie Register, Herb Register, Gina Riggs, Phil Ryals, Msgr. Jerry Sherba, Jean Stalnaker, Laydon Stanley, Lillian Stogner, John & Julie Stowawy, Karen Stubbs, Darlene Vaughn, Henry Ward, and Justin Wharton.